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Loma Linda University Health

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Anonymous donor honors three long-time Loma Linda physicians

By Jiggs Gallagher

A recent generous gift from an anonymous donor toward Vision 2020: The Campaign for a Whole Tomorrow resulted in special recognition for three Loma Linda University Health physicians, two of whom were recognized Tuesday, Aug. 25, during a ceremony on campus.

A dedication luncheon took place in the Wong Kerlee International Conference Center, where about 150 friends, families and colleagues gathered with members of the Loma Linda University Health Board of Trustees to honor Leonard Bailey, MD, and Roger Hadley, MD, for their commitment to patient care at Loma Linda University Health.

Herbert Ruckle, MD, chair of the School of Medicine's department of urology, profiled Hadley, his mentor and predecessor in the position. The author of more than 100 peer-reviewed articles and abstracts, Hadley is also an innovator in urological surgery. For instance, Hadley introduced a technique to use a patient's tissue to reconstruct or replace damaged bladders at Loma Linda University

Medical Center. Hadley has served as dean of the Loma Linda University School of Medicine for the past 11 years.

The Urology Practice Suite in the Faculty Medical Offices was named in Hadley's honor, as the Hadley Urology Practice Suite. Characteristically, at the end of his remarks, Hadley shot a selfie of himself with Richard Hart, MD, DrPH, president of Loma Linda University Health.

Richard Chinnock, MD, chair, department of pediatrics, profiled Leonard Bailey, MD, the storied pioneer of infant heart transplants. Telling the story of Baby Fae and the more than 500 lifesaving heart transplants done by Bailey, Chinnock described Bailey's personal connection to patients and their families. He mentioned how Bailey gave his (Chinnock's) son a chance during training to put a closing stitch into an infant heart operation, and what that meant to Chinnock's son's career. Chinnock added that Bailey personified "compassion, creativity, optimism and authenticity."

Bailey responded by saying, "I'm so happy to see so many wonderful faces



Leonard Bailey, MD, left, chief of surgery at Loma Linda University Children's Hospital, and Roger Hadley, MD, right, flank Richard Hart, MD, DrPH, president of Loma Linda University Health. Both Bailey and Hadley now have areas on campus named in their honor.

here today. I'm just glad it's not a memorial service, which sometimes these things are!" The pediatric cardiac intensive care unit, or unit 5800, at Loma Linda University Children's Hospital

is now the Leonard L. Bailey Cardiac Intensive Care Unit.

A third honoree, Murray Brandstater, MD, will be recognized at 4:00 p.m., Sept. 22, at LLUMC – East Campus.

LLUMC – Murrieta accredited as chest pain center

By Kathryn Stiles

Loma Linda University Medical Center – Murrieta (LLUMC – Murrieta) has received full accreditation as a chest pain center by the Society of Cardiovascular Patient Care, an international nonprofit focused on improving cardiovascular care.

"This is a huge accomplishment and creates a benefit to the community that will save lives and improve the quality of life in our region," says Greg Henderson, newly appointed administrator of operations for LLUMC – Murrieta.

"We have a dedicated team of professionals who have committed themselves

to our mission to save lives." He continues, "This accreditation is another important step as Loma Linda University Medical Center – Murrieta strives to provide world-class life-saving heart care for this area."

Heart disease is the leading cause of death in the United States, killing approximately 600,000 people annually. More than five million Americans visit hospitals each year with chest pain.

An Accredited Chest Pain Center's evidence-based approach to cardiac patient care allows clinicians to begin treatment rapidly during the critical early stages of a heart attack.

"In a short time, Loma Linda University



LLUMC – Murrieta opened its doors in April 2011.

Medical Center – Murrieta has become the leading area provider of life-saving heart care services," states David Lu, MD, cardiologist and chair of the LLUMC – Murrieta chest pain committee.

"We see this accreditation as a vital part of our growth and long-term commitment to bringing advanced cardiac treatment and education to this community," he continues.

"Not long ago, people had to endure long transportation out of the area to get this type of care and now, we have a comprehensive program that is close to home. In this program, our patients will experience our commitment to excellence."

By achieving accreditation as a chest pain center, LLUMC – Murrieta has demonstrated expertise in the following areas:

✓ Integrating the emergency

department with the local emergency medical system

- ✓ Assessing, diagnosing and treating patients quickly
- ✓ Effectively treating patients with low risk for acute coronary syndrome and no assignable cause for their symptoms
- ✓ Continually seeking to improve processes and procedures
- ✓ Ensuring the competence and training of Accredited Chest Pain Center personnel
- ✓ Maintaining organizational structure and commitment
- ✓ Having a functional design that promotes optimal patient care, and
- ✓ Supporting community outreach programs that educate the public to promptly seek medical care if they display symptoms of a possible heart attack.

SAC Health System granted new status by federal government

By Jiggs Gallagher and Heather Reifsnnyder

The Social Action Community (SAC) Health System, the largest independent provider of Medi-Cal services in the Inland Empire, has been granted full "330 designation" by the U.S. Health Resources and Services Administration.

The practical significance of this designation is that it allows SAC Health System to apply for important grants and will result in tuition

reimbursement for staff members' continuing education, according to President/CEO Nancy Young.

SAC Health System began as an outreach to the community by Loma Linda University students and faculty in the 1960s, and the organization maintains ties with Loma Linda University Health today.

"The timing of this designation is perfect," Young says, "as we prepare to move into our new, expanded space at Loma Linda University Health

Continued on page 2

Many Strengths. One Mission.

LOMA LINDA UNIVERSITY HEALTH : LOMA LINDA UNIVERSITY | SCHOOL OF ALLIED HEALTH PROFESSIONS | SCHOOL OF BEHAVIORAL HEALTH | SCHOOL OF DENTISTRY | SCHOOL OF MEDICINE | SCHOOL OF NURSING | SCHOOL OF PHARMACY | SCHOOL OF PUBLIC HEALTH | SCHOOL OF RELIGION | LOMA LINDA UNIVERSITY MEDICAL CENTER | UNIVERSITY HOSPITAL/ADULT SERVICES | LOMA LINDA UNIVERSITY CHILDREN'S HOSPITAL | LOMA LINDA UNIVERSITY MEDICAL CENTER EAST CAMPUS | LOMA LINDA UNIVERSITY BEHAVIORAL MEDICINE CENTER | LOMA LINDA UNIVERSITY SURGICAL HOSPITAL | LOMA LINDA UNIVERSITY MEDICAL CENTER-MURRIETA | HIGHLAND SPRINGS MEDICAL PLAZA

Nursing dean attends executive training at Wharton School

By Heather Reifsnyder

Now counted among the graduates of the AACN-Wharton Executive Leadership Program is Elizabeth Bossert, PhD, dean of Loma Linda University School of Nursing.

She is one of just 40 academic nursing leaders from across the country who completed the program held Aug. 10-13 in Philadelphia. It is a collaboration of the Wharton School of the University of Pennsylvania and the American Association of Colleges of Nursing (AACN). AACN accredits LLU School of Nursing, and Wharton is one of the top business schools in the nation.

The program provided concepts and tools for skilled leadership and strategic

progress in the field of nursing education.

"It was an excellent course," Bossert says. "Gifted faculty members led us through the program, the majority of whom were from the business world, giving us strategic principles that can be applied in nursing education."

"I took a lot from it, one item being the concept of strategic agility," she adds. "This is the idea of having a strategic plan yet remaining flexible and nimble in meeting the goals in the environment of an evolving profession."

Other topics included market opportunities, entrepreneurship, revenue generation, negotiation and innovation.

The program also afforded beneficial opportunities for collaboration and networking with other academic nursing

leaders from across the country.

"We often broke into small groups for different activities, allowing us to learn from each other's experiences and perspectives," Bossert says. "I will see many of these individuals again during twice-yearly meetings for deans of nursing programs accredited by AACN."

Bossert and her colleagues from this program join a body, now numbering 127, of fellows from 41 states and the District of Columbia who have

completed the AACN-Wharton Executive Leadership Program.

Eileen Breslin, PhD, president of AACN, says, "I applaud the latest cohort of executive leadership fellows for their commitment to strengthening the skills needed to influence and steer the future of nursing education and research, patient care delivery and health care policy."

According to AACN, the program addresses "issues around managing and

Continued on page 7



Elizabeth Bossert, PhD (front row, third from left), attended the AACN-Wharton Executive Leadership Program along with 39 other academic nursing leaders from across the country.

SAC Health System granted new status by federal government ...

Continued from page 1
– San Bernardino."

The opening of this new facility, which will be located at 250 South G Street next to the I-215 freeway, is scheduled for next year. To learn more about the facility, visit lomalindauniversityhealth.org/sanbernardino. It will also house

the San Manuel Gateway College and a vegetarian restaurant.

In October, SAC Health System will celebrate 20 years at its current location on the former Norton Air Force Base in San Bernardino.



SAC Health System, which will celebrate 20 years at its Norton location in San Bernardino this October, has received a new designation that will allow it to apply for important grants and will result in tuition reimbursement for staff members' continuing education.



17th Annual Cops for Kids Fly-In

Tuesday, October 20

11 a.m. – 2 p.m.
LLU Campus Lawn

The Children's Hospital invites pediatric patients and their families to meet our communities officers, tour helicopters and motorcycles, and receive a toy.

When

Tuesday, October 20, 2015
at 11 a.m.

Where

LLU Campus Lawn

For any questions,

please contact
Kelly Phipps
at 909-558-5373
or KPhipp@llu.edu



LOMA LINDA UNIVERSITY
CHILDREN'S HOSPITAL

Seeds of Hope

We cordially invite you to
Loma Linda University Behavioral Medicine Center's
8th Annual "Seeds of Hope" Dinner

Wednesday, October 7, 2015
5:00 – 7:00 p.m.
**Wong Kerlee International
Conference Center/Coleman Pavilion**

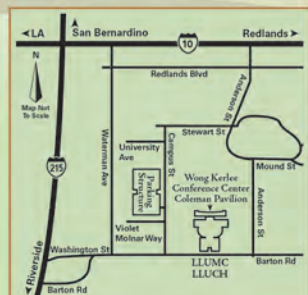
Please join us for this powerful and inspiring fundraising event!

Registration and patient art exhibit begins at 5:00 p.m.
Program starts promptly at 6:00 p.m.

To RSVP please contact Tiffany Engle at 909-558-3555 or TEngle@llu.edu by Monday, September 28, 2015

Please park on the 3rd floor
Loma Linda University Health Parking Structure
11206 Campus Street, Loma Linda, CA 92354

Event to take place at the Wong Kerlee International Conference Center/Coleman Pavilion



Congressman tours Children's Hospital and research facilities

By Briana Pastorino

United States Representative Pete Aguilar (California's 31st District) visited Loma Linda University Children's Hospital (LLUCH) for a tour on Thursday, Aug. 27.

The former Redlands mayor was guided through the hospital by various physicians who highlighted the types of care provided by LLUCH—the only dedicated pediatric hospital in the Inland Empire.

"This was an opportunity for our district representative to see the specialized services we provide to the children in the region," said Richard Chinnock, MD, physician-in-chief, LLUCH, who also hosted the tour. "Rep. Aguilar is very committed to our kids and assuring the success of health care."

Douglas Deming, MD, chair of neonatology, walked Rep. Aguilar through the neonatal intensive care unit (NICU), which is the largest and only Level 3 facility in the Inland Empire region. The 84-bed unit treats the most critically ill infants and is equipped to provide the highest level of care for the most complex disorders. The unit also

includes the neuro NICU, providing specialized services to neurologically impaired babies or those at high risk for



Rep. Pete Aguilar admires his new surgical tools gifted to him by Leonard Bailey, MD, during Aguilar's tour of Loma Linda University Children's Hospital on Thursday, Aug. 27.

neurologic impairment.

Rep. Aguilar was led through the pediatric intensive care unit (PICU) by Shamel Abd-Allah, MD, chief of pediatric critical care.

The PICU is a 25-bed tertiary care unit dedicated exclusively to the specialized medical and surgical needs of critically ill children from birth through adolescence. LLUCH's PICU has been serving patients from across the four-county Inland Empire region for more than 25 years.

Infant heart transplantation pioneer and Loma Linda University Children's Hospital surgeon in chief Leonard Bailey, MD, gave Rep. Aguilar an overview of the pediatric cardiac care unit, which was recently renamed in Bailey's honor.

The pediatric cardiac care team specializes in heart valve repairs, repairing

severe congenital defects. In addition to the tour, Bailey presented Rep. Aguilar with a personalized white coat and set of surgical tools.

Loma Linda University Children's Hospital remains at the forefront of research, education, technology and cutting-edge surgical techniques.

Earlier in the day, Rep. Aguilar met with Wolff Kirsch, MD, director of the Neurosurgery Center for Research, Training and Education, and David Wolf, DVM, PhD, director of the animal care facility.

Kirsch and Wolf discussed a number of research projects underway at Loma Linda University School of Medicine — including Kirsch's National Cancer Institute-funded study of chitosan and Interleukin-12 as a treatment for bladder cancer.



Six members of the leadership team of Naval Hospital Twentynine Palms (NHTP) recently visited Loma Linda University Medical Center, including, from left to right: Capt. John A. Lamberton, commanding officer; Capt. Jeffrey W. Bitterman, executive officer; Daniel Aldridge, command data analyst; Arletta Fryslie, referral management specialist for United Healthcare Military & Veterans; Therese Weseman, healthcare business department head and lead case manager; and Commander Suzette Inzerillo, director of health care business.

Leadership team from Naval Hospital Twentynine Palms visits Medical Center

By James Ponder

Six members of the leadership team of Naval Hospital Twentynine Palms (NHTP) visited Loma Linda University Medical Center (LLUMC) on Tuesday, Aug. 25.

The tour resulted from a request by Commander Suzette Inzerillo, director of healthcare business, to visit several Medical Center departments. Mary Clement, tour coordinator for Loma Linda University Health, handled the

logistics and worked with physicians and administrators to organize the event.

The NHTP team included Capt. John A. Lamberton, commanding officer; Capt. Jeffrey W. Bitterman, executive officer; Daniel Aldridge, command data analyst; Arletta Fryslie, referral management specialist for United Healthcare Military & Veterans; Therese Weseman, healthcare business department head and lead case manager; and Commander Inzerillo.

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CALLING ALL HEALTHY HEROES!

SUNDAY
November 1, 2015

FAMILY HEALTH FAIR & 5K WALK/RUN

Loma Linda University Drayson Center
25040 Stewart Street, Loma Linda, CA 92354

Chance to WIN a DISNEYLAND Family Package for four

FREE Flu Shots, screenings, food, prizes, fun and games for the whole family!

Please come and walk or run in our FREE 5K before the Family Health Fair opens!

Pre-register for the 5K online today at FHF5K.org

7:00 a.m.
5K WALK/RUN
On-site Registration Begins

8:00 a.m.
5K WALK/RUN Starts

9:00 a.m. – 1:00 p.m.
Family Health Fair

For more information, please call 1-877-LLUMC-4U.

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A Seventh-day Adventist Organization

NEW SEASON

LIFE ON THE LINE

A DOCUMENTARY SERIES FOR TELEVISION

From the hallways of the hospital, to the banks of the Amazon, watch new inspiring stories from Loma Linda University Health.

WEDNESDAYS,
7:00 p.m.

KVCR
Channel 24

Narrated by
Lisa Ling

Watch the trailers at lifeontheline.tv

LLUMC – Murrieta to hold Family Health Fair on Sept. 27

By Shirley Niell

With twice as many exhibitors as in previous years, the LLUMC – Murrieta 4th Annual Family Health Fair on Sunday, Sept. 27 expects to draw another record-breaking attendance this year.

The fair takes place in the parking lot of the Professional Office Building adjacent to the hospital at 28078 Baxter Road in Murrieta from noon until 4:00 p.m.

Hildemar Dos Santos, MD, DrPH, and students from the Loma Linda University School of Public Health are

providing body composition, stress and cardiovascular risk assessments.

Gary Kerstetter, DDS, and the School of Dentistry will be providing dental screenings along with the early childhood special care dental program, serving children ages 0 through 5 with special health care needs.

Clinical Laboratory Services will screen for CBC, glucose, cholesterol, PSA, and TSH free of charge to participants in the Reference Range Study or for a nominal fee.

The departments of behavioral medicine, cardiothoracic surgery, general surgery, and bariatric surgery, as well as

Loma Linda University Children's Hospital and others from the main Loma Linda University Health campus will join the event, providing Murrieta, Temecula and surrounding communities with an opportunity to learn more about the extensive programs and services available through LLUMC – Murrieta and Loma Linda University Health.

Guests at the fair will see a demonstration of the DaVinci Robot, as well as meet some of the physicians who perform robotic bariatric, urological and general surgeries.

Other features of the Family Health Fair include a bungee-trampoline,

rock-climbing wall, bounce houses, an obstacle course and petting zoo.

Two fair favorites — a balloon artist and face painting — will be back again.

Gluten-free and healthy food options will be available for purchase.

The Farmers Market will sell fresh local organic produce and provide information about Consumer Supported Agriculture (CSA) program memberships and healthy meal programs.

Plan to join LLUMC – Murrieta for this healthy and fun-filled family event. For more information, contact the LLUMC – Murrieta marketing department at 951-704-1950.

School of Public Health presents 'Asthma Theatre' program at Riverside County Office of Education Head Start training

By Susan Onuma

The Loma Linda University School of Public Health asthma program (LLU-AP) unveiled its new educational theatre component during First 5 Riverside Head Start training event for Riverside County educators on Wednesday, Sept. 2, 2015.

The training event drew more than 300 teachers and administrators, and was held at the Riverside Marriott.

The educational theatre program evolved as part of the asthma program, which was funded by a grant from First 5 Riverside.

Normally, LLU-AP program staff visit schools and daycare centers, using puppet shows and plays to teach children about asthma and respiratory health.

At the teacher training, the staff presented a series of short skits about different asthma emergencies a teacher could potentially face in the classroom, and provided guidance and training on what to do in the face of such an event.

Also featured was a segment with a small group of pediatricians from Loma Linda University Medical Center, fielding teachers' questions about child asthma, medications and breathing treatments.



The Loma Linda University School of Public Health asthma team presented a theatre education program that included a series of skits as well as information. Part of a First 5 Riverside Head Start training event, held at the Riverside Marriott, the session was attended by more than 300 teachers and administrators. The education theatre team includes, from left to right: Johanny Valladares, asthma program coordinator; Rhonda Spencer-Hwang, DrPH, asthma program principal investigator; Nicole Almanza, nutrition program intern; Nina Nguyen, health education program intern; Daniel Calaguas, MD, Loma Linda University Medical Center (LLUMC) pediatric resident; Ronald Vuong, MD, LLUMC pediatric resident; Kristine Reyes, MD, LLUMC pediatric resident; and Xochitl Torres, health educator.



Members of the asthma team act out a potential scenario teachers might face in the classroom, involving a child who suffers from asthma. Actors in the dramatic presentation include, from left to right: Kristine Reyes, MD, LLUMC pediatric resident; "the patient," Nina Nguyen, health education program intern; Ronald Vuong, MD, LLUMC pediatric resident; and Daniel Calaguas, MD, LLUMC pediatric resident.

Leadership team from Naval Hospital Twentynine Palms visits LLUMC ...

Continued from page 3

In a statement released on Wednesday, August 26, Captain Lambertson shared that the visit to Loma Linda University Medical Center was "an integral part of how we care for our patients."

"Fostering our relationships and nurturing the educational growth of our respective practitioners will continue to aid in our ongoing partnership," Lambertson observed. "The team from the Naval Hospital Twentynine Palms looks forward to future interactions with Loma Linda as well as the increased opportunities to build on our mutual professional friendship."

In describing the reason for the delegation's visit, Clement said the Naval officers wanted to better understand the specialty support provided by LLUMC for major inpatient and outpatient case referral services not available at the Naval Hospital.

"Having the opportunity to support the training mission as well as our troops at the Marine Corps Air/Ground Combat Center in Twentynine Palms"—where NHTP is located—"by

sharing the assets of the Medical Center with these guests was truly my pleasure," Clement said.

Clement noted that Kathleen Clem, MD, director emergency medicine, and Douglas Deming, MD, NICU director, provided in-depth tours through their departments while charge nurses and resident physicians demonstrated inpatient care provided to trauma patients on units 8100 and 8200.

The team also met with Peter Baker, JD, vice president for business development at Loma Linda University Health, to discuss issues of mutual interest.

"It was a great pleasure to have the leadership delegation from the Naval Hospital visit us here," Baker said. "As a result, we plan to work together to align and streamline the care and services we provide to their patients. LLUMC serves as the quaternary and tertiary referral center for Naval Hospital Twentynine Palms. As a next step, leadership from Loma Linda University Health will be visiting the Naval Hospital and working through processes to improve our coordination of care."



FAMILY HEALTH FAIR 2015

SUNDAY
SEPTEMBER 27
12pm – 4pm

- meet our physicians
- free health screenings
- farmers market
- eats & treats
- free family activities
- live music & raffles

Professional Office Building Parking Lot
28078 Baxter Road, Murrieta, CA 92563
Need information? Call: 951-704-1950

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End-of-life issues explored and discussed during screening of the PBS documentary, 'Being Mortal'

By Nancy Yuen

While a full life includes family, friends and colleagues celebrating the many ways in which they "live it," end-of-life issues affect everyone. Discussions about terminal illnesses are among the most difficult to have.

On Aug. 27, physicians, social workers, students, staff and members of the community filled a classroom in the Loma Linda University Health Centennial Complex to explore the complexities that arise when they or someone they know is at the end of life.

They screened a PBS documentary, "Being Mortal," which features surgeon Atul Gawande reflecting on end of life. Then Gerald Winslow, PhD, founding director, Loma Linda University Institute for Health Policy and Leadership, led a panel discussion.

Panelists included Steve Hardin, MD, internal medicine, Jerry L. Pettis Memorial VA Medical Center; Gina Mohr, MD, family medicine — palliative care, Loma Linda University Medical Center; Grace Oei, MD, pediatric critical care, Loma Linda University Children's Hospital and Craig Jackson, JD, MSW dean, School of Allied Health Professions.

During the active discussion, themes arose. Faith, hope and emotions may be shared by caregivers and the person who is nearing the end of his or her life, while other feelings are kept hidden.

The role of health care providers, including specialists, palliative care professionals, nurses and social workers impacts the final months, days and hours of a patient's life. While death is the enemy to physicians, there will be a time for some when the physician has exhausted all medical options.



Following a screening of the PBS documentary "Being Mortal," a panel answered questions and presented options and resources to help individuals and families prepare for end of life care. The Aug. 27 event took place at the Loma Linda University Health Centennial Complex. The Loma Linda University Institute for Health Policy and Leadership hosted two screenings of "Being Mortal;" the second screening was held Sept. 12 at the 16th Street Seventh-day Adventist Church in San Bernardino.

"Conversations about end-of-life issues are some of the most difficult conversations to have," said Winslow.

Panelists shared the importance of listening to patients who are terminal so that they may clarify what the person wants to accomplish. Jackson spoke about the importance of being involved with one's family even over long distances in order to understand aging parents' end-of-life journey, as well as living through their final days without regret.

Physicians can provide reassurance to those who are beyond treatment by assuring the patient, "I am with you. I will continue to be with you. I will follow through with your decisions." Caregivers

focus on goals and priorities and achieve them together.

Mohr shared an experience illustrating that human beings are adaptable and that end of life is fluid.

A patient who didn't want to live if she needed a wheelchair for mobility sent joyous pictures taken on the beach and at a baseball game while she was in a wheelchair. The patient was later lovingly cared for at home while on a ventilator. "Each of us judges a life well lived," said Mohr.

Panelists also answered questions and presented options and resources such as advance directives to help individuals and families prepare for end-of-life care.

Two "Being Mortal" screenings were sponsored by the Loma Linda University Institute for Health Policy and Leadership and the Center for Christian Bioethics. Funding for the August screening and a second screening Sept. 12 at the 16th Street Seventh-day Adventist Church in San Bernardino were provided by a grant from the California HealthCare Foundation.

For more information about the Loma Linda University Institute for Health Policy and Leadership, visit lluhpolicyinstitute.org, email IHPL@llu.edu, or call 909-558-7022.

The institute is located at 11209 Anderson Street in Loma Linda.

Loma Linda University Health co-hosts conferences in Africa on mission hospitals

By Courtney Haas

The Global Healthcare Conference finished strongly in Africa last week. Attendees from all over the continent joined together to learn and share from each other as they discussed common challenges encountered in running mission hospitals.

The annual conference began in 2012 and is a collaborative effort of Loma Linda University Health, Adventist Health International and the General Conference of Seventh-day Adventists department of health ministries. It is held every other year at Loma Linda, while in the alternating years it takes place at different sites around the world. Two years ago, it took place in the Dominican Republic.

For 2015, the Global Healthcare Conference took place at two locations in Africa.

The first session, held in Abidjan, Cote d'Ivoire (Ivory Coast), from Aug. 28-31, had 110 attendees participating.

During the second session, Sept. 2-5,



Nurses attending the conference in Abidjan, Cote d'Ivoire, gathered for a photo with Jan Zumwalt, MS, MBA, (back row, second from right), associate director of the Global Health Institute at Loma Linda University Health.

attendees from the surrounding areas formed a cohesive group in Lusaka, Zambia. With nearly 100 attendees

each day, the conference proved to be a success with groups from Zambia, Zimbabwe, Malawi and other nations.

The focus this year was developing infrastructure to support and sustain healthy hospitals. A major theme was collaboration between hospitals,

dealing with topics such as governance and strategies for quality and financial improvement.

"By working together, we can improve the way health care is administered at mission hospitals throughout the world," says Richard Hart, MD, DrPH, president of Loma Linda University Health and Adventist Health International. "At Loma Linda we have a commitment to improving global health through mission service and outreach."

Through interactive sessions at the two conferences in Africa, hospital personnel experienced collective learning and development opportunities for creating practical plans to be strategically applied at each institution represented.

Peter Landless, MB, Bch, MMed, director of the health ministries department at the General Conference, shared his opinion this year after participating as a speaker at both the Abidjan and Lusaka conferences.

He said, "This conference went extremely well and has been a wonderful opportunity to share information between such dedicated teams of health workers."

"It is the beginning of what I hope to be many opportunities for General Conference health ministries, Adventist Health International and Loma Linda University Health to continue to work together."

Mexican Consulate staff from San Bernardino visit campus



Four staff members from the Mexican Consulate in San Bernardino visited Loma Linda University Health in early September, touring the campus and visiting with administrators and professionals. Their purpose was to learn about medical care as practiced at the Medical Center, and to create linkages between Loma Linda University Health, and Mexican physicians and other health professionals who would like to have educational exchanges in the future. Gracia Molina, left, an instructor at the Loma Linda University School of Public Health, hosted the group. Visiting from the consul's office, from left to right, were Jorge Alberto Leyva, consul for political and economic affairs; Eduardo Garcia, MBA intern; Mario Santiago, legal affairs intern; and Tammy Garcia, community affairs coordinator. The consulate office is at 293 North D Street in San Bernardino. *By Jiggs Gallagher*

New video introduces students to Vision 2020

By James Ponder

A new video will introduce Loma Linda University students to the Vision 2020 campaign.

According to Taylor Khoe-Mupas, strategic alliances officer for Loma Linda University Health, the idea grew out of discussions she and Graydon Todd, MBA, management resident, held with the associate deans of students from all eight LLU schools. Before that, it had been discussed in meetings of the Campaign Communication Taskforce.

"The premise was to not only introduce the campaign, but to dispel any assumptions that Vision 2020 solely affects the hospitals," Khoe-Mupas observes.

The video—a collaborative effort between the departments of advancement films, marketing, philanthropy and

university films—will premiere at the annual Welcome Back Bash for students on Sept. 28. A student fact sheet will be distributed with the screening.

the old spaghetti factory **Tip-A-Firefighter**

All tips collected by the firefighters will be donated to Loma Linda University Children's Hospital

Big Hearts for Little Hearts Desert Guild invites Coachella Families to

The Old Spaghetti Factory Tip-A-Firefighter benefiting Loma Linda University Children's Hospital

Wednesday, September 23, 2015
 11:30 am - 2:00 pm
 4:00 pm - 9:00 pm

The Old Spaghetti Factory
 71743 Hwy 111
 Rancho Mirage, CA 92270
 (Across from the River)

For more information contact
 Tiffany Hoekstra at 909-558-5367 or thoekstra@llu.edu

LOMA LINDA UNIVERSITY
 CHILDREN'S HOSPITAL

LOMA LINDA UNIVERSITY HEALTH SYSTEM
 DEPARTMENT OF PLASTIC SURGERY
 presents

BREAST CANCER RECONSTRUCTION SEMINAR & FASHION SHOW

Sunday, September 27, 2015

Tickets on sale now!

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- Sample delicious cancer-fighting food
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- Bid in our silent auction
- Learn from experts

LOMA LINDA UNIVERSITY
 HEALTH SYSTEM

Grand Terrace matriarch leaves legacy gift to Children's Hospital

By James Ponder

Real estate developer Alba De Benedet, who was instrumental in the development and incorporation of the City of Grand Terrace, California, was a staunch supporter of Loma Linda University Children's Hospital.

When she passed away on October 30, 2014, Alba left a very large legacy gift to the hospital.

Born Alba Ciabattone on October 30, 1917, in Lakewood, New Jersey, she grew up in nearby Trenton as the middle child between brothers Arthur and Alger.

Because women were not encouraged to get an education in those days, Alba dropped out of school in the eighth grade. Her niece, Leigh Carlson, remembers that Alba was very intelligent.

"Her brothers went to college," Leigh shares, "and Alba was just as smart as the boys, but women didn't get an education in those old-fashioned days. At first, she took care of her younger brother, Alger, but a few years later, she went to work at the Romeo and Juliet cigar factory. It was acceptable for women to work during the war."

The cigars were rolled by hand, but according to Leigh, they were sealed by mouth. "Kind of like licking an envelope," Leigh says. "Alba worked there a couple of years."

Alba married Ernie Zampese in 1942. Sensing the tides of opportunity shifting to the West Coast, the newlyweds moved to Southern California in the post-war boom of the early 1950s and started the construction partnership of Zampese and De Benedet with their friend Bill De Benedet in Arcadia.

"Back then, there were a lot of homes with very large lots, so they started building little homes in back," Leigh



Grand Terrace matriarch Alba De Benedet, who passed away last year, believed in Loma Linda University Children's Hospital and left a very large legacy gift to further the mission and work of the organization.

remembers. "They must have built a couple thousand of those." The smaller structures, used as guesthouses for visiting relatives and friends, soon caught on and the company became quite prosperous.

In 1964, Alba, Ernie and Bill found an entire mountain for sale in Grand Terrace, at the time an unincorporated area of mostly agricultural land. After buying Honey Hill, a part of the larger Blue Mountain, they proceeded to build a custom home on its slopes. With more than 4,000 square feet and views that encompassed miles and miles, the house offered what Leigh describes as "a view over almost all of Southern California. On the Fourth of July, they could see six



Alba and Bill De Benedet stopped for a moment to rest during a hike in the hills of Grand Terrace. After Alba's first husband, Ernie, passed away, she began to turn to Bill for companionship and support. They married on Valentine's Day, 1989. Her niece, Leigh Carlson, called them Uncle Bill and Auntie Alba and shared that they were very much in love.

different fireworks shows."

The partnership soon began building custom homes in the community. Leigh says Alba was always the motivator behind everything they did. "Uncle Ernie would give you the shirt off his back," she observes, "and Uncle Bill was always the businessman. Auntie Alba preferred to work in the background, but she was always the driving force."

First known as East Riverside and later as South Colton, the community that was eventually named Grand Terrace reflected the movements of history as Native American residents gave way to Mexican and later Mormon settlers and finally an influx of Seventh-day Adventists, who started building the precursor of Loma Linda University Health nearby in the early 1900s.

By the time Zampese and De Benedet relocated there in 1964, the community was starting to grow. Even so, Alba realized there would be important advantages to incorporating as a city and began to vigorously promote the idea to friends and colleagues. Her dream came to fruition when the City of Grand Terrace was formally incorporated on November 30, 1978.

For the next several years, Zampese and De Benedet continued building large custom homes throughout the area. But Leigh remembers that Alba and Ernie's home was the focal point for family gatherings. "We would get together about once a month on Sunday," she recalls. "We lived in Whittier so we drove out to see them in Grand Terrace."

After 45 years of marriage, Ernie passed away from cancer on May 18, 1987. Following his death, Alba and Bill decided to keep the professional partnership intact.

As time went on, Alba found herself increasingly turning to her longtime business partner for companionship and support. He had always seemed like a member of the family, and now that Ernie was gone, she appreciated him more than ever. Sometime later, Bill

proposed and they married on Valentine's Day, 1989.

Leigh remembers that Alba was very happy. "Her greatest joy was easily her men, Ernie and Bill," she observes. "Second was her home, third, her old friends because they thought like her. I'm in there somewhere, I'm sure LOL!"

When Bill contracted prostate cancer in 1991, he was treated at the James M. Slater, MD, Proton Treatment and Research Center at Loma Linda University Medical Center. While Bill was receiving proton therapy, Alba deepened her acquaintance with the mission and work of Loma Linda University Children's Hospital. Leigh remembers that the timing could not have been better.

"She wanted to help the children," Leigh remembers. "Her family members were all A-OK financially and we encouraged her to find a cause. It's always been children with her, mainly because they are fairly helpless and she couldn't have any of her own."

And so it was that before Alba passed away on October 30, 2014, she named Loma Linda University Children's Hospital as a major beneficiary of her will.

Todd Mekelburg, director of planned giving, says gifts like Alba's leave a legacy that will benefit the children of the Inland Empire and Desert communities for decades to come.

"Alba was a valued member of the Grand Terrace community," he observes. "After seeing for herself the difference Loma Linda University Children's Hospital was making, she decided to direct a portion of her legacy to the hospital. We will be forever grateful for the transformative gift Alba provided through her estate."

Leigh concludes on a personal note. "If we weren't together, we talked on the phone at least once a day, and usually two or three times," she concludes. She was nobody's fool and smart as a whip. She would always listen and give her opinion, and 90 percent of the time, she was right. I miss her every day!"

Reportable Crimes

The Crime Awareness and Campus Security Act of 1990 requires colleges and universities across the United States to publish interim reports on campus crime activities. Listed below are the crimes reported for Loma Linda University Health for the months of July and August 2015.

Type of Crime	Number of Crimes	Place of Crime
Stolen Vehicle Recovery	2	Support Services Center Off Campus
Auto Theft	3	Caroline Street Clinics LLUMC Adult Hospital North Parking Structure
Tampering with Vehicle	2	North Parking Structure Audio-Visual Department
Burglary Motor Vehicle	10	Lot A; Lot DC (3); LLUMC East Campus Hospital Lindsay Hall; Lot L (lower) Caroline Clinics; Daniells Residence North Parking Structure
Burglary	1	Mountain View Plaza
Theft	1	LLUMC Adult Hospital
Assault/Battery	2	LLUMC Adult Hospital LLU Behavioral Medicine Center
Trespassing	2	Central Building; University Church
Disturbing the Peace	1	Club Center Drive
Narcotics Violation	2	LLU Children's Hospital Emergency Department
Threat of Violence	1	LLU Children's Hospital
Fire	2	Prince Hall LLU Cancer Research Institute

You can assist the Loma Linda University Health department of security in maintaining a safe and secure environment by notifying security immediately at extension 9-1-1 if you see or know about a crime taking place.

Nursing dean attends executive training at Wharton ...

Continued from page 2
leading change, influencing and galvanizing a diverse set of stakeholders, and building enterprising relationships in highly volatile environments. Participants

leave the program equipped with an advanced set of negotiation, leadership and influencing skills, and the confidence and ability to serve on or lead high-powered boards."

Garrett Caldwell named executive director for public affairs

By Jiggs Gallagher

Garrett Caldwell, DMin, has joined the department of advancement as executive director for public affairs at Loma Linda University Health, effective Sept. 1, 2015.

Caldwell comes from the General Conference of Seventh-day Adventists where he has served as public relations director for the past seven years. The General Conference is the parent organization of Loma Linda University Health.

“As the point of contact between the media and the Seventh-day Adventist Church, Caldwell has consulted with church leaders and communicators around the world, shaping public relations strategy, reputation management and crisis communication,” says Rachelle Bussell, senior vice president for Advancement, in welcoming him to the organization.

Before his service at the General Conference, Caldwell provided communication leadership to both the Upper

Columbia (Washington State) and Potomac (Virginia, District of Columbia and suburban Maryland) conferences of the Seventh-day Adventist Church. He has also served as a pastor and teacher in Oregon, Maryland and Virginia.

Born in Cincinnati, Ohio, Caldwell is a graduate of Oakwood University in Huntsville, Alabama, with undergraduate majors in communication and theology. He received a master of divinity from Andrews University in Berrien Springs, Michigan, and his doctor of ministry degree from Wesley Theological Seminary in Washington, DC.

“The work being done at Loma Linda University Health is transformational,” said Caldwell. “Lives are shaped here that shape the world. The commitment to mission throughout the organization is inspiring and the talent engaged in fulfilling the mission is invigorating. What a privilege it is to help spread the word about what is happening through Loma Linda locally and globally.”

Besides writing, photography,



Garrett Caldwell, DMin, will lead the Loma Linda University Health department of public affairs, which is composed of public relations, advancement films, and the Web center.

teaching and preaching, the new executive director enjoys running, sailing, and filmmaking. A recent accomplishment

is that he was co-creator, co-writer and executive producer of the award-winning steampunk film, “The Record Keeper.”

LA Times highlights Fontoura family

By Larry Kidder

The Fontoura family was recently featured in a Los Angeles Times article on the longevity of Seventh-day Adventists living in Loma Linda, California.

Daniel Fontoura, MBA, is vice president for wholeness at Loma Linda University Health and heads up the Wholeness Center, the entity tasked with bringing together campus-wide research into wellness, spirituality, and disease prevention, and a host of other related areas, and finding ways to share with the world. Vicki Fontoura, MS, teaches nursing at Loma Linda University School of Nursing.

Written by LA Times staff reporter Mary MacVean, the article, titled “Why Loma Linda residents live longer than the rest of us: they treat the body like a temple,” takes an inside look at the

Fontoura family — specifically their diet and lifestyle — in an effort to explain why Adventists live significantly longer than the general population and experience less cancer and other diseases linked to lifestyle.

Loma Linda has been recognized by author Dan Buettner as one of five “blue zones” in the world, where residents live significantly longer than the rest of the world’s population.

In addition, Loma Linda is the only blue zone community identified in North America. The other four areas are located in regions where the hustle, bustle and stress of the Western world are largely unknown, making it even more remarkable that such a community as Loma Linda exists in the middle of one of the busiest regions in the world.

In her article, MacVean comments, “The Fontouras, their three children, and Daniel’s parents are among the 22,000 residents of Loma Linda, where as many as a third of the people are Seventh-day Adventists.” She continues, “Their faith instructs them to treat their bodies as temples: little or no meat or fish, no smoking or alcohol, plenty of exercise, and a sense of purpose.”

“Saturday is the Sabbath,” she continues, “time off from jobs and homework.” The Fontouras attend church and often gather with other families for a potluck meal, or choose instead to go to the beach or hike.

The three Fontoura children — Claire, 16; Caleb, 10; and Carsten, 8, all participate in sports.

MacVean also highlighted centenarian Benita Welebir, who at the age of 100 is not that unique in Loma Linda. “The mother of five says her legs are wearing out a bit,” she writes. “That may be, but she walks the halls at the 100-unit Loma Linda Valley Villa half a mile at a time.” MacVean adds, “She does her own hair.”

Among the general population, according to the author, just 55,000 Americans have reached the age of 100 — which equals 0.02 percent.

MacVean describes other aspects of the Loma Linda community that, she suggests, may help the residents live longer. Bin after bin of beans and grains can be found at the Loma Linda Market, as well as fresh fruits and vegetables, but no meat section. On a residential street, tables with grapefruits and oranges are

sold on the honor system.

The article concludes by citing the Adventist Health Studies, decades-long research into the lives and health of nearly 100,000 Adventists, looking at everything from diet and exercise to incidence of cancer and other diseases.

MacVean quotes Michael Orlich, MD, assistant professor of preventive medicine and public health, School of Medicine and School of Public Health: “Health reform is in the DNA of Seventh-day Adventists.”

To read the article online, visit latimes.com/health/la-he-blue-zone-loma-linda-20150711-story.html.

Correction

In the August 2015 edition, in the story titled “Cancer Center receives UniHealth Foundation Grant,” we erroneously reported that Patty Radovich, PhD, is assistant clinical professor of nursing at Loma Linda University School of Nursing.

In reality, Patti Radovich — note the corrected spelling of her first name — is director of nursing research at Loma Linda University Medical Center.



Daniel Fontoura, MBA, and his family were among the subjects of a recent article in the LA Times that looked at “Why Loma Linda residents live longer than the rest of us: they treat the body like a temple,” written by staff reporter Mary MacVean. Fontoura is vice president for wholeness at Loma Linda University Health.



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