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NEWS & EVENTS

LOMA LINDA UNIVERSITY

LLU Heart & Surgical Hospital reaches important landmark

By James Ponder

Lona Linda University Heart & Surgical Hospital (HSH) reached an important landmark on April 8, 2009, when D. Duane Baldwin, MD, urologist, started the 500th surgical procedure at the new hospital.

"We opened on January 7, 2009," says Jesse Mock, MA, administrator of the new facility, "so we did 500 cases in just 90 days."

According to Mr. Mock, Loma Linda University's purchase of the HSH involved two separate entities. "We closed escrow on the first one on July 3, 2008," he recalls, "and the second on July 28." Since then, the team of the new facility hasn't been letting the grass grow underfoot. Getting the new facility operational has been an enormous challenge, but Mr. Mock says the results have been extremely gratifying.

"We're very excited about our first patient satisfaction survey," he observes. "Out of 25 components on the survey, we're basically at the 99th percentile on most of them. Our food service department scored at the 99th percentile! Our admitting process, laboratory, pharmacy—even cleanliness—all scored at the 99th percentile. The Gallup organization, which conducts the survey, told us this is remarkable."

Mr. Mock attributes the high levels of patient satisfaction to the staff. "This really says a lot about our nursing and operating room staffs, as well as the quality of our ancillary and support departments," he says.

Now that things are up and running at the new hospital, Mr. Mock says the HSH team is constantly looking to increase the types of services it offers to the community.

"Reconstructive breast surgery is scheduled to begin here in May," he notes. "Additionally, a new bariatric surgery and metabolic management program is projected to start soon to help people seeking to enhance the quality of their lives through surgically assisted weight loss. The program, expected to begin by the second quarter of 2009, will offer comprehensive assistance to patients, from medical and psychological assessments before surgery to behavioral and dietetic support after the surgery is completed.

"We're also very excited," Mr. Mock reveals,

"about our internal designation as a test-bed, or pilot project facility, for patient safety and performance improvement initiatives throughout the LLUMC division. The pilot project will kick off in early May. In a system as large as ours, it's challenging to implement and evaluate new processes quickly, but a standalone facility like the Heart & Surgical Hospital allows us to work on things that might be more challenging for some of the bigger facilities. Things like improving administrative/physician communications, leadership development, and team-building are just easier to manage on a smaller scale for testing and rapid evaluation."

The HSH team will be working to implement five of the 34 patient safety goals of the National Quality Forum. Some of the potential candidate initiatives for the pilot projects include, but may not be limited to:

- Revenue cycle and billing. "We are trying something new," Mr. Mock states. "We would like to integrate medical records and admissions to make the process smoother for our patients;"
- Patient safety and relationships;
 Markating and public relations.
- Marketing and public relations;
- Mission and culture. "We're emphasizing leadership, teamwork, communication, and physician/facility relationships,"
- Information services.

Mr. Mock says the team is "very excited about the test-bed designation. It's not that the Please turn to page 2



Jesse Mock, MA, administrator of the recently opened Loma Linda University Heart & Surgical Hospital, talks with Renata Villalobos, a host in the guest services department. The hospital completed its 500th procedure after only 90 days in business.



Guests entering the LLU Heart & Surgical Hospital often comment that the new facility feels like a luxury hotel more than a health care facility. According to Jesse Mock, MA, administrator, the hospital received remarkable ratings in its first-ever Gallup survey of patient satisfaction. "Out of 25 components on the survey, we're basically at the 99th percentile on most of them," he reports. "We're very excited about that!"

EXCELLENCE

Loma Linda 360° correspondent nominated for Emmy Award

By Patricia Thio

Maranatha Hay, video production specialist, office of University relations, is nominated for a 2009 Emmy Award. The National Academy of Television Arts & Sciences, Pacific Southwest Chapter, announced her nomination on April 30 for oncamera talent/reporter in "Security Dogs."

Through her personable storytelling skills and lively personality, Ms. Hay takes viewers on an



Emmy-nominated Maranatha Hay (right) and Lt. John Marshall pose with security dog Chase.

adventure with the K-9 security department at Loma Linda University. Dressed in a bite suit, the then 22-year-old college intern helped the security dogs train by allowing the K-9s to attack her—a risky act if she didn't stand just
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LOMA LINDA UNIVERSITY | LOMA LINDA UNIVERSITY MEDICAL CENTER | LOMA LINDA UNIVERSITY CHILDREN'S HOSPITAL | LOMA LINDA UNIVERSITY BEHAVIORAL MEDICINE CENTER | LOMA LINDA UNIVERSITY MEDICAL CENTER – EAST CAMPUS | LOMA LINDA UNIVERSITY HEALTH CARE | LOMA LINDA UNIVERSITY HEART & SURGICAL HOSPITAL FACULTY MEDICAL GROUP OF LOMA LINDA UNIVERSITY SCHOOL OF MEDICINE | FACULTY PHYSICIANS & SURGEONS OF LOMA LINDA UNIVERSITY SCHOOL OF MEDICINE

PEOPLE

Pharmacy professor receives cardiac life support advanced instructor certification

By Richard Weismeyer

ne of the few pharmacists in the country to receive an advanced instructor certification in cardiac life support is Javad Tafreshi, PharmD, professor of pharmacotherapy and outcomes science at Loma Linda University (LLU) School of Pharmacy.

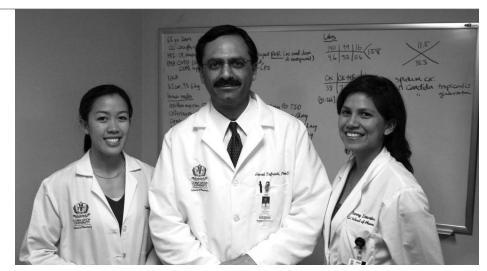
Dr. Tafreshi is encouraging all his pharmacy students to consider joining the limited number of pharmacists who are certified by the American Heart Association in providing advanced cardiovascular life support (ACLS).

Of all pharmacy schools in the United States, very few offer programs leading to ACLS certification as part of their curriculum.

"Generally, it is uncommon for a pharmacist to be certified in this area," Dr. Tafreshi says, "but for pharmacists working in acute care settings, it is very important. Patients and other health care professionals can immensely benefit from the addition of a pharmacist to the team. A pharmacist can be extremely valuable in managing life-threatening situations such as a 'code blue," Dr. Tafreshi states.

Dr. Tafreshi was certificated by the American Heart Association to be a provider and instructor of ACLS following intensive courses.

Dr. Tafreshi adds, "I am sincerely thankful for the dedication of the entire LLU life support education department under the leadership of Dr. Evelyn Massey in providing this priceless opportunity for me and others."



Fourth-year pharmacy students Tanida T. Vidhyarkorn (left) and Rommy V. Davalos (right) are among the first Loma Linda pharmacy students planning to certify for cardiac life support education. With the students is their professor, Javad Tafreshi, PharmD.

Dr. Tafreshi received his doctor of pharmacy degree from the University of Southern California in 1992. After finishing a pharmacy practice general residency, he completed a cardiology specialized residency at the University of Iowa Hospitals and Clinics in Iowa City, Iowa.

Prior to joining LLU School of Pharmacy in 2008, Dr. Tafreshi was a faculty member at Midwestern University in Glendale, Arizona. TODAY

PEOPLE

Association asks SAHP dean emeritus to give deans' memorial lecture

By Richard Weismeyer

The Association of Schools of Allied Health Professions invited Joyce W. Hopp, PhD, MPH, RN, emeritus dean of LLU's School of Allied Health Professions, to deliver the deans' memorial lecture at their 2009 spring meeting.

The lecture, established in 1986, was ASAHP's response to a request of the college of health deans to honor the memory of a past president of the association and is the highlight annual event for the association. Dr. Hopp's topic, "Global Perspectives on Allied Health Education," drew from her experience in initiating and maintaining allied health programs in Saudi Arabia, China, India, and Japan.

Global allied health programs range from those that send U.S. students for an immersion experience in institutions of other countries, to establishing ties that bring students from other countries to study in the United States.

It also includes assisting institutions of higher education in other countries to develop their own programs. The question arises at this particular time of global economic crisis: why should U.S. institutions spend the time, effort, and funds to develop such programs?

Indeed, the allied health deans attending the Florida meeting had chosen as their theme "Keeping Afloat in Tough Financial Times." Many deans reported major financial cuts at their institutions last year and were facing additional cuts in the coming year.

Dr. Hopp pointed out that parents of students from other countries, particularly in Asia, value a U.S. higher education and have been saving for years to finance such an education. Such students pay out-of-state tuition. Many states are considering raising the percentage of out-of-state students for that very reason.

In Australia, for example, the inflow of interna-

tional students has risen to the point that 25 percent of their universities' enrollment is interpretional

Dr. Hopp pointed out, however, that there are several caveats in developing programs in other countries. One is the difference in types of health services offered; students who learn under a U.S. system may be unable to adapt to another system.

Another is achieving specialized programmatic accreditation, since one of the first requirements for a U.S. program is that the program be located in a regionally accredited institution.

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Loma Linda 360° correspondent nominated for Emmy Award...

continued from page 1

the right way. Lt. John Marshall of the security department explained to her exactly how to stand. With one wrong move, the dog could accidentally bite her throat or rebite her in a spot where she wasn't protected by the suit.

"It was probably the scariest thing I've ever done," says Ms. Hay. "When you have 90 pounds of meat flying at you, you realize quickly that you can't just kick it away."

And afterwards, she had a raspberry bruise to prove it. "It was huge," describes Ms. Hay. "It covered the back of my arm and took five months to go away. But I guess it was worth it."

The 35th Annual Pacific Southwest Emmy Awards will be held on Saturday, June 13, 2009, at the San Diego Hilton Bayfront.

In addition to her Emmy nomination, Ms. Hay recently won a live storytelling performance competition at the Los Angeles Moth StorySLAM and was featured on National Public Radio for her accomplishment.

But Ms. Hay is also seen behind the camera as a documentary filmmaker. "Baby Blue" features an Egyptian baby undergoing heart surgery—a procedure with a dreary outlook in that country. Only half the babies survive. The documentary will be hitting the film festival circuit soon.

Her passion is telling people stories, and you will have a chance to read more of her work. She is currently authoring a book encompassing a collection of true-tale short stories.

Ms. Hay started working for the office of University relations as a college intern in the summer of 2006. She graduated from Southern Adventist University in 2007 with a bachelor of science in broadcast journalism and a minor in English, as well as fulfilling premedical requirements.

She became a full-time employee at LLU after receiving her degree. She is a member of the International Documentary Association and the National Academy of Television Arts and Sciences.

"Loma Linda 360°" is a broadcast show that takes viewers straight to the action of Loma Linda University and LLU Medical Center. It airs on five different channels including the PBS affiliate KVCR, and Loma Linda Broadcasting Network. The show can also be viewed on its website <llu.edu/360> and YouTube. TODAY

LLU Heart & Surgical Hospital reaches important landmark...

Continued from page 1

other hospitals in our system aren't involved in process improvement initiatives, because they are. But Ms. Ruthita Fike, Dr. Roger Hadley, and Dr. Richard Hart have agreed that this new detached facility provides the opportunity to test things out." The three individuals he mentions are Ruthita J. Fike, MA, executive vice president for hospital affairs and LLUMC chief executive officer and administrator; Roger Hadley, MD, executive vice president for medical affairs and dean of the LLU School of Medicine; and Richard Hart, MD, DrPH, president and CEO of LLUAHSC.

Speaking of the other LLUAHSC hospitals and their process improvement initiatives, Mr. Mock specifically mentions the Innovating Excellence program at LLU Medical Center and Children's Hospital, as well as the Planetree Model of Care initiative at East Campus, Behavioral Medicine Center, and LLU Medical Center.

In discussing the role of the LLU Heart & Surgical Hospital as a test-bed facility, he notes the success of Florida Hospital Celebration Health in Orlando as a test-bed facility for Adventist Health Systems. "I think the Heart & Surgical Hospital is Loma Linda's opportunity for having a new, small facility where we can try some new recipes, put them in the oven, and see what works," he reflects.

"We're going to do this while keeping our patient satisfaction scores at a very high level!"

Mr. Mock is the first to admit that the high patient satisfaction levels result from a comprehensive, team-wide commitment to doing everything possible to make the hospital experience as beneficial to patients as possible, but he also reports that one particular new and recently implemented service is generating lots of enthusiasm among patients.

"We've implemented massage therapy for our inpatients 10 hours a week," he notes. Not

surprisingly, patients like it a lot. "We've been getting rave reviews from our patients!"

Patients seem to like a lot of things about the newest member of the LLUAHSC family. Mr. Mock shares a few of the key comments the new facility has received from patients:

"Very spiritually uplifting and comforting," one patient noted. "Exceptional nursing care," another wrote. "The admitting staff was very kind," opined a third.

In explaining his organization's high scores, Mr. Mock points to the Care Pix selection tool that was used to identify a match between the value sets of prospective employees and those of the organization. "Care Pix has worked very well for us," he notes.

"Overall, we're very happy with the way things have gone," he observes. "We're looking forward to meeting the needs of the community for many years to come." TODAY

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NEWS & EVENTS

How Lisa Robinson celebrates Better Hearing and Speech Month

By James Ponder

What are you doing to celebrate the fact that May is Better Hearing and Speech Month?

If you're Lisa Robinson, MS, a speech-language pathologist on 5800, the cardiac intensive care unit at Loma Linda University Children's Hospital (LLUCH), you're probably going to cuddle a baby or two.

According to Melissa Backstrom, MS, clinical manager of speech-language pathology, Ms. Robinson's work in ensuring that babies and infants with heart defects learn to swallow and eat spotlights the crucial services speech-language pathologists offer in the hospital setting.

"Feeding the babies is my primary responsi-

bility," Ms. Robinson states. "We established a feeding pathway on the unit for everyone to follow so we all know what the feeding procedures are for each patient."

The pathway she mentions is a written protocol designed to allow each member of the team—including attending physicians in gastroenterology, cardiothoracic surgery, and pediatrics, as well as nurses and other ancillary care providers—an understanding of the current feeding status of each baby on the unit. It also outlines each step in the baby's progress from right after surgery until the day the patient leaves the hospital.

"I work with two to six babies a day," Ms. Robinson shares. "The unit holds 14, but they don't all need my help. My job is to assess their safety in swallowing to determine if they're able to begin oral feeding."

Since many of the cardiac care babies require feeding tubes after surgery, a big part of Ms. Robinson's responsibility is ensuring they make a successful transition to feeding on their own.

"Aspiration is our biggest concern," she notes. "Making sure they're not getting formula or milk into the airway. We make sure their lungs stay healthy."

Ms. Robinson came to unit 5800 right after her 2005 graduation from the LLU School of Allied Health Professions. "I did a three-month internship here with Sharon Fraser, the primary speech-language pathologist here at the time," she explains. "That's when I really became interested in working with babies."

It's an interest that isn't likely to subside any time soon. Ms. Robinson shares the story of an 8-month-old boy who was recently discharged from the hospital, as an example of how speechlanguage pathologists make a difference in the lives of their patients.

"He was born with hypoplastic left heart syndrome," she says. In babies born with the syndrome, the left side of the heart is underdeveloped. They often experience difficulty in breathing and feeding and require a series of three heart repair surgeries to save their lives.

"He's already been through two of the three surgeries," she explains, "and has been in and out of the hospital a couple of times with respiratory issues. He just went home this week."

She hesitates to take credit for the rapid weight gains the baby enjoyed under her care, preferring instead to praise the child's mother for his speedy recovery. "He gained an incredible amount of weight so that his surgery was successful. If babies don't attain a certain weight, they can't have the operation."

Needless to say, the baby made a full recovery, which, ironically, is something of a bittersweet reality for Lisa Robinson. On the one hand, she's delighted the baby is thriving. On the other, she will miss him now that he's gone home. "The hardest thing for me is not to know what happens to the babies once they leave here," she confides. "I want to hope and believe that they're OK, but I miss them."

"But if there were a problem," Melissa Backstrom chimes in, "BOOM—they'd be right back here!"

The BOOM startles both women and they laugh. Then Ms. Robinson concurs that it's a good thing the babies don't keep coming back since it means they're getting well.

deans' memorial lecture...

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Several U.S.-based specialized accrediting

bodies, such as physical therapy, occupational therapy, clinical laboratory sciences, and

dietetics already offer accreditation in Canada

and the United Kingdom, and are reaching out

Association asks SAHP dean emeritus to give



As this photo attests, Lisa Robinson loves her job. The speech-language pathologist on the cardiac intensive care unit says the hardest part is saying goodbye when one of her patients discharges from the unit. Does she like working with babies? "Yeah," she says. "I do."

Even so, watching her cradle a baby about to be discharged, one can easily get the impression that for Ms. Robinson, a little bit of her heart aches every time she has to say goodbye to one of the babies that she's cared for—and loved. It's apparent this is way more than just a job for her. When asked if she likes working with babies, a soft glow comes over her eyes, and she thoughtfully takes her time framing a reply.

"Yeah, I do," she replies with a subtle depth of emotion in her tone of voice.

"It's great when you find your passion and get paid to do what you love already," Melissa Backstrom concurs. Once again, the two women respond by laughing. The conversation turns to a discussion of how they alleviate stress.

"I run," Ms. Robinson remarks.

"I work out," Ms. Backstrom replies. "And a little shopping therapy never hurts, either." TODAY

According to the American Speech-Language-Hearing Association, Better Hearing and Speech Month provides opportunities to raise awareness about communication disorders and to promote treatment that can improve the quality of life for those who experience problems with speaking, understanding, or hearing. The organization serves as the professional, scientific, and credentialing association for 135,000 members and affiliates who are audiologists, speech-language pathologists, and speech, language, and hearing scientists.

Compassion Alive spring project

Contributed report

M any families from the Norton neighborhood have expressed a need for a place to take their families and feel safe.

This spring marks the beginning of the second Compassion Alive project by building a family park.

Help is needed with planting flowers, placing benches, painting, and setting up

basketball and soccer goals to make a park in the city of San Bernardino.

Groups will be working May 3 and 17, 7:00 a.m. to 1:00 p.m., at the **SACHS–Norton Clinic**, located at 1455 East 3rd Street, in San Bernardino, to create a beautiful park for the community.

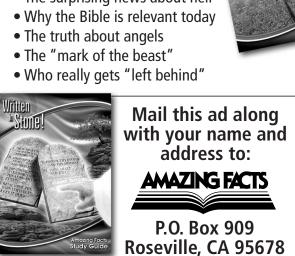
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understand lessons!

There remains the challenge, however, of selecting appropriate site visitors for such programs.

As many deans have experienced, site visitors can be rather hidebound on occasion; when they are visiting a program halfway around the world, and their internal time clocks are already in a state of shock, it may only exacerbate that tendency.

Many of the deans present for the lecture expressed their appreciation for the information, since they are increasingly becoming involved in one or more facet(s) of globalization of their programs.

The association chose to post the lecture on its website in response to these requests. Dr. Hopp continues to teach in both the Schools of Allied Health Professions and of Public Health, and serves as a Western Association of Schools and Colleges site visitor. TODAY

ALUMNI

School of Nursing holds annual alumni homecoming weekend

By Dustin R. Jones

The School of Nursing held its annual alumni homecoming weekend April 11, 2009, hosting alumni from across the nation.

Kicking off the weekend celebration, the golden anniversary class of 1959A presented the first church service at University Church. Sabbath School was presented by the silver anniversary class of 1984

Second service was presented by the golden anniversary class of 1959B. This was followed by a luncheon at the Faculty Dining Room in Coleman Pavilion.

That evening, Zelne Zamora, MSN, RN, assistant professor of nursing, presented a slideshow featuring the honored years at the vespers program in Wong Kerlee International Conference Center.

After a slight intermission for class photographs, the alumni banquet began with a welcome from Linda Levison, MS, RN, president of the School of Nursing alumni

"One of the greatest joys we experience this time of year is to have our alumni return to campus with stories of their days here and their lives since leaving us," says Marilyn Herrmann, PhD, RN, dean of the School of Nursing.

"This weekend was no exception. I was blessed to hear how the Lord has led in the lives of those who, years ago, started their journey of nursing here. With God's help they have truly fulfilled the mission, 'to make man whole,' and along the way have built the reputation for our School."

Following dinner, the scholarships and awards were presented.

Receiving merit scholarships for 2009 were Glendy Chen (undergraduate), Page Roque (undergraduate), and Lisa Simpson (graduate).

Several awards were also presented during the banquet. Danilyn Mag-akat Angeles, PhD, RN (class of 1984); Helen Emori King, PhD, RN (class of 1959A); and Edward Moon, MS, RN, and Irene Poelstra Moon, RN (class of 1959B), each received the Alumni of the Year

Carolyn Thompson, RN (class of 1949), received the Nurse Illuminator Award.

Danilyn Mag-akat Angeles lived her first 16 years as the daughter of a literature evange-list/minister in the Philippines. The family moved frequently to follow her father's work. Dr. Angeles had learned three different dialects, along with the English language, before moving to the United States when she was a teenager. She finished her secondary schooling at Loma Linda Academy and immediately enrolled in pre-nursing classes at La Sierra University.

Dr. Angeles began her practice as a registered nurse at Loma Linda University Medical Center neonatal intensive care unit in 1983. In 1984, she earned her BS in nursing here at LLU and her MS in nursing at UCLA in 1987.

In her early years as a NICU nurse, she worked at the bedside, taking care of critically ill neonates, stabilizing their vital signs in the back of an ambulance or up in the air in a transport helicopter. She fondly remembers those exciting times as a transport manager, especially the nausea-inducing trips to Ridgecrest or Mountains Community Hospital. She later held positions as educator and nurse manager of the NICU.

In her role as nurse manager, Dr. Angeles became interested in learning more about neonatal brain injury and the possibility of finding ways to minimize or prevent it, using evidence-based research. This interest moved her toward earning her PhD in physiology at LLU. This education has prepared her to apply for several research grants that support the search for better ways to manage pain and other aspects of care for our country's smallest citizens and their families.

In 2003, Dr. Angeles accepted a position at the LLU School of Medicine as an assistant professor in physiology. In this role she heads an active research program and teaches physiology to freshman medical students. She also teaches physiology to basic science PhD students and nursing master's students.

Dr. Angeles and her husband, Emmanuel, a nurse practitioner, along with their teenage daughters, are active in the "Simple Acts of Kindness" evangelism program at Loma Linda Campus Hill Church. Dr. Angeles see God's hand at work in her academic, family, and community roles. She describes herself as "fulfilled."

Helen Emori King's whole life is a story worth retelling as an important part of history and as an example of family solidarity in trying times.

Dr. King's family was among those Americans of Japanese descent that were restricted during World War II. They spent three years in a concentration camp in Arkansas, where she began her grade school experience.

After the war, the Emori family moved to California, where Dr. King's father worked on a farm owned by the College of Medical Evangelists (CME) in Pomona. Dr. King later graduated from Newbury Park Adventist Academy. She received a scholarship to attend La Sierra College, where she studied pre-nursing courses. She graduated from CME with her BS in the nursing class of 1959A. She also earned her MS in medical-surgical nursing from Loma Linda University in 1965. She earned her PhD in biology from Boston University in 1973. During her sojourn in Boston, she met and married Pastor Bill King.

Dr. King taught in several schools of nursing before her appointment as dean of Loma Linda University School of Nursing in 1981. During her 24 years in that position, she advanced nursing education. She led the development of the PhD program in LLUSN and facilitated graduate studies in nursing at many schools around the world. She has supported numerous nurses, at home and abroad, in attaining



Danilyn Mag-akat Angeles, PhD, RN (class of 1984), poses for a picture with her Alumna of the Year Award

advanced degrees for teaching and leadership in nursing.

In 1990, the United States government recognized the injustice done to those U.S. citizens of



Helen Emori King, PhD, RN (class of 1959A), receives the Alumna of the Year Award from Linda Levisen, MS, RN, president of the alumni association, School of Nursing.

Japanese descent who had been detained during World War II. Each of these individuals was awarded \$20,000 in recognition of his or her sacrifice. From this, the Emori family established the Emori Endowment Fund, which has





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A generation of nurses have passed through the School of Nursing. Two such sets pose for a picture during the banquet. From left, Linda Chalmers (class of 1985) and her mother, Nora Sterling Chalmers (class of 1949), with classmates Gloria Wilson Carroll (class of 1949)

and Helen Carroll Farson (class of 1985) since benefited numerous students at Loma

Linda University School of Nursing. Edward Moon grew up on an olive ranch in

Corning, California. His parents remembered the hardships of the Great Depression and advised him to become a nurse to provide job security. Irene Poelstra grew up in Corona, California, listening to stories told by missionaries such as Eric B. Hare. She decided early that she wanted to be a missionary.

Ed and Irene met while in school here at Loma Linda. They discovered that they had many interests in common. They were married after their junior year in the School of Nursing.

Both Moons worked as public health nurses shortly after graduation with the class of 1959B. Ed was the first male public health nurse in Los Angeles County. He was on probation for six months. When the Moons were ready to leave for mission service a year later, the department was reluctant to see him go.

They sailed from New York on the Queen Mary. Three months after arriving in Nigeria in July 1960, they were settled on the Ile-Ife Hospital compound just in time for the birth of their daughter, Jaenene.

They later had two more daughters, Laura and Kathleen.



Edward Moon, MS, RN, and Irene Poelstra Moon, RN (class of 1959B), share a moment with Richard Hart, MD, DrPH, president of Loma Linda University, prior to receiving their Alumni of the Year Awards.

Mr. Moon was something of a pioneer in nursing leadership at Ile-Ife. He was mentored by Mazie Herin, the nurse who represented the General Conference of Seventh-day Adventists at that time. Ms. Herin spent time with Mr. Moon, teaching him principles of leadership and administration. In 1965, Mr. Moon earned his MS degree in nursing administration here at LLU. At that time he was presented with the President's Award for graduate students.

The Moons returned to Nigeria on a freighter with their three little girls. They were soon confronted with the strife of civil war in that country. Many of the nursing students in their school had to flee to their homes. After the war ended, most of the students returned to finish their studies. Their faith in the Lord's protection was strengthened at that time.

While at the Ile-Ife school, Mrs. Moon taught part-time in the school of nursing. She especially enjoyed teaching public health nursing classes. Later the Moons worked at Adventist College of West Africa. Mr. Moon developed the farming program and ran the bakery. Mrs. Moon taught classes and became the school nurse. She also home-schooled her daughters part of that time.

Since returning to the United States in 1976, Mr. Moon worked in various nursing leadership roles. Mrs. Moon went into school nursing from which she retired 18 years later.

In 2002, the Moons returned to Ile-Ife as volunteers. Mr. Moon was acting director of the school of nursing. Mrs. Moon facilitated beautification of the college grounds and was overseer of the girl's dormitory.

Currently, Mr. Moon works at California State Mental Hospital in Coalinga. Mrs. Moon is involved in prison ministries in the women's prisons in Madera County. Both are happy to be members of the class of 1959B. They, along with others, have kept their class letter going for 49 of the 50 years since graduation.

Carolyn Pierce Thompson is a graduate of Lodi Academy. She studied her pre-nursing subjects at La Sierra University. This prepared her to continue her nursing education at White Memorial Hospital School of Nursing, where she graduated in 1949.

Ms. Thompson practiced obstetrical nursing at Los Angeles County Hospital. She also married Ralph Thompson, MD. They have three grown children: sons, Jeffrey and Jon, both graduates of Loma Linda University School of Medicine, and daughter Cheryl Corwin, a graduate of LLUSN at both the bachelor's ('78) and master's ('85) levels.

As time passed, Ms. Thompson prayed for guidance in how best to serve God and humanity. She obtained her real estate license and was led to purchase apartment buildings and some industrial properties. The proceeds for these purchases have supported her goals of improving health around the world by preparing nurses to respond to those in need of care and health teaching in both hospital and community settings. Her philanthropy has funded continuing education for nurses in many

In 2002, she accompanied Richard Hart, MD, DrPH, president of Loma Linda University, to Gimbie Adventist Hospital in Ethiopia. She was impressed with the health and education needs of women and children, and the dedicated service of missionaries in the area. Ms. Thompson immediately contributed to the work of the missionaries and continues to support the work at Gimbie



Carolyn Thompson, RN (class of 1949), waits as Edelweiss Ramal, PhD, RN, assistant professor of nursing, School of Nursing, reads the inscription on her Nurse Illumi-

by helping to fund a dormitory to house nursing students.

When the Center for Christian Bioethics at LLU was formed by Jack Provonsha, MD, Ms. Thompson was asked to serve on the board, a role she continues today. During her several visits to China, she started an ethics center at Sir Run Run Shaw Hospital, where she addressed the medical staff on ethical issues.

"Here we have described only a few of the many benefits to nursing and health that Carolyn has facilitated around the world," says Dr. Herrmann. "We recognize in her a nurse with the spirit of Florence Nightingale who saw serious human needs that nursing could address and did something effective and far-reaching

A missions report was also presented during the banquet highlighting the mission work that was supported by the alumni during 2008 and 2009.

This year the Mission Committee decided to make Adventist nursing schools in Third World countries the recipients of most of the \$4,500 in available funds. Several of the new graduates from the off-campus master's program in Thailand are professors in Adventist nursing schools in Asia and India. The plan of the alumni association is to donate funds to help these newest alumni fulfill dreams at the schools where they work.

Following the missions report was the House of Thrift report. During the past fiscal year, the House of Thrift has struggled due to the economic downturn. This has limited profits. Clothes, bedding, food, and other items exceeding \$850,000 were donated to several organizations including: ADRA; Banning Community Services; House of Mercy, Mexico; Loma Linda Romanian Church; and the Banning School District. The items that were donated to other organizations were things that are not sellable in the store. Donations of usable goods are down significantly, and it is the hope of the Alumni Board that more people will give nicer things as the economy turns around. TODAY



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VETERANS & CHILDREN

Veterans turn Children's Hospital patients into honorary submariners

By Heather Reifsnyder

Six members of the United States Submarine Veterans visited LLU Children's Hospital April 24 to "enlist" some new recruits—and cheer them up in the process.

The veterans visited with children who have cancer and gave them hats—pink for the girls and blue for the boys—with the words "Honorary Submariner" across the front. They also passed out certificates designating the kids as honorary submariners and special friends of the United States Submarine Veterans.

"It was a heartwarming experience," says Don Noyes. "When you know what those children are going through and then see what wonderful care they're getting at Loma Linda, it just gives you a very, very good feeling."

The veterans came from the Bonefish Base in Redlands and the Scamp Base in Escondido. Mr. Noyes, of the Bonefish Base, was able to connect with two of the patients based on geography. One is from Highland, where he used to live, and another from his current hometown of Redlands.

He says interacting with the children and staff

"I just hope that I get to do it again," Mr. Noyes says. TODAY

(From left) Don Noyes and LeRoy Bannach give a hat and certificate to 12-year-old Mona, designating her a special friend of the United States Submarine Veterans.

TELEHEALTH

Telehealth expert speaks to LLU campus

By Heather Reifsnyder



Adam William Darkins, MB, CHB, MPHM, MD, speaks April 29 at Loma Linda University on "Using Telehealth to Make the Home and Local Community the Preferred Place of Care." Dr. Darkins is director of National Care Coordination & Telehealth Program for the U.S. Department of Veterans Affairs. The talk was presented by LLU School of Public Health, the VA Loma Linda Healthcare System, and the LLU Telehealth Initiative.

NEWS & EVENTS

Big Hearts for Little Hearts Desert Guild hosts luncheon at Rattlesnake Café

By Nancy Yuen

Nearly everyone anticipates enjoying an outstanding meal at an award-winning restaurant. And while cooking enthusiasts may spend hours studying dishes being created by their favorite chefs on PBS or cable, nearly 70 members of the Big Hearts for Little Hearts Desert Guild took their culinary quest to a higher level as they gathered for a live cooking demonstration in a grand dining room at the Rattlesnake Café in Palm Desert on March 11.

On that day attendees enjoyed the best of both worlds—savoring lunch at the famous Rattlesnake Café at the Classic Club (a public golf facility endowed by the H.N. and Frances C. Berger Foundation) while experiencing a cooking demonstration by Jimmy Schmidt, award-winning chef and cookbook author. Chef Schmidt is renowned for his American

cuisine with "seasonal organic and sustainable ingredients."

As Chef Schmidt skillfully reduced a cream sauce over a live flame and then added shallots and mushrooms to three tablespoons of olive oil in a heated saute pan, he revealed secrets of preparing risotto for the home chef. And later, while patiently adding simmering stock to the waiting pan of rice one-half cup at a time, the chef discussed the history of risotto, (risotto is a classic Italian dish; the name refers both to the dish and the manner in which it is prepared). He also answered questions from the audience. One hostess asked, "Is it possible to prepare risotto for a dinner party, perhaps the afternoon before, refrigerate and reheat it before the meal?" The chefs answer—"To prepare risotto for a group, begin to prepare the rice on the day of the event until exactly half the liquid has been added and has been absorbed. Spread the rice on a cookie

EXCELLENCE

Printing services wins award of excellence

By Patricia Thio

The Printing Industries Association, Inc. of Southern California (PIASC) honored printing services with an Award of Excellence during its April 14 awards luncheon.

The Printing Industries Association is the largest commercial printing association in the United States.

"We see ourselves as not just a printer," says Ron Siagian, director of LLU printing services, "but as an organization whose role is to provide customers with the tools they need in order to accomplish the goals of their project."

The annual business report produced for Poss-Abilities won an Award of Excellence. The piece was designed by LLU printing services and printed on a Konica Minolta C6500 digital press. It was hand-bound with stainless steel screws and presented in a foil envelope.

"Our newly formed operation group is constantly looking to improve our quality and services," states Mr. Siagian, "and is dedicated to looking for the latest technology, and developing partnerships that can enhance the competitiveness in the academic community."



Ron Siagian (right), director of LLU printing services, receives the Award of Excellence from the Printing Industries Association, Inc. of Southern California.

The competition is open to any graphic arts firm located within the service area of PIASC—from San Luis Obispo to San Diego. The judging panel is made up of a team of distinguished professionals from the graphic arts industry that are chosen based on their extensive knowledge of the printing process. The judges are instructed to base their decisions on: technical expertise, quality of printing, design features, degree of difficulty, and overall appearance.

Loma Linda University Printing Services is located at 24951 Stewart Street and can be reached at (909) 558-4552. TODAY



Jimmy Schmidt, award-winning chef and author, shows the proper way to cook risotto during a cooking demonstration attended by Big Hearts for Little Hearts Desert Guild members.

sheet and then just before serving, heat the rice and add the rest of the liquid. This is a method used in many Italian restaurants." And then another question: "Must the risotto be constantly stirred until the cooking is complete?"

As he answered, the chef tipped the pan, revealing its contents projected via live video camera onto a large screen: "Watch the risotto as it is cooking. It's constantly bubbling, in motion, even when I'm not stirring."

NEWS & EVENTS

Guild hosts 'Spring into Reading' at LLU Children's Hospital

By James Ponder

The lobby of Loma Linda University Children's Hospital looked like a colorful 1950s diner on Wednesday, April 15, 2009, as members of the Big Hearts for Little Hearts Guild, Loma Linda chapter, transformed the area for the annual spring into reading event to encourage hospitalized patients to read.

Guild member Carol Troesh, author of the acclaimed children's book *More than a Pinch, Less than a Bee Sting,* brought copies of her colorful paperback and its accompanying coloring book to distribute to the kids. She also brought 1950s-themed decorations and candy. Tables were set with colorful tablecloths, as teddy bears and paper soda fountain creations presided over a feast of fun reading projects. In addition to Ms. Troesh's book, other titles were also available to entice the children to read.

The annual event is designed to give hospitalized children an opportunity to transcend the hospital environment via the magic of the printed page. Children who are unable to come downstairs to the lobby are treated to a visit from members of the Guild who bring the good times to them.

"We look forward to this event every year for two reasons," notes Eloise Habekost, president of the Loma Linda chapter. "First, it allows us to encourage the children to develop their literacy skills; second, it's just a lot of fun! The kids are wonderful, and we want to reach out to every one of them in an effort to help make their stay at Children's Hospital as positive and affirming as we can."

Through membership drives and special events, the Guild raises money and awareness for the special needs of hospitalized children. The Loma Linda chapter's board of directors recently voted to donate \$100,000 to assist in the renovation of the lobby at LLU Children's

Hospital, and another \$30,000 to purchase heart monitors for pediatric patients. The Desert Guild and Riverside chapters of the Big Hearts for Little Hearts Guild also raise funds and awareness for the patients.

Individuals who would like to know more about the Guild are invited to contact Ms. Habekost at (909) 227-0109. TODAY



Kids of all ages had a great time as members of the Loma Linda chapter of the Big Hearts for Little Hearts Guild hosted the annual spring into reading event at Loma Linda University Children's Hospital on Wednesday, April 15, 2009. According to Eloise Habekost, president, the Guild raises funds and awareness to meet the special needs of hospitalized children. Guild member Carol Troesh brought copies of her acclaimed book, *More than a Pinch, Less than a Bee Sting*, to give to the children.

WELLNESS

School of Public Health walking challenge winners go the distance

By Heather Reifsnyder

S tudents, faculty, and staff from the School of Public Health came together April 20 for a luncheon to celebrate walking a combined 25,271,962 steps during Dean's Challenge 2009, a month-long quest to get people using their feet more often.

Dean David Dyjack, DrPH, recognized student Arvind Mathur for taking the most steps out of all participants; he put one foot in front of the other more than 500,000 times.

His prize was a \$100 gift card to Clark's Nutrition and Natural Foods Market. Dr. Dyjack also awarded prizes to Mr. Mathur's entire team, which came in first out of 52. Mr.

Mathur, Anurag Arora, Ashwini Erande, and Padma Uppala walked a combined total of 1,254,190 steps.

Mr. Arora shared how he was able to walk so much. "The most important secret I have is I don't have a car," he quipped.

The second-place team also received prizes. Anne Nicolas, Daphne McNeill, Elieze Strydom, and Maribel Alvarez together walked 1,076,541 steps.

About 200 people participated in the challenge February 10 through March 10.

The Dean's Challenge is a new annual tradition that began in 2008 when Dr. Dyjack



School of Public Health dean David Dyjack, DrPH (left), jokingly presents a hat from fast-food chain In-N-Out Burger to walking challenge winner Arvind Mathur to remind him not to be too healthy. His real prize was a gift card to a natural foods market.

asked for students, faculty, and staff to follow his lead in eating a vegetarian diet for one month. About 50 recruits joined him. Since that challenge, Dr. Dyjack's diet has dramatically changed, with his meat consumption largely limited to sustainably harvested wild-caught seafood.

Dr. Dyjack is now considering ideas for Dean's Challenge 2010. $^{
m TODAY}$

According to Dale Rotner, immediate past president, Big Hearts for Little Hearts Desert Guild, the Guild sponsors a cooking demonstration series to raise awareness about Big Hearts for Little Hearts and the Guild's work, in a social environment. Cooking demonstration series events are held each year in January, March, and November; the luncheons are a time for socializing, and provide opportunities for new members to make new friendships and to join the Guild; current members may choose to upgrade their membership. During February of each year the Guild hosts its premier event—the Annual Luncheon and Boutique Sale.

As for her thoughts about the Rattlesnake Café event, Ms. Rotner is enthusiastic. "The chef had a very warm personality and was a great teacher," she says. "And many thanks to all of the loyal Guild members who made the event a success."

Guild president Lainie Weil agrees: "Jimmy Schmidt's demonstration was fabulous. He kept us entertained throughout the luncheon as he shared his cooking skills with us."

The Big Hearts for Little Hearts Desert Guild began its work raising awareness and monies for Loma Linda University Children's Hospital in 2002. Many of the members are retired and are committed to continuing to give back to their community through charity work, TODAY

Notes about the Rattlesnake Café: Jimmy Schmidt's first Coachella Valley Rattlesnake opened at the Trump29 Casino in Coachella in 2002 at the behest of Chef Schmidt's friend, Donald Trump. Mr. Trump had been trying to persuade Chef Schmidt to open restaurants in his Atlantic City casinos, but he didn't want another restaurant in a cold climate and asked Mr. Trump to call him when he needed a great restaurant in a warm climate—which he did.

Ownership of the casino reverted back to the 29

Palms Band of Mission Indians in 2005, and Rattlesnake's lease was ending in 2006, so when The H.N. and Frances C. Berger Foundation approached Chef Schmidt about moving into the brand new Classic Club golf facility they were creating in Palm Desert in 2007, he took one look at the 63,000-square-foot clubhouse overlooking nearly 400 acres of stunning turf and mountains and signed on. Home to the world famous Bob Hope Chrysler Classic tournament every January, the Classic Club is a public golf facility endowed by The Berger Foundation. The Rattlesnake Café on the ninth hole provides light fare for golfers, while the full restaurant on the second floor offers exceptional cuisine in a casual and elegant environment.

PUBLIC HEALTH

Students introduce public health careers to local high school kids

By Heather Reifsnyder

S tudents at Loma Linda University School of Public Health observed National Public Health Week (April 6-12) by introducing teens from local Southern California high schools to the multitude of ways public health touches people's lives.

On April 6, students from Redlands East Valley High School were the guests, while students from Rialto High School came to campus April 8.

Faculty members spoke to the teens about different aspects of public health. School of Public Health students also created a public

health scavenger hunt and Jeopardy-style game

For Rialto students Rafael Lopez and Erika Barajas, the experience was their first exposure to the field of public health. They learned that it is involved in everything from pollution control to seat belt laws to restaurant food safety.

"I didn't realize how much of an impact it has," says Ms. Barajas. "It's all around us."

In addition to the career days, Public Health Week at LLU included a catered lunch hosted by STATS (Students Teaching AIDS To Students), where they screened a film short from India called "Positive."

The film, part of an Indian campaign to correct misconceptions about HIV and AIDS, depicts how two parents and their young son deal with the impact of AIDS on their family.

"We had a fantastic turnout for that day," says Yesha Patel, vice president of the School of Public Health student association and STATS



Teens from Rialto High School interact with LLU students to answer a list of questions about

president. "Nichol Hall 1610 was packed with students and faculty from the various schools/disciplines at the University. The dean of the School of Dentistry, Dr. Charles Goodacre, also joined us for the showing."

LLU's celebration of National Public Health Week also included a poster contest. The winners were Lori Winchell (first place), Atif Adam (second), Upneet Randhawa (third), and Megan Brown (fourth).

VOLUNTEER SERVICES

LLUMC honors its volunteers

By Patricia Thio

total of 2,053 individuals volunteered at A Loma Linda University in 2008. They were honored during the annual Volunteer Recognition Banquet on April 23. In 2008, the volunteers broke an all-time record by working a total of 303,250 hours, representing 145 fulltime employees.

"What an awesome testimony to the spirit of volunteerism!" wrote Ruthita Fike, MA, CEO of LLUMC, in the banquet program. "It has been said that volunteers are not paid, not because they are worthless, but because they are priceless! You are a valued asset to the organization and your commitment, energy, time, and love are indeed priceless!"

Volunteers provided service to Loma Linda University, Medical Center, Children's Hospital, East Campus Hospital, Health Care, Behavioral Medicine Center, Heart & Surgical Hospital, SACH Norton, Ambulatory Services, and other facilities.

Community programs sponsored by Loma Linda University Medical Center and Children's Hospital such as the Family Health Fair and Children's Day received 2,487 hours of volunteer assistance from 421 volunteers.

Special friends and community participants in the "Cheerful Encounters" and "Bring a Smile" programs donated 177,953 total hours by making 27,587 cards; 4,495 blankets and quilts; 11,889 hats; 465 jelly bean pillows; 1,104 heart pillows; 799 huggy pillows; and 837 pairs of booties for patients.

In addition, almost 20,000 donated dolls, stuffed animals, and other toys were received. TODAY



June Joseph, a volunteer known as "NICU snuggler" receives a special plaque for nearly 2,000 hours of service from 1999-2009.



plaque for outstanding volunteer service from Denise Winter, director of volunteer



A total of 20 volunteers who served more than 4,000 hours in 2008 were recognized.



Volunteers who served Loma Linda Broadcasting Network in 2008 were also recognized.



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