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Loma Linda University Health

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Nichole Nordeman headlines ThankSharing Concert and Food Drive held in Redlands

By Jiggs Gallagher

he seventh annual "ThankSharing" concert and food drive, sponsored by Loma Linda University Medical Center, took place at the Packinghouse in Redlands on Friday, November 14.

More than 1,200 people were on hand to enjoy the program.

Award-winning Christian music artist Nichole Nordeman was the featured entertainer, singing songs like "Holy," "Legacy," "Brave" and "What If?" She accompanied herself at the piano.

Also featured were local artists Roxie Jane and Khari Washington, as well as a 40-person gospel youth choir, KAY-C, from the Kansas Avenue Seventh-day Adventist Church in Riverside.

According to coordinator Shelly Moore, each of the 1,200 attendees brought nonperishable food for Thanksgiving baskets, which will be distributed through the ministry of three local food banks.



Contemporary Christian artist Nichole Nordeman performed at the Packinghouse in Redlands, Friday, November 14, for the seventh annual "ThankSharing" event sponsored by Loma Linda University Medical Center.

Loma Linda University receives national grant to train entry-level health care workers

By Larry Kidder

hree hundred local students over the next three years who are working toward their certificates in entrylevel health care professions will receive tuition benefits and career coaching, thanks to a "Skills, Training and Health Workforce of Paraprofessionals Program" grant for \$600,000 to Loma Linda University.

Funded by the U.S. Department of Health and Human Services' Human Resources Service Administration (HRSA) and part of the Health Careers Opportunities Program, the new grant will enable students from San Bernardino and surrounding communities to train for careers in health care professions.

The \$600,000 HRSA grant will bring \$200,000 annually from September 2014 through August 2017. During the first year, students working on certificates as licensed vocational nurses, certified nurse assistants, and medical assistants will receive scholarships, as well as books, supplies, and career coaching.

The grant will be implemented through Loma Linda University (LLU) Gateway College, which will be headquartered in downtown San Bernardino. Sharing the building will be the Social Action Community Health System (SACHS) clinic, along with other community outreach programs and services.

The SACHS clinic will provide training opportunities for students in this program. Students will receive their certificate training through the San Bernardino City Unified School District (SBCUSD) at its adult education campus.

"Loma Linda University is pleased to partner with SBCUSD on this important initiative for our young people," says Richard H. Hart, MD, DrPH, president of Loma Linda University Health. "As our San Bernardino campus is built, we expect this type of collaboration to increase even more." Hart continues, "These scholarships will benefit not only those receiving them directly, but their families, communities, and future employers."

Andrea Mitchel, grant writer for SACHS, researched and wrote the grant application. Assisting her in the process were Nancy Young, MS, president and CEO, SACHS; Karen Bautista, principal, SBCUSD adult education program, and her team; and Cindy Dickson, pre-award grant analyst, and Jessica Portillo, financial analyst, Loma Linda University research affairs.

For more information about the new program resulting from the grant, contact Douglas Havens, director of LLU's EXSEED program, at dhavens@llu.edu.





Patricia Eubanks, MS, instructor for medical programs at the San Bernardino City Unified School District's Adult School, speaks to the incoming class of certified medical assistant students. This is the first class that will be impacted by the \$600,000 HRSA grant to Loma Linda University.

The new Loma Linda University Health San Bernardino campus, to be built just off the 215 freeway in downtown San Bernardino, will house the LLU Gateway College and SAC Health System, as well as other community services.

Many Strengths. One Mission.

LOMA LINDA UNIVERSITY HEALTH : LOMA LINDA UNIVERSITY | SCHOOL OF ALLIED HEALTH PROFESSIONS | SCHOOL OF BEHAVIORAL HEALTH | SCHOOL OF DENTISTRY SCHOOL OF MEDICINE | SCHOOL OF NURSING | SCHOOL OF PHARMACY | SCHOOL OF PUBLIC HEALTH | SCHOOL OF RELIGION | LOMA LINDA UNIVERSITY MEDICAL CENTER UNIVERSITY HOSPITAL/ADULT SERVICES | LOMA LINDA UNIVERSITY CHILDREN'S HOSPITAL | LOMA LINDA UNIVERSITY MEDICAL CENTER EAST CAMPUS | LOMA LINDA UNIVERSITY BEHAVIORAL MEDICINE CENTER | LOMA LINDA UNIVERSITY HEART & SURGICAL HOSPITAL | LOMA LINDA UNIVERSITY MEDICAL CENTER – MURRIETA | HIGHLAND SPRINGS MEDICAL PLAZA

Reunion celebrates School of Dentistry's five years of successful PNAM-augmented cleft lip and palate repairs

By Doug Hackleman

oma Linda University School of Dentistry celebrated five years of cleft lip and palate corrections with an October 24 reunion of the preschoolers who have benefited by the procedure known as pre-surgical nasal alveolar molding (PNAM).

It was a gathering of alumni, 5 years old and younger, at Loma Linda University Health's Centennial Complex, surrounded by their loved ones and members of the LLU School of Dentistry department of pediatric dentistry and the Loma Linda University Children's Hospital craniofacial team — the group that is enabling these children to mature without the stigma of a facial deformity.

Led by the School of Dentistry's Jung-Wei Chen, DDS, MS, PhD, professor and program director, advanced specialty education program in pediatric dentistry, the group assembled to celebrate the success of 84 PNAM-augmented unilateral and bilateral cleft lip and palate repairs with nearly half of the young patient alumni who received the treatment.

PNAM is an advanced pre-surgical orthopedic treatment that employs an orthodontic-retainer-like device to enhance the effectiveness of surgery and reduce the number of surgeries required to achieve a functionally and cosmetically satisfying correction.

The festive three-hour reunion brought together parents and children who have surmounted the disabling birth defect of a cleft palate and cleft lip that, unrepaired, leaves the child disfigured, unable to nurse normally, with badly impaired speech potential, and particularly susceptible to infections of the ear, nose, and throat.

Seeing these children toddling around having their faces painted, throwing bean bags for prizes, decorating pumpkins, enjoying healthy snacks, and towing balloons, it would require a forewarned observer to realize these children were anything but a typical group of preschoolers.

The first two hours were devoted to fun and informal visits between parents who have been through the similarly disheartening trauma of seeing their newborns appear significantly disfigured. There were also reunions between the parents and the pediatric dentistry and craniofacial team members who have supported them through the extended PNAM process and surgeries that have restored their children to normal function and appearance.

At 11:00 a.m., the adults were seated and welcomed formally by Loma Linda University Health President Richard Hart, MD, DrPH, and School of Dentistry Dean Ron Dailey, PhD.

Chen then hosted the opportunity for several of the families to take the microphone and share their emotions of disappointment and ultimate elation, as their babies have blossomed under the restorative procedures and emotionally supportive care of the pediatric dentistry contingent and craniofacial team. Among those who spoke so eloquently were Margaret Thronson, mother of Noah Thronson; Melissa Vega, mother of Noah Thronson; Melissa Vega, mother of Aubryana Vega; Caasi Lee Bartle, mother of Micaela Drury Bartle; Melissa Ann Youkhanna, mother of Jacob Youkhanna; Nancy Lombera, mother of Andrew Granda; and Martha Flores, mother of Logan Flores.

Maria Ramos, mother of Shawnee Ramos, was the last parent to speak. She and her husband, Tommy, founders of *Continued on page 3*



Twenty-four pre-surgical nasal alveolar molding (PNAM) patients and their parents gathered to celebrate five years of cleft lip and palate corrections using the procedure as part of the repair process. Encountering these youngsters in any other setting, it would be difficult to tell that they ever had cleft lip and/or palate.



Tickets and Seating

- Tickets available at *iTickets.com* or by phone at (800) 965-9324.
- Advance purchase only; no tickets sold at the concert.
- Tickets are \$20, \$15, and \$10 (all reserved seating).
- MasterCard, Visa, American Express and Discover are accepted.

Three Concerts

Allan Hall • Todd Smith • Amy Perry

Selah is a contemporary Christian vocal trio popular with gospel music lovers worldwide. They have won seven Gospel Music Association Dove Awards and sold more than 4 million albums and singles. Their recording of "You Amaze Us" is nominated for 2014 Inspirational Recorded Song of the Year (*GMA Music Awards*). Friday, December 19, 6:00 p.m. Saturday, December 20, 4:00 p.m. Saturday, December 20, 7:00 p.m.

Concert Location

Seventh-day Adventist Church 4th and Myrtlewood, Calimesa

iTickets.com

Calimesa Community Concerts • 29th Season For more information, call Concert Line at (909) 795-4960

'Hiring blitz' brings 128 nurses on board

By Heather Reifsnyder

Then word of mouth spread about a nurse-hiring blitz at Loma Linda University Health, 400 registered nurses and patient care assistants showed up during the three-evening event in October.

The excellent response resulted in the organization filling 128 positions, surpassing the goal of 100.

Because of this, Loma Linda University Medical Center will less frequently need to use nursing registries or traveling nurses. This will not only save money, but also ensure that more nurses and patient care assistants understand the importance of whole-person care.

"When we hire and train our own nurses, we teach them our mission and values," says

Shaunielle Abreu, MA, communication specialist, office of talent management services. "They know who we are, and in the end it results in better patient care."

The 128 new hires are going through orientation, and they will help fill positions in the emergency department, operating rooms, and the fit team of cross-trained nurses, among other areas.

The hiring event was a logistical feat that allowed applicants to quickly go through interview rounds with a nurse manager, peer, and/or talent acquisition representative. If the interviews went well, positions were offered on the spot and the paperwork taken care of right there.

Many departments made extra efforts for the blitz, such as the department of occupational medicine, which added additional time slots to allow new hires to

Grateful mother and March of **Dimes volunteer thanks LLUMC**



This is the second year in a row that MacKenzie Schmidt (above, holding plaque) and her husband, Grant Schmidt (not pictured), have raised more than \$15,000 for the March for Families Walk, part of the March of Dimes recognition of November as Prematurity Month. In light of their fundraising achievements, the March of Dimes invited the Schmidts to present a commemorative plaque and Days of Gratitude baskets to a hospital and staff of their choosing. For the second year in a row, they chose Loma Linda University Medical Center and the Perinatal Institute. Their son, Dakota, was stillborn in 2008 at another hospital. In his memory, MacKenzie began her fundraising efforts for the March for Families Walk. She delivered two more children - Francesca, age 9, and Dominic, age 5, who was born at Loma Linda University Medical Center with the help of the Perinatal Institute. Looking on is Chris Huyett (above), executive director of the March of Dimes Inland Empire division. By Larry Kidder

Reunion celebrates five years of PNAM-augmented repairs .

get their physicals immediately, and the department of staff development, which is accommodating larger numbers at new employee orientation.

The office of talent management services may offer a similar hiring blitz in 2015.



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During the several evenings of the hiring blitz, 400 nurses and patient care assistants, such as this group here, came to interview for positions at Loma Linda University Health.

Pedestrian bridge over Campus Street opens





Continued from page 2 Shawnee's Smile, provided each PNAM alumnus a sturdy canvas tote bag that contained a three-ringed binder with dividers devoted to various records and appointments with all craniofacial specialists, a cleftline.org stuffed bear, and several other essential items.

Since its founding in 2008, Shawnee's Smile has sponsored many families in the Inland Empire that could not afford the specialized bottles and feeding systems essential to feeding their babies born with cleft lip and palate.

And Kate Yist, mother of Jake Yist and founder in 2010 of Tiny Wide Smiles -Doll Clinic, donated seven gift dolls with craniofacial anomalies for the winners of the PNAM alumni drawing.

Annie Wallace contributed generously to the Loma Linda Craniofacial Team Center, providing specialized bottles and feeding systems for cleft lip and palate babies and

other valuable resources.

School of Dentistry clinicians and administrators hope to create a PNAM alumni support group for cleft lip and cleft palate patients and their families. In the meantime, the reunion photos taken of the young alumni with their families have been posted on the Internet.

The School of Dentistry's department of pediatric dentistry is one of only three providers in Southern California (and the only one in the Inland Empire) to offer the greatly reduced number of surgeries and improved esthetic outcomes that PNAM makes possible.

Cleft lip and cleft palate are among the most common birth defects in the United States, with approximately 4,440 cleft-lip babies born in the United State each year. Presurgical orthopedic treatment of the cleft lip and palate has become the treatment of choice for a growing number of craniofacial teams that have seen the benefits of using a nasal



The new pedestrian walkway from the parking structure spanning Campus Street to Loma Linda University Medical Center was officially opened on Thursday, November 20. In the top photo, Kevin Lang, MBA, second from right, president and CEO of Loma Linda University Shared Services, cuts the ribbon, assisted by Cori Stiles, left, manager, parking and security; Dominic Reichmuth, second from left, manager, transportation, parking, fleet, and rideshare services; and Kevin Fischer, right, executive director of real estate management. By Jiggs Gallagher

alveolar molding appliance prior to surgical lip repair. The PNAM appliance not only molds the affected intra-oral and extra-oral structures, but also provides nasal support to mold the infant's collapsed nostrils.

Additional information about PNAM may be obtained by calling the LLU School

of Dentistry's department of pediatric dentistry at 909-558-4689, by emailing jwchen@llu.edu, and by reading an article by Chen detailing the PNAM procedure at http://www.llu.edu/dentistry/news/index. page?story_id=1732.

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LLU dental hygiene students run Relay for Life

By Doug Hackleman

ourteen students from Loma Linda University School of Dentistry's associate of science dental hygiene classes of 2015 and 2016 volunteered their time October 25 to walk the track at Palm Desert High School in the American Cancer Society's 24-hour Relay For Life.

During the event, the dental hygiene students provided basic tooth maintenance instruction to Palm Desert high school students, and gave away between 200 and 300 goody bags containing toothbrushes, toothpaste, dental floss, and mouthwash.

Relay For Life events comprise the signature fundraiser for the American Cancer Society. Each Relay For Life is unique to its community, but the movement's true power lies in the combined commitment of

Annual colloquium trains faculty to enhance learning

By Heather Reifsnyder

ens scribbling, Loma Linda University faculty members prepped themselves for a year of impactful teaching at the annual fall colloquium, during which Itiel Dror, PhD, of Cognitive Consultants International shared his expertise in human performance and cognition through four sessions:

- ➡ How to Utilize Brain and Cognitive Mechanisms to Improve Training
- rience That They Will Remember and Will Impact Their Behavior
- ing: The Good, the Bad, and the Ugly
- Cognitive Principles to Develop and Deliver Effective Health Care Education

selves absorbed by Dr. Dror's insights into how to effectively engage our students in learning," says Ron Carter, PhD, provost of Loma Linda University. "The colloquium re-inspired our faculty to seek more neurologically based learning strategies."



thousands of participants, volunteers, and supporters each year who help the American Cancer Society save lives from cancer.

At Relay For Life events, communities honor cancer survivors, remember loved ones lost, and fight back against a disease

that has devastated so many individuals and families. The funds raised truly make a difference in the fight against cancer - just ask one of the nearly 14 million cancer survivors who will celebrate another birthday this year!

Relay For Life teams camp out overnight and take turns walking or running around a track or path at a local high school, park, or fairground.

Events are up to 24 hours long, and because cancer never sleeps, each team is asked to have at least one participant on the track at all times.



First- and second-year dental hygiene students cheer for hope and a cure. Those who participated included, jumping, from left to right: Brady Bendtsen, Jillian O'Malley, Sarah Jones, Denise Delgado, and Betty Sanchez; and seated, from left to right: Mary Harrison, Britney Pos, and Sonia Torres.

What's Your Plan?

"My husband, Richard, loved being on the faculty at the School of Public Health. Our charitable gift annuity was set up to help the school and its students." - Emily Hammond



AT LOMA LINDA UNIVERSITY,

Last flight of a big gray owl disrupts Southwestern adventure for Global Health Institute guests from China

By James Ponder

arlier this month, Calvin Thomsen, Dwayne Symonett, and I were escorting a group of five Chinese health professionals to the Southwest during a break in their intensive mentorship program at Loma Linda.

We were looking forward to introducing them to Grand Canyon and Zion national parks as well as Coal Mine Canyon, the Hopi Mesas, Canyon De Chelly, and Horseshoe Bend. We weren't expecting trouble from a bird.

We were 20 minutes on the other side of Ash Fork, Arizona, at the beginning of a long uphill climb on Interstate 40 through a forest of tall, dark pines.

Calvin and Dwayne were conversing with our guests, and I was driving when, all of a sudden, a small dead animal — perhaps a rabbit or squirrel — appeared in the headlights on the right side of the road. Half a millisecond later, a tumbleweed rushed in from the right.

The "tumbleweed," it turns out, had talons and tufted ears. It was a big gray owl with a four-foot wingspan. In no time at all, the owl swooped down on the dead animal and ... WHACK! The van smacked the bird with a sickening thud.

"What was that?" someone asked.

"I just hit an owl," I replied.

We were in Indian country and all I could think of — aside from how sorry I was to have killed such a beautiful, mysterious creature — were the tribal legends I'd heard. Many Native American traditions insist that owls are harbingers of death and disaster. Had I just violated some indigenous taboo?

I didn't mean to, of course. The owl just flew out of nowhere directly into the path of the van. There was nothing I could do to avoid it.

Even so, a beautiful and wise ambassador from the avian realm lay dead on the side of the road and I felt somehow responsible.

The next morning, we picked our way across the white limestone caprock of Mather Point at Grand Canyon. Our guests admired the pristine beauty of this most American of wilderness places, marinated in the glowing colors of dawn. Calvin and I have seen the canyon much colder than this. Our guests' teeth, however, were chattering, so maybe it was a bit chilly.

Allow me to introduce everyone: Wu Fang, MD, who goes by "Fiona" for her English name, is an endocrinologist at Sir Run Run Shaw Hospital (SRRSH) in Hangzhou, China.

Chen Guang, who asks that we call her "Helen," is a clinical lab technician at

For lunch, we stopped at the Hopi Cultural Center on Second Mesa. Online reviewers warn that the service can take a very long time. Not today.

Our waitress came over right away and took our order. In less than 15 minutes, she was back with eight steaming platters to set before us. Calvin and I devoured our Hopi tacos with blue corn frybread. Dwayne had mutton stew, and the ladies sampled a variety of native dishes.

Weeks later, that blue corn frybread keeps calling me back to the Mesas.

After lunch, we hurried to Hubbell Trading Post in Ganado and arrived 20 minutes before closing.

The historic store is the oldest trading post in the Navajo Nation, in continuous operation since 1878. The selection of collector-quality Navajo rugs and jewelry was amazing, and the yellow cottonwoods lining the lane out front evoked the wonders of autumn.

As a Western Christian with a rationalist philosophical bent, I am culturally conditioned to seek logical, rather than supernatural, explanations for most life events. So there's no way I could possibly accept the idea that a dead owl would somehow get revenge on us half an hour later. ...

We were heading to our motel in Chinle when a glorious sunset stole our breath. We pulled over to photograph the scene, and I crossed the road for a better view. When I started back, two large pickup trucks were heading my way, but I could easily outrun them. I sprinted back to the van, inadvertently knocking my cell phone from its holder.

CRUNCH! Both trucks ran over it in rapid succession. When I finally retrieved my shattered phone, it was mangled beyond repair. "Hmmm," I observed. "You don't suppose that owl is getting even? Nah!"

The next morning, we were enjoying an awesome tour of Canyon De Chelly when Angela, our 19-year-old Navajo guide, stopped the car in front of a sandstone panel with both kinds of prehistoric rock art found throughout the canyon. "Petroglyphs," she explained, "are etchings or carvings. Pictographs are paintings."

Angela was extremely knowledgeable Continued on page 6



step back from the edge while the author grabs a group photo against the prehistoric backdrop of Arizona's Coal Mine Canyon during a recent trip sponsored by the Global Health Institute of Loma Linda University Health.



Yellow cottonwoods grace the floor of a side canyon at Zion National Park.



TODAY

SRRSH. Li Wenhao, MD, or "Mandy" to us, is a neuropsychiatrist at Zhejiang University Children's Hospital (ZUCH).

Yu Jia, MD, who chose "Virginia" for her English name, is a pediatric intensive care physician at ZUCH.

Ma Xiaolu, MD, a neonatologist at ZUCH, likes to be called "Lilian." Dwayne is a security officer at Loma Linda University Health, the same place where Calvin teaches in the School of Religion, and I write for the office of public relations.

A few hours later, we turned down a one-lane dirt road to one of the Southwest's hidden jewels. Located at the intersection of the Navajo and Hopi reservations, Coal Mine Canyon displays some of the most colorful scenery on earth. White sandstone towers with red striations flank a cornucopia of yellow pinnacles, red mesas, brown buttes, and black coal. We snapped a group portrait, half expecting a dinosaur to walk out of the primordial landscape for the ultimate photo bomb.

Antelope House Ruin, occupied by members of the Anasazi or Ancestral Puebloan culture from approximately 1050 to 1270 A.D., is just one of more than two thousand prehistoric sites in Canyon De Chelly National Monument. The pictograph to the left of the sandstone structure is often misinterpreted as an incomplete swastika. In reality, it was associated in prehistoric times with hospitality.

Last flight of a big gray owl disrupts Southwestern adventure ...

Continued from page 5

about the canyon. She trained to be a guide for more than a year, memorizing scores of historical details in the process. She told us how to pronounce "Anasazi," the Navajo word archaeologists initially used to describe the cliff dwellers who lived here hundreds of years ago. That, she explained, was before the more politically correct "Ancestral Puebloans" replaced it.

"It's not Ana-SAW-zee," she informed. "It's Ana-SAW-ZAY," dragging the last syllable for emphasis. She shared that Alfred V. Kidder, the legendary archaeologist of the last century, was the culprit. He couldn't pronounce it properly and everyone followed his lead.

Angela pointed out a series of prehistoric sites in the canyon — First Ruin, Antelope House Ruin, Ledge Ruin — before taking us to White House Ruin, where she gave us a full 20 minutes to spend however we wished.

Dwayne and I photographed the thousand-year-old structures while Fiona, Helen, Mandy, Virginia, and Lilian purchased handcrafted treasures from Navajo artists. Unbeknown to the rest of us, Calvin was searching frantically and unsuccessfully for the leather holster that held his cell phone, credit cards, and about \$100 in cash.

When I learned of Calvin's misfortune, I dismissed the notion that this second cell phone tragedy could possibly be connected to the death of the owl.

In the first place, dead birds are, well, dead and therefore incapable of retribution. In the second, what would an owl have against modern inventions like cell phones?

Calvin wasn't riding in the van with Angela. He was in another vehicle driven by a guide named Percy. When Percy learned of Calvin's misfortune, he proposed they retrace their path to see if they could find it at one of the sites they had visited earlier. That delayed our departure for 40 minutes, but the missing property failed to materialize.

I was still thinking about these strange occurrences when Percy and Calvin pulled up to the parking lot at Sacred Canyon Lodge. A strange new thought suddenly pounced on me like an owl on a mouse.

"Hey," I thought out loud, "a Chevy van is a modern invention. A modern invention killed the owl. That explains why the owl hates modern inventions!"

We had a crime, and now we had a motive! In three days' time, we'd lost one owl, two cell phones, several credit cards, *Continued on page 7*

Wil Alexander Wholeness Series draws record crowd of students, faculty, and staff to Vision 2020 presentation

Contributed report

an't wait to see how the vision develops!" wrote a student who attended the Wil Alexander Wholeness Series workshop titled "Vision 2020: Discover the Future of Loma Linda University Health Student Edition" that opened the workshop series on Wednesday, October 15.

Close to 400 students representing all Loma Linda University schools attended this event highlighting future plans for Loma Linda University Health and featuring commentary by Richard Hart, MD, DrPH, Loma Linda University Health president; Ron Carter, PhD, LLU provost, and Leonard Bailey, MD, chief of cardiothoracic surgery. Founded in 2003, the Wil Alexander

Wholeness Series offers workshops covering inspirational and informative topics in the areas of professional development and personal enrichment.

The next workshop on December 3 will feature a panel including David Ward, MD, and Elizabeth Johnston Taylor, PhD, and their patients in a discussion of what it's like to be a patient. The panel will be moderated by Wil Alexander, PhD, founding director of the Center for Spiritual Life and Wholeness, for whom the series is named.

Workshops planned for the 2014-2015 school year include:

- Lying Down Looking Up: What It's Like to be a Patient (December 3)
 Dealing with Stress in School
- (January 15)
- Drama: "Freud's Last Session" (January 28)
- Sitting Disease: Quick, Get Up Before it Kills You! (February 11)
- Understanding Addictions (February 25)
- Saving Earth's Species: The Sea Turtle Project and Animal Exhibit (March 11)
- Humor and Laughter: Effects on Learning, Creativity, and Quality of Life (April 1)
- Mission Film Fest 2015 (April 15)

Workshops are held Wednesdays from 5:00 to 5:50 p.m. in the Damazo Amphitheater, Centennial Complex, unless otherwise noted. Students, faculty, staff, and family members are encouraged to attend.

Email meals@llu.edu for reservations for a free light meal by Monday at 12:00 noon prior to workshop dates.

For more information on the series, including links to the website and workshops on Loma Linda University's iTunes U, email portfolio@llu.edu.

Anyone short on time and long on demands can find relevance and useful information packed into these 50-minute workshops.



A record number of students, faculty, staff, and other visitors were on hand October 15 to learn more about the Vision 2020 Campaign for a Whole Tomorrow, presented by Loma Linda University Health's department of advancement.

Students challenged to 'make hope happen' during convocation service

By Heather Reifsnyder

T is a new beginning," stated Cari Dominguez, PhD, MA, senior vice president for talent management services as well as chief talent and diversity officer, in opening the fall convocation ceremony with an invocation. Offering her gratitude to God for Loma Linda University's students, she asked for a blessing upon each of them.

Dressed in full academic regalia, she and some 160 other representatives of Loma Linda University's nearly 2,000 faculty members welcomed students to campus during the October 1 ceremony.

"Today we gather to inaugurate a new school year with prayers and commitment to you, the students, as you blend professional success with a calling to serve God and mankind," said Ron Carter, PhD, provost of Loma Linda University.

The annual fall convocation program is a formal ceremony in which students, faculty and staff commit to fulfilling their respective roles with God's help and in accordance with the Loma Linda University mission "to continue the teaching and healing ministry of Jesus Christ."

The ultimate purpose of it all — meaning — was the topic of the morning's address from Richard Hart, MD, DrPH, president of Loma Linda University Health. LLU alumni recently ranked No. 1 in a national survey when asked if their jobs help make the world a better place. Ninety-one percent of surveyed LLU alumni answered yes.

In a world where meaning may feel elusive, Hart asked where that kind of job satisfaction comes from, leading him into the story of LLU School of Medicine alumni Gillian Seton, MD, and James Appel, MD. They chose to steadfastly serve in Ebola-afflicted Liberia while many other medical professionals were fleeing, working to save patients from everyday illnesses and accidents that did not stop just because Ebola struck.

"Do you think they found meaning? You bet," Hart concluded. "So what is it that triggers that kind of commitment in people's lives?" He then turned to one of four themes being developed for Loma Linda University Health's next five-year plan: something people call "The Loma Linda Experience." He said:

How do we create the Loma Linda experience? We talk about it. ... I hear alumni say 'I had the Loma Linda experience.' ... Is it something we can create? I'd like to suggest that finding meaning, finding purpose, through service to others probably is the only foundational piece that can create that kind of experience, because it's when you're engaged with human need that you literally grow yourself.

One part of Loma Linda University Health's commitment to engaging human need is working with the San Bernardino city, school district, and community to raise levels of health, education, and quality of life.

"We have a city next door that has been through some difficult times. ... But I can assure you, and I'm pleased to say, it's on its way back," Hart said.

Present at the ceremony were student and staff representatives from San Bernardino City Unified School District's nine high schools and one adult school, as well as Superintendent Dale Marsden, EdD.

Asking them to stand, Hart said, "Loma Linda, these are your new classmates." He gave special mention to Pacific High School and its weekly Monday "professional day" *Continued on page 7*



Students challenged to 'make hope happen' during convocation service ...

Continued from page 6

on which students are required to dress up, ties included. Representatives from Pacific High joined him on stage.

Bringing out a red and white box, Hart removed the lid and lifted out a great

Dressed in full academic regalia, some 160 representatives of Loma Linda University's nearly 2,000 faculty members welcomed students to campus during the October 1 ceremony. The annual event provides an opportunity to begin each school year a renewed sense of mission and purpose. handful of ties, which he gave to the students. "Now these are some of my favorites," Hart said. "Many of them have traveled the world with me."

In closing, Hart spoke of his admiration for a motto adopted by San Bernardino City Unified School District — "making hope happen."

"We can be part of that dream, making hope happen," Hart said. "So as we start a new school year, as each one of you gets buried in your studies and all your assignments — and that will happen — keep alive the dream to make a difference in the world. Find meaning by making hope happen and making the world a better place."

Following Hart's presentation came the recitation of the traditional convocation prayer, statements of commitment, and blessing, as well as the singing of the LLU song, "Healing Love."

"Father, this morning we have been reminded that what you have called us to do is not to just become more knowledgeable, but you've called us to become people who live lives of meaning," prayed Associate Chaplain Dilys Brooks, MDiv, MS, MA, in closing. "... We come this morning fully aware that in our own strength we cannot do it. ... We stand and say 'Use us, God. Help us to be a part of making hope happen in our corner of the planet, and to the far reaches.' We thank you for being with us. We thank you for calling us. Use us this year. We ask in the name of Jesus, and everyone said 'Amen.'"

Last flight of a big gray owl disrupts Southwestern adventure ...

Continued from page 6 and a hundred bucks in cash.

"This is escalating!" I exclaimed. "Things are going from bad to worse. I've got to find out if this weird owl has put some kind of taboo on our trip."

"Angela," I asked, "does killing an owl bring bad luck in Navajo cosmology?"

"I don't know," she replied. "I'm a city girl. I grew up in Santa Fe. Percy's a medicine man. Ask him."

I hurried over to Percy and repeated my worried question. He adopted a thoughtful, inscrutable expression that could mean a hundred different things before asking me to recount the details of what happened and how.

Seventh Annual Laryngectomy Conference focuses on multidisciplinary patient care

Complex Damazo Amphitheater.

By Larry Kidder

multidisciplinary approach to caring for laryngectomy patients was the focus of the Seventh Annual Laryngectomy Conference, which



Nathaniel Peterson, MD

took place on Friday, November 7, at

the Loma Linda University Centennial

nose, and throat (ENT) physicians, speech

pathologists, nurses, and respiratory care

The conference brought together ear,



Paul Walker, MD

Reportable Crimes

The Crime Awareness and Campus Security Act of 1990 requires colleges and universities across the United States to publish interim reports on-campus crime activities. Listed below are the crimes reported for Loma Linda University Health for the month of October 2014.

Type of Crime	Number of Crimes	Place of Crime	
Burglary Motor Vehicle	4	Lot A (2); Lot U Campus Engineering	
Burglary	1	Farm Animal Care	
Motor Vehicle Recovery	1	Lot A	
Auto theft	6 L	Children's Hospital; Security; ot DC; LLU Church; Lot A (2)	
Threats	1	Medical Center	
Trespass	1	Off-campus building	
Disturbing the Peace	1	Pediatric Neurology Center	
Removal of Contraband from Patient/Visitor	2	Medical Center	
Forcible Entry	1	Farm Animal Care	
Vandalism	1	Off-campus building	
Fire	2	East Campus Hospital; Cancer Research Institute	
You can assist the Loma Linda University Health department of security in			

practitioners to look at ways to better care for patients who have received a laryngectomy resulting from a laryngeal cancer diagnosis.

Two ENT surgeons, Nathaniel Peterson, MD, and Paul Walker, MD — both members of the ENT department at Loma Linda University Health — explained processes they follow to diagnose laryngeal cancer, as well as life safety measures for patients who have already received a laryngectomy.

Other conference presenters looked at the role of speech pathologists in post-operative management, the effects of radiation and chemotherapy on head and neck cancer patients, and laryngeal rehabilitation from a patient's perspective.

When the larynx, known in lay terms as the voice box, becomes cancerous, surgeons remove the affected tissues, and patients not only lose their natural voices but receive a stoma — a permanent hole that is attached to the trachea and allows patients to breathe.

ENT surgeons perform the surgery, respiratory therapists and nurses keep the stoma clear as it heals, as well as maintain the airway, and speech pathologists assist patients in learning to speak again using an electro-larynx, an augmentative communication device or a voice prosthesis.

The daylong conference was presented by the Loma Linda University Medical Center's department of speech pathology. ATOS Medical, a Sweden-based international company with subsidiaries in the United States, Great Britain, Germany, Spain, Netherlands, Belgium, and Switzerland, was the primary sponsor.

Additional financial support was provided by DynaVox and Mayer Johnson; Luminaud, Inc.; GyrusACMI ENT, Olympus American Inc.; Hamilton Relay; Griffin Laboratories; and the California Telephone Access Program. The conference was offered free of charge thanks to financial support by these exhibitors. Julie Bishop-Leone, MA, senior clinical education specialist at ATOS, was a presenter during the conference. In addition to Peterson, Walker, and Bishop-Leone, presenters included Carol Davis, PsyD, DrPH, assistant professor of radiation technology, Loma Linda University School of Allied Health Professions; Stella Jones, clinical dietitian, department of radiation medicine, LLUMC; and John E. Ready, director of outreach services at the Foundation for Voice Restoration. "It takes a whole team," says Gary A. Lucas, MS, senior pathologist at LLUMC, "to restore laryngectomy patients to a life that is similar to the one they led before cancer." The annual event was organized by Melissa Backstrom, MS, clinical manager of inpatient rehabilitation, LLUMC; Lucas; and Joy Guy, MHA, LLUMC.

You can assist the Loma Linda University Health department of security in maintaining a safe and secure environment by notifying security immediately at extension 9-1-1 if you see or know about a crime taking place.

"I killed an owl," I divulged. "It came out of nowhere the other night right in front of my van. I didn't mean to do it, but there was no way I could avoid hitting it without putting our lives at risk. I feel horrible!"

Percy drew a deep breath and looked up to the place where yellow cottonwood leaves bisect white clouds and turquoise sky. I couldn't tell if he was coolly enjoying my anxiety or merely taking time to frame a reasoned and appropriate verdict. Whatever it was, my pulse was racing and my senses were on edge.

"No," he finally replied. "The owl shouldn't have been on the road in the first place."

"Thank you, Percy!" I beamed, shaking his hand with a profound sense of relief. "Thank you very, very much!"

For reasons known only to themselves, Calvin and Dwayne shook their heads and rolled their eyes. I may have gotten all worked up about this mystical owl situation, but despite my distress, they really didn't give a hoot.

Rachelle Bussell named Professional of the Year by Association of Fundraising Professionals

By James Ponder

he Inland Empire chapter of the Association of Fundraising Professionals (AFP) presented Rachelle B. Bussell, CFRE, with one of two Professional of the Year awards at the organization's 2014 observance of National Philanthropy Day, which was held November 20 at Ontario Airport Hotel and Conference Center. The other award went to Lezli Roberts of St. Joseph Health, St. Mary, of Apple Valley.

In making the announcement, Al

Arguello, senior vice president and market president at Bank of America, pointed out that AFP normally only issues one Professional of the Year award, but since Bussell and Roberts were both extremely qualified, it decided to present two awards this year—one each to an individual representing a large organization (Loma Linda) and a small organization (St. Joseph).

Arguello cited Bussell's leadership of the Vision 2020 campaign at Loma Linda University Health, where she serves as senior vice president of advancement. He noted that the \$100 million gift Dennis and Carol Troesh made to the Vision 2020 campaign earlier this year is not only the largest philanthropic gift in the history of Loma Linda University Health, but in the Inland Empire as well.

He thanked her for setting a standard of excellence for all philanthropic endeavors in the area.

In her acceptance speech, Bussell said she has been a member of AFP for many years and has always respected the dedicated philanthropy professionals who have received the award in the past. She said she considers it a great privilege to be honored in this way, and — after thanking all the members of her team whose support has been invaluable she paid special tribute to her husband, Mark, for encouraging her to pursue her passion for helping people through the fundraising profession for many years.

"Starting my career as a nurse began my lifelong passion for helping people," Bussell reflected. "Serving as a professional fundraiser where I can connect people with their passion for making a difference is such an honor. So for those philanthropists here today, I want to say thank you for what you do. Thank you for caring and giving and allowing those of us in this profession to help you give special meaning to your life by making a difference for others. May philanthropy be one of your most special and meaningful experiences. I am deeply grateful to receive this award."

Quest Diagnostics donates \$1 million to PossAbilities

By James Ponder

uest Diagnostics, the world's leading provider of diagnostic testing, information and services, recently became the exclusive program title sponsor for Loma Linda University PossAbilities, the free, non-profit community outreach program for people with permanent physical disabilities.

The sponsorship agreement calls for Quest Diagnostics to contribute \$1 million to the PossAbilities program over the next three years, beginning January 1, 2015.

"We would like to thank our founding partner, San Manuel Band of Mission Indians, for the support they offered us over the last seven years," noted Pedro Payne, PhD, director of PossAbilities. "We now take our first steps into the future with our new title sponsor, Quest Diagnostics. With this new collaboration we look forward to a fruitful partnership that will last for many years."

Although the official check presentation ceremony will not take place until January, the sponsorship agreement was announced at the October 8 Road to Rio Sports Luncheon in the Wong Kerlee International Conference Center. At that time, Garry FitzGerald, MD, vice president for business development at Loma Linda University Health Care, announced the sponsorship agreement and presented Patricia V. Murphy, commercial sales director for Quest Diagnostics Incorporated, a bouquet of flowers in appreciation for her organization's generous support.

"The notion of making man whole through sports and competitiveness speaks to me on a very personal level," Murphy observed. "I believe that the essence of drive and ambition to win comes as a divine gift to all of us. Sometimes that gift can be temporarily lost in pain, sorrow, or personal challenge.

"PossAbilities," Murphy continued, "strives to restore wholeness of body and soul through physical, spiritual, and social means, thus restoring the divine gift of the human condition to fullness through competition and social belonging. It has been a growth experience for me to get to know the PossAbilities team, and I look forward to the opportunity to be a part of this extraordinary organization for years to come."

Cotie Williams, manager of community outreach and patient experience at Loma Linda University Medical Center East Campus and Loma Linda University Heart and Surgical Hospital, said monies from the Quest contribution will be used to fund a variety of PossAbilities activities including the Road to Rio program, the annual triathlon, the celebration dinner, the Redlands Bicycle Classic Para-Cycling Race Series, and the Inland Empire Disabilities Collaborative Expo and Conference.

In addition, Williams said the funds will also underwrite the annual grant and scholarship program that awards more than \$50,000 per year in adaptive equipment, accessibility projects, sporting activities, and educational scholarships for PossAbilities members.

"Within PossAbilities, we do all of our own fundraising," Williams reports. "Every dollar raised goes directly back to our disabled members. It is with such grateful hearts that we receive this gift from Quest Diagnostics. Our common motto is 'to make man whole.' As partners we are able to continue to create opportunities providing new direction and hope to those we serve."



Surrounded by members of the advancement team at Loma Linda University Health, Rachelle Bussell, CFRE, center (in red), senior vice president for advancement, displays the Professional of the Year Award she received from the Association of Fundraising Professionals on Thursday, November 20, at Ontario Airport Hotel and Conference Center.

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Patricia V. Murphy, commercial sales director for Quest Diagnostics Incorporated, accepts a bouquet from Garry FitzGerald, MD, vice president for business development at Loma Linda University Health Care, in recognition of her role in helping to arrange a \$1 million contribution from Quest to Loma Linda University PossAbilities, the community outreach program for people with permanent physical disabilities. mjchapman@llu.edu Doug Hackleman, MA dhackleman@llu.edu Jiggs Gallagher, MS jgallagher@llu.edu Larry Kidder, MA lkidder@llu.edu bpastorino@llu.edu

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