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Loma Linda University Health president one of 15 Inland Empire people to watch during 2015, according to Press-Enterprise

By Jiggs Gallagher

The Riverside Press-Enterprise recently included Richard H. Hart, MD, DrPH, president of Loma Linda University Health, as one of 15 “people to watch” in the Inland Empire during 2015.

The reason? “Hart is the force behind the planned Loma Linda University Health – San Bernardino development, which will house a comprehensive medical clinic in the city’s downtown, but also offer health care certificate programs for high school students and adults,” the newspaper’s editors

wrote. “Expected to open in 2016, the project aims to give the city more skilled workers and quality health care.”

Loma Linda University Health broke ground for the project, located just south of downtown San Bernardino, in December.

During the groundbreaking ceremony, Hart said the project will help support the San Bernardino economy, and promote health and wholeness in the community for years to come.

“Studies of the infrastructure of San Bernardino have found that there are two large unmet needs in this community,” Hart explained in his remarks. “The first is a lack

of skilled workers. The second is a lack of quality health care.” He continued, “Our new project will help address both of those sectors of the economy.”

Loma Linda University Health President

Hart also received an award from the Inland Empire Economic Partnership (IEEP) for outstanding leadership in the health care field. The presentation took place at Victoria Country Club in Riverside in January.

U.S. representative visits Loma Linda University Health

By Jiggs Gallagher

United States Representative Pete Aguilar (Democrat – California), former mayor of Redlands who was elected to the U.S. House of Representatives

this past November, visited Loma Linda University Health on Feb. 19 and toured of the campus.

“I’m proud that Loma Linda University Health provides so many wonderful
Continued on page 8

Children’s Hospital Foundation Gala theme celebrates twenties

By Briana Pastorino

Loma Linda University Children’s Hospital is celebrating the golden twenties, Vision 2020, at the 22nd annual Foundation Gala presented by Hard Rock Hotel Palm Springs. “Rhapsody in Gold” will take place on March 12 at the Riverside Convention Center, 3637 5th Street, Riverside.

The festivities will begin at 5:30 p.m. with a silent auction, buffet and golden twenties entertainment including a vintage car display and live music. A VIP reception will welcome the musical talent of Broadway singer Sandy Bainum.

The program, hosted by K-Frog Radio’s Heather Froglear and Emmy-Award-winning NBC4 reporter Tony Shin, will begin at 7:30 p.m. and will include the ever-popular live auction with Jim Nye. Seven live auction items this year include a Bandon Dunes golf trip, a Kenya safari experience and an NBA suite for 10 guests.

Funds raised at this year’s event will benefit the Vision 2020 campaign for a new Children’s Hospital tower.

“This year’s gala is truly a celebration of the supporters of Loma Linda University Children’s Hospital that allow us to continue to provide the gold standard of care
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U.S. Representative Pete Aguilar (Democrat – California), center, visited with Richard Hart, MD, DrPH, left, president of Loma Linda University Health, and Roger Hadley, MD, right, dean, Loma Linda University School of Medicine, while on the Loma Linda University Health campus.

International Heart Institute physician awarded March of Dimes Community Service Grant to diagnose heart defects

By Briana Pastorino

The March of Dimes California Chapter has announced that Loma Linda University Children’s Hospital (LLUCH) pediatric cardiologist, Donna Goff, MD, MS, has been awarded a community service grant titled “Improving the Prenatal Detection Rate of Complex Congenital Heart Disease in the Southern Inland Counties Regional Perinatal Program.”

This grant will use existing databases, combined with geographic information systems (GIS), to identify regions with lower rates of prenatal diagnosis of congenital heart defects (CHD). These data will then be used to understand the barriers to prenatal CHD diagnosis and provide outreach to improve the prenatal diagnosis rate.

According to Goff, “The prenatal detection rate of congenital heart defects is around 25 percent in the Inland Empire, compared to 49 percent nationally, which ultimately leads to delayed treatment and worse outcomes for these babies. As the

region’s only provider of pediatric cardiology services, it is our mission to serve this population and work collaboratively with obstetricians, radiologists and family practice physicians in the region to improve screening for congenital heart defects. Dramatically improving the congenital heart defect diagnosis rate will depend upon partnering with community physicians in a way that was previously unprecedented.”

Goff is one of six recipients of this multi-year community service grants program offered by the California Chapter of the March of Dimes. The grant program will provide nearly three quarters of a million dollars through 2018, and \$250,000 of that will be distributed in the first year of this program, with the remainder of funds contingent upon demonstrated programmatic successes each year through 2018.

Funds from the March of Dimes will allow Goff and her colleagues at the LLU International Heart Institute and Perinatal Institute to continue to improve early detection of congenital heart defects in fetuses, such as Marcus Volpe, who was born

with d-transposition of the great arteries. Since Marcus’ congenital heart defect was detected early on in pregnancy, Goff and her team were able to monitor the fetus and provide specialized prenatal care.

“We were fortunate that our son’s condition was detected early,” says Erica Volpe. “We were scared at first, but we had time to establish a game plan. Dr. Goff explained everything to us and put us at ease as much as she could.”

Goff diagnosed Marcus at 21 weeks gestation, which allowed regular fetal echocardiograms throughout Volpe’s pregnancy to closely monitor him and provide time to coordinate his postnatal care with the multidisciplinary team, including maternal fetal medicine, neonatology and pediatric cardiac surgery to ensure a safe and successful delivery with specialized care in the LLUCH neonatal intensive care unit (NICU) after birth.

Marcus was born April 14, 2014. At 5 days old, he was strong enough to have the surgery that would repair his heart,
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Donna Goff, MD, MS, cradles Baby Marcus in the neonatal intensive care unit following successful surgery to correct a congenital heart defect that had been detected prenatally.

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Student dietitian helps retired law enforcement officer find new lifestyle

By James Ponder

John Hurst, a 67-year-old retired officer with the San Bernardino Police Department, credits two women with helping him adopt a healthy lifestyle.

The first is his wife, Jackie, and the second is Erika Carbajal, a second-year student in the MS degree program in nutrition and dietetics at Loma Linda University School of Allied Health Professions.

One morning last summer, Jackie stopped by a booth Erika had set up in the lobby of Drayson Center to draw attention to weight loss and nutritional counseling services offered to the community. One thing in particular arrested Jackie's eye.

"It's called 10 pounds of ugly fat," she explains. "It's a molded plastic replica of a yellowish blob of fat — about the size of a large loaf of bread. It really got my attention."

As Jackie slowed down to take a closer look, Erika introduced herself and asked if she might like to know more.

"I'm visual," Jackie reports, "and Erika had several things I liked. I wondered if my husband could make the connection with the visual aids Erika displayed."

In addition to the blob of plastic fat, Erika showed Jackie the My Plate graphic — a plate divided in half with fruits and vegetables on one side and grains and proteins on the other — and depictions of the hidden salt and sugar in processed foods.

As Erika explained that interactive visuals help make learning fun, Jackie became convinced John needed to meet Erika.

"I've been after him to eat healthy for a long time," Jackie discloses. "I thought hearing about it from someone other than me might motivate him to lose weight."

John, however, was not so sure. "I don't know about this," he said. Nevertheless, one fateful day in August 2014, he accompanied Jackie to meet Erika.

"He was very defensive when he realized it was a one-on-one meeting and not a class," Jackie recalls. "But Erika put him

completely at ease. She was so nurturing and kind."



Jackie, left, and John Hurst get together to review his weight loss and fitness progress with Erika Carbajal, a student in the MS degree program in nutrition and dietetics at Loma Linda University School of Allied Health Professions. With Erika's counsel and Jackie's encouragement, John — who wasn't optimistic about his wife's idea to work with a nutritionist until he met Erika and learned that her philosophy of working with clients involves having fun — has enjoyed significant weight loss and increased energy.

John viewed the situation pragmatically. "She gave me a 'healthy' recipe for tamale pie and showed me the 10 pounds of ugly fat," he says. "That was all it took."

Since losing weight can be difficult, Erika

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Leadership changes announced

Compiled report

Loma Linda University Health recently announced a number of changes in leadership.

Lyndon Edwards, MBA, MHS, is being promoted to senior vice president for East Campus, the newly re-named Surgical Hospital, Highland Springs Medical Plaza and the Behavioral Medicine Center. This is a promotion with the addition of the Behavioral Medicine Center to Edwards' responsibilities. His experience with mental health care in previous positions in Florida has prepared him well for this new role.

Ed Field, MBA, has been appointed vice president for the Behavioral Medicine Center. He has served most recently as controller for Behavioral Medicine Center, with a history of 18 years at that facility.

Roger Hadley, MD, was appointed chief medical officer over all six hospitals of Loma Linda University Health. He will hold this administrative position in addition to his longtime roles as dean of the School of Medicine and executive vice president for medical affairs at Loma Linda University Health.

Angela Lalas, MBA, has been appointed senior vice president of finance. In her new role, she will have direct oversight over hospital finance operations for the six hospitals of Loma Linda University Health, and she will provide oversight and coordination for decision support, including financial planning, analysis and reporting for Loma Linda University Medical Center and affiliates, LLU and LLUSS.

Rod Neal, MBA, will have his scope of responsibility as senior vice president of finance for LLU and Loma Linda

University Adventist Health Sciences Center expanded to include direct oversight over Foundation administration, which includes investment administration, trust administration, Foundation accounting and Foundation retail and real estate operations, as well as certain LLU Shared Services departments under real estate management, including transportation, parking, fleet and rideshare services.

Rhodes (Dusty) Rigsby, MD, will become vice president for transitional care at LLU Medical Center. This is a new position; he is currently responsible for home care. In his new role, he will actively manage patient flow and length of stay. Rigsby has had extensive experience in case management over his more than 20 years at Loma Linda University Health. He is also the mayor of Loma Linda.

Jim Seager has been appointed vice president for finance at Loma Linda University

Health and will provide oversight of technical finance areas, including accounting, financing and tax for LLU Medical Center and LLU Shared Services.

Trevor G. Wright, MHA, will assume the position of senior vice president for the adult hospital. He comes to Loma Linda from Shawnee Mission Health in Overland Park, Kansas, where he has served as senior vice president/chief operating officer since 2011. Wright's outstanding record of performance in that position includes improving Shawnee Mission's financial and patient care metrics across the board. He served in prior positions at Providence Little Company of Mary Medical Center in Torrance, California; the Studer Group (medical consultants) of Gulf Breeze, Florida; Paradise Valley Hospital, National City, California; and Ukiah Valley Medical Center, Ukiah, California. He will begin his role at LLU Medical Center shortly.

Physician awarded March of Dimes Community Service Grant ...

Continued from page 1

which was performed by renowned cardiothoracic surgeon, Leonard Bailey, MD, surgeon in chief at LLU Children's Hospital. At 9 days old, Marcus was able to go home with his family in Riverside. Now 10 months old, Marcus is thriving, doing everything a baby his age should be doing.

"Everyone is amazed at how well he is doing," Volpe boasts of her son. "You would

never know he has been through what he's been through." Had Marcus' condition gone undetected, it's uncertain if the outcome would have been the same, but Volpe and her family feel lucky and are thankful Goff detected Marcus' heart defect when she did.

"Dr. Goff is amazing," shares Volpe. "She wants the best for these heart warriors no matter what. It's no surprise that she has earned a grant from the March of Dimes."



Baby Marcus rests in the NICU following his heart repair. Early diagnosis enabled Goff and her team to optimize their treatment plan for Marcus and his mother, Erika Volpe, well before his birth and heart surgery.

Goff and the other five grantees were selected from more than 40 concept papers by the March of Dimes State Program Services Committee, which is made up of leading medical and public health professionals representing different regions in California. The projects are receiving funds in order to increase and enhance prenatal care, to provide pre- and inter-conception efforts, as well as improve screening and diagnosis of heart birth defects. Programs target diverse, underserved female populations, including those women who are incarcerated, as well as the Latina,

Pacific Islanders and African-American communities.

"These grants are launching new programs or expanding existing ones with the funds provided by March of Dimes," explains March of Dimes State Program Services committee chair James Byrne, MD, who is also chair of the obstetrics and gynecology department at Santa Clara Valley Medical Center. "Many initiatives would not move forward without this funding. Community Grant recipients provide great beta tests which lay the groundwork to scale future efforts."



Now 10 months old, Loma Linda University Children's Hospital patient Marcus Volpe plays in his Riverside home after successfully undergoing heart surgery at just 5 days old.

Loma Linda University Health nurses teach chemotherapy course in Hong Kong

By Courtney Haas

Reaching out to a global community is a top priority for Loma Linda University Health. However, with so many ways that the organization is impacting the world, it's easy to overlook many of these outreach projects.

One such project recently came in the form of a certification course, titled "Teaching Pediatric Chemotherapy and Biotherapy Provider," offered at the Hong Kong Hospital Authority.

Kimberly Johns, a clinical nurse specialist in pediatric oncology, and Jacki Blake, nurse manager for the outpatient pediatric oncology clinic, are both registered nurses in the pediatric oncology department at Loma Linda University Health. On Jan. 15 and 16, 2015, they were given the opportunity to travel to Hong Kong to teach a pediatric oncology certification course to a broad audience of medical professionals within the Hong Kong Hospital Authority.

Twenty-seven pediatric nurses, including pediatric intensive care unit nurses, general pediatrics nurses and pediatric oncology nurses attended this two-day course.

The time spent in lecture and testing is anticipated to help these 27 professionals to return to their hospitals and share the knowledge that they gained and the new insights they learned during the course with their pediatric oncology departments.

This was not Johns' and Blake's first trip to Hong Kong. The Hong Kong Hospital Authority, which is in charge of many hospitals in Hong Kong, contacted Loma Linda University Health about a pediatric

chemotherapy course in 2011 and at the time of the request, Johns was the only nurse at Loma Linda with chemotherapy instructor certification. Blake was not far behind in completing her certification though, and, in January 2012, they made their first trip to Hong Kong to teach the course.

"The world of pediatric oncology is actually a small community," Blake says. "And to know that you can go across the world to Hong Kong and have the same situations with similar patients, and know that their nurses are dealing with the same patient population and have to go through the same treatment regimen and deal with the same struggles is exciting."

Johns and Blake both have a passion for

pediatric oncology that causes them to feel inspired when interacting with different pediatric oncology nurses. It is the connection that drives them to participate in these courses.

Johns mentions that, "It's fun to have that interaction during the courses and really to make connections because even now the students will email us with questions or photos from the class. It is the need to be connected to nurses who are doing the same things we are doing, in a different part of the world that makes the course essential."

Johns goes on to add that, "The point of this class is really about making those connections because it allows them a resource

to reach out to with questions. We really just want them to be comfortable with the course material and for me it is that connection piece that makes me do this work. I think it is such an awesome feeling to be able to go and realize that the world of pediatric oncology is not that big. We have a connection nationally because of the national conferences we attend but to have a connection internationally as well, helps our small community to grow and helps us to realize that we are all doing the same job just in different parts of the world and we can help support each other."

Johns and Blake both say that they are willing to teach this course in the future, but it all depends on the needs of the hospitals. If their work can be taken and applied to the hospitals within the Hong Kong Hospital Authority, then they are happy with the outcome of their work.



Left photo: Loma Linda University Health nurses Jacki Blake and Kimberly Johns, third and fourth from left, teach a pediatric chemotherapy certification course to 27 Hong Kong nurses. Right photo: Kimberly Johns demonstrates the proper use of chemotherapy protection.



Management residents serve a global audience

By Courtney Haas

Loma Linda University Health, like many universities, offers recent graduates the opportunity to work in a management residency program. This two-year program is composed of individuals who have completed their undergraduate or graduate programs and are looking for work experience in their area of interest.

The position allows residents to work at Loma Linda University Health and learn how the management departments are run as they cycle through rotations within different departments. At the end of two years, the goal is to hire the residents into full-time positions within the Loma Linda University Health family of employees.

One of the things that makes Loma Linda University Health's program unique is that it provides the opportunity to work internationally during rotations.

This is a relatively new addition to the program, beginning in 2011 with Shaunielle Abreu, MA, residency program manager, when she was in the residency program.

As a resident, Abreu was looking for a way that she could give back to the university, a way that she could add to the rotation for others. With this thought in mind, she and fellow resident, Steve Brooks, created a proposal for an international rotation and presented it to Richard Hart, MD, DrPH, president of Loma Linda University Health.

"He loved it," Abreu says. That year, Abreu was able to work for several months in Malawi at Malamulo Adventist Hospital and, from that point on, the international rotation has continued to grow and gain interest with those in the program. In 2014, the highest number of residents chose to participate in this opportunity with four individuals traveling abroad for work rotations.

Juliana McGraw spent 10 days in the

Philippines with a film team; David Moore, one month in Haiti doing construction at Haiti Adventist Hospital; Graydon Todd, one week in Haiti working with the rehabilitation technician program; and Kelly Chung spent five days in China helping to present at a leadership course at Sir Run Run Shaw Hospital. Each experience was diverse in length and objectives, but each resident came back feeling enriched by the involvement of viewing Loma Linda University Health from an outside perspective.

"Normally when I think of Loma Linda outreach, I think of African hospitals," Chung shares. "But in China I realized that it was actually a very developed country and over 20 years we have created this partnership that benefits both sides and that is just so cool."

McGraw's rotation allowed her to travel with the department of public affairs advancement films to the Philippines to assist in filming an episode of "Life on the Line" that will air on PBS later this year. While on site she was able to see the International Behavioral Trauma Team train locals on how to cope with Post Traumatic Stress Disorder (PTSD), which is a very prominent problem in the area due to the number of typhoons they encounter.

"The most amazing thing to me was being able to see the impact that Loma Linda has worldwide," McGraw emphasizes. "I really value being able to see the difference that we are making to a villager in the Philippines. I just kept thinking, 'How far removed is that person from Loma Linda?' They are living in bamboo huts across the world and will never come to Southern California, but they are still being touched and benefited by the work at Loma Linda University Health."

While in Haiti, both Moore and Todd found that even though their experiences varied, they both gained insight into how



Kelly Chung presents to the leadership course that Loma Linda University Health held in Hangzhou, China.

Loma Linda University Health serves throughout the world.

Moore sits on the administrative board for Adventist Health International that works closely with Haiti Adventist Hospital. Through his knowledge of the site, he was able to gain a better understanding of how mission hospitals benefit from their relationships to Loma Linda University Health.

"Haiti would not be what it is today without Loma Linda," Moore comments. "Just in terms of resources, we have students and medical professions that can go and help in the mission fields and it is amazing to see first hand that Loma Linda is making a global impact."

These relationships do not just benefit those receiving global outreach. The impact on the residents is undeniable.

"You can just tell from being given the option to travel abroad that Loma Linda wants us to experience the world — to experience

poverty," Todd reveals. "They want us to experience all of these things because we are so privileged in America, so to be able to help out those in need and to have Loma Linda University Health foster the desire to serve overseas is unlike any other opportunity that I've ever been presented with before."

Abreu expressed that the idea for international work began when it was realized that many administrators at Loma Linda University Health are also working with our international mission sites. "If this residency program is a success for future administrators, that global component of international service is essential," Abreu asserts. "We want service to be embedded in the residents now as they start their careers."

To learn more about the management residency program and the opportunities it offers, please contact the talent management services office or visit llu.edu/central/hrm/internship-and-residency.page

How Jodi Staff turned her life around to truly 'Live It'

By Edna Maye Loveless

A cancer scare prompted Jodi Staff to assess her general health. As administrative assistant for the Loma Linda University School of Dentistry office of clinical administration, she was aware of the university's emphasis on healthy living.

But in an up-and-down battle with weight gain, she felt clearly a failure. It was difficult to get up from a stooping position. She could no longer cross her legs. Forty-seven years old, plagued with high blood pressure, Staff made a private speech: "Self, when are you going to change? Will you wait until you're 65? It's not good."

This time (Aug. 2012), she started by changing her diet: choosing grapes and hummus instead of chips and dip, for example.

"Not everything at once," she emphasizes. "I wasn't saying, 'You can't have that.' I was no longer trying to be perfect."

Never an exercise enthusiast, Staff also started walking — about a mile into the foothills initially. By February 2014, she was participating in her first half marathon. Currently she goes regularly to the Drayson Center to swim, bike or run with a workout partner.

The good news: by December 2012, after embarking on a fitness program, Staff had lost 50 pounds, an average of 10 pounds per month.

At work, she fields a lot of questions: How did you do it? How much have you lost? What are you eating? What are you not eating? What kind of exercise are you doing? How do you stay on it?

At the beginning, Staff admits, it took a concerted effort to follow a diet and pursue activity. Now it's turned into a lifestyle that she enthusiastically promotes to staff and faculty.

Her biggest tip? "In the past it was 'all or nothing — do it perfectly.' I took that out

of the equation. You take one baby step at a time, so it doesn't become so overwhelming that you don't want to do it anymore."

A major crisis in Staff's life arrived in September 2013 when she went to the emergency room with her husband, who was suffering severe abdominal distress. He died that evening — a totally unexpected outcome. Staff speaks gratefully of the many friends she counts among her co-workers who supported her in her bereavement, and adds, "Being healthier helped me cope."

Expanding her activity to include five nieces and nephews, ages 4 to 14, two Christmases ago Staff chose, instead of gifting them, to spend two days with them at Disneyland parks.

And her active support of the Humane Society took a surprise turn during a recent local rainstorm. While she was closing her umbrella, a bedraggled stray dog elected her as his mistress, hopping into her car and thereby joining Zeus, Staff's other canine.



Jodi Staff and a friend take part in a half-marathon.

Apollo and Zeus have become the beneficiaries as well of her walks (and runs), which are now an established way of her life.

Student dietitian helps retired law enforcement officer find new lifestyle ...

Continued from page 2

works to establish a relationship of trust with her clients. A question asked by one of her professors, Jeje Noval, MS, frames Erika's philosophy of helping clients deal with their emotional attachment to food.

"She asked what recommendations I would give if my client recalled eating 10 cheeseburgers a day," Erika shares. "That's an extreme example, but you have to meet clients where they are. Asking them to cut out all cheeseburgers and switch to salad wouldn't be realistic, so I would start by asking them to cut back to five burgers a day."

John went home and started applying what Erika told him right away. Almost immediately, he began losing weight and feeling better. But after a few weeks, the weight loss slowed. That's when he started following her advice about exercise.

"I had been pretty sedentary," he admits, "but now I ride a stationary bike 35 to 45 minutes three times a week and hit the treadmill for another 20 to 25 minutes. I also do light weights, but the cardio workout is what's most important."

John displays an activity tracker he wears on his wrist. The device registers everything related to his new fitness lifestyle: the number of steps he walks in a day, the time he spends exercising, whether he's had enough sleep or not, and even the nutrients he ingests. It connects to his iPhone and gives him accurate information that allows him to tune his daily routine for maximum effectiveness.

"It lets me know if I've had enough protein for the day," he says, "or whether I need to walk a few more steps."

Early in the program, Jackie told Erika she was concerned John might possibly be pre-diabetic. "He gets grumpy when his blood sugar drops," she explains.

Erika took the information seriously. "Sometimes that can be an indication of a pre-diabetic condition," she observes, "but in John's case, he just needed to increase his protein intake."

"He used to come home from the gym all tired out," Jackie remembers. "But then he started taking a protein snack to eat during the workout, and a water bottle. So now, he's getting better nutrition during the workout."

The benefits have been tangible and sustainable.

"Right now, I'm right at 20 pounds lighter than before I started," John reports.

"He lost about 25 pounds in the first

three months," Jackie interjects, "but between the holidays and vacations, he gained some of it back."

Erika isn't worried. "John is on the right path," she insists. "He'll lose the weight again and keep it off because he isn't on a diet; he's found a new, healthy lifestyle."

Jackie has a quick response when asked what she does for a living. "I'm a personal trainer," she replies. "Hence my frustration

with John in the past!"

John responds to one final question: Is that stereotype about cops and donuts true?

"No!" he laughs. "It's not the donuts, it's the coffee!" He adds, "I used to drink seven or eight cups a night just to stay alert on my shift."



GALA DINNER

Monday, March 9 (7:00 p.m.)
Riverside Convention Center (New Venue)
Featuring: Singer/Songwriter/Speaker Barbara McAfee



FRIDAY NIGHT VESPERS & MORNING DEVOTIONALS

Friday, March 6 (7:00 p.m.)
Loma Linda University Church
Speaker: Karl Haffner, Senior Pastor, Kettering SDA Church
Dr. Haffner is a mission strategist for Kettering Health Network. He travels whenever he can and preaches wherever he can. A prolific author of thirteen books, Dr. Haffner is committed to communicating God's grace to others.



SCIENTIFIC PROGRAM

Friday, March 6 Ethics & Innovations in Medicine
Sunday, March 8 The Practice of Medicine in the Year 2015 and More
Monday, March 9 Physician Vitality Conference
Keynote Speaker & Book Signing:
Danielle Ofri, MD, PhD



Dr. Ofri is an attending physician at Bellevue Hospital and associate professor of medicine at New York University School of Medicine. She is the author of *What Doctors Feel: How Emotions Affect the Practice of Medicine* as well as other acclaimed books on physician experience in medicine and patient care. She gave the opening session of TEDMED 2014 talks at the Kennedy Center, and is co-founder and Editor-in-Chief of the *Bellevue Literary Review*. She writes regularly for the *New York Times* about medicine and the doctor-patient relationship.

SATURDAY NIGHT PROGRAM

Saturday, March 7 (7:30p.m.) - Ticketed Event
Loma Linda University Church
Featuring: California Baptist Choir and Orchestra
The California Baptist Choir and Orchestra is led by nationally acclaimed conductor Dr. Judd Bonner, Dean of the School of Music. Over 150 singers and instrumentalists perform nearly 50 annual concerts in the local area and on tours.



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ALUMNI ASSOCIATION
SCHOOL OF MEDICINE OF LOMA LINDA UNIVERSITY

Teacher's dedication inspires students to consider careers in medicine and science

By James Ponder

As she has done every year for the past two decades, Nancy Bowman, a self-described "semi-retired teacher" from Westlake Village, California, recently brought a group of anatomy students from Westlake High School to Loma Linda University Health for a very important field trip.

"The majority of them, at this point in time, are still looking at medicine as the dream, the ultimate career goal," Bowman explains.

While noting that many of the 31 students in this year's class may change direction as they encounter the rigors of undergraduate education, Bowman acknowledges that if this group follows the pattern of previous classes, many students will achieve their goals.

"I would say," she reflects, "that roughly

one-third of them have ended-up in medicine and another third have gotten their MA or PhD degrees in another area of science, such as research."

Although reluctant to take credit for her students' achievements, Bowman admits she is passionate about inspiring them to choose medical and scientific careers.

"I've been doing this for 38 years," she reports, "and I haven't lost any of my enthusiasm for it. I absolutely love it! It suits me to a T. Since I'm semi-retired, the only thing I'm currently teaching is the honors advanced anatomy class."

From the time Gayathri Kumar, a health care intern doing a practicum in the office of public affairs, met them at 9:00 a.m. in front of Centennial Complex until they left the campus six hours later, Bowman's students applied themselves to the task of learning everything they could about medical



Nancy Bowman (far left) and 31 students from her advanced anatomy class at Westlake High School proudly display a small selection of the gifts they purchased for patients on the pediatric cardiac ICU at Loma Linda University Children's Hospital. As they've done for the past two decades, her class recently toured the campus to learn about options in medical and scientific careers.

careers. Kumar stayed with them throughout the day, escorting them around campus, introducing them to members of the staff and handling logistics.

The agenda included visits to the Swatek Anatomy Pavilion — where Pedro Nava, PhD, arranged for them to work on a cadaver inside one of the pavilion's ultramodern dissection spaces — and the medical simulation center.

"Since we are such a large group, I split the class in half," Bowman notes. "Half tours the anatomy lab while the other half tours the simulation lab. This is about an hour in duration. Then we all meet in the common area and we switch."

Bowman recalls that her class was "just totally in awe" of the simulation lab and the OB-Gyn room and the fact that at least a couple of them got to deliver a "baby" mannequin.

"It was very, very impressive!" she adds, noting that the students marveled at the fact that the mannequins can be programmed to manifest the symptoms of a variety of medical conditions.

After lunch, the group took a very large assortment of gifts for the patients on unit 5800 in Loma Linda University Children's Hospital. The story of how they got the gifts blends equal parts youthful enthusiasm and community spirit with a bit of fortuitous serendipity.

The parent of one of Bowman's former anatomy students lives in a Thousand Oaks neighborhood that hosts an annual block-long garage sale. She goes to the homeowner's association and asks permission for the class to raise money at the event for the pediatric cardiac ICU at LLU Children's Hospital. The presentation succeeds and the students turn out in force the day of the sale, working from 6:30 a.m. to 2:00 p.m.

"You would be amazed at the amount of donations we generated," Bowman exclaims. At the end of the day, the group tallies the total at \$2,600.

Their good fortune, however, is just beginning. When the students contact Sharon Munoz, a manager at their local Target store, she not only allows them to use the employee discount of one of their class members who works there, but also offers her own discount as well. With the two discounts and fistfuls of coupons, they extend their purchasing power to obtain \$3,400 worth of merchandise.

Because Bowman had previously reached out to Shelley Taylor, charge nurse on unit 5800, she knew what items were most needed on the unit. Taylor says their generosity is very appreciated.

"Nancy Bowman and her students are such a blessing to the patients in the pediatric cardiac ICU," Taylor reports. "They do

Continued on page 7

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Big Hearts for Little Hearts Riverside Guild provides lessons in art skill and education to patients

By Briana Pastorino

The Big Hearts for Little Hearts Riverside Guild treated patients at Loma Linda University Children's Hospital (LLUCH) to "Art for Little Hearts," on Thursday, Jan. 29. Bobbie Powell, vice president of the Riverside Guild and a former elementary teacher, took over the Toyota Learning Center inside the hospital to teach art skill and education to patients grades K-12.

Powell, who is the former director of the Riverside Art Museum, said her intent was for the kids to do more than just color a picture. "My goal is to get the kids to open up about color and texture and to not be timid about their pictures," she said. Thursday's event was the third of five "Art for

Little Hearts" presented by the Riverside Guild at LLUCH. At each event, Powell presents an artist and encourages the children to produce something in the style of the selected artist. "I try to teach them in a small way about the artist," Powell said. Jim Dine was the selected artist for this particular session.

The Riverside Guild was founded in 2010, composed of a select group of active leaders in the Riverside community who combine their collective efforts to support the hospitalized children at LLUCH. The guild is committed to educating the public about the outstanding children's services provided by LLUCH. The goal is to raise community awareness for the hospital and promote LLUCH as the best place to bring sick or injured children.



Children's Hospital patient Yuridia Olvera, 8, shows off her drawings during "Art for Little Hearts" on Thursday, Jan. 29, along with the hospital's social media coordinator, Jenny Favela, who joined in on the fun.

Clinic With A Heart celebrates silver anniversary

By Doug Hackleman

It was a dark and rainy morning, but 208 adults and 14 children received free dental care on Jan. 11 at the Loma

Linda University School of Dentistry's student clinics, during the school's annual Clinic With A Heart.

It was the silver anniversary for this event during which the school most visibly



Surrounding happy patient Jay'len Lacey are residents of the advanced specialty education program in pediatric dentistry Ava Chung, DDS (seated left), and Adriana Cuellar, DDS (standing), along with their mentor and program director, Anna Chen, DDS, PhD, MS, and dental student Devin Bowyer.

demonstrates its motto, "Service is our calling," by delivering as much dental care as its faculty and students can provide to needy members of the community on one Sunday each January.

Drawn by the local press and social media, those who lined up outside of Prince Hall in the dark received a complete dental screening, and either teeth cleanings, fillings or (in too many cases) extractions.

The Riverside Press-Enterprise reported on three senior citizen "residents of the Little Sisters of the Poor board and care facility in San Pedro" who "hired a taxi to bring us to this dental clinic this morning," one of them explained. "Round-trip will cost us \$200, but for us it is a wonderful thing," she added.

Because this Clinic With A Heart

Continued next page



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Patients treated to 'Loving Hearts Loving You' party

By Briana Pastorino

The Big Hearts for Little Hearts Loma Linda Guild treated patients at Loma Linda University Children's Hospital (LLUCH) to an afternoon of crafts and fun at "Loving Hearts Loving You" Valentine's Party on Monday, Feb. 2.

Guild members, along with the hospital's child life services, created a therapeutic environment by allowing kids to create holiday crafts and read amazing books as part of the organization's mission to enhance the patient experience for the precious children at LLUCH.

Dixie Watkins, president of the Loma Linda Guild along with other guild members, interacted with the children who attended the event in the hospital lobby in hopes of making their day a little brighter despite their individual circumstances.

"We want to help these kids forget they're sick or in pain if even just for a couple hours," Watkins said. In hopes of prolonging that joy, Watkins said each child is given an age appropriate book of their choosing and a stuffed teddy bear.

LLUCH child life services delivered goodie bags of items from the party to kids who were unable to leave their rooms or treatment areas so they could still enjoy the festivities.

The Big Hearts for Little Hearts Loma Linda Guild is committed to supporting the children hospitalized at LLUCH by developing programs and projects that address the critical needs of these children and their families. The Loma Linda Guild was founded in 1999 and was the first of what is now four chapters.

Since its inception, the Loma Linda Guild has raised over \$1.3 million in funds for LLUCH.



Children's Hospital patient Emilio Sanchez, 12, makes Valentine's Day cards for his family with a little help from Julie Rogers, a friend of the Big Hearts for Little Hearts Loma Linda Guild during the "Loving Hearts Loving You" Valentine's party at LLUCH on Monday, Feb. 2.

Clinic With A Heart celebrates silver anniversary ...

Continued from previous page
experienced an unusually high clinician-to-patient ratio, a 5-year-old with bombed-out essential maxillary incisors, Jay'len Lacey, godson to Sonjia Haynes, supervisor for central sterilization, received unexpected attention from graduate students in pediatric dentistry and left with three capped front teeth that a grateful relative said matched the originals perfectly.

Clinic With A Heart is a joint effort of volunteers organized each year by the school's clinic management team — from the staff members who manage the crowd and the outdoor heaters, security,

and patient signup; to the LLU School of Nursing students who take patients' blood pressure; to the dental assistants, dental hygienists and dental students (pre- and post-doctoral) who treat the patients; to the clinical faculty who oversee the quality of care.

For the event to succeed requires committed volunteers from every aspect of dental care delivery. "Without every piece of the mosaic," as one participant put it, the event would collapse.

This January there were 513 volunteers who served 222 patients — a comparatively low turnout due to inclement weather. Since

its beginning in 1990, 25 years of Clinic With A Heart has provided \$618,879 in dental services, with this year's volunteers adding \$26,573 to the total.

Each year Proctor & Gamble provides

custom Clinic With A Heart T-shirts for all volunteers, along with oral health care kits for each patient, and \$1,000 to the department of pediatric dentistry's Children's Dental Health Fund.



Top photo: The clinic area is full of patients, tended by faculty and students. Bottom left photo: Dental hygiene classmates Brittany Brown and Megan Renaud collaborate. Bottom right photo: Dental students David Weber (left) and Ryan Becker share thumbs up with a satisfied patient.



A volunteer from LLU School of Nursing takes a patient's blood pressure.

Teacher's dedication inspires students to consider careers in medicine and science ...



Teacher Nancy Bowman receives a hug from Leonard L. Bailey, MD, distinguished professor of cardiovascular and thoracic surgery, LLU School of Medicine. Bowman teaches an advanced anatomy class at Westlake High School, located in Westlake Village, California, and has brought her students to Loma Linda University Children's Hospital for the last 20 years. Bailey, the famed cardiothoracic surgeon and infant heart transplant pioneer, shook hands with each of Bowman's students and thanked them for the gifts they brought for children in the hospital. *Photo by Becky Kopel*

Continued from page 5

so many things to fundraise and shop for the children, and we really appreciate it. They provide DVDs, video games, crafts, books and other things to entertain the children while they are sick in the hospital. They also buy pajamas and slippers of all sizes, which are much more fun than a hospital gown!"

Bowman continues, "The students are so thoughtful in their purchases, and we are so grateful to them! They also always include a gift for the nurses!"

When they took their treasures to unit 5800 the afternoon of December 15, the students were delighted to meet legendary cardiothoracic surgeon Leonard L. Bailey, MD.

"He is one of my heroes," Bowman insists. "The anatomy students are very familiar with his name because I have talked about him on more than one occasion. Dr. Bailey gave each student a handshake and thanked them for their efforts. One of the moms took a group photo with Dr. Bailey. I look at it every day

with great admiration for the work done by Dr. Bailey and the staff."

At the end of the day, Kumar returned Bowman and her students back to the bus and they headed off for Westlake Village energized with what they had seen and heard, and excited about the possibilities of entering the healing professions.

Mary Clement, tour coordinator from the department of public affairs, has escorted the Westlake High School students on their trek to Loma Linda for the previous eight years.

She regrets that she was out of state when Bowman brought the class to Loma Linda this year, but has high praise for this inspirational educator.

"Nancy Bowman is the consummate classroom teacher," Clement observes. "She is experienced and requires elevated standards of student conduct, academic excellence, and community service. Working with Ms. Bowman, her students, and their parents to share Loma Linda University Health on an annual basis is my pleasure. She is truly remarkable."

LLU Drayson Center senior turns 104

By Larry Kidder

Up until a short while ago, Herb Wiles was a regular at Loma Linda University Drayson Center. Knee problems have since sidelined him for the time being.

Not bad for someone who celebrated his 104th birthday on Monday, February 9! Wiles attributes his longevity to a “living

faith in God, a vegetarian diet and a sense of humor.” He smiles, “A good story is fun to share.”

Wiles is a “local boy,” raised in the area after his family moved to the United States from St. Ives, in Cornwall, Great Britain. He graduated from Redlands High School in 1930 and San Bernardino Junior College a few years later.

He spent much of his life as a colporteur,

selling Seventh-day Adventist books from door to door. Later, he moved into administrative positions in the Adventist publishing work.

Wiles lives in a mobile home just off University Avenue in Loma Linda. Sitting in his easy chair, his Bible and other favorite reading materials nearby, he still sports a quick wit and twinkle in his eye — two good reasons to live to 104 and beyond.



Herb Wiles turned 104 the other day. Sitting comfortably in his easy chair, he recalls looking for work during The Great Depression.

Book review published in medical journal

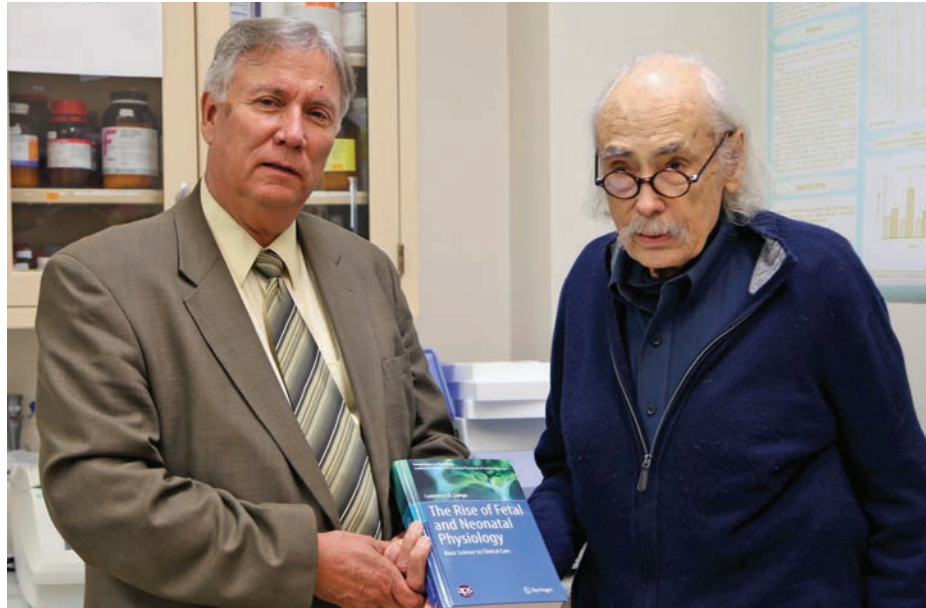
Contributed report

James Ponder’s review of “The Rise of Fetal and Neonatal Physiology: Basic Science to Clinical Care” by Lawrence D. Longo, MD, was recently reprinted in the official newsletter of the American Physiological Society, *The Physiologist*.

Longo’s 428-page volume was published in 2013. Since the book came out, the octogenarian researcher has co-edited, with Lubo Zhang, PhD, the 676-page “Stress and Developmental Programming of Health and Disease: Beyond Phenomenology,” which was published in 2014.

By comparison, Ponder’s review of Longo’s book was a scant two pages in length. Longo has another title scheduled for publication this year.

Longo is founder and emeritus director of the Center for Perinatal Biology at Loma Linda University School of Medicine. Ponder is a writer and editor in the department of public relations at Loma Linda University Health.



← James Ponder and Lawrence D. Longo, MD, hold a copy of Longo’s book, “The Rise of Fetal and Neonatal Physiology: Basic Science to Clinical Care.” Ponder, a public relations writer and editor, wrote a review of the book, which was published in *The Physiologist* newsletter of the American Physiological Society.

U.S. representative visits campus ...

Continued from page 1

services to our communities in the Inland Empire, and is such a leader in health education around the world,” said Rep. Aguilar. “I’m so pleased to have such a great resource right here in my district!”

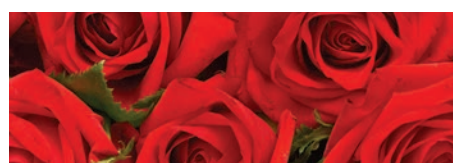
The representative also spent time with Richard H. Hart, MD, DrPH, president of Loma Linda University Health; Roger Hadley, MD, dean of the LLU School of Medicine, and Kerry Heinrich, CEO of Loma Linda University Medical Center. This was Rep. Aguilar’s first visit to the campus since taking office Jan. 6. He represents California’s 31st congressional district, which includes the City of Loma Linda.

Gala theme celebrates twenties ...

Continued from page 1

to the children in our communities,” says Jillian Payne, executive director, LLUCH Foundation. “That care will continue to evolve with the completion of a new hospital tower, offering whole child care — treating mind body and spirit — to every child we serve.”

Individual tickets for the evening are \$220 or a table of 10 may be purchased for \$2,200. For tickets or additional information visit lomalindagala.org.



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Inspire yourself with 'LOV Stories'

By Heather Reifsnnyder

Loma Linda University Health has just released Vol. III of "LOV Stories." It is a collection of 52 stories from employees about the moments of wonder that transpire when practicing "Living Our Values."

Each employee of Loma Linda University Health is entitled to a free copy of "LOV Stories." Request one by emailing cccassist@llu.edu.

"The purpose of LOV stories is to inspire us to be our best. We take this opportunity to celebrate all of our employees who perform their duties with compassion and integrity on a daily basis," says editor-in-chief Kathy McMillan, MA, director of employee spiritual care, Loma Linda University Medical Center.

The stories are written by or about employees from a cross-section of the organization, chronicling inspiring moments that occurred in areas ranging from security to patient units to philanthropy.

"Every day, throughout Loma Linda University Health, there are extraordinary events that take place," writes Gerald Winslow, PhD, vice president for mission and culture, in the book's forward. "Our employees, students and physicians live out our mission in remarkable ways. In this

third volume of stories, we take time again to celebrate those moments and the caregivers who make them possible."

In addition to McMillan, the editorial team for "LOV Stories" was composed of Karla Aryan, Sylvie Haber, Shelly

Moore, Cheri Moreno, Olivia Scheult and Nancy Yuen.

"These are stories that inspire us with the strength to keep going or show us new ways to love one another," McMillan says.



LLU professor recognized at Governor's Leadership Awards Program

By Katie Freeland

On Jan. 21, Nicole Gatto, PhD, MPH, associate professor at Loma Linda University School of Public Health, received the 2014 Governor's Environmental and Economic Leadership Award (GEELA) in the sustainable communities category.

This award program is considered to be one of California's highest environmental honors, according to the California Environment Protection Agency website.

With a background in cardiovascular disease and epidemiology, Gatto became aware of the alarming rate of obesity among children and adults in the United States. She also became aware of the obesity epidemic's

relationship to socioeconomic factors and access to healthy foods and green spaces in local environments.

With more fast food, convenience and liquor stores in Los Angeles than grocery stores, Gatto decided to dedicate her personal and professional life to addressing the issue of obesity.

She has also been involved in creating four school gardens (through the Los Angeles Sprouts program) and six community gardens (Milagro Allegro Community Garden and the Little Green Fingers Collaborative) in underserved communities of the greater Los Angeles region.

These gardens provide the communities they serve with access to fresh fruits and vegetables of high quality, something that

only 18 percent of the grocery stores in Los Angeles offer. By starting at the local level, Gatto has shown that healthy lifestyles go hand in hand with the surrounding environment.

"I am deeply encouraged by the increasing recognition of the importance of growing one's own food for both promoting individual health as well as the health of our environment," says Gatto.

The annual GEELAs recognize individuals, organizations and businesses that have demonstrated exceptional leadership and made notable, voluntary contributions in conserving California's resources, protecting and enhancing the environment, building public-private partnerships and strengthening California's economy.



Nicole Gatto, PhD, MPH, and Matthew Rodriguez, California Environmental Protection Agency secretary, are pictured with Gatto's award.

LLU Printing Services is now Digital Production Ink

By Nancy Blaire

Digital Production Ink is the new name for specialty printing, copying, embroidery, laser engraving and many other services at Loma Linda University Health. Formerly known as Loma Linda University Printing Services, the department has provided service to the organization for several decades. The new name becomes effective February 2015.

"Digital Production Ink is more than just a new name," says Jeremy Hubbard, director of business innovation at Loma Linda University Shared Services. "It's our commitment to seek innovative service solutions that support Loma Linda University Health and our organization's mission."

The Digital Production Ink team is what makes the business unique. With a wealth of experience and expertise, team members have a combined total of over 400,000

service hours, and they are committed to providing excellent customer service solutions.

Why the change? Digital Production Ink has expanded its offerings to include a variety of services that go beyond the realm of traditional printing. In April 2014, embroidery and laser engraving services became available, and large format banner printing, digital offset printing, a variety of expanded finishing services as well as electronic form design have been added over the past several years.

"Our team is excited to find new ways to support the organization," Jennifer

Rowland, manager for the department, adds, "We look forward to a bright future with Digital Production Ink."

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Proceeds from Digital Production Ink sales go directly to LLU Foundation, the steward of gifts and endowments for the entire Loma Linda University Health enterprise.

Learn more about Digital Production Ink at digitalproductionink.com.

*For individual purchases only. Discount available through Feb. 27, 2015.

CNN chief medical correspondent, Sanjay Gupta, visits campus

By Nancy Yuen

Sanjay Gupta, MD, chief medical correspondent for CNN, visited Loma Linda University Health in January.

During Gupta's visit, Richard H. Hart, MD, DrPH, president, Loma Linda University Health, shared with Gupta his thoughts about wholeness and how living a whole life contributes to healthy aging and longevity.

The interview, about Loma Linda's designation as a Blue Zone, took place in front of the "This is the Very Place" sculpture, which commemorates the moment when

Ellen White, the institution's founder, first visited Loma Linda and recognized that she had seen this very setting in a vision several years before. She had selected Loma Linda for a daring new type of health care institution and professional training center, in direct contrast to the practices of the day.

Gupta, a practicing neurosurgeon, plays

an integral role in CNN's reporting on health and medical news. While on campus he also interviewed Gary E. Fraser, MD, PhD, principal investigator, Adventist Health Study and Ellsworth Wareham, MD, who practiced cardiothoracic surgery until he was 95 years old. Wareham, who graduated from the Loma Linda University School of

Medicine in 1942, recently celebrated his 100th birthday.

The program, titled "The Principles of Living Longer," part of the series, "Vital Signs with Dr. Sanjay Gupta," has aired on CNN International and is slated to air on the CNN domestic channel in the near future. To view a summary video, visit cnn.it/1Gmn93x.



President Richard Hart (right) shares his thoughts on wholeness and health with Sanjay Gupta, MD.

Wellness webinar series teaches healthy ways to 'Live It'

Compiled report

On Feb. 25, the Living Whole Employee Wellness Program is hosting a webinar that teaches how to "Live Heart Healthy" with speaker Esmerelda Guerreo, MS.

The wellness webinar series is offered free monthly and is open to anyone with an interest in learning more about personal health and wellness. Loma Linda University Health staff, faculty and students, as well as friends and family members, are all invited to participate.

Each webinar focuses on learning ways to practice wellness in our everyday lives. The sessions feature topics designed to help you and your family be healthy, while also providing the opportunity to interact with experts from Loma Linda University Health.

Wellness webinars will be held the last Wednesday of each month and are approved by Loma Linda University Health Organization Wide Learning (OWL).

While all are welcome to attend, space for these webinars is limited, so pre-registration is advised.

To register, log on to ce.llu.edu and search "wellness," or call 909-651-4007.

The schedule for 2015 is packed with phenomenal speakers and intriguing topics. Check it out below to learn what webinars you do not want to miss:

- ➔ February 25: Live Heart Healthy
Esmerelda Guerrero, MS, RD
- ➔ March 25: Bite into a Healthy Lifestyle
Caitlin McKee, MS, RD
- ➔ April 29: Gluten-free Diets
Caitlin McKee, MS, RD
- ➔ May 27: Reaching for Fitness
Ron Rea, DScPT
- ➔ June 24: Fresh and Easy:
Fruits and Vegetables
Cory Gheen, MS
- ➔ July 29: In Pursuit of Peace
Dilys Brooks, MDiv, MS, MA
- ➔ August 26: Disaster Preparedness:
What's in Your Toolbox
Brett McPherson
- ➔ September 30: Take a Stand Against
Sitting "Disease"
Ernie Medina, DrPH
- ➔ October 28: Vegetarianism—
Is it Worth It?
Joan Sabate, MD, DrPH
- ➔ November 18: The Truth
About Diabetes
Debbie Clausen, MSN
- ➔ December 16: Stress-free Holidays:
Yes, It's Possible!
Shelby Roemer, LMFT

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Professor of psychiatry celebrates his 86th birthday with students and colleagues at BHI

By Jiggs Gallagher

John Tarr, MD, PhD, MPH, co-teaches weekly classes in psychotherapy at Loma Linda University Behavioral Health Institute's department of psychiatry.

Tarr, a longtime psychoanalyst, is an alumnus of the School of Medicine. His co-professor is George Harding, MD.

The two teachers go way back, all the way to their undergraduate days at Pacific Union College in northern California, where they were roommates in 1946.

Tarr recently celebrated his 86th birthday with cupcakes during a half-hour break in one of his weekly classes on BHI's second floor. He drives to Loma Linda from his home in Pasadena each Thursday to teach

introductory and advanced classes.

His students (both interns and residents) were effusive about his teaching skills. "Dr. Tarr is an inspiration to me," said one. "In my dreams, I confront treatment situations, and I always think, 'What would Dr. Tarr do?'" added another.

"Dr. John Tarr is a gift to us all," said Carlos Fayard, PhD, associate professor of psychiatry. "I don't think there is any other faculty member in our department who has had such a consistent and strong influence on our residents since he joined our department. He is an expert in the most intimate contours of the human mind, and he has expertise in public health (a Harvard MPH). Finally, no one is as thorough as John in preparing his lectures and case discussions. Although he could comfortably

rely on the vast depth of his knowledge as a psychiatrist and psychoanalyst, John keeps up with the latest and finds a way to bring it into the classroom."

Amy Bennie, a psychology intern in the class, seconded Fayard's sentiments. "Dr. Tarr is highly respected by the psychiatry

residents and psychology interns," she said. "We frequently comment on his respectful and patient demeanor after didactics with him. We are always challenged and impressed by his insightful and unique perspective."

Harding added that he wished his friend and colleague all the best on his birthday, and for years to come as he teaches, mentors and inspires interns, residents and fellow faculty.



A number of colleagues and students were on hand to share the birthday celebration with John Tarr, MD, MPH, professor of psychiatry, second from left. With him in the photo above are, from left to right: George Harding, MD, professor of psychiatry; David Puder, MD, instructor in psychiatry; and Carlos Fayard, PhD, associate professor of psychiatry.

Safety coordinators recognized for making the campus safer

By Jiggs Gallagher

The environmental health and safety (EHS) office recently presented its annual awards to four safety coordinators during a luncheon event.

Brett McPherson, emergency management supervisor for EHS at Loma Linda University Health, presented the awards.

The 2014 top departmental safety honor award was given to Randy Stevens, director of campus engineering for Loma Linda University (LLU). He received a plaque.

Two others were presented with awards for excellence in safety as safety

coordinators in their areas. Marta Aguiluz from the Veterans Administration Clinic in Rancho Mirage and Irene Saldana from the general accounting office in LLU Behavioral Medicine Center each received a certificate and check.

Finally, Faye Hoff, a nurse at Loma Linda University Medical Center, received a trophy and check naming her 2014 Safety Coordinator of the Year.

Accompanying McPherson in presenting the various awards were Loma Linda University Shared Services officers Jesse Mock, MA; Mark Hubbard, MBA; and Kevin Lang, MBA.



Faye Hoff, center, a nurse at Loma Linda University Medical Center, receives a trophy and check naming her 2014 Safety Coordinator of the Year. With Hoff are, from left to right, Brett McPherson; and Loma Linda University Shared Services officers Jesse Mock, MA; Kevin Lang, MBA, and Mark Hubbard, MBA.

Reportable Crimes

The Crime Awareness and Campus Security Act of 1990 requires colleges and universities across the United States to publish interim reports on campus crime activities. Listed below are the crimes reported for Loma Linda University Health for the month of January 2015.

Type of Crime	Number of Crimes	Place of Crime
Burglary Motor Vehicle	4	Drayson Center; Lot X; North Parking Structure; Access Center
Attempted Burglary	1	Faculty Medical Offices
Tampering with Vehicle	2	Lot J; LLUAHSC Support Services
Assault	2	Emergency Room; University Hospital (Adult)
Alcohol Violation	1	University Hospital
Disturbing Peace	2	Caroline Street Clinics; Magan Hall
Possession of Controlled Substances	1	Lot A
Threats	2	Mortensen Hall; University Hospital
Battery	1	Emergency Room
Attempted Forcible Entry	1	Faculty Medical Offices
Attempt to Commit Crime	1	Faculty Medical Offices
Fraud	1	Cancer Research Institute
Embezzlement	1	Security
Larceny (purse snatching)	1	University Hospital (4th floor)
Traffic Collision	1	University Hospital

You can assist the Loma Linda University Health department of security in maintaining a safe and secure environment by notifying security immediately at extension 9-1-1 if you see or know about a crime taking place.

LLU organizes NAD Campus Ministries Convention for 2015 ...

Continued from page 12
 chaplain at Walla Walla University, working with missions and discipleship, said. "This is my first time to attend the event as a new staff member, but there is a kind of energy that makes you want to do new things and try new things. You feel inspired in what you're doing, and I think that is why these conventions are so vital."

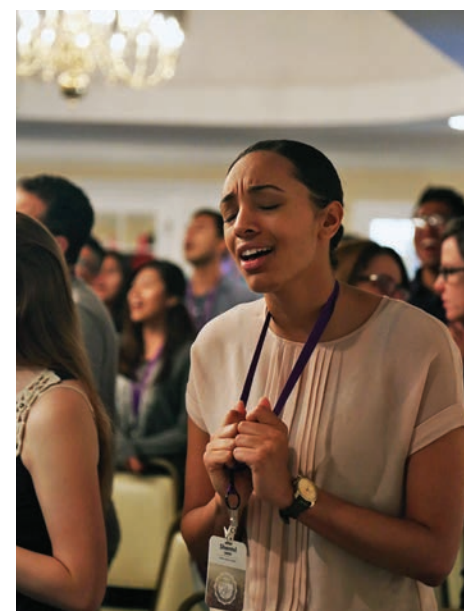
First-time CMC attendee Rainey Davis helped organize and facilitate the missions breakout sessions.

"I really enjoyed seeing the passion that the different Adventist colleges have for missions and campus spiritual life," Davis said. "I think the convention offered a great opportunity for colleges to come together and share their desire to create Christ-centered campuses."

Terry Swenson, DMin, MDiv, associate campus chaplain at Loma Linda University, was also a vital part of the planning team for the convention this year. After the event was over, Swenson expressed how he was personally blessed by the convention through his interactions with everyone over the weekend.

"The biggest take away for me was that our young people are a powerfully passionate and creative force for Jesus who love

to love and change the world they live in," Swenson said. "There is nothing better in this world than to live life and work with people who are deeply devoted to and passionate about Jesus. We are truly a band of brothers and sisters."



A CMC attendee seems caught up in the spiritual emotion of the moment during a song.

PossAbilities receives \$1 million from Quest Diagnostics for title presenting sponsorship

By Briana Pastorino

Loma Linda University Health PossAbilities was presented with a check on Wednesday, Jan. 28 for \$1 million from its new title sponsor, Quest Diagnostics, one of the world's leading providers of diagnostic testing, information and services.

"Today, we begin our partnership with Quest Diagnostics, an organization that shares the same passion as Loma Linda University Health, 'to make man whole,'" remarked Lyndon Edwards, MBA, MHS, senior vice president, Loma Linda University Medical Center – East Campus, Surgical Hospital, Highland Springs Medical Plaza and the Behavioral Medicine Center.

The event was attended by leaders of Loma Linda University Health and Quest Diagnostics, as well as hospital patients and members of PossAbilities — the free, non-profit community outreach program for individuals with permanent physical disabilities.

The sponsorship agreement—which

officially began Jan. 1, 2015—calls for Quest Diagnostics to contribute \$1 million to the PossAbilities program over the next three years.

Jean-Marc Halbout, regional vice president, Quest Diagnostics, said he is looking forward to a very fruitful relationship with PossAbilities. "We are honored and privileged to support this program," he said. "Our mission is evolving, and we are focusing on action that will make a difference in health care, transforming the lives of the patients we serve."

Monies from the Quest contribution will be used to fund the various activities hosted by PossAbilities, including the Road to Rio program, the annual triathlon, youth camps and mentorships, the Redlands Bicycle Classic Para-Cycling Race Series and the Inland Empire Disabilities Collaborative Expo and Conference. Pedro Payne, PhD, director of PossAbilities, said, "We couldn't do all these things without partners like Quest."

Additionally, the funds will also underwrite the annual grant and scholarship

program that awards more than \$50,000 per year in adaptive equipment, accessibility projects, sporting activities and educational scholarships for PossAbilities members.

The care Loma Linda University Health provides is driven by its motto, "to make man whole," and treatment does not end

when a patient is discharged. "PossAbilities does a wonderful job of getting patients to an optimal state after an injuring experience," Edwards added.

Paralympic hopeful in 2016 Greg Crouse, an army veteran who lost his left leg while serving overseas in 1988, has been a part of PossAbilities since 2008.

Crouse expressed his gratitude to both organizations during the event. "I'm honored to be a part of PossAbilities. Thank you for making my dreams a reality."



Representatives from Quest Diagnostics presented Loma Linda University Health PossAbilities with a check for \$1 million on Wednesday, Jan. 28. Pictured, from left to right, are: Loma Linda University Health representatives Lauren Burke-Hodge, program assistant, PossAbilities; Rachelle Bussell, senior vice president for advancement; Lisa Wright, executive director of philanthropy; Danny Fontoura, chief wholeness officer; Nikki Gaitan, senior development officer, philanthropy; Gary Fitzgerald, MD, vice president for business development, Loma Linda University Health Care; Lyndon Edwards, senior vice president; Murray Brandstater, MD; Cotie Williams, manager, community outreach and patient experience, Loma Linda University Medical Center – East Campus; Quest Diagnostics, Incorporated representatives Patricia Murphy, commercial sales director, and Jean-Marc Halbout, regional vice president; Loma Linda University Health President Richard Hart, MD, DrPH; Terry Hansen, chief operating officer, Loma Linda University Medical Center; Jillian Payne, executive director, Loma Linda University Children's Hospital Foundation; Pedro Payne, PhD, director, PossAbilities; and, front row, PossAbilities member Greg Crouse.

LLU organizes NAD Campus Ministries Convention for 2015

By Courtney Haas

Singing, worshipping, fellowship, sharing, laughing and learning. All of these things were embodied by attendees of the Seventh-day Adventist Church's North American Division (NAD) Campus Ministries Convention (CMC), held in San Diego Feb. 5 to 7.

CMC is a convention that is held every year in a different location and sponsored by various schools within the NAD. This year, Loma Linda University was responsible for organizing the event.

The convention provides the opportunity to those involved in ministry and missions from all the Seventh-day Adventist universities within the NAD to join together to share their personal experiences of ministry through the chaplain's offices and mission departments.

Triumphs and struggles are all expressed so that attendees can learn from one another and continue to grow in their work fields.

Dilys Brooks, MS, MDiv, MA, associate chaplain at Loma Linda University, helped plan the event. "Working collaboratively with other chaplains and student leaders provides an environment to live out Proverbs 27:17, 'As iron sharpens iron, so one person sharpens another.'" Brooks says, "Jesus modeled collaborative ministry which provided the

disciples with community and camaraderie, as well as accountability and support."

She continues, "While we serve different demographics across North America, we face very similar issues among our students. It has been very helpful to share our challenges, needs and triumphs as we learn with and from each other on how to best prepare young men and women to follow Jesus and serve others."

The 135 students and staff attending came from all over. Representatives from Walla Walla University, Pacific Union College, La Sierra University, Loma Linda University, Union College, Andrews University, Oakwood University, Washington Adventist University, Southern Adventist University, Kettering College, Florida Hospital's Adventist University of Health Sciences, Southwestern Adventist University, Canadian University College, and Newbold College all came this year to learn how they can better grow their campus ministries and missions departments and of course enjoy the sunny San Diego weather.

"Anytime we can come together and share ideas and put the minds together of people who are working toward the same things, it allows for the minds to expand and new ideas are sparked, creating a kind of momentum," Tommy Poole, associate

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Students and staff from Adventist colleges and universities across the North American Division gather for a group photo marking the 2015 Campus Ministries Convention in San Diego. To make things more interesting, they attempted a jumping photo (with some success).



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