



LOMA LINDA UNIVERSITY

Loma Linda University  
**TheScholarsRepository@LLU: Digital  
Archive of Research, Scholarship &  
Creative Works**

---

TODAY

Loma Linda University Publications

---

2-21-2014

## TODAY - February 21, 2014

Loma Linda University Health

Follow this and additional works at: <https://scholarsrepository.llu.edu/today>



Part of the [Other Medicine and Health Sciences Commons](#)

---

### Recommended Citation

Loma Linda University Health, "TODAY - February 21, 2014" (2014). *TODAY*.  
<https://scholarsrepository.llu.edu/today/25>

This Newsletter is brought to you for free and open access by the Loma Linda University Publications at TheScholarsRepository@LLU: Digital Archive of Research, Scholarship & Creative Works. It has been accepted for inclusion in TODAY by an authorized administrator of TheScholarsRepository@LLU: Digital Archive of Research, Scholarship & Creative Works. For more information, please contact [scholarsrepository@llu.edu](mailto:scholarsrepository@llu.edu).

# Jackie Evancho to perform with San Bernardino Symphony for benefit concert at LLUCH Gala

By Briana Pastorino

The 21st Annual Foundation Gala benefiting Loma Linda University Children's Hospital (LLUCH) is putting a new twist on a 20-year tradition, adding a benefit concert and celebrity guests to the program.

Thirteen-year-old superstar Jackie Evancho will headline the themed event, "I'm Possible: Making the Impossible Possible," along with the San Bernardino Symphony and special guest Hugo Ramos at Citizens Business Bank Arena in Ontario, California, on Thursday, March 13. K-FROG's Heather Froglear and actor Craig Bierko will serve as celebrity emcees for the evening.

The event will kick off with social hour at 5:30 p.m., the program will commence at 6:30 p.m., and the concert is slated for 8:00 p.m.

"Anything is possible with the support of our community," says Jillian Payne, executive director, LLUCH Foundation. "And this year we are inviting the community to come out and enjoy an evening of fun and excitement. With their help, every child can say 'I'm possible.'"

Payne continues, "Hitting the 20-year milestone in 2013 was an amazing accomplishment. With the new year brings new opportunities, and we are excited for encompass a broader audience to the event dedicated to the precious lives Children's Hospital treats every day."

"Loma Linda University Children's Hospital is creating tomorrow's healthy kids each and every day in the Inland Empire and beyond," shares Ruthita Fike, MA, Loma Linda University Medical Center CEO and interim administrator for LLUCH. "Funds raised at the foundation gala help the hospital 'make the impossible possible.' The critical funds raised through our dedicated sponsors and donors allow our hospital to provide advanced, whole-child care through cutting-edge research, innovative technology, and world-class patient care for pediatric patients and their families."

This year the gala will include the traditional components of years past, including silent and live auctions, award presentation, and patient recognition. The program will conclude with a first-ever, live concert with 13-year-old recording artist Jackie Evancho and the San Bernardino Symphony.

Evancho earned worldwide acclaim after competing and winning second place on NBC's variety show "America's Got Talent" in 2010. The young soprano from Pittsburgh has released three studio albums, performed for the royal family in Japan, and sung for President Barack Obama on two separate occasions.

Joining Evancho on stage for a duet will be former LLUCH patient 14-year-old Hugo Ramos. A native of the Inland Empire, Ramos is a singer and musician who was one of the top six finalists on "La Voz Kids" on



Child star Jackie Evancho will headline a benefit concert that will be part of the Loma Linda University Children's Hospital Foundation's 21st annual gala, titled "I'm Possible: Making the Impossible Possible." The San Bernardino Symphony will accompany the 13-year-old. *Photo from Wikipedia*

Telemundo in 2013, and won first place on "Niños con Talento" on Estrella TV.

Tickets for the Gala and benefit concert are available at [www.lomalindagala.org](http://www.lomalindagala.org) and are priced as follows:

- ➔ \$2,000: table of 10 (includes dinner)
- ➔ \$100: VIP arena seats (includes dinner)
- ➔ \$50: general concert seats

For more information or to become a sponsor for the 21st Annual LLUCH Foundation Gala, please call Victoria Dulin at (909) 558-5370.

By sponsoring the gala, you are helping make dreams possible.

## Loma Linda University is home to five Gates Scholars

By Heather Reifsnnyder

Five School of Public Health students from Loma Linda University bear the distinction of being called Gates Millennium Scholars. Funded by the Bill & Melinda Gates Foundation, the scholars program selects 1,000 students each year from across the nation to receive a good-

through-graduation scholarship at any college or university of their choice.

LLU is proud to count these five scholars as students, each of whom enriches campus with a quick mind and desire to help other people. On the other side, for these students to have chosen LLU out of any institution of higher education speaks to the unique emphasis and environment found at the university.



Aaron De Leon is one of five students from the School of Public Health who are Gates Scholars. The scholars program is funded by the Bill & Melinda Gates Foundation.

"LLU does a wonderful job of incorporating its core values in its curriculum," says Gates Scholar Aaron De Leon of San Diego, who is studying for a DrPH degree in health education.

"Some that have stood out to me," he explains, "are compassion, excellence, and humility. The willingness to understand and serve the needs of others has a positive impact that goes beyond the classroom. I am constantly reminded that there's a greater purpose in my life."

The other four Gates Scholars at LLU, all of whom are also studying in the School of Public Health with De Leon, are Margarita Diaz, Aunamesha Tanganyikia Henley, Jamie Antwon Murkey, and Rochelle Rose Tuttle.

Upon graduation, De Leon would like to work for a nonprofit health care organization to promote and provide education and services that will benefit the community. His desire to promote health for all stems from the divide he witnessed among people of different socioeconomic status when he worked in the fast food industry as a teenager.

"It was at that time that I knew I wanted to help people who were marginalized and indigent," he says. The desire was only quickened when he volunteered on a farm and witnessed the low pay and deplorable working conditions of agricultural laborers. De

Leon also credits family for teaching him the value of education and helping the voiceless.

Since its inception, the Gates Millennium Scholars program has awarded a total of \$1,096,771 to Loma Linda University through the students who have chosen to apply their scholarships to study at LLU.

More importantly, their status as Gates Scholars allows them to forge a better future independent of background. The Gates Scholars Program is geared toward providing greater opportunity for outstanding minority students with significant financial needs.

"I became the first person in my family to attend college," says De Leon, who was nominated for a Gates scholarship by his high school counselor.

"We are fortunate to work in partnership with such distinguished institutions as Loma Linda University and are grateful for your continued support of the students we have in common," writes Larry Griffith, senior vice president of the United Negro College Fund—which administers the Gates program—in a letter to LLU.

In addition to financial support, the Gates Millennium Scholars program provides personal and professional development to its students through leadership programs along with academic support.

## Many Strengths. One Mission.



## Covered California holds regional kickoff at LLUH

By Herbert Atienza

**R**epresentatives of community groups working to enroll more San Bernardino County residents for affordable health insurance through Covered California kicked off their first regional meeting on Wednesday, February 12, at Loma Linda University Health (LLUH).

About 40 people, representing dozens of community groups, stakeholders, health organizations, elected officials, and local health officials took part in the gathering, hosted by LLUH.

"One of the objectives of the regional meeting is to focus on increasing partnerships and collaboration within the region, and to share lessons learned from the first weeks of enrollment," Edith Lara-Trad, information officer at Covered California, and regional coordinator for the effort, told those in attendance.

"It is about the people who are in dire need of health coverage. We have 47 days to continue mobilizing our efforts and enroll them now. One focus is to use in-person assistance to maximize enrollment," she continued.

LLUH, in partnership with Community Clinic Association of San Bernardino County, is one of 48 lead organizations receiving grant awards totaling \$37 million from Covered California to help residents access affordable health coverage.

Covered California is the state's new health care insurance marketplace responsible for reaching out to 5.3 million Californians in need of individual insurance, many of whom may be eligible for financial assistance with the premiums.

"LLUH wants to ensure the residents of the Inland Empire are informed regarding the historic changes in our health care system and know that we are getting our residents the coverage they need to improve and maintain their health," points out Gerald Winslow, PhD, vice president for mission and culture at LLUH, and director of the Institute for Health Policy and Leadership, the organizational entity responsible for administering the grant.

The regional meeting provided opportunities for grantees, certified counselors, providers, community and health agencies, and elected officials to mingle and work in partnerships in existing enrollment events. Covered California partners and the health community have played an integral role in accomplishing enrollment for many people thus far, and Covered California is providing specific support to the community and partners to drive the regional effort.

## Nephrologist brings specialty care ...

*Continued from page 6*

treatments and procedures that could have been prevented had help come sooner.

"I feel fortunate to volunteer at SACHS," Infante attests. "The process of gaining privileges as a volunteer physician was complicated, but we were able to work things out."

In addition, Infante works through SACHS to obtain the expensive medications needed by his transplant and other patients at a reduced rate or even at no cost.

Infante would like to take things further. "Wouldn't it be great if we created a network of specialists who donate a little time each month to seeing patients at SACHS?" he asks. "Think of the impact we could have on this population, keeping them healthier and out of the emergency rooms." He adds, "It sounds to me like a win-win situation for everyone."

Lara-Trad said the challenge is to encourage more people to enroll by March 31, which is the deadline for open enrollment and for obtaining premium assistance and guaranteed health coverage. She said, "We are focusing on key gaps. Latinos, African Americans, and other under-represented communities and young adults are especially targeted for enrollment." More information is available at [www.CoveredCA.com](http://www.CoveredCA.com).

Rosie Salazar, Covered California certified counselor at Inland Behavioral Health Services, attended the event because she wanted to expand her network and get ideas for getting more people to sign up for health insurance.

"We are in a community where we deal with many homeless and low-income people," she said. "We do not want them to be left out of affordable health care."



Edith Lara-Trad, information officer at Covered California, welcomes representatives from Inland community groups to the first Covered California regional meeting at Loma Linda University Health.

Delighting fans from Grand Ole Opry to Carnegie Hall!

# ANNIE MOSES BAND

## Pilgrims & Prodigals Tour

**Saturday, March 15, 2014, 7:30 pm**

**Loma Linda University Church**  
**11125 Campus Street**  
**Loma Linda, CA**

### Where to Buy Tickets

- Tickets available starting January 1
- Online: [iTickets.com](http://iTickets.com)
- By Phone: 1-800-965-9324

For more information call the **Concert Line**  
 at (909) 795-4960

*From Grand Ole Opry to Carnegie Hall, their fans are embracing the sound of this amazing group and eager to hear them in person on the 80-concert 2014 tour!*



Calimesa Community Concerts • 28th Season  
 Co-sponsored by Loma Linda University Church



# Alumnus and emeritus professor tells stories of Christian medicine in new book

By Heather Reifsnnyder

Within the pages of alumnus and emeritus professor Raymond West's new book, *Confessions of a Christian Physician*, readers will find stories about the practice of medicine centered on Christ.

"Most any adult who has ever visited a physician will find in it an event that touches a familiar memory," West says. "All healing comes from Heaven; patient and doctor alike do well to walk after the example of 'The Great Physician.'"

The book draws upon case histories and stories from West's long career, dur-

ing which he practiced in both the U.S. and Canada. He received his MD degree from Loma Linda University in 1952 and went on to earn two master's degrees from Harvard School of Public Health.

He also taught at Loma Linda University for many years, beginning as a charter faculty member for the new School of Public Health in 1967 and later in the School of Medicine, as well. West retired in 1990 and was named emeritus professor of family medicine in 1997.

West was not one to be solely consumed with work, however. The family man's hobbies have included spelunking, scuba diving, and snow skiing.

Born in a fishing village in Nova Scotia, West and his wife, Julia, have retired in Washington State. They have three daughters and one son—all of whom work in the medical field—as well as five grandchildren and four great-grandchildren.

"I am a firm believer in the Gospel message of the Seventh-day Adventist Church," says West, who signs his correspondence with "Maranatha"—meaning "Come, Lord."

*Confessions of a Christian Physician* is available from Xulon Press and Amazon.



Raymond West, MD, and his great-grandson Luca

## Five-K Walk/Run/Roll and International Food Festival to bookend 'Power of Inclusion' Conference at LLUH

By Herbert Atienza

A 5-K walk/run/roll will kick off and an International Food Festival will cap off the second annual "Power of Inclusion" conference, taking place Sunday, March 16, and sponsored by

Loma Linda University Health (LLUH).

The annual event shines a light on diversity and inclusion as powerful ingredients that enrich learning and healing experiences while strengthening community relations.

Open to the public, this year's conference theme, "Talent Has No Boundaries," will highlight the important contributions that people with disabilities make to our society, and will bring together nationally renowned speakers and celebrities, including Academy Award-winning actress Marlee Matlin and accomplished guitarist Tony Melendez, who was born without arms. For a full program agenda with dates and times, location, and registration details, visit [www.powerofinclusion.org](http://www.powerofinclusion.org).

First this year is the staging of a 5K walk/run/roll on Sunday, March 16, expected to attract hundreds of runners with and without disabilities for a race around the city of Loma Linda. Registration starts at 6:30 a.m. at Loma Linda University Medical Center East Campus, 25333 Barton Road, in Loma Linda.

The race will benefit Loma Linda University PossAbilities, a community outreach program for disabled community members. Proceeds from the race will go toward the PossAbilities grant and scholarship fund, which provides support for those with disabilities to improve their quality of life, assist in their reintegration to society, and lend resources to provide new direction and hope. The grants include adaptive equipment, accessibility grants, educational scholarships, social outings to community events, and athletic grants for travel and participation in sporting events.

Pre-conference workshops on becoming cross culturally comfortable and competent will be held on Tuesday, March 18, followed by the two-day conference, March 19 and 20. All sessions will take place on the LLUH campus. Conference speakers will share their insights and provide practical guidance for leveraging and capitalizing on diversity and inclusion as a competitive community asset. Session topics include "Engaging with our Communities: A Collective Impact Model Driving Wellness and Prevention;" "Developing a Disability-inclusive Workforce and Society;" and "That All May Worship: A Ramp is Not Enough." Dr. Samuel Betances, diversity expert, motivational speaker, and best-selling author; Ginny Thornburgh, director of Interfaith Initiative at the American Association of People with Disabilities; John Kemp, president and CEO of The Viscardi Center in New York City; and Grace Odums, noted author and strategy consultant, are among the many highly recognized speakers.

An International Food Festival, featuring foods from different parts of the world

Continued on page 4

# Kids Healthy People in Healthy Communities

The lifestyle conference on preventive medicine and the built environment.

[HealthyPeopleConference.org](http://HealthyPeopleConference.org)

Brought to you by the Loma Linda University School of Public Health.

## Imagine, a healthy community, by design.

### 2014 Symposiums

**Monday, March 3**  
Pre-Conference Session  
GIS Technology: the Future of Innovative Health Care \$25

**Tuesday, March 4**

- Community Impact of Health Policy
- Epigenetics: Maternal Pre-Natal Health & Disease Imprinting
- Family & Poverty
- Childhood Obesity & the Built Environment
- Health Impact of Community Design

**Wednesday, March 5**

- Nutrition Environment & Shaping Dietary Behavior
- Air Quality & Asthma
- Autism & Sensory Disorders
- Media Influence on Children's Health

**Hear from authors**  
**Jeff Speck**, *Walkable City: How Downtown Can Save America, One Step at a Time.*  
**Richard Louv**, *Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder.*

### Registration

Student/Postdoc/Resident: \$199  
General Registration \$299

### Continuing Education

Up to 14.0 hours available in the following areas:

- Certified Health Educators (CHES)
- Chaplains
- City Planners (AICP)
- Dentists (CDE)
- Marriage and Family Therapists
- Occupational Therapists
- Pharmacy
- Physical Therapists
- Physicians (CME-Category 1)
- Registered Dietitians (RD)
- Registered Nurses (BRN)
- Respiratory Therapists
- Social Workers
- Speech-Language Pathologists

### Sponsors

LOMA LINDA UNIVERSITY CHILDREN'S HOSPITAL  
Presenting Sponsor

esri  
Platinum Sponsor

KAISER PERMANENTE  
Silver Sponsor

IEHP  
Community Sponsor

FIRST 5 RIVERSIDE  
Community Sponsor

SAN BERNARDINO COUNTY  
Community Sponsor

LOMA LINDA UNIVERSITY  
School of Public Health

[HealthyPeopleConference.org](http://HealthyPeopleConference.org)



## Five-K Walk/Run/Roll and International Food Festival ...

*Continued from page 3*  
and live music, will mark the end of the conference. The food festival will be held from 5:00 to 8:00 p.m. on Thursday, March 20, at Loma Linda University Drayson Center, 25040 Stewart Street, in Loma Linda.

“We are delighted to follow last year’s very successful conference with another outstanding program. The uniqueness of our nation lies in the richness of backgrounds and characteristics of all who call America their home. It is a blessing that must be understood, celebrated, and tapped to its fullest potential. Diversity inspires creativity, inclusion promotes unity, and access provides opportunities for everyone,” said Cari M. Dominguez, PhD, senior vice president of human resources at LLUH.



A 5-K walk/run/roll will kick off and an International Food Festival will cap off the second annual “Power of Inclusion” conference sponsored by Loma Linda University Health.

## Paralympic hopeful finds ways to Live It in his olympic quest

By Briana Pastorino

The 2014 Winter Olympic Games are well underway in Sochi, Russia, but for Andre Barbieri, it’s the 2016 Paralympics that has his attention. The paralympic hopeful has been training to be a triathlon competitor in the Rio de Janeiro games, and he attributes Loma Linda University Health (LLUH) to his success and inspiration to not just be an athlete, but to “Live It.”

Barbieri has always been an athlete—enjoying swimming, surfing, snowboarding, and hiking. However, in March 2011 it was a snowboarding accident in Mammoth that nearly took his life, but in the end only cost him his left leg. “It was just a leg, so I’m very lucky,” Barbieri told the *Santa Barbara Independent* after the accident.

It was after the accident that he was introduced to LLUH’s PossAbilities, a free community outreach program developed to offer disabled individuals born with or having suffered a permanent physical injury with a sense of community. The program also provides activities and practical help to integrate these individuals back into life—once again giving them opportunities to become pro-

ductive members of their communities. “I try to meet with a lot of amputees and help them as much as possible,” Barbieri says, “I feel like I can inspire others with my situation. And seeing them inspires me. It’s a great cycle to be in, and it helps me lead an unselfish life.” Barbieri lives in Santa Barbara, so he likes to help out with PossAbilities as much as he can.


Barbieri admits that his athleticism is more than just exercise and training, “It’s all about balance,” he admits. He strives for eight to ten hours of sleep a day, surrounds himself with family and friends and, of course, focuses on eating well.

“I have learned to live in the moment and enjoy life,” Barbieri says. He’s learned to embrace his injury and use it as a tool to give people perspective in their lives.

As for his life, Barbieri credits Loma Linda University Health for helping him keep his dreams alive. “They are making me dream of more things I never would have thought of before. They keep my hopes alive and keep me inspired.” Barbieri is determined to maintain that mind set as he continues to train and aim to compete in the 2016 Paralympics.

How will you “Live It?”


# DETERMINATION LIVE IT



ANDRE: TRIATHLETE, TEAMMATE, OLYMPIC HOPEFUL

As a member of PossAbilities, Andre has created the types of friendships that motivate him to pursue his dreams. His belief in the program has even inspired him to help others discover their passions. Like Loma Linda University Health, Andre believes in contributing time to the things that matter most. That’s what keeps him happy, healthy and motivated. And as a hopeful for the 2016 Paralympics, Andre knows there’s no limit to what he can accomplish.

MANY STRENGTHS. ONE MISSION.



A Seventh-day Adventist Organization

# BENEFIT CONCERT

Featuring  
**Jackie Evancho**  
with the San Bernardino Symphony

Thursday, March 13 at 8:00 pm  
at the Citizens Business Bank Arena

Benefiting Loma Linda University  
Children’s Hospital

PURCHASE \$50  
TICKETS Group rates available  
at [lomalindagala.org](http://lomalindagala.org)  
or call 1-800-825-KIDS



LOMA LINDA UNIVERSITY  
CHILDREN’S HOSPITAL  
Foundation



# CAPS program recognized by San Bernardino County

By Nancy Yuen

On January 25, Loma Linda University's Community Academic Partners in Service program was recognized for the impact it is making mentoring youth.

Tina Pruna, MPH, director, Community Academic Partners in Service, and Marti Baum, MD, medical director, community health development, LLUMC, were present at the San Bernardino County

Mentor Appreciation Recognition Ceremony to accept the award. The event, which was held during National Mentoring Month, took place at the Steelworkers' Auditorium in Fontana.

"The recognition really belongs to our dedicated volunteers," says Pruna. According to Pruna, during the current school year which began in September, approximately 346 volunteers have served in LLU's mentorship programs through Healthy Neighborhood Projects (including Com-

munity Kids Connection tutoring, music classes, Project Hope, and Special Ops) and Community Academic Partners in Service. Community Kids Connection volunteers have participated in two programs: Kids ROCK and My Campus: Minority in the Health Professions. By the end of the school year, the number of volunteers is expected to pass 500.

LLU was one of 12 organizations that mentor youth to be honored during the event, which was sponsored by the County of San Bernardino's Children's Network Mentoring Taskforce. The keynote speaker for the event was Judge Marsha Slough.

During the event, certificates of recognition were presented to Loma Linda University from Cheryl Brown, supervisor, California State Assembly, 47th assembly district; Mayor Acquanetta Warren and the Fontana city council; and Josie Gonzales, fifth district supervisor, San Bernardino County board of supervisors. The program was also awarded a plaque from the County of San Bernardino mentoring taskforce.

Detailed information about the Community Academic Partners in Service and Healthy Neighborhood programs can be found at <http://bit.ly/1fdUYIu>.



Marti Baum, MD, medical director, community health development, Loma Linda University Medical Center (left) and Tina Pruna, MPH, director, LLU Community Academic Partners in Service, display the plaque and certificates of recognition awarded to Loma Linda University's Community Academic Partners in Service program.

# A complex collaboration

By James Ponder

Two Loma Linda University School of Medicine researchers recently brought two notable grants to the school and redefined the meaning of collaborative partnership.

In 2013, the duo—John H. Zhang, MD, PhD, professor of neurosurgery and physiology, and Jiping Tang, MD, professor of basic sciences—secured a \$1.9 million grant from the National Institutes of Health to develop a lifesaving stroke treatment. In 2014, they received a \$6.03 million program project grant to establish the NIH Center for Brain Hemorrhage Research at the school.

"It's a big grant to support a group of scientists at a respected research institute studying a singular theme," Zhang observes. "This is the second one in the history of Loma Linda University Health."

The center is good news for millions of people who suffer from hemorrhagic stroke and traumatic brain injury worldwide: Zhang is confident that researchers will discover lifesaving treatments and prevention strategies.

Despite the pair's remarkable success with grant proposals, they are best known for a research project they initiated while students of Chongqing Medical University in China. The objective—to determine if studying together would enhance academic

performance—soon became complicated.

Zhang attributes the difficulty to long walks beside the Yangzi and Jialing rivers and the fact that he found it difficult to concentrate while studying with Tang. The couple married on February 29, 1984, the only day they could both miss work. Only later did they realize the date consigned them to just one anniversary every four years.



Team Tang and Zhang

The Center for Christian Bioethics & the LLUMC Clinical Ethics Service present

Bioethics Grand Rounds

# Decision Making for the Unbefriended Patient

Featuring  
**Joan Henriksen Hellyer**  
RN, PhD  
Coordinator, Clinical Ethics  
Consultation Service  
Mayo Clinic

**Wednesday, February 26, 2014**  
**Noon – 1:00 pm**  
A-Level Amphitheater  
Loma Linda University Medical Center

*What is an unbefriended patient?*  
*What are the ethical challenges of caring for unbefriended patients?*  
*What are some standard processes for making decisions for unbefriended patients?*

For questions, contact [bioethics@llu.edu](mailto:bioethics@llu.edu) | x44956  
To register, go to: [myllu.llu.edu/owl](http://myllu.llu.edu/owl) | Keyword: Bioethics

# Evening Rounds authors to take part in book signing

By Heather Reifsnnyder

The School of Medicine's second devotional book, *Evening Rounds*, was released in December as a follow-up to 2009's *Morning Rounds*.

The daily devotions in each volume are written by School of Medicine faculty, staff, students, and alumni, as well as other individuals from across Loma Linda University Health.

Some of those authors will be present for a book signing on March 7 in conjunction with the School of Medicine's Annual Postgraduate Convention. The signing will take place at the Centennial Complex from 6:30 to 10:30 a.m.

Donna Hadley, editor of both *Morning Rounds* and *Evening Rounds*, tells the story of these books: "I was asked, as the volunteer chair for the School of Medicine's

2009 centennial celebration of its founding, to find ways to include as many students, alumni, and faculty of the School of Medicine as possible," she remembers. "I love stories, so I started to explore the idea of a devotional book."

The book proved to be a success, selling more than 15,000 copies. Five years later, the year 2014 marked the 100th anniversary of the School of Medicine's first graduation. It seemed a follow-up book was in order.

"I never dreamt there would be two books to come out of this idea," says Hadley.

Like its predecessor, *Evening Rounds* is proving to be popular, with many readers gravitating toward its pages of personal stories about moments of grace, wonder, divine guidance, and growth.

To RSVP for the book signing or learn how to buy a copy of *Evening Rounds*, visit [www.llu.edu/evening-rounds](http://www.llu.edu/evening-rounds).

Now Available

LOMA LINDA UNIVERSITY  
SCHOOL OF MEDICINE

# EVENING ROUNDS

DAILY DEVOTIONAL STORIES

Now Available for Purchase from

- Amazon.com
- LLUMC Gift Shop
- LLU Campus Store

The Highly Anticipated Sequel to the 2009 Devotional Book *Morning Rounds*



# New Loma Linda VA Medical Center director visits LLUMC



Barbara Fallen, MPAHA, second from left, new medical center director for VA Loma Linda Healthcare System, and Melissa Boyd, third from left, new director of patient care services at the VA medical center in Loma Linda, visited Loma Linda University Medical Center for the first time on January 31. Fallen and Boyd were greeted by Susan Onuma, MBA, left, director of public relations, Loma Linda University Health, and Mary Clement, tour coordinator for the LLUH office of public relations.



Ruthita Fike, MA, left, Loma Linda University Medical Center CEO, welcomes Fallen, center, and Boyd, right, during a special luncheon held in their honor on January 31. The event was also attended by other members of the LLUMC executive team.

## Annual compliance training begins April 1

Contributed report

In an effort to be proactive, some employees have been prematurely attempting to complete their required compliance training for 2014. The official compliance training period for employees, faculty physicians, and medical residents of LLU Medical Center, East Campus, Heart & Surgical Hospital, Behavioral Medicine Center, LLU Shared Services, LLU Health Care, LLUMC–Murrieta, and

## Nephrologist brings specialty care . . .

Continued from page 8  
as \$1,000 per month. The situation puzzled Infante. Kidney transplants and all of the related costs can run upwards of \$150,000 to \$200,000 per surgery. Why would MediCal and MediCare end medication coverage after only three years, putting patients at high risk for losing their new kidneys? According to a recent U.S. Department of Health and Human Services report, more than 120,000 people are currently on the waiting list for kidney transplantation, making each donated kidney a lifesaving resource. In the second scenario, Infante describes uninsured or under-insured patients who develop severe kidney problems and can't afford early care. "These people end up in the emergency room at Loma Linda University Medical Center and other area hospitals," he details, "with chronic or end-stage kidney disease, difficult-to-treat hypertension, or electrolyte and metabolic disorders. "If I could just work with these people before they reach that point, they might not end up in the hospital in the first place," Infante suggests. "We are certainly able to manage many of the kidney problems we see, and take preventive steps to control and even reverse them." That's where the Social Action Community Health System—or SACHS—comes in. Infante offered to volunteer half a day per month at SACHS Norton Clinic, located in San Bernardino, as a nephrologist for patients at the clinic.

"This disadvantaged population doesn't usually have access to specialists," Infante points out, "that is, until a catastrophic situation develops. Only then," he continues, "these individuals may receive expensive  
Continued on page 2

SACHS is April 1 through October 31. Because new hires are required to take the training within 60 days from their hire date, only they will receive credit for

training completed during the period of November 1, 2013 and March 31, 2014. Beginning April 1, employees will be able to receive credit toward their 2014 compliance requirements for courses they complete. Employees should wait until then to begin their training requirements, which includes HIPAA and compliance courses. With the exception of new hires, employees should be advised that if attempts are made to take the training before April 1, they will encounter the following error message: "You have reached the maximum number of attempts." For more information, call compliance at ext. 66310 or ext. 14205.

# What's Your Plan?

*"Our family established a lectureship in memory of my husband, a professor in the School of Religion, in the hope that it will inspire students to think more seriously about social justice, science and religion and other topics that were dear to Dalton."*  
— Mrs. Barbara Baldwin

**PASS ON YOUR VALUES** to future generations by including a bequest for Loma Linda University Health in your will or trust. It is the simplest way to make a meaningful gift in the future while providing flexibility for you and your family today.

**Office of Planned Giving**  
11175 Mountain View Avenue, Suite B  
Loma Linda, CA 92354  
909-558-4553 | [legacy@llu.edu](mailto:legacy@llu.edu) | [llulegacy.org](http://llulegacy.org)

MANY STRENGTHS. ONE MISSION.



# Psychology students present research during Society for Neuroscience national meetings

Contributed report

During the 43rd annual meeting of the Society for Neuroscience, held in San Diego in November, four students and one PhD graduate of the department of psychology at Loma Linda University School of Behavioral Health were invited to display their research findings.

Students Shina Halavi, John Bellone, Michael Finlay, and Nikita Mistry, as well as Melissa Dulcich, PhD, submitted their research posters in spring 2013 for consideration to be on display during the annual meeting.

Their posters were all accepted, and the students traveled to San Diego to partici-

pate in this event, which typically rotates between New Orleans, San Diego, Washington, D.C., and Chicago with an average attendance of 40,000.

These students conducted their research as part of a neuroscience lab under the direction of Richard Hartman, PhD, a faculty member of the department of psychology.

Dr. Hartman has attended The Society for Neuroscience annual meeting every year since 1995, and students from the lab have presented at it since 2009.

Hartman says, "The best thing about this conference is that the posters get visited by everyone from grad students to senior scientists in the highest tiers of the field, and our students do a great job

of explaining their projects and answering tough questions."

# Campus safety coordinators honored during luncheon

By Heather Reifsnyder

Departments across campus are served by one of their members designated as safety coordinator. These coordinators ensure safe practices in order to prevent hazards and be prepared for emergencies.

The annual Safety Coordinators Awards luncheon on January 29 recognized outstanding coordinators and, new this year, departments that went above and beyond in implementing safety. The awards follow:

- Safety Coordinator of the Year: Todd Temple, LLUAHSC construction
- Excellence in Safety Recognition Award: Janelle Weller, internal medicine
- Excellence in Safety Recognition Award: Georgia Short, plastic surgery
- Excellence in Departmental Safety: Landscape, Gerhard Steudel, director
- Excellence in Departmental Safety: Facilities management; Bob Fischetti, director
- 2013 Injury & Illness Prevention

She continues, "The feedback that they got should help to strengthen their individual projects, and the networking connections made at this conference often lead to future scientific collaborations and even employment opportunities."

Program Safety Honor Award: Environmental services, Kelvin Moore, director

Each safety coordinator at the luncheon was also presented with an umbrella as a token of thanks for their service. Safety coordinators who were not able to be at the luncheon may pick up their gift at the LLUAHSC 101 Building, 101 E. Redlands Boulevard, San Bernardino, on a first-come first-served basis until April 1.

"Our safety coordinators within Loma Linda University Health have proven time and again their importance in safety training, inspections, documentation, and investigation of accidents across our campus," says Brett McPherson, emergency management supervisor.

"This was evident," he adds, "in our 2013 Joint Commission survey as well as with countless other regulatory agencies. These coordinators are the eyes and ears for our safety."

For information about becoming a safety coordinator, visit the environmental health & safety web page on the VIP site.

# Security department moves to new parking garage



The department of security is now located in the new parking structure at the northeast corner of the lower level, 11206 Campus Street, suite A. The former location at 24690 University Avenue is closed. For more information about the department of security, call its new number at (909) 558-5419 or extension 55419. In the photo above, Alison Melhouse, secretary, right, helps Officer Virgil Johnson with where to put some of the many boxes.

# What John Milani took from Thomas Jefferson and gave to LLUCH ...

Continued from page 8

arranged for them to visit the hospital, meet the staff, and see if the organization's mission and values were compatible with their own. When the Milanis arrived on campus, Mekelburg and De Leon introduced them to Shamel Abd-Allah, MD, chief of pediatric critical care at the hospital, and escorted them on a tour.

Liking what they saw, the Milanis worked with their financial and legal advisors to establish a charitable remainder unitrust. "The things that impress you are not what people tell you, but what they do," Milani insists. "We were very impressed with Todd, with Joanna, and with Dr. Abd-Allah. We noticed honesty on their part, the pride they take, and the enjoyment they receive in getting the good work done. It takes teamwork. We were really impressed by the experience."

Mekelburg was similarly moved by the sincerity and kindness of the Milanis.

"We are very grateful to John and Sherry Milani for remembering the patients of Loma Linda University Children's Hospital in their estate planning," he observes. "Their commitment to treating others as they would like to be treated is exemplary in this day and age. It was an honor to work with the Milanis and we salute them for leaving a legacy that will benefit the children of Southern California for decades to come."

Milani sees it as matching their giving to their values.

"The joy we get out of doing something for people who aren't as privileged as we are is wonderful," he concludes. "I think of it as a small payback for all the people who were nice to me throughout my life, especially when I was a houseboy."


For information on charitable giving to any of the entities of Loma Linda University Health, please contact the Office of Planned Giving by phone at (909) 558-4553 or online at [www.llulegacy.org](http://www.llulegacy.org).

# LIFE ON THE LINE

AN INSPIRING LOOK INTO THE RESILIENCE OF HUMANKIND

LOMA LINDA UNIVERSITY HEALTH  
*presents its 1<sup>st</sup> national TV Show*

COMING THIS APRIL

 PBS

[www.lifeontheline.tv](http://www.lifeontheline.tv)

## Reportable Crimes

The Crime Awareness and Campus Security Act of 1990 requires Loma Linda University Health to publish interim reports on campus crime activities. Listed below are the crimes reported for the month of January 2014.

Type of Crime	Number of Crimes	Place of Crime
Burglary	1	Off Campus
Burglary Motor Vehicle	1	Lot A
Attempted Auto Theft	1	Mountain View Plaza
Auto Theft	1	Mountain View Plaza
Threats	1	West Hall
Battery	1	East Campus Hospital
Under the Influence	1	Medical Center
Disturbing the Peace	2	Emergency Room; East Campus Hospital

You can assist the department of security in maintaining a safe and secure environment by notifying security immediately at extension 9-1-1 if you see or know about a crime taking place.



# What John Milani took from Thomas Jefferson and gave to LLU Children's Hospital

By James Ponder

The reason John Milani supports Loma Linda University Children's Hospital blends equal parts Jeffersonian ideals, Milani's mother's example, and his personal experiences in pursuing the American dream.

As he tells the story, the president and CEO of Commercial Cooling in the City of Industry explains that his sister, the dean of women's studies at the University of Virginia, lives down the road from the palatial estate of Thomas Jefferson.

"Monticello is like a shrine to me," he offers. "I go there whenever I visit my sister. Jefferson and the founding fathers really cared about this country. That's why we have such an incredible nation today."

The principles of democracy, freedom, hard work, and opportunity figure prominently in Milani's own pilgrimage. When he arrived in the United States from Iran as a 16½-year-old in 1961, he neither spoke English nor knew anyone who could help him put down roots in American soil. But faith in his dreams compelled him to persist against the odds, and he found work as a houseboy at the rate of \$35 a month.

"I lived in the attic of a large, eight-room home for medical students where I cleaned the house, washed toilets, changed sheets, and washed dishes after dinner every night," he recalls.

Those early experiences convinced Milani of three things: first, that America is unique; second, that the recipient of blessings should share them with others; and third, that he has been blessed with the best family and friends in the world.

He cites all his relatives—his father, mother, three brothers, sister, sons, and nieces and nephews—for giving him the familial framework to build a life of fulfillment and achievement. He commends his



John Milani, president and CEO of Commercial Cooling, shows off a collection of fine pens in his office. An avid pen collector, Milani also enjoys landscape painting and cheering for the Oakland Raiders. With his wife Sherry, he recently established a charitable remainder unitrust to benefit Loma Linda University Children's Hospital. He credits his mother, the late Zizi Joon, for teaching him kindness and generosity.

mother, Zizi Joon, for setting an incredible example of generosity and kindness; his wife, Sherry, for standing by him and supporting his dreams; and the couple's two sons—Farzad, an attorney, and Caesar, a businessman and entrepreneur—for excelling through hard work and dedication. Milani also credits his "fantastic collection of friends," many of whom he has known for 54 years, when listing the blessings of his life.

"There's no other place in the world that would allow somebody from a foreign country to succeed like I have here," Milani maintains. "I don't measure success by the amount of money; it's by doing what you love to do. This is the only place I know where you can do that."

On a tour of the 60,000-square-foot

warehouse where his employees build commercial refrigeration units, he stops to chat with several of the workers. The respect with which he treats them stems from his own experiences and values. "They're the reason I come to work every day," he discloses. "They're like my family."

A few years ago, a buyer approached him with an offer to purchase the company. It would allow him to retire and pursue other dreams.

"He was willing to pay a very good price," Milani recalls. "But when I sensed the intention to relocate to another area, I couldn't help thinking how that would disrupt the lives of so many of the employees, who would either have to move or find another job."

Milani cancelled the sale and put his retirement plans on hold. He's still on the job today making sure every transaction is handled to the highest standards of professionalism and compassion.

From the looks on their faces, it's plain to see his employees hold him in the highest regard. Milani has earned their respect. He arrives at the office at 5:30 each morning to greet them as they come to work. He acknowledges something commendable about each of his employees as he introduces them to visitors. When workers have a birthday, he throws a party and gives them a significant cash bonus. If they face an illness or undue financial burden, he steps in to help.

He remains deeply committed to the members of his staff. Not only does he pay them considerably more than industry standards, but he also allows them to rate his characteristics as a leader in a blind evaluation format in which he does not know who said what. When he receives constructive criticism from the survey, he modifies his actions or company policy to rectify the perceived shortcoming. Milani loves his employees and they know it.

As a result, they stay with him for years, developing the kinds of specialized expertise that make Commercial Cooling a recognized leader in the field. "My philosophy is, you run a compassionate organization and it pays you back," he shares. He extends that vision to his philosophy of stewardship as well.

"It's always been my goal to give back," he reveals. "As my late mom used to say, 'It's not how much you give, it's the percentage of your capability.'"

About a year ago, Milani and Sherry, whom he calls "my beautiful wife," asked Oscar Valverde, their CPA, for help in identifying a worthy organization to support. When Valverde suggested Loma Linda University Children's Hospital, the Milanis reached out to Todd Mekelburg, director of planned giving at Loma Linda University Health.

Mekelburg and Joanna De Leon, director of the LLU Children's Hospital Foundation,

*Continued on page 7*

# Nephrologist brings specialty care to disadvantaged patients

By Larry Kidder

A nephrologist at Loma Linda University Health (LLUH) has found ways to help MediCare- and MediCal-insured, uninsured, and under-insured residents of San Bernardino and surrounding communities, who suffer from various kidney problems, to receive kidney treatment and advice by a specialist.

Nephrologist Sergio Infante, MD, assistant professor of medicine, LLU School of Medicine, has been part of LLUH for nearly four years. Recently, as he talked

with his patients at the LLU Kidney Dialysis Center and other clinics, he discovered two major roadblocks to their health care—one caused by legislators and the other by sheer economics.

"I discovered that MediCal and MediCare patients in California are covered for kidney transplants and three years of medications," Infante shares. "As some of my transplant patients reached the end of their three years of medications, they told me they simply could not cover the costs themselves." These medications can run as high

*Continued on page 6*



Nephrologist Sergio Infante, MD, checks the monitor of a kidney dialysis patient at the Loma Linda University Kidney Dialysis Center, located just across Anderson Street from the Faculty Medical Offices. Infante understands the adage "an ounce of prevention is worth a pound of cure" when it comes to his patients.



Volume 27, No. 2 | Friday, February 21, 2014

Executive editor . . . . . Susan Onuma, MBA  
sonuma@llu.edu

Editor/art direction . . . . . Larry Kidder, MA  
lkidder@llu.edu

CORRESPONDENTS

- |  |   |
|--|---|
| Herbert Atienza<br>hatienza@llu.edu      | Heather Reifsnnyder, MA<br>hreifsnnyder@llu.edu |
| Doug Hackleman, MA<br>dhackleman@llu.edu | Kathryn Stiles<br>kstyles@llu.edu               |
| James Ponder<br>jponder@llu.edu          | Stephen Vodhanel, PhD<br>svodhanel@llu.edu      |
| Briana Pastorino<br>bpastorino@llu.edu   | Nancy Yuen, MPW<br>nyuen@llu.edu                |

Larry Kidder, MA

Have a story that's noteworthy? Send it to [pr@llu.edu](mailto:pr@llu.edu)

TODAY is a nonprofit publication of Loma Linda University Health, operated under the auspices of the General Conference of Seventh-day Adventists.

Internal campus-based advertising accepted for publication is intended to be a service to the staff, students, and faculty of all Loma Linda University Health entities. No outside advertising is included in this publication. The management, at its sole discretion, reserves the right to refuse, without explanation, any advertisement. The acceptance of advertising in this publication does not represent an endorsement or guarantee of any kind by Loma Linda University Health or any of its entities.

Questions about content, campus-related advertising, and circulation should be directed to TODAY, Office of Public Relations, Welcome Center, 11157 Anderson Street, Loma Linda, California 92354. Phone (909) 558-7000. © 2013 All rights reserved.

[www.llu.edu](http://www.llu.edu) | [www.facebook.com/lomalindauniversity](https://www.facebook.com/lomalindauniversity)