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Loma Linda University Health

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Commencement season for 2013 results in close to 1,400 new Loma Linda University alumni

By Larry Kidder

Graduates earned degrees ranging from certificates to post-doctoral during eight commencement ceremonies at Loma Linda University on May 26 and June 16, 2013.

Joining the ranks as the newest alumni of Loma Linda University were 1,379 students from the Schools of Medicine, Pharmacy, Dentistry, Behavioral Health, Religion, Nursing, Allied Health Professions, and Public Health.

The first three schools mentioned held their ceremonies on the south mall of the University campus, between the School of Dentistry's Prince Hall and the Loma Linda University Church of Seventh-day Adventists.

The five remaining schools recognized the achievements of their graduates at LLU Drayson Center's Opsahl Gymnasium, located on Stewart Street.

The University honored eight individuals and two couples during various commencement ceremonies.

Ralph A. Wolff, JD, president of the Senior College Commission of the Western Association of Schools and Colleges—better known in academic circles as WASC—received the doctor of humane letters degree during the School of Medicine conferring of degrees on May 26.

Distinguished professor of physiology, obstetrics, and gynecology, and internationally respected researcher Lawrence D. Longo, MD, was presented the LLUH Lifetime Service Award, also during the School of Medicine ceremony. In 1973, Dr. Longo established the Center for Perinatal Biology, an organization he directed until recently, and which has trained 135 graduate students, 176 post-doctoral fellows, and 212 medical students; published 1,448 research articles; and received \$135 million in extramural funding.

Donald E. Melnick, MD, president of the National Board of Medical Examiners and an alumnus of LLU School of Medi-

cine, was named University Alumnus of the Year during the School of Medicine commencement.

Ronald A. Hershey, MA, retired associate professor of physical therapy, LLU School of Allied Health Professions, was named University Alumnus of the Year during that school's ceremony on June 16.

Robert W. Frost, MBA, recently retired as director of the Loma Linda University Foundation after 45 years of service in various capacities to the Seventh-day Adventist Church, received the Distinguished University Service Award during the LLU School of Public Health ceremony on June 16.

Ivan T. Blazen, PhD, MDiv, MA, emeritus professor of religion, School of Religion, received the Distinguished University Service Award during the joint ceremony for the School of Religion and School of Behavioral Health, held June 16.

Halford Price, MD, and Virginia Price were honored for their generous support of Loma Linda University with the University Distinguished Humanitarian Award during the School of Medicine commencement.

Mark Schultz, MBA, and Anita Schultz, MA, were honored for their generosity to the School of Nursing, receiving the University Distinguished Humanitarian Award during that school's commencement.

Two internationally known scientists were recognized for their groundbreaking research. Mahmoud Torabinejad, DMD, MSD, PhD, director and chair of the advanced education program in endodontics, School of Dentistry, was recognized for his research excellence—including the fact that he is the most cited researcher in the field of endodontics—with the University Distinguished Investigator Award during his school's commencement on May 26.

Gary E. Fraser, MBChB, PhD, MPH, also received the Distinguished Investigator Award during the conferring of degrees ceremony for the School of Public Health. Associate dean for research and professor of epidemiology, biostatistics, and population medicine, School of Public Health,



Ralph A. Wolff, JD (center), president of the Senior College Commission of the Western Association of Schools and Colleges (WASC), is flanked by Richard H. Hart, MD, DrPH (right), president of Loma Linda University Health, and B. Lyn Behrens, MBBS, emeritus president of LLUH. Dr. Wolff was granted the Doctor of Humane Letters during the commencement ceremony for the Loma Linda University School of Medicine on May 26.

and preventive medicine, School of Medicine, Dr. Fraser is perhaps best known for his leadership and research relating to the Adventist Health Study and Adventist Health Study-2.

Patricia S. Jones, PhD, MS, MA, director of the office of international nursing and professor, School of Nursing, was recognized for her leadership role in international nursing with the LLUH Global Service Award during her school's ceremony on June 16.

Individual schools recognized faculty, staff, students, and alumni for their contributions. Isaac Sanders, MD, emeritus professor in the department of radiology, was honored by the School of Medicine with the School Distinguished Service Award on May 26. Among his other accomplishments, Dr. Sanders spent 42 years in the department of radiology at White Memorial Medical Center, where he gained renown not only for his extensive technological knowledge, but also for his prowess as an educator, communicator, and mentor to several generations of medical students, radiology residents, and fellows.

During the same ceremony, Leonard S. Werner, MD, MA, senior associate dean for medical student education and professor of medicine, School of Medicine, was also recognized with the School Distinguished Service Award.

Gordon E. Mote, PhD, MBA, and Raylene L. Mote, PharmD, received the School Distinguished Service Award during School of Pharmacy graduation on May 26 in recognition of their contributions to clinical pharmacy education, as well as their support of student learning and mentoring.

Wayne K. Tanaka, DDS, associate professor, department of oral and maxillofacial surgery, School of Dentistry, received the School Distinguished Service Award during commencement for the School of Dentistry on May 26.

Mary E. Moline, DrPH, MS, MPH, PhD, program and clinical training director for the master's degree in marital and family therapy, department of counseling and family sciences, School of Behavioral Health, was named School Alumna of the Year during that school's commencement ceremony on June 16.

The School of Behavioral Health also recognized Douglas Huenergardt, PhD, associate chair of the department of counseling and family sciences, and program director of the doctor of marital and family therapy program, department of counseling and family sciences, with its School Distinguished Service Award.

Sarah Bauler, MPH, maternal and child health advisor, and lead consultant for the FH Title II proposal, Zimbabwe, was named School Alumna of the Year during the School of Public Health commencement ceremony on June 16.

During the same ceremony, Juan C. Belliard, PhD, MPH, assistant vice president for community engagement and diversity, director of the Institute for Community Partnerships, and associate professor in the department of global health, School of Public Health, was recognized with the Faculty Distinguished Service Award.

Gordon E. Hewes, MBA, associate dean for finance and assistant professor, department of health administration, School of Public Health, received the Distinguished Staff Service Award during that school's ceremony on June 16.

Tracy A. Elmer, director of clinical information systems and EMR Initiative, Rady Children's Hospital, San Diego, was named School Alumna of the Year for the School of Allied Health Professions.

Everett B. Lohman III, DSc, MS, assistant dean for academic affairs and professor, department of physical therapy, School of Allied Health Professions, and member of

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Joseph Dominguez Hacinas, DNP (left), receives the Dean's Award from Marilyn Herrmann, PhD, dean and associate professor in the School of Nursing. Elizabeth Bossert, PhD (right), associate dean for the school's academic affairs and graduate programs, read the award citation moments earlier, and Richard H. Hart, MD, DrPH (left) waits to congratulate Dr. Hacinas.

Grand opening held for new Loma Linda Farmer's Market

By Nancy Yuen

Tuesday, June 11, marked the grand opening of the Loma Linda Farmer's Market Night. Dozens of

vendors' booths sheltered by white awning lined the parking lot, wrapping around the corner of the LLU Health Welcome Center. Hundreds of guests attended the event, chatting with farmers selling locally grown

produce including strawberries, kale, tomatoes, avocados, and carrots. Other food items for sale included jewel-toned mason jars filled with jams and jellies, a selection of nuts and dried fruit, and freshly baked bread and cookies. At one booth, children held kittens and a puppy that were up for adoption while bikers of all ages lined up to have their bicycles inspected at a "bike hospital" sponsored by LLU Health and the Inland Empire Biking Alliance.

As the celebration began, representa-

tives from Loma Linda University Health, the city of Loma Linda, and the Loma Linda Chamber of Commerce gathered at the entrance to the Councilors Student Pavilion for the ribbon cutting.

Each Tuesday from 5:00 to 8:00 p.m., the area where the festivities were held (the parking lot in front of the LLU Health Welcome Center bordering Anderson Street at the corner of Mound Street) will be transformed into a destination where

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Preparing to cut the ribbon marking opening of the new Loma Linda Farmer's Market Night are (from left): Andrejs Galeniks; Juan Carlos Belliard, PhD, assistant vice president, community partnerships; Dusty Rigsby, MD, mayor, City of Loma Linda; Richard Hart, MD, PhD, president, LLU Health; and Rodney Neal, MBA, senior vice president of finance for Loma Linda University. Also pictured is Phil Carlisle, chief executive officer, Loma Linda Chamber of Commerce (holding microphone).

Professor awarded Fulbright scholarship to do research in United Kingdom

By Heather Reifsnyder

The U.S. Department of State and the J. William Fulbright Foreign Scholarship Board have announced that Steven M. Yellon, PhD, professor of basic sciences and gynecology & obstetrics in the LLU School of Medicine, has been awarded a Fulbright Scholar grant.

Dr. Yellon will do research at the Queen's Medical Research Institute's Center for Reproductive Health at the University of Edinburgh in Scotland, United Kingdom, during the 2013-2014 academic year. Fulbright scholar awards to the United Kingdom in the All Disciplines category are among the most competitive for applicants.

Dr. Yellon hopes the research may lead to knowledge that could someday reduce premature births and other complications of labor.

"An alarming increase in pre-term births and difficulties with labor require medical interventions in more than 40 percent of births in the United States and other developed countries, and the problem is of even greater concern in developing nations," he says.

Dr. Yellon's research will specifically center on changes in the cervix that can advance or impede the birth process. He will collaborate with Professor Jane E. Norman, MD, director of the Tommy's Centre for Maternal and Fetal Research, in basic and translational studies of the inflammatory mechanism that remodels the cervix during pregnancy.

Dr. Yellon is one of only about 25 U.S. faculty and professionals who will travel to the United Kingdom as Fulbright scholars, and his award is also a rare distinction among faculty members throughout Loma Linda University's 108-year history.

Besides the direct findings of his research next year, Dr. Yellon believes that the exchange year will result in lasting benefits to students of Loma Linda University and the University of Edinburgh.

"I hope to build a network of understanding among world-class basic and clinical researchers and their trainees," he says, "as well as to serve the mission of LLU by representing the highest qualities of scholarship during my time at the Univer-



Steven M. Yellon, PhD

sity of Edinburgh.

"It is my goal," he adds, "to bring back insights about research infrastructure, medical education, and clinical programs to further my contribution to the academic environment at LLU."

Specifically, he hopes the collaboration with British researchers will advance Loma Linda University goals that include starting a maternal/fetal medicine research fellowship, establishing a tissue bank for research at the Perinatal Institute, and developing a research division in the LLU Center for Perinatal Biology.

Dr. Yellon sees the year ahead as a cross-cultural pollination of varied academic traditions.

Such exchange is the mission of the Fulbright Program, which is designed to increase mutual understanding between the peoples of the United States and other countries while contributing to solutions to shared international concerns. In addition to this, Dr. Yellon hopes to be an ambassador of Loma Linda University's values and mission.

Since its establishment in 1946 under legislation introduced by the late U.S. Senator J. William Fulbright of Arkansas, the Fulbright Program has given approximately 310,000 students, scholars, teachers, artists, and scientists this opportunity.

New dentistry professor brings years of clinical experience to students

by Doug Hackleman

Lynnda Juhl-Burnsed, DDS, has emerged from retirement to accept the position of assistant professor, department of oral diagnosis, radiology, and pathology, at LLU School of Dentistry.

Dr. Juhl-Burnsed attended Union College in Nebraska, trained as an X-ray technician at Hinsdale Hospital in Illinois, and then worked as an X-ray technologist at LLU Medical Center.

Later, after graduating from dental school, Dr. Juhl-Burnsed practiced dentistry privately with her classmate and husband, H. Brooks Burnsed, DDS, in Nipomo, California, from 1985 to 2002. The couple complemented each other's procedural preferences because neither minded doing what the other found off-putting: Dr. Juhl-Burnsed did not care for doing root canals and her husband disliked doing extractions.

Between 1987 and 2000, Dr. Juhl-Burnsed participated in monthly implant dentistry study clubs held in nearby Santa Maria and in periodontics study clubs chaired in Santa Barbara, an hour south along the California coast. She also wrote about oral health on a monthly basis for her local newspaper.

When their daughter reached middle school, Dr. Juhl-Burnsed set aside her practice of dentistry to be a full-time mother and became involved in the activities of Valley View Adventist Academy and, sub-



Lynda Juhl-Burnsed, DDS

sequently, Monterey Bay Academy, from which their daughter graduated.

During her retirement, Dr. Juhl-Burnsed's interest in dentistry remained. She kept up with the professional literature, and when their daughter entered college, she was pleased to have the opportunity to return to her profession and the education of future dentists. She is once again working alongside her husband, who is an assistant professor in the department of restorative dentistry.

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the Faculty of Graduate Studies, received the School Distinguished Service Award from the school during its commencement on June 16.

Grenith Zimmerman, PhD, MS, associate dean for research, professor in the department of allied health studies, School of Allied Health Professions, and professor, department of epidemiology, biostatistics, and population medicine, School of Public Health, was honored by being named Faculty of the Year for the School of Allied Health Professions during its June 16 commencement.

A number of graduates also received awards. The Wil Alexander Whole-Person Care Award is given to individuals who best exemplify the concept put forth by Wil Alexander, PhD, MTh, professor of family medicine, that each patient is more than a diagnosis. Health care practitioners should be aware of the physical, mental, and spiritual needs of patients. Receiving this award were: Sarah E. Belensky, School of Medicine; Stephen T. Hom, School of Pharmacy; Jared R. Adams, School of Dentistry; Rhonda LeBlanc, School of Nursing; and Molly Krans, School of Public Health.

Eight graduates received the highest award bestowed by the University—the President's Award, including: Cody S. Carter and Casey S. Ward, School of Medicine; Mandeep Kaur, School of Pharmacy; Jayna Sekijima, School of Dentistry; Qais Alemi, School of Behavioral Health; Janice Palaganas, School of Nursing; Arti Desai, School of Public Health; and Jordan Persenius, School of Allied Health Professions.

Eleven graduates received the Dean's Award, the highest recognition given by individual schools. They include: Aimee L. Kohatsu, School of Pharmacy; Danielle L. Molnar, School of Dentistry; Veronica Zepeda, School of Behavioral Health; Aimee Galick, School of Behavioral Health; Joseph Hacinas, School of Nursing; Megan Schatzschneider, School of Nursing; Jacob Maxwell, School of Nursing; Temidaya Ogunrinu, School of Public Health; Kristin Powell, School of Public Health; Cara Heinz, School of Allied Health Professions; and Charla Banks, School of Allied Health Professions.

For additional photos of the 2013 commencement season, please turn to the center spread on pages 6 and 7.

Dr. and Mrs. Avery Pratt on cancer treatment that makes you feel like a person, not a patient

By James Ponder

For Avery Pratt Jr., MD, and his wife Carolyn, the best thing about being treated for prostate cancer at Loma Linda University Medical Center is the way patients are treated.

"You don't feel like you have cancer," Ms. Pratt says of the treatment her husband received at the James M. Slater, MD, Proton Treatment and Research Center. "When you walk in the door, you're not treated like a cancer patient, and that takes an enormous amount of stress off of you."

To show their gratitude for the care they received, the couple recently contributed \$5,000 to the Robert J. Marckini Chair for Proton Research at Loma Linda University Medical Center.

Because of his background as a board-certified radiologist, Dr. Pratt came to the program with a better grasp of the science and technology of proton therapy than most of the nearly 12,000 men treated for prostate cancer at the Center since its founding more than 20 years ago. But what really got his attention was a particular facet of Loma Linda's patient-centered care.

"Loma Linda has a lot of experience in proton therapy," he observes, "in both the scientific and customer-friendly aspects of it. I was really blown away by having valet parking service to make my daily commute a breeze! The staff—from the ladies at the desk to the medical technologists—were just superb."

Both Dr. and Ms. Pratt were impressed with the weekly B.O.B. meetings, held every Wednesday night. The initials stand for Brotherhood of the Balloon, a support group for men undergoing proton therapy for prostate cancer and members of their families.

"I think they're very important," Dr. Pratt notes. "We really looked forward to

every one of them. Not only were the speakers of interest, but also the fellowship was delightful. With good fellowship comes good healing."

Ms. Pratt recalls the transformative effect the weekly B.O.B. potluck had on one participant.

"One gentleman was extremely angry," she reports. "It isn't easy to learn that you have cancer, and he wasn't adjusting to it very well. He was even angrier when he went to the first potluck and saw everyone else having such a great time. But a week or two later, he was as happy as all the others."

Despite the distance of more than 800 miles, making the journey to Loma Linda from their home in Eagle, Idaho, a suburb of Boise, seemed like the right thing to do after the Pratts read Robert J. Marckini's book *You Can Beat Prostate Cancer and You Don't Need Surgery to Do It*.

"Bob Marckini is a delight," Ms. Pratt notes. "I think a very high percentage of the people that go to Loma Linda have been heavily influenced by his book. He has really been a force for lobbying for financial support and recognition of the Loma Linda program."

When asked if he experienced any side effects as a result of his proton treatment, Dr. Pratt says there were none whatsoever.

"I had no recognition or feeling of being treated by anything until I saw the little pink spot on each hip," he recalls. "I talked to several of the other guys and they said the same thing—they didn't even know they were being treated. The pink spots, the portals where the protons enter the skin, are not uncomfortable at all, not even like a mild sunburn. They're a very pale pink. There were absolutely no symptoms, no incontinence or any other kind of problems."

Now that they're back home in western Idaho, Ms. Pratt says the couple is looking forward to a special event this summer.

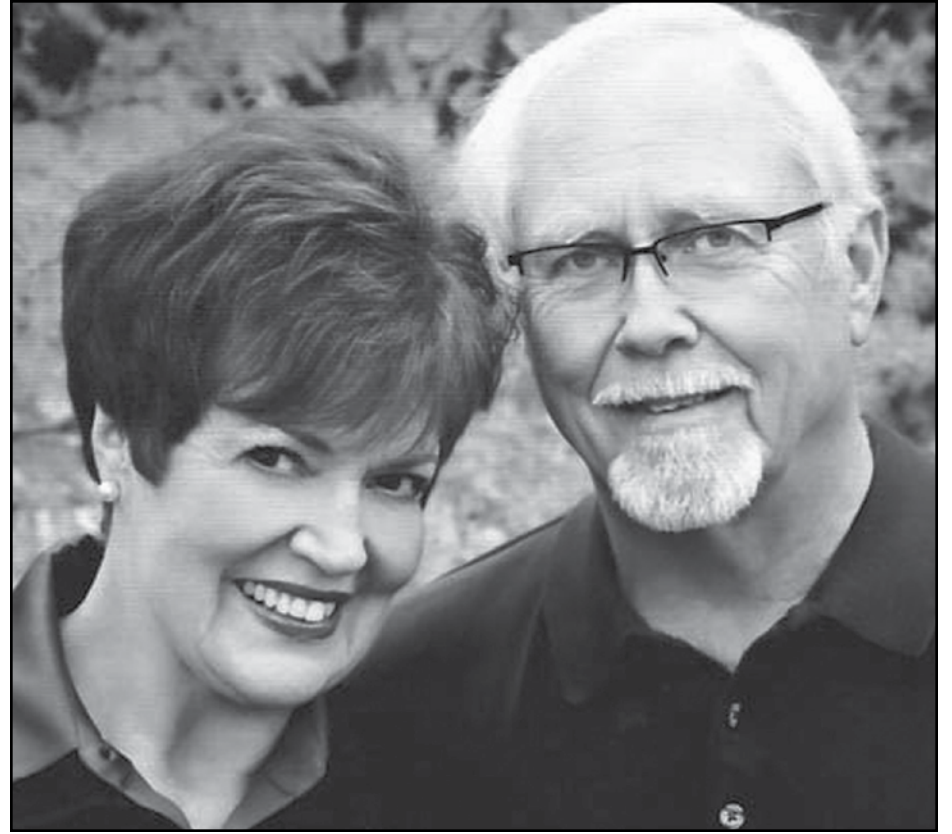
"We're fortunate we still have our children and grandchildren in town," she shares. "We have the four cutest grandkids ever, and we're expecting the fifth one, a girl, this summer."

As the former vice president for marketing, communications, and development for a large medical center that is part of a Catholic health care system, Ms. Pratt says proton treatment at Loma Linda University Medical Center is too much of a well-kept secret.

"You guys need to shout louder about the extraordinary program you have devel-

oped for your proton patients," she says. "There are lots of proton treatment centers popping up all over the country, making it more convenient for those in the East and Midwest to be treated closer to home. But the distinguishing factor at Loma Linda is patient-centered care. It's what separates you from the competition, and it should be communicated more effectively on a local and national basis."

"The camaraderie at Loma Linda, and the way the whole program is designed to keep you informed at every step of the way, makes a huge difference," she concludes. "Also, the spiritual aspect. Loma Linda goes to great lengths to make sure that patients and members of their family are treated holistically. We were blessed to be there."



Carolyn and Avery Pratt Jr., MD, recently donated \$5,000 to the Robert J. Marckini Chair for Proton Research at Loma Linda University Medical Center, where Dr. Pratt was treated for prostate cancer at the James M. Slater, MD, Proton Treatment and Research Center.

An employee says yes to 'Say N.O.W.' program

By Larry Kidder

It's now week five for James Ponder, public relations editor and writer for Loma Linda University Health. He has been faithfully following the principles learned during a free class for employees, "Lean Choices."

"I'm not a medical person or health care provider of any sort," says James. "I'm just a guy who woke up a few weeks ago and decided he'd like to be healthier and more energetic for the rest of his life."

The class is one of five that employees, who sign up for the "Say No to Overweight" program—or "Say N.O.W.," can choose to take part in. Say N.O.W. is offered through the LLUH Living Whole employee wellness program. In addition to the free classes, employees receive one-on-one nutrition counseling and a health evaluation as part of Say N.O.W.

The Living Whole employee wellness program organizes activities like Say N.O.W. in an effort to help employees be more healthy, happy, and productive. "As employees," explains Olivia Moses, DrPH, coordinator for the LLUH employee wellness program, "we feel better, work better, and are far more productive when we are taking care of our health."

She adds, "Our organization was founded on a strong health message, and it is the Living Whole employee wellness program's goal to provide various opportunities and resources to help employees take better

care of themselves."

While there are initial fees for eligible full-time employees under risk management, the fees are fully reimbursed once an employee completes a given program. The courses are available to anyone, but at the regular fees.

Lorraine Abaro Thomas, instructor in the "Lean Choices" course and a doctoral student in both the DrPH and PsyD programs, encourages students to write down SMART—specific, measurable, attainable, relevant, and time-specific—goals.

"Here are my goals," James shares, "to make physical fitness and healthy eating my daily routine for the rest of my life; and to lose 60 pounds by April 2014."

The "Lean Choices" class bases its guiding principles on the fact that fundamental changes in the diet to include more fresh fruits and vegetables, coupled with consistent exercise, will lead to weight loss. "This past week, I lost close to two pounds," James reveals. "My goal is a pound a week, which may sound like a slow process but is sustainable."

As part of the class, James uses an online weight-monitoring program, <www.myfitnesspal.com>, to track his calorie intake, food choices, and daily exercise. He has made the effort to walk at least a half hour per day.

"It's all about choices," he emphasizes. "For instance, I had to make a tough choice the other day: whether to go to one of my favorite stores and try out new guitars—one of my all-time favorite things to do—or hike

five miles in the Yucaipa hills." He chose the hike, and he's better off—and a little sorer—for his efforts, he reports. Following his hike, he played the guitar for an hour.

James is reaping the results of his efforts. "Today is the 33rd consecutive day that I've walked for a minimum of a half hour. I've lost more than eight pounds so far. As a result, I have a renewed sense of vigor and enthusiasm for all of my interests in life, and a new sense of empowerment and possibility."

His friends and family are curious regarding what motivated him to make the change. "I tell them it was a couple of things," he says.

"First, I have so many things I want to do that I need to live until at least 105 to get them all done," he points out. "Losing weight and making fitness an active part of my everyday life are the two biggest things I can do to not only prolong my life, but also to increase stamina and drive to pursue life to its fullest."

He adds, "Second, I'm tired of seeing a portly gentleman in the mirror. He isn't me. My true inner self is leaner, trimmer, and more active than this guy."

James is confident he will attain his goals. "The emphasis of the program is not rapid weight loss, but a sustainable lifestyle based on moderate exercise and healthy eating. The body is programmed to heal itself: treat it right and the rewards are almost automatic."

His journey has brought with it a few surprises. "The biggest surprise so far," he smiles, "is that I no longer crave sweets. I thought saying goodbye to delicacies like lemon meringue pie and chocolate, in any form, would be sheer torture. To my amaze-



James Ponder, public relations editor and writer, builds his salad at the Councilors Student Pavilion salad bar. Just with consistent moderate exercise and better nutrition, Mr. Ponder is currently losing more than a pound a week.

ment, I don't want them anymore."

James is eager to see where his new life will lead. "Overall," he concludes, "my decision to enroll in this course and make the commitment to positive change is one of the best moves I've ever made."

To learn more about the Living Whole employee wellness program, and any of its wellness programs and activities, visit <www.llu.edu/central/hrm/employee-wholeness.page?>.

Healing Hands program provides patients with the opportunity to give back

Contributed report

Roger Hadley, MD, chief of staff, LLU Medical Center, and dean of the School of Medicine, has been named founding medical director for Healing Hands.

Healing Hands is a grateful patient program to connect with patients who want to change the world by giving back to Loma Linda University Health. In addition to his other responsibilities, Dr. Hadley has committed to leading the way as Loma Linda University Health develops this new program.

"I am thrilled that LLUH is establishing this critical program," says Richard Hart, MD, DrPH, president of Loma Linda University Health. "This is certainly best practice around the country. We are confident this will strengthen our patient experience and expand opportunities for grateful patients and families who have a desire to give and make a difference for other lives to be touched through our care."

When a patient receives care at LLUH, he or she is often inspired to give back. From physicians and nurses to the staff at the front desk, each team member often goes the extra mile to create an exceptional experience.

When the patient's desire to give back

Grand opening held for new Loma Linda Farmer's Market ...

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staff, students, faculty, and their families can mingle with residents of the surrounding community as they browse the market, purchase fresh produce and baked goods, and enjoy dinner.

In his opening remarks, Phil Carlisle, chief executive officer, Loma Linda Chamber of Commerce, said that it is fitting that the market be held on the campus of Loma Linda University Health in the heart of a National Geographic Blue Zone™ (places in the world where people live measurably longer lives), as it will offer locally grown fruit and vegetables. The next speaker was Dusty Rigsby, MD, mayor of Loma Linda. Dr. Rigsby assured those gathered that Loma Linda Farmer's Market Night has the city's full support.

In his remarks, Richard Hart, MD, DrPH, president, Loma Linda University Health, mentioned that there are few projects he has watched develop with more interest than Loma Linda Farmer's Market Night. Dr. Hart said, "I am certain that the founders of this institution would have been delighted to see our organization and the community gather together at the Farmer's Market, for when this institution began the students were required to work in the garden as part of their education."

According to J.C. Belliard, PhD, assistant vice president, community partnerships, there is much to celebrate. "Loma Linda University Health and the Loma Linda Chamber of Commerce have teamed up to make Loma Linda Farmer's Market Night a reality," he says. "This is an early step for us as we contribute to California Healthy Cities and Communities goals, developing a robust city center at Loma Linda that can serve as a community hub where LLU Health faculty, staff, students, patients, and their families can join members of the community in walking, biking, and pursuing a healthy lifestyle."

meets the institutional need for philanthropic support to expand and grow, the Healing Hands program will be there to help make the biggest impact. Recently, an extraordinary experience at LLUH inspired a gift of \$500,000 because of the excellent care a patient received.

"This program will allow patients and families to tangibly get involved in saving and changing lives we touch here at LLUH every day," says Rachelle Bussell, CFRE, senior vice president for advancement. "For many, giving can be an important part of healing."

Pauline Deeb is the director of Healing Hands, appointed in March of 2013. She has been instrumental in developing the

program from its inception, alongside Dr. Hadley. She will be working closely with physicians and health care providers to support friends of LLUH, those who have given generously to support the institution and will help it grow in the future.

Lisa Wright, hired April 2013, is the new executive director of philanthropy, and will be devoting time to the management of Healing Hands.

Additionally Nicole Orr, senior development officer for the School of Allied Health Professions, will be key in the development and growth of the program across the LLUH system.

The success of Healing Hands first and foremost depends on the excellent care

provided to patients. Next, it depends on all involved to communicate effectively and implement best practices for grateful patient programs. Physicians and caregivers are invited to attend training provided by Advancement Resources on August 12 and 13.

More information on this special training will be announced in the coming months. Be on the lookout for physician referral cards for patients who express interest in giving back, and brochures in departments that show patients and families how to recognize caregivers through giving.

"We look forward to successfully implementing Healing Hands, and the opportunity this provides for LLUH to grow," says Ms. Deeb.

Questions about the Healing Hands program should be directed to (909) 558-4438.

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Alumni reconnect during nursing alumni weekend

By Dustin Jones

School of Nursing classmates who hadn't seen each other for more than 50 years, in some cases, were reunited during the School of Nursing's alumni weekend, held April 12 and 13.

The weekend began with events on Friday that included tours of West Hall and the Centennial Complex. The highlight for most alumni occurred Saturday afternoon during lunch, where the classes separated into groups and reconnected with each other. Memories were shared, along with some tears.

The banquet on Saturday evening started with a roll call from Zelne Zamora, DNP,

who read off the years as classmates stood to be recognized.

Marilyn Herrmann, PhD, dean of the School of Nursing, gave a brief report on the state of the school, and shared successes and challenges of the past year.

"It is only because of the generous support given by you, our alumni and friends, that we have been able to help both faculty and students with scholarship support so that they may continue with their studies," said Dr. Herrmann. "Over the last year, we were able to give 172 students a total of \$349,572. Some of these individuals would not have been able to continue in school without your generous support. On behalf of those students and faculty, I would



Lois (Masat) Magnussen, EdD, School of Nursing class of 1963, receives the Alumni of the Year Award from Marilyn Herrmann, PhD, dean (left), and Zelne Zamora, DNP, president of the Alumni Association. Melanie (Cruz) Quion, class of 1988, also received the award during the banquet.

Calimesa Community Concerts • 28th Season



2013 Summer Concert Series



Manuel Escórcio regularly sings in the USA, Canada, Australia, Brazil, New Zealand, The Philippine Islands, Venezuela, Portugal and Fiji. As Lead Tenor of KRUIK, he has performed in more than 32 operas and has held more than 4,750 concerts in South Africa and worldwide.

Manuel Escórcio

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like to thank you for sharing your financial resources with them."

Four Merit Scholarship Awards were presented. Receiving the undergraduate awards were Karin "Carrie" Bryner and Jennifer Matthews. The graduate awards were presented to Mana Manoukian and Heather Fletcher.

In addition, two Alumni of the Year Awards were presented during the alumni banquet. Lois (Masat) Magnussen, class of 1963, and Melanie (Cruz) Quion, class of 1988, were the recipients of the coveted awards presented by the Alumni Association.

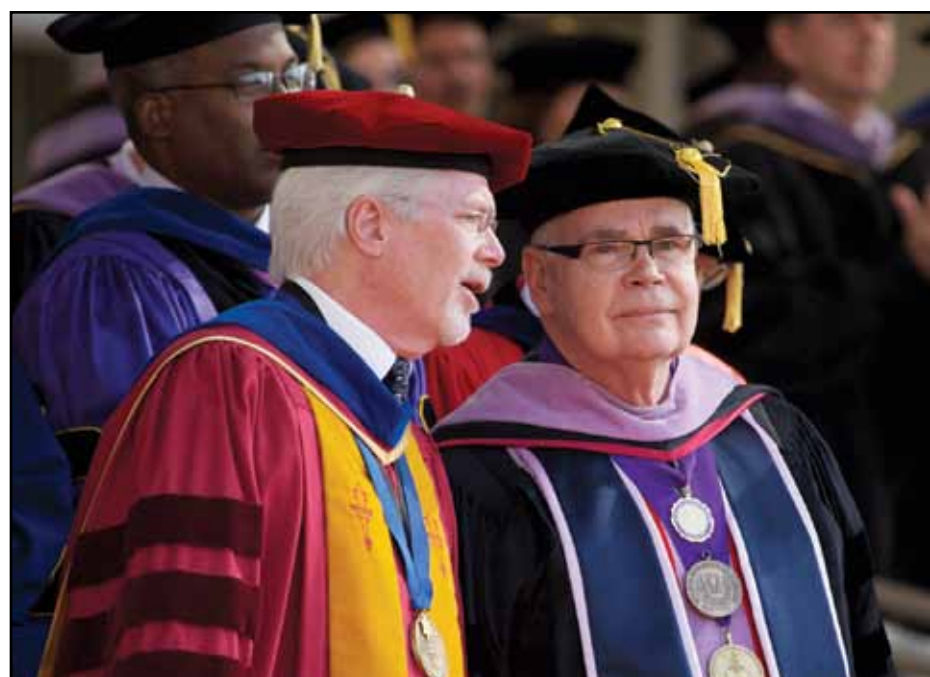
Lois Masat was born in Fort Francis, Ontario, Canada. Her sisters, Joan and Carol, preceded her in choosing nursing as their profession, while her other sister, Bonnie, chose a career in teaching. The family moved to Loma Linda when Lois was in the sixth grade, where she attended Loma Linda Elementary and Loma Linda Academy. After attending Walla Walla College for pre-nursing, Lois received her bachelor's degree in 1963 and master's degree in 1964 from Loma Linda University.

Lois's teaching career began in 1964 as an instructor in maternity nursing at California State University, Los Angeles. Then she and her husband spent eight years at the Masanga Leprosy Hospital in Sierra Leone, West Africa, where her duties included setting up operating room service, in-service education, and conducting prenatal clinics. It was during this time that their sons, Chris and Jon, were born. Upon their return from Sierra Leone, Lois taught maternity nursing at LLU School of Nursing from 1973 to 1975, and was coordinator for the sophomore year from 1975 to 1978. Lois and her family moved to Kauai in 1978, where she began as an instructor at Kauai Community College. Within two years, she became the director of the nursing department.

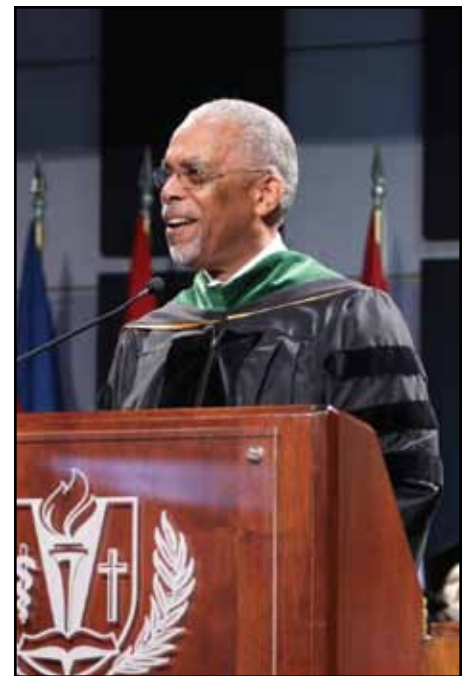
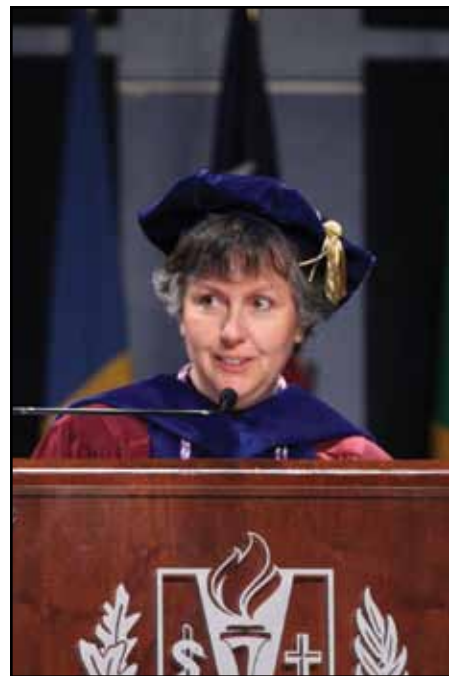
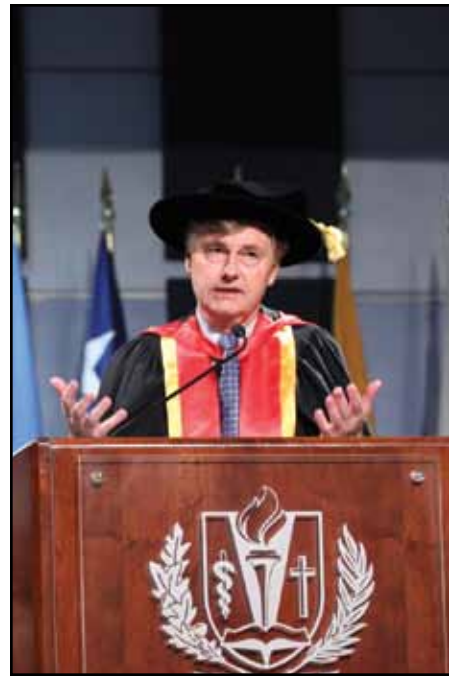
After moving to Honolulu in 1987, she completed her EdD degree in 1990 at the University of Hawaii. During her tenure at the University of Hawaii at Manoa School of Nursing and Dental Hygiene, she filled many roles. She was department chair for nursing, associate professor of nursing, interim associate dean, and director of student services. In 2007 Lois became a full professor of nursing. During this time she was author and coauthor of more than 40 publications. She also conducted research projects with an emphasis on intimate partner violence, obtained nine grants, and gave numerous national and international presentations. In 2008 she won the Outstanding Poster Award from Western Institute for Nursing. In 2009 she was named Nurse Educator of the Year by Pacific Institute of Nursing and given the Manoa Chancellor's Excellence in Teaching Award. Although she retired in 2012, she still devotes part of her time to research and is able to spend time with her family, which lives in Honolulu.

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Scenes from Loma Linda University



2013 commencement festivities



Injured and wounded soldiers benefit from adaptive sports day with Team PossAbilities

By Briana Pastorino

Nearly 70 ill, injured, and combat-wounded soldiers from the Army Reserve and National Guard filled Loma Linda University Drayson Center as part of the Adaptive Reconditioning Day on Wednesday, June 5.

Hosted by LLU PossAbilities, in collaboration with the Community-Based Warrior Transition Unit-California (CBWTU), the soldiers were exposed to various activities in an effort to expand their options for physical and recreational activity despite their personal limitations.

"This event is aimed to teach these men and women how to stay active despite their physical limitations, whatever they may be," says Cotie Williams, program coordinator for PossAbilities. "We also want these heroes to know that PossAbilities is a great

LLU Drayson Center to host Los Angeles Clippers basketball camp

By Herbert Atienza

For the fifth straight season, Loma Linda University Drayson Center will host the Los Angeles Clippers Youth Hoops Program and The National Basketball Academy (TNBA) for a five-day basketball camp.

Boys and girls from 6 to 17 years old are invited to attend this season's camp, set for 9:00 a.m. to 3:00 p.m. each day, July 8–12, at Loma Linda University Drayson Center, 25040 Stewart Street, in Loma Linda, California.

Cost for the camp is \$245, which includes a free ticket to a Los Angeles Clippers home game at Staples Center for the 2013–14 season.

"We are very pleased to welcome the Los Angeles Clippers and The National Basketball Academy for the fifth straight season of the Los Angeles Clippers Youth Hoops Program," says Donald Sease, MBA, director of Loma Linda University Drayson Center.

He adds, "Our kids are excited to receive hands-on practice and get advice from some of the best players and coaches out there."

The camp will include training and games, as well as instruction on basic offensive and defensive plays that are actually in the Los Angeles Clippers playbook.

The camp will also include educational elements from staff of the Loma Linda University department of nutrition, who will discuss health, nutrition, and other activities that enhance health.

"Our vision at the National Basketball Academy and Los Angeles Clippers is to bring our unique combination of professional basketball instruction and education to the Loma Linda area," says Steve Vega, TNBA regional director and professional basketball trainer.

He continues, "The community is perfect for us to provide a fun and exciting environment for the development of basketball players."

For more information, check out <www.tnbabasketball.com/programs/clippers>.

resource for them, and we are always here in whatever capacity they need us to be."

The men and women who attended the special event came from various parts of Southern California, including Mike Klementich, an activated National Guardsman in the United States Army, who calls Pasadena home. While serving in Afghanistan last year he suffered various injuries while working as a fueler, operating a 25,000-gallon fuel truck.

"This has been a great day so far," Mr. Klementich said during a lunch break at Drayson Center. "Because of the CBWTU I am able to be home with my family, and that's the best part. Being here today has been good so far. There are a lot more people like me here than I expected."

Mr. Klementich, a father of three, affirms his injuries include a torn out shoulder, an injured knee, and his foot needs reconstructive surgery, which will happen later this month. He admits that getting on a bike was beneficial for his knee and looks forward to more cycling before he has surgery on his foot.

The soldiers rotated through various sessions throughout the day including pool therapy, kayaking, stretching and exercise,

wheelchair basketball, and cycling. They also received nutrition counseling from LLU professor of nutrition and dietetics Bert Connell, PhD, who is a former Army Reservist. He provided basic guidelines for weight loss and

control and improving nutrition.

An orientation on PossAbilities was provided by Team PossAbilities athlete Greg Crouse, who was injured while serving in the U.S. Army, which resulted in the amputation of his left leg. He informed the soldiers about the community outreach program and the resources it provides. Health screenings were also available at the event.



Mike Klementich aims for the hoop while learning the fundamentals of wheelchair basketball with his group for the day and members from Team PossAbilities.

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"I'm impressed with how Loma Linda University Health treats patients, especially in the Children's Hospital."
— Violet Molnar



LOMA LINDA UNIVERSITY
HEALTH

Are walnuts a key to healthy aging? New Loma Linda study seeks answers—and more participants

By Herbert Atienza

With every 1-ounce bag of walnuts that he consumes each day, Philip McCririe is helping unlock the potential of the popular, nutrient-dense nut in improving health.

Mr. McCririe is one of the participants in the Walnuts and Healthy Aging Study, also known as WAHA—a major new research project out of Loma Linda University School of Public Health that seeks to discover if walnut consumption plays a role in healthy aging.

“I think it’s fascinating to be part of this study,” says Mr. McCririe, 71, a retiree from Fontana, California. “I’ve always been a fan of nuts, and I’ve always been interested in being healthy.”

The study, expected to last for two years, will look at the health outcomes for 350 men and women, from 65 to 75 years, who are divided into two groups: The “walnut group” will pursue their normal life and diet, in addition to eating walnuts daily; while the control group will pursue their normal dietary routines, while avoiding eating nuts completely.

Joan Sabaté, MD, DrPH, the study’s

principal investigator, says that pioneering research conducted at Loma Linda University two decades ago gave definitive proof that walnuts improve heart health.

“Now, we will attempt to determine if walnuts help in healthy aging as it relates to memory, cognition, eye health, nutritional status, and overall well-being,” he says. “These participants will be involved in contributing to the advancement of nutritional science and in discovering if walnuts play any role in healthy aging.”

An early campaign to get people to volunteer for the study has brought a number of participants, but more are needed and people are encouraged to participate, says Dr. Sabaté.

Qualified participants must be between 65 to 75 years old; fluent or have a working knowledge of English; be willing to report regularly on the food they eat; and be able to come to Loma Linda University for 30 minutes once every two months.

People who are allergic to walnuts, extremely obese, or have uncontrolled diabetes or hypertension are not qualified to participate.

A person who participates will receive a free individualized health assessment, val-

ued at more than \$2,000, that includes an eye test; blood cholesterol test; memory and cognition assessment; height, weight, and percent body fat measurements; and assessments of diet and lifestyle habits.

Mr. McCririe says the prospect of receiving supplemental health assessments, such as the eye test, attracted him to sign up for the study.

“Medicare does not cover eye care, so the eye exam appealed to me,” he says.

In the two months that he’s consumed walnuts supplied to him by the study organizers, he says he’s noticed some changes in his health.

“I swear my eyesight has changed,” he says. “I have bifocals and I keep taking them off. Sometimes, I just take them off and keep on working in front of the computer.”

For more information about participating in the study, visit www.WAHAstudy.org or call (909) 558-4300 ext. 47170 or 1-877-558-6248 (1-877-LLUMC4U).



Philip McCririe, 71, of Fontana, California, is one of the participants in the Walnuts and Healthy Aging Study. More subjects are being sought for the study.

Report of the LLUH Boards of Trustees: May 21–22, 2013

By Larry Kidder

The Board heard a report on the **Center for Perinatal Biology**, which recently celebrated its 40th anniversary. Since opening in 1973, the center has received more than \$135 million in extramural funding, primarily from the National Institutes of Health; its researchers have published 1,448 scientific articles; and 135 graduate students, 176 postdoctoral fellows, and 212 medical students in research have been trained and participated in the research activities of the center. Special tribute was paid to the founding director, Lawrence D. Longo, MD, distinguished professor of basic sciences, and gynecology and obstetrics, as well as to Gordon G. Power, MD, professor of basic sciences, and gynecology and obstetrics. Lubo Zhang, PhD, professor of basic sciences and Faculty of Graduate Studies pharmacology member, has been serving as interim director of the center. Dr. Zhang was appointed director by the Loma Linda University Board of Trustees.

The LLU Board of Trustees approved the **conferral of degrees and certificates** to 1,379 graduates, awarded during commencement ceremonies for the Schools of Medicine, Pharmacy, and Dentistry on May 26, and the Schools of Behavioral Health, Religion, Nursing, Public Health, and Allied Health Professions on June 16.

The LLUH Boards listened to the story of how the **Berlin Heart** was successfully used recently to save the life of an infant at **Loma Linda University Children’s Hospital**. In dire need of a heart transplant, a tiny baby girl was hooked up to the Berlin Heart, which is designed to function like a human heart until a replacement heart can be procured. The baby girl received her heart transplant, and is now home and doing well.

LLU Children’s Hospital continues with the process of obtaining a separate license. A recent meeting with the California Department of Public Health included a site visit that looked at basic services, such as surgical, pharmacy, emergency, and dietary services. The Loma Linda University Medical Center Board of Trustees voted to proceed with forming the corporation and filing the license application.

Members of the LLUH Boards of Trustees were able to tour the **Women’s Cancer and Surgical Oncology Center** on Wednesday, May 22. Board members enjoyed the “warm and calming feeling” and were “very impressed with the beautiful color selection.” One member especially “loved the Bible verses on the doors.” Another Board member felt it was “good to bring surgical oncology services into the Cancer Center,” and still another commented, “What a great program!” and asked, “How do we access the services in the Cancer Resource Center?”

The LLUH Boards learned the **Campus Transformation Project** is on track for 2020. The project is within budget, and planning and programming are nearly complete. The environmental impact report is in process and will be submitted to the Loma Linda City Council early this summer, and an architectural firm was approved by the LLUH Boards. The next major step will be selecting a general contractor, which should take place sometime during the third quarter of 2013.

Escrow on the 7.24-acre property set aside for the proposed **San Bernardino City Campus** was closed on April 26, 2013. This property, located on the corner of Valley Street and G Street in San Bernardino, will house a clinical outpatient and education complex that could serve up to 250,000 patients each year. The Board was apprised of next steps that include engaging a project manager to evaluate various space programs, begin the entitlement process, and prepare a request for proposal for architectural and design services.

Utility systems from the **Central Plant** have been identified for upgrading and expansion to support the campus facilities master plan for 2028. It is expected that utility system loads will increase by 30 to 80 percent by that year. A full-service engineering firm was commissioned to investigate what options are available to meet campus needs in the future. Among utilities analyzed were chilled water, steam, electric power, and domestic water system sources. The firm determined current campus utility loads, in addition to projecting future loads, which will aid significantly in campus planning.

Murrieta campus passes life-saving milestone

By Kathryn Stiles

On Thursday, June 6, Alfredo Rasi, MD, and Nahidh Hasaniya, MD, PhD, performed the 100th open heart surgery at LLU Medical Center—Murrieta. Both cardiothoracic surgeons, based at Loma Linda University International Heart Institute, have been instrumental in opening the interventional cardiac program at Loma Linda University Medical Center—Murrieta.

The program was licensed by the state of California in April 2012. Since that time, the program has grown rapidly. LLUMC-Murrieta is the first and only provider of interventional cardiac services in the Murrieta/Temecula region. LLUMC-Murrieta will soon be a licensed STEMI (heart attack) receiving center, which will have a significant impact on the hospital’s cardiac volume.

“They saved my husband’s life!” a Facebook user named Sally says of the program.



Surgeons Alfredo Rasi, MD (left), and Nahidh Hasaniya, MD, PhD, celebrate LLUMC—Murrieta’s milestone with a cake.

Couple sponsors golf tournament to show gratitude to LLU Children’s Hospital

By James Ponder

When Kannan Harrington was born in June 2005, his parents, Bob and Kavitha, welcomed him with love, joy, and fond aspirations. But shortly after his birth, little Kannan was diagnosed with serious health issues.

“We were confused,” Kavitha reports. “We were seeing a local cardiologist but had a lot of unanswered questions.”

Fortunately, the Harringtons heard of Loma Linda University Children’s Hospital cardiologist Neda Mulla, MD, and made an appointment with her. “She spent an hour and a half with us,” Kavitha recalls, “and explained the scenario to us from A to Z. We

felt like we finally understood the problem.”

What the Harringtons understood was that Kannan was born with ventricular septal deviation, or VSD, a common cardiac anomaly. Basically, there was a hole in the central wall separating the left and right sides of his heart. Fortunately, Dr. Mulla explained that the problem could be surgically resolved.

Once inside Kannan’s heart, Leonard Bailey, MD—the famed cardiothoracic surgeon who pioneered infant heart transplantation at Loma Linda University Children’s Hospital—found another problem: Kannan also had an atrial septal defect, or ASD. In patients with ASD, blood flows

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School of Pharmacy professor leads state pharmacy board

By Stephen Vodhanel

Stanley C. Weisser, RPh, associate clinical professor of pharmacotherapy and outcomes science at Loma Linda University School of Pharmacy, has been elected president of the California State Board of Pharmacy for a fourth time.

Arnold Schwarzenegger first appointed Mr. Weisser to the Board of Pharmacy on November 1, 2007, and Mr. Weisser's leadership with the State Board of Pharmacy has only grown since then. Mr. Weisser



Stanley C. Weisser, RPh

was first elected president in April 2010, re-elected president in April 2011, reappointed to the board by Governor Jerry Brown in December 2011, reelected president in April 2012, and just recently reelected president for a fourth time in April 2013.

Looking back at a 50-plus-year career, Mr. Weisser has a few words about professionalism in pharmacy.

"A pharmacist—whether new to the profession or, like me, within months of receiving recognition for being licensed in the state for 50 years—must never forget that he or she is the last check to make certain the patient gets not only the right drug, but the right drug for the patient," he says.

"It is the pharmacist's duty to review the medication order and patient profile—to protect the patient, even when a seemingly valid drug order is being reviewed," Mr. Weisser adds.

"Most importantly," he emphasizes, "talk with your patients to make certain they understand their drug therapy and that they

understand you care about their health."

Mr. Weisser graduated from the University of Connecticut School of Pharmacy in 1963 and became a licensed pharmacist in California that same year.

After opening his first pharmacy in 1969, his business, Network Pharmaceuticals, Inc., eventually grew into a chain of 30 pharmacies located in Southern California and Las Vegas, Nevada. Mr. Weisser retired in 2000 as CEO and president of the company.

Mr. Weisser is active in many San Bernardino County philanthropic activities as well as in civic, cultural, and educational programs. Among them are Rotary Club of Redlands, Redlands Community Foundation, the FEMA-sponsored Emergency Food & Shelter Program, Redlands Unified School District oversight committee, San Bernardino County Schools reorganization committee, Redlands Theatre Festival, and Grove Charter School—for which he was the founding member and five-year chair of the board.

Mr. Weisser has been on the executive committee of the board of Redlands Community Hospital for more than 25 years and

was elected chair five of those years. Additionally, he is a trustee on the University of Redlands Board of Trustees, serving as chair of the finance committee and a member of its executive committee. His term will conclude June 1, 2015.

In recognition of practiced leadership, outstanding achievements in the pharmacy profession, and contributions to the State of California, Loma Linda University awarded Mr. Weisser a doctor of humane letters degree during its conferring of degrees ceremony in 2008.

Couple sponsors golf tournament . . .

Continued from page 9

back and forth between the two sides of the heart instead of remaining in separate chambers. Dr. Bailey successfully patched the VSD and fixed the ASD.

Today, Kannan is doing very well. The precocious 8-year-old is all set to start third grade this September and is excited about participating in his school's Gate program

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Dentistry appoints associate dean . . .

Continued from page 12

ber of 2008 when he completed his board certification to become a diplomate of the American Board of Endodontists.

In 2009, when Dr. Bakland announced he was relinquishing the department of endodontics chair, Dr. Handysides was selected to take over the position of his mentor and friend.

He found it beneficial to have Dr. Bakland remain in the department, just a few doors down the hall, to give guidance in the early days of his new role. He anticipates a similar collaborative relationship with Dr. Dailey in the transition to academic administration.

Serving on a long list of committees and boards, Dr. Handysides has been involved in the decision-making and implementation of both clinical and academic activities that have helped grow the school.

Dr. Handysides has authored or coauthored a number of peer-reviewed articles and textbook chapters in endodontics and dental education. He has also presented numerous continuing education seminars both nationally and internationally, enjoying the various cultures and customs of the places he has visited.

In his pursuit of lifelong learning, and to deepen his educational background, Dr. Handysides embarked on the pursuit of an EdD degree in higher education at the University of Southern California in 2011.

Dr. Handysides and his wife, Minnie, have three daughters: Alison, Carina, and Nicole.

The office Dr. Handysides will move into has a panoramic view of the San Bernardino Mountains that reminds him of a favorite Bible text: "I will lift mine eyes unto the hills, from whence cometh my help" (Psalms 121:1).

With the responsibilities and challenges his new position brings, Dr. Handysides says he appreciates the Psalmist's reflections now more than ever.



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Respiratory Care Practitioner 2



Jerico Aldana
Perioperative Technician




Noela Ndreka
Clinical Pharmacist

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SAHP faculty, students, staff, and alumni volunteer for second annual Operation: Service

By Nancy Yuen

With the challenges of academic life including demanding study and work schedules, giving back is something that often takes place during the summer or spring break. Faculty, students, and staff in the School

of Allied Health Professions have taken time out of their Alumni Homecoming to create an extra day of service. For the second year the School hosted Operation: Service, an opportunity to volunteer in the community.

The second annual Operation: Service was held on the final day of the School's

2013 Alumni Homecoming, and alumni were invited to participate. Approximately 50 volunteers met at Social Action Community Health System (SACHS) Norton Clinic in San Bernardino. After a light breakfast, they were given the opportunity to volunteer at Fairview Elementary School, SACH-Frazee, or Fairfax Elementary School.

The results were visible and lasting as they cleaned and beautified a playground, planted trees and shrubs, and refreshed buildings with new coats of paint. With participation from faculty, staff, alumni, students, and their families, the second annual Operation: Service was a success.

"Loma Linda University was founded to send medical missionaries throughout the world," says Craig Jackson, JD, MSW, dean, "and we do that very well. It is no less vital to meet the needs of those in our local communities."

Service and mission are considered a crucial part of the education provided at the School. "I tell our students that they are citizens of the world," says Dr. Jackson, "with opportunities for service wherever they are. I want them to be as comfortable using a bus pass to do service as they are using a passport."

To enable service projects to happen, the School's Outreach Fund was established in 2012 to support ever-growing needs both locally and abroad.

"The Outreach Fund was started to support students from all disciplines within the School of Allied Health Professions in their service," says Dr. Jackson, "an interest that links each of our distinct programs and departments together. In the first year we raised more than \$37,000 with the generous support of our alumni. With that, we were able to fund airfare for about 40 students performing international outreach in three different countries. The fund also enabled us to provide supplies for the Operation: Service volunteers in our own backyard."

Couple sponsors golf tournament to show gratitude ...

Continued from page 10

for advanced students. Kavitha says he plays three or four sports and is a very good all-around athlete. "His heart condition hasn't impaired that at all," she notes. Although Kannan still has a heart murmur, Kavitha says he won't need additional surgery.

To show their gratitude for the excellent care he received at Loma Linda University Children's Hospital, Bob and Kavitha Harrington launched the Kan-

nan Invitational Golf Classic to raise money for playrooms and "safe zones" in the hospital. Kannan explains that playrooms and safe zones are places where kids can go to read books, play with toys and video games, and be with other children. "They don't allow doctors, nurses, or needles in there," he notes.

Proceeds from this year's tournament, which was held on May 17 at Sierra Lakes Golf Club in Fontana, California, are expected to exceed \$20,000. "That was our goal," Kavitha says, "and we're pretty sure we're going to hit it." If they do, it will mean that over the course of the last eight years, the tournament has raised more than \$55,000 for the hospital.

"Loma Linda University Children's Hospital offered us specialized care that was very comforting when we had no clue what was going on," she continues. "We're very grateful for it! Every step of the way, they held our hands."

She is similarly enthusiastic about Dr. Mulla. "She's awesome!" Kavitha adds. "We actually look forward to our visits with her. We've been seeing her every two years, but she always remembers everything about us."

A recent experience with another facility reminded the Harringtons how much they appreciate the care Kannan has received at Loma Linda University Children's Hospital.

"He broke his arm and was in surgery for four hours at a local hospital near our home in Rancho Cucamonga," Kavitha concludes. "The surgery started at 9:30 p.m. and they didn't come out and talk to us until 1:30 in the morning! We got kind of worried, especially considering Kannan's heart condition. Comparing the two experiences we've had with him in surgery, the first one was a lot easier on us."



Bob, Kavitha, Tarun, and Kannan Harrington gather for a family snapshot during the 8th annual Kannan Invitational Golf Classic, held Friday, May 17, at Sierra Lakes Golf Club in Fontana, California. Kavitha and Bob founded the charity event to raise money for Loma Linda University Children's Hospital in 2005. Kannan sports a cast he received after breaking his arm recently.



Students, faculty, staff and alumni of the School of Allied Health Professions and their families participated in Operation: Service, a day of volunteering in the community. The event was held on the last day of the School's 2013 alumni homecoming.

LLU's financial stability recognized by credit agency

By Heather Reifsnnyder

Moody's Investors Service, one of the nation's top credit rating agencies, has revised its outlook for Loma Linda University. A May report from Moody's affirms LLU's A3 debt rating and increases the outlook to stable from negative.

This revision reflects a multi-year improvement in operating performance and a projected budgetary surplus for the 2013 fiscal year. Growth in enrollment and tuition has played a significant role in this upturn.

"The upgrade reflects strong student demand for our professional programs and curricular offerings," says Rodney Neal, MBA,

senior vice president for financial affairs.

The strengthened credit outlook is also due to cost-cutting and positive investment results.

"The deans and finance officers have worked hard to contain costs and grow their asset base, enabling us to enhance our mission," says Mr. Neal.

"The upgrade is recognition of these efforts and comes at a time when university net assets are at an all-time high," he concludes.

An improved ratings outlook raises investor confidence, which could favorably affect any future efforts by Loma Linda University to secure further capital.

Reportable Crimes

The Crime Awareness and Campus Security Act of 1990 requires Loma Linda University Health to publish interim reports on campus crime activities. Listed below are the crimes reported for the months of March/April 2013.

Type of Crime	Number of Crimes	Place of Crime
Assaults/Battery	4	Behavioral Medicine Center
Burglary	1	Centennial Complex
Vehicle Burglary	9	Lot A (2); East Campus (2); Lot L (lower); Lot A Annex; Parking Structure; Kate Lindsay Hall (2)
Auto Theft	4	Lot DP; Daniells Hall; Emergency Department
Disturbing the Peace	2	Parking Structure; Emergency Department
Harassing/Annoying Phone Calls	1	Security Department
Malicious Mischief Report	2	Behavioral Medicine Center; Parking Structure
Possession of Burglary Report	1	Nichol Hall
Vandalism	1	-----

You can assist the Department of Security in maintaining a safe and secure environment by notifying Security immediately at extension 911 if you see or know about a crime taking place.

Alumni reconnect during nursing reunion weekend ...

Continued from page 5

Melanie Cruz Quion graduated from San Diego Academy prior to completing her bachelor's ('88) and master's ('91) degrees in nursing at Loma Linda University School of Nursing.

Following school, Ms. Quion touched the lives of many as a hyperbaric oxygen nurse and wound care specialist/educator, a certified surgical oncology nurse, hospice nurse, and owner and administrator of a six-bed residential care facility for elderly.

Ms. Quion also taught fundamentals of nursing (1990-94) and med-surgical

nursing (1995-97) at LLU School of Nursing. She developed her own distinctive student-centered, educationally sound pedagogies. During this time she also served as an Alumni Board member and missions chair. Melanie later took on a faculty position at Andrews University (1997-2001) where she taught on both the Berrien Springs and Kettering College of Medical Arts campuses.

For the past 20 years she has been married to Michael Quion, a 1997 School of Medicine graduate. They have two children: Mark, 14, and Mayann, 11.

Diana Bibo celebrates 13 years of cancer survival

By Larry Kidder

Diana Bibo now visits Loma Linda University Cancer Center once every four months. A grandmother and 13-year cancer survivor, she comes only to have her blood drawn and checked—just to “keep an eye on things.”

The Cancer Center’s biospecimen laboratory, funded by a \$3 million gift by the San Manuel Band of Mission Indians, has been tracking her laboratory results, which remain stable, suggesting that her cancer is in remission.

Diana’s journey began back in 2000. “I was experiencing some backaches,” Diana remembers. “I was living in the Lake Arrowhead area, and figured I was feeling the usual aches and pains of keeping up a mountain home of my own.”

Her doctor, a retired physician from Glendale Adventist Hospital who had set up a scaled-down practice in the Lake Arrowhead area, suggested that she needed to pay attention to her own health.

Richard, her husband, had passed away in 1999 from colon cancer. She had poured her energies into caring for him and her doctor recommended a full work-up—including blood tests.

The results gave him reason for concern. He referred her to Loma Linda University Medical Center for more tests.

“That was the start of my journey,” she explains. “Through it all, I never once asked how long I had to live,” she details. “Somehow, I just believed that God would take care of me.”

The backaches had started in January of 2000. In late October of the same year, she found herself at Loma Linda University

Medical Center receiving a bone biopsy and other tests. Treatment began immediately.

“I had multiple myeloma,” she remembers, “a disease more common among middle-age men and most typical among African-American men.”

She laughs, “I didn’t fit the profile.”

Multiple myeloma is a cancer that begins in the myeloma plasma cells, a type of white blood cell, according to National Cancer Institute, part of the National Institutes of Health. These plasma cells are part of the body’s immune system, necessary to protect it from germs and other foreign particles.

With this disease, myeloma cells become cancerous and multiply at a much higher rate. Excess plasma cells collect in the bone marrow and solid portions of the bone, and can cause significant weakening, more frequent fractures, and pain.

Diana’s backaches served as a warning sign that the disease had, in fact, significantly weakened her back. As part of her treatment, a Harrington rod was inserted into her spine to help compensate for the weakness. A stem cell transplant in 2003, however, had little effect, and the cancer returned.

“I went through chemotherapy twice,” she reveals, “and I lost my hair both times.”

In the 13 years Diana has been fighting her cancer, a lot has changed. She began her treatment in the Faculty Medical Offices—an open room with six infusion chairs and three nurses.

“I got to know the staff really well since I was there so often,” Diana relates. “One of the three original nurses still works at the Cancer Center.” As a veteran of chemotherapy, Diana helped many of her fellow patients better understand what they were

going through, as well as what to expect.

Now she enjoys the state-of-the-art LLU Cancer Center. “It’s beautiful,” she describes. “The center is comfortable, the staff is great, and I really like my team.”

In addition to her medical oncologist, Chien-Shing Chen, MD, PhD, her team includes two pathologists—Jun Wang, MD, and Ted Rowsell, MD; two nurse practitioners—Maria Montero, NP, and Carolee Ross, NP; Teresa Gross, navigator/coordinator, who helped Diana find her way through a complex maze of tests, procedures, and treatments; and mental health specialist Talolo Lepale, MSW.

“I feel well cared for at the Cancer Center,” she relates.

She is particularly thankful that her file follows her no matter which specialist she sees at Loma Linda. “Before my patient record went digital, I had filled three entire folders,” she confesses.

In January of 2011, Diana was told by her orthopedist that she would need a total hip replacement. She halted chemotherapy for six weeks to accommodate the procedure and rehabilitation, and recovered faster than the average orthopedic patient.

When she came back for her next appointment at the Cancer Center, her oncologist discovered that her numbers hadn’t really changed. “He suggested that I try going off chemo and check back with him every four months or so,” she recalls. “That was almost two years ago.”

Diana currently lives in her Redlands home with her daughter and granddaughter. Her adult son also lives in town with his family. “I’m so fortunate,” she smiles. “I just knew that God—and Loma Linda—would come through.”

World-class patient-focused, team-based cancer treatment protocols, combined with state-of-the-art equipment and facilities, have been made possible, in part, by the generosity of a number of individuals and organizations whose financial support has made the LLU Cancer Center a reality. The fields of cancer research and



Diana Bibo, grandmother and 13-year cancer survivor, has watched the LLU Cancer Center develop from a single open infusion room in the Faculty Medical Offices to a state-of-the-art nationally recognized research and treatment center.

treatment are dynamic—literally changing from day to day.

A new biospecimen laboratory, made possible through a philanthropic partnership with the San Manuel Band of Mission Indians, now provides a key component in the LLU Cancer Center’s ability to treat its patients.

“The biospecimen lab allows us to do research that lets us customize treatment and follow-up to a patient’s specific cancer,” says Mark Reeves, MD, PhD, director of the LLU Cancer Center. “This lab places us in an exclusive network with the National Cancer Institute.” Dr. Reeves continues, “We are so thankful to the San Manuel Band of Mission Indians for raising the standard of research and care at Loma Linda.”

School of Dentistry appoints new associate dean for academic affairs

By Douglas Hackleman

Robert Handysides, DDS, associate professor and chair, department of endodontics, has accepted an appointment as associate dean for academic affairs in the Loma Linda University School of Dentistry.

With Ronald Dailey, PhD, preparing for duties as the new School of Dentistry dean beginning July 1, a void opened in the school’s academic administration, which Dr. Dailey had filled for 19 years—first as associate dean for academic affairs and then as executive associate dean.

A native of Canada, Dr. Handysides lived his early years in various continents

and countries with his missionary family until he returned to North America for higher education. He arrived at LLU School of Dentistry in 1989 after earning a bachelor of science degree in zoology from Andrews University. He graduated with his doctor of dental surgery degree in the class of 1993.

Following graduation, he remained at the school for a short period of time in the department of oral surgery before returning to his homeland to establish a solo practice in Kingston, Ontario, which he maintained for five years.

Dr. Handysides came back to Loma Linda University in 1999 to earn a certificate in endodontics, which he completed in 2001. He says the return to academic life resurrected a passion for education, and under the mentorship of Leif K. Bakland, DDS; Mahmoud Torabinejad, DMD, MSD, PhD; and others Dr. Handysides embraced the role of full-time educator.

Upon completion of his specialty program in 2001, Dr. Handysides served the department of endodontics in a variety of roles: course director, lecturer, clinical educator, and researcher. In 2003, he became director of the LLU Faculty Endodontics practice, where he maintains a busy presence.

In 2007, Dr. Handysides joined the LLU Faculty of Graduate Studies as associate professor, and in 2008 he was promoted to associate professor status in the department of endodontics. One of his capstone moments in endodontics came in Novem-



Dr. Robert Handysides

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