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Alumnus Dr. Frank Jobe honored at Cooperstown’s Baseball Hall of Fame

Briana Pastorino

Loma Linda University School of Medicine class of 1956 alumnus Frank W. Jobe, MD, was honored by the National Baseball Hall of Fame during its Induction Ceremony July 28 in Cooperstown, New York—and he’s never played a single inning of professional baseball.

Dr. Jobe’s impact on the field, however, has been felt through the 124 Major League pitchers whose careers have been saved thanks to a surgery he pioneered in 1974.

“I knew some friends and colleagues of mine were campaigning to get me recognized by the Hall of Fame but never thought it would really happen,” Dr. Jobe says. “I appreciate every moment of it.”

Also celebrating is his alma mater. “Loma Linda University School of Medicine is extremely proud of Dr. Jobe’s accomplishments,” says Roger Hadley, MD, dean of the school. “We strive to matriculate physicians into the professional world so that they may have a successful and fulfilling life—not just in the medical field, but in all that they do. Dr. Jobe has done that and more.”

Before 1974, a torn ulnar collateral ligament—a common elbow injury for many baseball pitchers—meant the end of a pitcher’s career. As an orthopedic surgeon and team doctor for the LA Dodgers, Dr. Jobe changed all that by pioneering a procedure known as the “Tommy John” surgery after the first pitcher it saved.

“I was scared to death,” recalls Mr. John, former pitcher for the Dodgers, of when he learned his career was likely finished due to his injury. “Back then if you were operated on, you were toast. I thought I was going to end up selling used cars on my friend’s lot back home. Thankfully I was with the Dodgers. Thankfully I had Dr. Frank Jobe as my surgeon. He completed the mission.”

The ulnar collateral ligament reconstruction is essentially a ligament transplant. “We take a tendon from one part of the patient’s body and reconstruct the ligament in the pitching arm to make it work like it used to,” Dr. Jobe explains.

Trying it was risky, but 31-year-old Mr. John was adamant that he wasn’t going to quit the sport he loved. Dr. Jobe gave him a 1 in 100 chance of ever pitching again.

On September 26, 1975, one year and one day after the surgery, Mr. John pitched his first game for three innings and was back in rotation by 1976.

“Had I never been with the Dodgers, I would have never met Dr. Jobe,” Mr. John says. “He is the best orthopedic surgeon in the world and he’s my friend.”

Dr. Jobe served as team physician for the Dodgers for 40 years. He still acts as a vital resource to the team, and he has also been the orthopedic consultant for the PGA and Senior PGA Tours for 26 years.

Dr. Jobe’s impact on baseball has also been felt in Japan, as well, where he played a key role in saving the careers of professional players. His personal care for the players and the generous teaching and training he has provided to Japanese physicians has made him a national treasure to both baseball and sports medicine followers.

Dr. Jobe also cofounded the Kerlan-

Jobe Orthopaedic Clinic in California, which continues to be a vital asset in the world of sports medicine, serving athletes of every caliber.

While the campaign for Dr. Frank Jobe was successful in garnering the recognition he deserved for his contribution to sports medicine during this year’s Hall of Fame weekend in Cooperstown, New York, the desired goal is to actually get Dr. Jobe inducted into the Hall of Fame. The campaign will carry on until that goal is achieved. For more information visit www.drjobehof.org.

For additional photos, turn to page 4



Former Dodgers pitcher Tommy John, left, speaks with Dr. Jobe during a Hall of Fame press conference about the pioneering surgery Dr. Jobe performed to save Mr. John’s career.

LLU Medical Center–Murrieta receives full accreditation for weight loss surgery

By Kathryn Stiles

Loma Linda University Medical Center–Murrieta has received notification from the American College of Surgeons granting full approval as a Level-2 accredited bariatric center.

This designation follows extensive preparation and education of staff, investment in supplies and equipment, patient education and support, and successful surgery outcomes.

“We are very pleased to reach this important milestone so early in our growth as a hospital,” states LLUMC–Murrieta CEO Rick Rawson, MBA. “Weight-loss surgery is an important service line that we believe helps us fulfill our mission to continue the teaching and healing ministry of Jesus Christ. Patients who receive this life-saving procedure can see their diabetes reversed and their risk of heart disease and cancer dramatically decline.”

The bariatric surgery program at LLUMC–Murrieta began in April of 2012; since then 98 patients have been treated with sleeve gastrectomy, gastric banding, or gastric bypass surgeries. These procedures are done with comprehensive medically supervised weight loss support that is customized to each patient. Patients receive pre-operative and post-operative education, support, and classes.

David Suh, MD, who serves as medical

director of the bariatric surgery program at Murrieta, has helped to lead the program’s development.

“This achievement speaks to the dedication and quality of the employees at LLUMC–Murrieta,” he says. “I congratulate this team; they are so dedicated to excellence.”

LLUMC–Murrieta opened on April 15, 2011, and since then has rapidly grown its

services to include providing the first and only interventional cardiology program in its area.

“This bariatric Level-2 accreditation is a significant step for the hospital,” says Liz Dickinson, MPH, senior vice president for clinical operations, “as we strive to build comprehensive service lines that achieve the highest levels in standards of care for our patients.”



Members of the operating room staff at Loma Linda University Medical Center–Murrieta

Live video stream of weekly chapel available campus-wide

By Heather Reifsnnyder

As of July 10, Loma Linda University has made it possible for everyone on campus to watch a live online stream of the weekly chapel service, University@Worship. Previously, the Medical Center network could not access this service.

University@Worship takes place Wednesdays from 11:00 to 11:50 a.m., followed by a brief interview of the speaker that delves further into the day's topic and the speaker's personal story and walk with God. The broadcast then closes at 11:58 a.m.

The service can also be viewed on mobile devices or from a home computer.

"Studying and working at Loma Linda University Health is a calling to continue the teaching and healing ministry of Jesus

Christ," says Chaplain Terry Swenson, DMin, MDiv.

"The worship service unites us together in this mission across academic and professional disciplines. We warmly invite you to watch the online broadcast of University@Worship if you cannot be there in person," he adds.

Visit www.llu.edu/central/chaplain/live.page? on Wednesdays at 11:00 to view the service. For the best viewing experience, users should ensure their Internet browsers are up to date, according to Stephen Robertson, senior audiovisual technician for Internet media at LLU, who has made this broadcast possible.

For those who would like to attend University@Worship in person, it takes place in the sanctuary at Loma Linda University Church.



Loma Linda University students stream out of Loma Linda University Church following the weekly University@Worship chapel service. A live video stream will now carry the service.

LLU alumna influences legislation and drug prevention education in Chile

By Nancy Yuen

The little boy sat on the curb, his mind blown by a new highly addictive street drug. He used to play on the soccer field with his friends after school, stretching practice as long as he could before dinner. Just 8 years old, his love of athletics disappeared, along with many friendships, when he began using "pasta base," a by-product of cocaine processing.

"As the problem of drug use in very young children grew in Chile, government officials were determined to take action," says Pam Luna, DrPH, an alumna of Loma Linda University School of Public Health. "Convinced that this was a major threat to the region's most vulnerable population, officials began to search for ways to protect children, many as young as 7 or 8 years old."

The Chilean Ministry of Education was among the groups that began working with the U.S. Embassy in Santiago to identify solutions. The collaboration resulted in an invitation for a delegation from the United States to visit Chile in 2012. During the visit, three U.S. experts representing various programs designed to decrease and prevent drug use among children met with Chilean government officials and teachers. Presentations were made in cities including Iquique, Rancagua, Santiago, and Valparaiso.

In addition to Dr. Luna, the 2012 delegation included Patricia Morales, EdD, educational specialist and expert on prevention programs for children ages 6 to 11; and Christopher Williams, PhD, consultant to the drug prevention pro-

gram "Life Skills Training."

"As a result of our delegation's work," says Dr. Luna, "the Chilean government passed a bill mandating that drug use prevention education be taught in the country's schools."

Earlier this year the United States Embassy notified Dr. Luna that officials, impressed by her presentation, had selected Project ALERT to be taught in public schools throughout Chile. In addition to working as a master trainer for the program, Dr. Luna worked with the RAND Corporation, a nonprofit, to develop the two-year, school-based program.

"Project ALERT lessons and support materials are made available online at no cost. So the primary cost will be the actual in-person training of the teachers," she says. The program provides relevant information and motivation and teaches skills to kids so they can resist the pressures to use drugs.

"I'm delighted that the program will be taught in Chilean schools," says Phyllis Ellickson, PhD, the pioneering drug education researcher at RAND, whose work resulted in Project ALERT earning the top "exemplary program" rating from the National Registry of Evidence-based Programs and Practices. "There couldn't have been a better representative than Dr. Luna. She and her work are now in South America, percolating; the seeds have been planted. I think it will continue to grow."

Chile wants to begin implementation in 2014 so plans are underway to bring Dr. Luna and her team to conduct several teacher trainings before the end of this

year. Dr. Luna's enthusiasm remains high. "While South America is known for the role it plays in drug trafficking," she says, "there is growing support for prevention. It was a privilege for our delegation to bring to Chile what we have learned in the United States, and I am looking forward to leading a team to Chile later this year."

Until her visit, there is much to keep Dr. Luna busy. She owns a consulting business, working with individuals and communities to promote health and well-being, and is a Governing Council member for the American Public Health Association, the largest association of public health professionals in the world.

She is convinced that the education she received at Loma Linda University built the platform for her success as she works to impact health in the United States and abroad. "Loma Linda University's holistic approach to health is powerful and essential toward instituting sustained and effective interventions," says Dr. Luna. "That's the added value of attending this University—it has served me and others well."

"As a student," she says, "you go to Loma Linda to learn, develop, and grow. Drs. Joyce Hopp and Jerry Lee pushed me to go beyond what I thought I could do—they were true mentors. Graduation is a send-off into the world to do good and make a difference and give back and come back and share. It's always good to visit Loma Linda; it's like coming home."



Dr. Pam Luna (center) presents the need for drug prevention education to Chilean Senator Jaime Orpis (far left) and Harald Beyer, minister of education.



Pam Luna, DrPh, an alumna of Loma Linda University School of Public Health, teaches a Project ALERT lesson to an engaged classroom of 7th graders at Alfonso Primary School in Santiago, Chile. Dr. Luna will return to Chile later this year, leading a team that will train educators to use the Project ALERT drug prevention education program in the country's schools.

New hiring process finds the right employees to nurture LLU Health's mission

By Nancy Yuen

When patients and guests think of Loma Linda University Health, they remember not only the success of medical treatment but also how the staff made them feel.

Each year, thousands of people apply to LLU Health; some years more than 100,000 applications are submitted. LLU Medical Center's rollout of the tool CarePix™ has refined the hiring process to ensure that staff members support the organization's culture of providing whole-person care.

Initially implemented in 2008 to a test group, then fully deployed across the Med-

ical Center in 2010, CarePix is a system that involves peer-based and behavior-based interviewing and hiring. It has been used for 97 percent of new hires since implementation.

"It can be difficult to change minds or hearts," says Gerald Winslow, PhD, vice president for mission and culture, "so we have put much thought and resources into refining the hiring process. We are beginning to see hard evidence that CarePix is effective."

Between 2008 and 2011, employee turnover for the test group at the Medical Center decreased 34 percent. Involuntary

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Loma Linda University researchers find link between vegetarianism and longevity

By James Ponder

In the June 4, 2013, edition of *JAMA Internal Medicine*, a publication of the American Medical Association, Loma Linda University researchers announced the findings of a six-year study demonstrating that vegetarians live longer than people who eat meat.

According to Michael J. Orlich, MD, lead author of the article, the findings confirm the potential advantages of vegetarian nutrition. The study—which evaluated dietary habits and mortality patterns among 73,308 members of the Seventh-day Adventist Church in the United States and Canada—found that vegetarians experienced 12 percent fewer deaths during the six-year course of the investigation than their peers who ate meat.

The story has generated a media buzz internationally. Within two weeks after it appeared, 86 media outlets—including *TIME.com*, *Wall Street Journal*, *Reuters*, *Bloomberg News*, *Yahoo! News*, and the *Daily*

Express of London, England—had covered the study.

Adventists were selected for the study, which was funded by the National Institutes of Health, because the Church has historically placed a high emphasis on vegetarianism. However, not all members are vegetarians.

In fact, 35,358 of the study participants regularly eat meat and another 4,031 eat meat, poultry, and fish on an infrequent basis. Together, the two meat-eating groups comprise approximately 54 percent of study participants.

Vegetarians in the study were divided into three categories: 5,548 were vegans who ate only plant-based foods; 21,177 were lacto-ovo vegetarians who supplemented their vegetarian diet with dairy products and eggs; and 7,194 were pesco-vegetarians who ate fish, but no other meats. Together, the three vegetarian groups represent approximately 46 percent of study participants.

Dr. Orlich says further study is needed

to determine how vegan and pesco-vegetarian diets compare against lacto-ovo dietary regimens, but noted that all three groups did significantly better than their meat-eating counterparts. He adds that overall, the longevity numbers look best for the fish-eaters, but says the total number of pesco-vegetarians in the study represents a small percentage.

“The vegans look pretty good to me, also,” he adds, “but with time we’ll be able to tell more definitively. We’ll follow the findings up after a few more years. Maybe over time, the vegans and pesco-vegetarians will both look pretty good.”

Dr. Orlich first became interested in the link between vegetarianism and health at a young age.

“My dad had a heart attack at age 53 when I was 13,” he explains. “He’s doing fine now after changing his diet.”

He points out that in designing the study, researchers controlled for a variety of factors that might otherwise have distorted the findings.



Michael J. Orlich, MD

“The bottom line,” Dr. Orlich observes, “is that we saw a moderate reduction in the risk of death during the six-year follow-up period for vegetarians compared to non-vegetarians. This could indicate that all things being equal, you may live longer if you eat a healthful vegetarian diet.”

Alumnus and assistant professor elected president of implant dentistry society

By Douglas Hackleman

Nicholas Caplanis, DMD, MS, is serving as president of the 4,500-member American Academy of Implant Dentistry (AAID) after being elected during the academy’s 61st Annual Meeting in Washington, D.C.

He has been a member of the academy’s board of trustees since 2004 and a member of its executive committee since 2008.

Dr. Caplanis’ road to AAID leadership runs through Loma Linda University’s School of Dentistry—the first dental school to develop, under the direction of Robert A. James, DDS, MS, an advanced specialty education program in implant dentistry in 1976.

In addition to his private practice in periodontics and dental implant surgery, which Dr. Caplanis began in Mission Viejo, California, in 1997, he has also served as assistant professor and part-time faculty with the advanced specialty education program in implant dentistry at Loma Linda since 1995.

He completed the School of Dentistry’s three-year residency in implant surgery and prosthodontics in 1995, where he also earned a master of science degree in oral implantology in 1996, and a specialty certificate in periodontics in 1997.

Dr. Caplanis says he “fell into implant dentistry entirely by accident.” While still fourth-year dental students at the Uni-

versity of Medicine and Dentistry of New Jersey in 1991, Dr. Caplanis and a classmate attended the MaxiCourse® directed by Norman Cranin, DDS, DEng, at the Brookdale University Hospital and Medical Center in New York.

“When I finished the MaxiCourse®, I decided that I wanted to devote my entire professional career to implant dentistry and sought out post-graduate programs in the field,” says Dr. Caplanis.

At the time there were only two such programs besides the one at Loma Linda: the program at Brookdale, and another directed by Carl Misch, DDS, MSD, PhD, then at University of Pittsburgh School of Dental Medicine.

During a one-year hospital-based general practice residency following dental school at Englewood Hospital in New Jersey, Dr. Caplanis’ fiancée (now his wife of 20 years) insisted that if they were going to move away from their families to pursue postgraduate training, they weren’t going to live in the cold climate of the Bronx or Pittsburgh. In a fall 2012 interview with *AAID News*, Dr. Caplanis described his path to Loma Linda University:

“That same year [1991] I attended my first AAID meeting and the decision where to go was firmly made after meeting Dr. James. I approached him as he was coming off the podium to ask him about his training program. He was in a rush to catch a flight

home, but was gracious enough to invite me to his hotel room where we chatted while he packed his suitcase. He was a warm and compassionate human being and seemed to know everything about implant dentistry. I was very fortunate to be accepted to Loma Linda’s program and train under Dr. James the very next year in 1992.

“During my second year [at Loma Linda], Dr. James passed away, but the program was in good hands with Dr. Jaime Lozada who took over as director. Dr. Lozada and I developed a close friendship that persists to this day. I give credit to Dr. Lozada for getting me politically involved with the academy.

“I decided to further my education and applied for a residency in oral maxillofacial surgery. While I was waiting to find out if I was accepted to a surgery program, my master’s thesis director, Dr. Ulf Wikesjö, who was the program director of periodontics at Loma Linda [1990-1996], asked if I would join his faculty to teach implant surgery to the periodontal residents. The only problem was he didn’t have enough money in his budget to pay me. So instead, he offered to let me go through the periodontal residency without paying tuition. I thought it was a great deal and took him up on his offer. That’s how I became a periodontist.”

Dr. Caplanis is board certified and a diplomate of the American Board of Periodontology, as well as of the American Board of Oral Implantology. He is an honored fel-



Nicholas Caplanis, DMD, MS

low of the American Academy of Implant Dentistry and a fellow of the American College of Dentists. He is also past president of the AAID’s Western District, as well as of the Orange County Dental Society.

Dr. Caplanis is senior associate editor of the *Journal of Oral Implantology*, author of more than a dozen clinical technique and research papers, and coauthor of a few textbook chapters with a focus on periodontal and peri-implant bone regeneration and soft-tissue esthetics around single tooth implants. He lectures nationally as well as internationally on the interrelated topics of periodontal reconstructive surgery and implant dentistry.

New hiring process finds the right employees to nurture LLU Health’s mission ...

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staff departures in the same group dropped by 26 percent, and discipline for attendance violations lowered 34 percent.

“We have adapted CarePix to help us hire individuals who live the core values of LLU Health: compassion, integrity, teamwork, and wholeness,” Dr. Winslow explains.

Further statistics show that staff turnover in environmental services decreased from 5.6 percent to 1.10 percent between 2008 and 2011 (an 80 percent difference).

On unit 4700, the turnover rate fell by 33 percent during the same time period; and on unit 9300, turnover dropped by 70 percent.

At the Loma Linda University Heart and Surgical Hospital, which opened in 2009, 100 percent of the staff have been

hired through the CarePix interview process, and the facility has achieved a 99th percentile patient satisfaction score.

Hiring the best possible staff will also help LLU Health prepare for health care reform, under which reimbursement is tied to patient satisfaction. Loma Linda may provide care to as many as 300,000 to 400,000 extra patients each year as access to insurance coverage expands.

Dr. Winslow experienced a powerful moment several years ago demonstrating what can be revealed during a behavior-based interview. The applicant already had an excellent job at a different organization.

“Why are you interested in working at LLU Medical Center?” Dr. Winslow asked.

The applicant’s reply: “Faith is not

welcome where I work now. It would be frowned upon if I prayed at work. It is different at Loma Linda; I want to work at a place where all of me can show up for work.”



While it began as an LLUMC program, the CarePix contract has been rewritten to encompass all of LLU Health. Anyone who has questions about implementing it in his or her area should contact Della Stange at extension 15993.

Alumnus Dr. Frank Jobe honored by Cooperstown’s Baseball Hall of Fame



Clockwise (from top left):

Dr. Jobe and his wife, Beverly

Dr. Jobe and Tommy John along with the other honorees and Hall of Fame representatives on stage at the Induction Ceremony July 28

Tommy John (left, in photo) and Dr. Jobe ride through Cooperstown, New York, during a parade celebrating Hall of Fame weekend.

Dr. Frank Jobe in his office at the Kerlan-Jobe Orthopaedic Clinic in Los Angeles

(Photo courtesy of the Jobe family)



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LOMA LINDA UNIVERSITY
HEALTH

LLUH representative briefs U.S. House of Representatives and U.S. Senate

By Larry Kidder

A representative from Loma Linda University Health was part of a task force that briefed members of the U.S. House of Representatives and the U.S. Senate in Washington, D.C., this past June.

Dora Barilla, DrPH, assistant vice president for strategy and innovation, Loma Linda University Medical Center, and assistant professor of health policy and management, LLU School of Public Health, was part of the Community Preventive Services Task Force Congressional Briefing, held June 21 in the Rayburn House Office Building and the Dirksen Senate Office Building in Washington, D.C.

“The briefings were about the *Community Guide* and Community Preventive Services Task Force,” says Dr. Barilla, “and how leaders of the employer arena and community use the *Community Guide* to inform decisions about programs, policies, and

strategies to improve health.”

Dr. Barilla shared the spotlight with Becky Lyons, manager of health care design for Wegmans Food Markets; Josie Gonzales, San Bernardino County supervisor; and Paul Leon, mayor of the city of Ontario, California.

“My role,” Dr. Barilla explains, “was to give a brief overview of the Community Benefit Collaborative we’ve organized in the Inland Empire, and how I used the *Community Guide* to inform the selection of proven approaches to prevent cardiovascular disease.”

She adds, “This was a great opportunity to showcase Loma Linda’s role as an engine of health improvement, brightening the blips of LLU Health and the Inland Empire on the radar of four powerful Congressional committees.”

The Energy and Commerce Committee sponsored the briefing for the House of Representatives. For the Senate, the Health, Education, Labor, and Pensions Committee sponsored the briefing.



Dora Barilla, DrPH (third from left), addressed the U.S. Senate and U.S. House of Representatives along with (from left) Becky Lyons, manager of health care design for Wegmans Food Markets; Jonathan Fielding, MD, MPH, chair of the Community Preventive Services Task Force, and director and health officer for Los Angeles County Department of Public Health; and (right) Paul Leon, mayor of the city of Ontario, California.

KOLA Cares For Kids Radiothon raises more than \$50,000 for Children’s Hospital ...

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Giovanni was diagnosed with Hirschsprung’s disease, which affects the large intestine or gastrointestinal tract, and was not able to digest food properly. Fortunately his medical team at the hospital was able to treat him, and he is now a happy, healthy 9-month-old.

“Everyone at LLU Children’s Hospital made this experience the best it could possibly be,” Ms. Aviles said. “Being at the hospital near the holidays, we were even able to experience the toy drive.”

“It’s stories like Giovanni’s that remind us how important something so simple as a little bear can mean to a child, or even a parent,” says Gary Springfield, program director, KOLA 99.9 FM. “This radiothon is just one way we can lend a helping hand to the hospital that does so much for the kids in our community.”

Donations to LLUCH can still be made by texting “KIDS” to 27722 from a wireless phone. Ten dollars will be charged to your phone bill, and normal data rates apply.

Occupational medicine has new location

By Krista Miller

Occupational medicine has moved to 328 East Commercial Road, Suite 101, in San Bernardino.

Hours of operation are Monday through Friday, 8:00 a.m. to 5:00 p.m. The office is closed weekends and holidays.

For additional information, please call (909) 558-6222.



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LLU Children's Hospital to benefit from \$2.5 million for pediatric MS research

By Briana Pastorino

The Pediatric Multiple Sclerosis Center at Loma Linda University Children's Hospital has been named one of three newly funded pediatric multiple sclerosis (MS) centers by the National Multiple Sclerosis Society.

LLU Children's Hospital will benefit from a new, three-year funding commitment of \$2.5 million for the Network of Pediatric MS Centers, which includes nine centers across the United States. All centers have begun to receive funding to provide essential infrastructure to facilitate research, including searching for the cause of MS, by studying risk factors for the disease in children close to the time of exposure.

This support for data coordination can be leveraged to answer other important research questions and advance understanding of the disease in this most vulnerable group.

Gregory Aaen, MD, director of the Pediatric Multiple Sclerosis Center, is thrilled that LLU Children's Hospital was recognized.

"This is a true testament to the care we provide to our MS patients," he says. "The most common questions I get from my patients and their families are 'why did my child get MS?' and 'what can we expect

in the future?'

"With this funding, we are hoping to be able to provide more answers," he explains. "This grant will further support research projects of the Pediatric MS Center at Loma Linda University with the hope of helping children with MS live longer, fuller, and very productive lives."

One Children's Hospital patient who is hoping for a cure one day is 16-year-old Chloe McCabe, who was diagnosed with MS just three years ago. "We were referred to Loma Linda after she had her first attack," says Chloe's mom, Cynthia. "We were in shock when we found out she had MS."

Chloe reports, however, that with the exception of occasional blurred vision or tingling in her arms and legs, she feels like any normal teenager. "Luckily with the help of Dr. Aaen, I don't really have any symptoms of MS," she says.

Chloe and Cynthia commute from San Jacinto every three months for checkups with Dr. Aaen at Loma Linda University Pediatric Multiple Sclerosis Center.

Dr. Aaen is thankful to the National Multiple Sclerosis Society for putting LLU Children's Hospital on the map as a nationally recognized center. "When a child is suspected to have MS, we want the public to think of Loma Linda University Children's

Hospital as a vital local resource."

"This investment provides the infrastructure and research support needed to keep this unique network—with the largest group of well-characterized pediatric MS cases in the world—moving forward," says Dr. Timothy Coetzee, National MS Society chief research officer. "Driving research to improve the care of children affected by

MS and determining what triggers this disease is part of our commitment to all people living with MS."

Multiple sclerosis is more common in adults but affects 8,000-10,000 children in the United States, according to the National Multiple Sclerosis Society.

The inflammatory disease affects the nerve cells in the brain and spinal cord, disrupting parts of the nervous system and potentially affecting a person's physical and mental abilities. Visual, sensory, and motor problems are the most common symptoms of MS.



Sixteen-year-old Chloe McCabe visits the Pediatric MS Center for her routine checkup with Dr. Gregory Aaen on Tuesday, July 16. He is performing the Romberg test, which assesses her balance while her eyes are closed.

KOLA Cares For Kids Radiothon raises more than \$50,000 for Children's Hospital

By Briana Pastorino

The 11th annual KOLA Cares For Kids Radiothon raised \$54,019 for Loma Linda University Children's

Hospital during the all-day event on KOLA 99.9 FM on Friday, August 9.

"KOLA has once again provided tremendous support for our precious patients," says Zareh Sarrafian, MBA, administrator

of Loma Linda University Children's Hospital. "We look forward to the KOLA Cares for Kids Radiothon every year—not only because it raises the funds that are critically needed for our children, but because we are encouraged by the tremendous outpouring of love and support from KOLA listeners."

In addition to a flat donation, those who donated also had the option to purchase a KOLA Bear for \$99.90. Patients who are transported to LLU Children's Hospital, either by ambulance or helicopter, are given a KOLA

Bear to comfort them and their family. The Children's Hospital transport team considers the KOLA Bear to be a vital team member, as well. A total of 506 bears were donated to the hospital through the radiothon.

Patient mom Morayma Aviles visited the radio station during the radiothon to share her son's story. "The KOLA Bear gave my family and me comfort because my baby was being taken to the hospital," she said. Ms. Aviles' son, Giovanni, was transported to LLU Children's Hospital from Riverside just three days after his birth on November 23, 2012.

Please turn to page 5



Former Children's Hospital patient Giovanni Aviles, now 9 months old, visited KOLA 99.9 FM with his KOLA Bear during the KOLA Cares For Kids Radiothon on August 9.

Musicians sought for ThankSharing program

Consider sharing your musical or vocal talents with the community during LLU Health's annual ThankSharing program Saturday, November 16. Video submissions will be accepted through August 30.

To enter, employees should film and

upload their performance to a video site such as YouTube, then e-mail the URL to kmcmillan@llu.edu. Alternatively, submissions can be put on a CD or thumb drive and delivered to LLU Medical Center employee spiritual care, room 4011, 11234 Anderson Street.

GOT

GOD GIVEN TALENT?

Know someone who does?

We are accepting video submissions for our November ThankSharing musical program.

Please choose music of faith for your submission.

Deadline to submit is Friday, August 30.

OPEN TO ALL

All submissions will be reviewed and selections will be chosen to perform live at ThankSharing. Notification will take place by Monday, Sept. 9.

Questions? Contact Kathy McMillan at kmcmillan@llu.edu or 909-558-7828.

Upload your performance to a video site, such as YouTube, and provide the URL to kmcmillan@llu.edu

OR

submit a CD/thumb drive to **LLUMC Employee Spiritual Care**, Room 4011, 11234 Anderson Street, Loma Linda, CA 92354

LOMA LINDA UNIVERSITY HEALTH

UCLA football players visit kids at Loma Linda University Children’s Hospital clinic

By Herbert Atienza

Members of the UCLA Bruins football team took time out before beginning season practice to visit and bring cheer to kids at Loma Linda University Children’s Hospital on August 1.

Four members of the team came bearing posters and other gifts to the hospital’s hematology-oncology clinic in San Bernardino. There, they traded stories, signed autographs, played video games, and posed for pictures with the children. The team members who visited were Phil Ruhl, full-back; Aramide Olaniyan, linebacker; TJ Millweard, quarterback; and Eli Ankou, defensive end.

“It’s great to be here and be able to meet these kids,” said Mr. Millweard. “These kids

really inspire us with their strength and courage in the face of everything they’ve been through.”

The Bruins are going to be a familiar sight in the area for the next few weeks as they hold open practices at the San Bernardino Camp at California State University, San Bernardino, with support from Stater Bros. Markets. The public practices began on August 7. UCLA begins the 2013 football season at home against Nevada on August 31.

“Stater Bros. Markets is happy to welcome and support the UCLA football team to Camp San Bernardino and join them in a visit to Loma Linda University Children’s Hospital,” said Susan Atkinson, vice president for corporate affairs at Stater Bros. Markets.



Bruins quarterback TJ Millweard (left) lends moral support to patient Gabriel Lopez, 9, of Yucca Valley, while he receives treatment from nurse Audrey Maxton.

Fall Faculty Colloquium to discuss domestic violence

By Heather Reifsnyder

What is the responsibility of a faculty member who is confronted with a domestic violence situation facing a student or coworker? The September 19 Fall Faculty Colloquium will address such questions to ensure readiness should the unfortunate need arise.

Faculty members from all schools are encouraged to attend.

The day’s keynote speaker will be Jocelyn Coupal, JD, a domestic violence consultant and trial attorney who has argued more than 6,000 cases. Dr. Coupal has also taught a wide variety of audiences—including

justice system participants, health care professionals, educators, businesspeople, and community members—on the subject of domestic violence and what each person can do within his or her own circles to keep one another safe and potentially prevent a homicide.

Dr. Coupal was recently on campus to meet with members of the University Faculty Council and LLU Domestic Violence and Sexual Assault Task Force.

“Dr. Coupal is an extremely passionate, knowledgeable, and engaging person who brought to light the importance of recognizing the signs of domestic violence,” says Eric Johnson, DSc, chair of the University

Faculty Council. “Her insights on strategic inter-professional roles are eye opening.”

The colloquium will take place in the Centennial Complex on Thursday, September 19, from 10:00 a.m. to 3:00 p.m., with the keynote presentation beginning at 11:00 a.m.

Other items on the agenda include brief reports from each of the schools and the State of the University address from Richard Hart, MD, DrPH, president.

Teams invited to join together to support cancer patients at Believe Walk

By Heather Reifsnyder

The 6th Annual Believe Walk will take place October 6 in Redlands. The Loma Linda University Cancer Center encourages employees to form teams and walk in this event that raises

money to support cancer patients and their families in the Inland Empire. LLU Cancer Center is one of the organizations that benefits from the money raised each year.

LLU Health wants to present a united front at the walk, so all teams are asked to add “LLUH” in front of their team name—and all who do will receive a free Cancer Center T-shirt to wear that day.

Teams should e-mail their team names and shirt sizes to kculler@llu.edu by September 3 to receive the T-shirts.

Employees can register for the walk at believeinlandempire.com.

The annual Believe Walk is presented by Inland Women Fighting Cancer and Stater Bros. Charities.

Inspire others with your LOV stories

Loma Linda University Health is collecting stories that illustrate how the organization’s values of compassion, integrity, excellence, teamwork, and wholeness are being lived out daily within the organization.

The stories will be printed in the forthcoming third volume of *LOV Stories*.

LOV stands for “Living Our Values.” Employees are invited to share experiences that have happened to them or a colleague.

Help with writing is available; employees gifted in writing have volunteered their time to help write, edit, and interview those with stories to tell.

There are several ways to submit a LOV story:

- Online: <http://bit.ly/MyLOVstory>
- Intercampus mail: MC-4011
- Fax: (909) 558-0862 or extension 80862

Please include your name and extension or e-mail address.

For more information, call extension 48406.

Volume 3 of *LOV Stories* will be published in 2014 and will be made available to every employee via employee events and intercampus mail.

Copies of Volume 2 are still available. To receive a copy, please contact Shelly Moore at smoore@llu.edu.

- E-mail: LOVStories@llu.edu

What’s your Story

We are collecting “LOV” (Living Our Values) stories for volume 3.



Parking update: new structure and future plans

Contributed Report

As the West Hall parking structure nears completion in November, the additional 1,200-space structure will bring the total number of parking spaces on campus to almost 9,000. The department of parking and traffic services has also entered into the planning stages of a second parking structure of approximately 750 spaces.

The organization is aware of the parking challenges on campus, and it continues to address the issue and make improvements, according to the department of parking and traffic services.

The department is required to walk a fine line between supplying the parking needs of the organization and enforcing Loma Linda University Health parking regulations.

Currently there are more than 24,000 active accounts on file in the online parking management system, along with in excess of 200,000 license plates.

The department is responsible for moni-

toring all of the 97 lots surrounding the Loma Linda campus, totaling more than 7,700 parking spaces. With transient vehicle traffic, more than 40,000 vehicles per day travel within the city of Loma Linda.

Administration has requested that department staff serve as committee members of the county and city traffic councils and work with those agencies to continue development.

Due to the need to properly control parking for the organization, the department of parking and traffic began creating the online parking management system more than four years ago, developing it completely in-house.

The ideas and working structure of the system were a collaborative effort involving the entire parking staff; both office personnel and enforcement officers gave input.

Today, the parking management system is the most advanced in the country, according to Steve Hertel, executive director for parking and transportation. It is currently being marketed to other universities



The newest parking structure for Loma Linda University Health, slated to open in November, will add 1,200 parking spaces for the Loma Linda campus, bringing the total to more than 9,000 spaces.

Grateful patient shows her gratitude in a tangible way

By James Ponder

Until this year, Barbara Hemphill knew next to nothing about Loma Linda University Health or any of its entities.

“Maybe I’d heard of Loma Linda,” the 81-year-old Covina resident says, “but this was the first time I met someone from there.”

The someone she refers to is Mahmoud Torabinejad, DDS, PhD, MS, professor of endodontics at Loma Linda University School of Dentistry. Ms. Hemphill, who originally hails from Harlan County, Kentucky, credits her Southern accent for the fact that she has difficulty pronouncing his last name. She elects to call him “Dr. Torabi” instead.

“I just can’t tell you how impressed I was with Dr. Torabi,” Ms. Hemphill continues. “He was something else!”

Ironically, Ms. Hemphill never would have met Dr. Torabinejad had she not become dissatisfied with a procedure her former dentist wanted to do.

“Over three years ago,” she remembers, “I went to my dentist and she said I had a problem called self-absorption. I guess it’s when your body pulls calcium out of your tooth below the gum. Anyway, she wanted to extract my tooth. I told her I wanted a second opinion. So I went to a periodontist and he said, ‘I want to send you to a specialist—he was my teacher.’ It was Dr. Torabi.”

Ms. Hemphill called and scheduled an appointment with Dr. Torabinejad at the offices of Upland Endodontic Group. Her first impression was one of admiration.



Barbara Hemphill

“He walks into the room and it’s like a presence,” she says.

To Ms. Hemphill’s relief, Dr. Torabinejad examined the offending tooth and prescribed a far less extreme procedure than extraction.

“He said I needed a root canal,” she reveals. “The nerve had crystallized, and he couldn’t get in there to resolve the problem. He said he would do surgery and cut my gum down close to the root.”

When she asked Dr. Torabinejad what causes self-absorption, he said trauma is sometimes a causative factor. “I told him I had been through a lot of trauma when I lost my husband to cancer 12 and a half years ago,” she replied.

As the date for the procedure drew near, Ms. Hemphill worried it might cause a lot of pain. Once again, she was pleasantly surprised.

“There was no pain at all!” she recalls. “He knew exactly where to stick the needle. He just numbed the area that needed numbing, not my whole face.”

However, three days after the operation, the tenderness in her mouth migrated to Ms. Hemphill’s right ear.

“That hurt like the dickens!” she exclaims. “So I called Dr. Torabi. He wasn’t there when I called, so I talked to one of his assistants. I was expecting someone from his office to call me back and say that Dr. Torabi had given me a prescription. But he called back himself. He said that when he phoned in the prescription, he got put on hold and had to listen to music for a long time. Finally, he got the pharmacy’s answering machine, so he left a message with the prescription.”

Dr. Torabinejad impressed Ms. Hemphill yet again.

“He’s such a caring man,” she insists. “He doesn’t just cut you and leave you. He called back the next day to see how I was doing. I told him the pain was almost gone. I felt very honored to have someone work on me who was so caring. I’ve told lots of people about him. He’s such a special guy!”

Ms. Hemphill was so impressed with the care she received from Dr. Torabinejad that she sent a \$500 contribution to the endodontics program he directs at Loma Linda University School of Dentistry.

“Now that I know what kind of work you do at Loma Linda,” she concludes, “that won’t be the last gift I send. Dr. Torabi was just amazing!”

throughout the United States.

Entry and exit to the West Hall parking structure will be controlled by the system’s license plate recognition cameras.

The employee will pull into the entry lane and the system will read the license plate; if the vehicle is authorized to use the lot, the gate will open. The entire process should take less than three seconds per car. The exit lanes will work the same way.

The new parking structure has many new safety features including glass-walled elevators and staircases, as well as state-of-the-art surveillance systems.

Additionally, a computerized motion-detecting lighting system will be installed. The surveillance system will include nearly 100 cameras in locations such as the stairways, elevator landings, elevator cars, and each floor. These are a few of the additional details that are intended to increase safety and security.

Future plans for the campus include opening the online parking management system, currently only accessible on campus,

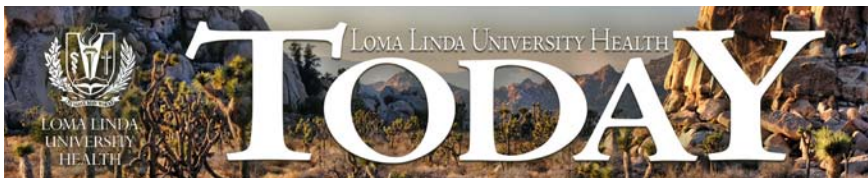
to the Internet so that users may access their accounts from home or their wireless devices.

Additionally, an app is in the final process of development, from which users can manage their parking accounts, receive traffic information, and see parking updates on their phones.

In efforts to further improve security, LLU Health administration has authorized the department to begin looking into converting the existing lots to the online parking management system. The upgrades will also include new lighting, cameras, and security fencing.

“We want our fellow employees and visitors to feel as safe as possible while using the parking lots on campus,” says Mr. Hertel. “We can’t completely stop all events; however, we can send a clear message that Loma Linda is not the place to be if you intend to break the law.”

The department hopes that these added benefits and the new structure will help address the overall parking needs of the organization.



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