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TODAY

- ♦ LOMA LINDA UNIVERSITY
- ♦ LOMA LINDA UNIVERSITY MEDICAL CENTER
- ♦ LOMA LINDA UNIVERSITY CHILDREN'S HOSPITAL
- ♦ LOMA LINDA UNIVERSITY MEDICAL CENTER—EAST CAMPUS
- ♦ LOMA LINDA UNIVERSITY BEHAVIORAL MEDICINE CENTER
- ♦ LOMA LINDA UNIVERSITY HEALTH CARE
- ♦ FACULTY MEDICAL GROUP OF LLUSM
- ♦ FACULTY PHYSICIANS & SURGEONS OF LLUSM

Spiritual life and wholeness banquet recognizes institutional employees for faith and passion

BY JAMES PONDER

Every year, Loma Linda University Adventist Health Sciences Center recognizes the contributions of its employees to the spiritual life of the organization.

"We have the privilege of recognizing outstanding spiritual service and leadership at our spiritual life and wholeness leadership banquet," notes Gerald Winslow, PhD, vice president for spiritual life and wholeness. "The spiritual mission of our organization is to further the teaching and healing ministry of Jesus. The people we thank at our annual banquet are selected by their peers as those who have helped us to live this mission in noteworthy ways."

Dr. Winslow made his observations at the spiritual life and wholeness banquet on Monday, October 27, 2008, in the Wong Kerlee International Conference Center.

The program began at approximately 6:30 p.m. with a program of inspirational musical selections reverently performed on two cellos and a piano by Alva, Emerald, and Jeremiah Waworoendeng. Following a brief welcome, in which Dr. Winslow thanked attendees for spending the evening at the event, he called on Conroy Reynolds, a chaplain at Loma

Linda University Behavioral Medicine Center, to offer the blessing on the food.

Nicceta Davis, PhD, professor in the LLU School of Allied Health Professions, regaled attendees with two musical selections. The audience expressed its enthusiastic approval when Dr. Winslow noted that in addition to serving as a professor of physical therapy, Dr. Davis could also be a professor of music.



Gerald Winslow, PhD, vice president for spiritual life and wholeness at LLUAHSC, presents the 2008 spiritual life and wholeness leadership award to Ardis Wazdatskey, MA, assistant professor of allied health studies, and chair of the spiritual life and wholeness committee at the LLU School of Allied Health Professions. The award was presented at the 2008 spiritual life and wholeness banquet on Monday, October 27, 2008.

While guests concluded dinner, Dr. Winslow announced the format he would follow in presenting the two awards: first, the 50 recipients of the spiritual life service award would be asked to stand as he read their names and a brief description of why they were individually honored. Second, he would present the spiritual life and wholeness leadership award to one individual chosen for "exemplary leadership in spiritual life and wholeness."

Dr. Winslow noted that the 50 recipients of the spiritual life service award are known for a "vibrant faith in God that leads to extraordinary care for the spiritual well-being of others and an effective ability to bring hope and meaning in the midst of educational or health care challenges."

Sidney Wu, MD, assistant professor of pediatrics, School of Medicine, was noted for being "a very caring doctor who offers to pray for patients and actively asks about their spiritual well-being. He is a good listener and definitely cares for his patients."

The 2008 spiritual life service honorees included Martin Aguirre, Wil Alexander, Lupe Alvarez, Melissa Bassham, Michelle Buickman, Clyde Cassimy, Veneta Condon, George DeLange, Ross Emerson, Christy Eskes, Guadalupe Fraire, Rebecca Gryka, Kent Hansen, Joan Haynes-Lee, Melinda Johl, Shirley Jones, Wendy Lee, Sara Lizardo, Marian Llaguno, Gary Lucas, Terry Merrick, Bonnie Meyer, Claudia Miller, Barbara Ninan, Laura Nyirady, James Padgett, Monica Palmer, Joy Pastor, Jillian Payne, Priscilla Perez, Brenda Pfeiffer, Jim Ponder, Iris Ram, Frieda Roos, Barbara Sharp, Saula Silva, Lawrence

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Compassion in Action opens with feature on Afghanistan

BY JAMES PONDER

Connecting with human need at home and abroad is the theme for Compassion in Action, a new, weekly lecture series Loma Linda University inaugurated on Tuesday, October 14, 2008, in Randall Visitors Center.

The series, which will be presented throughout the academic year, is designed to spotlight service learning, global outreach, community partnership, lifestyle issues, and a variety of institutional initiatives related to compassion. It is held every Tuesday from 5:00 to 6:30 p.m. at Randall Visitors Center.

The first installment in the series was a presentation by Jerry E. Daly, MA, MSLS, assistant vice president for global outreach, and associate director of the Global Health

Institute, on LLU's involvement in public health projects in Afghanistan.

Mr. Daly began his remarks with an introduction to the concept of compassion, a word he said he hears a lot, but seldom thinks about. "It's considered a virtue and you can find it in most religions of the world," he noted. "It's based on the golden rule."

He noted that the Good Samaritan sculpture on campus is a visual reminder of the importance of not looking the other way when confronted with human need. He tied the University's interest in compassion to the mission of the Seventh-day Adventist Church, which has identified a portion of the world defined as "the 10/40 window" as the region of its greatest focus. The term refers to regions of the eastern hemisphere

located between 10 and 40 degrees north of the equator.

Mr. Daly noted that the 10/40 window hosts two thirds of the earth's population and 85 percent of the poorest people in the world. He pointed out that LLU is currently involved in four countries within the region: Afghanistan, China, Egypt, and Palestine.

He also noted that Adventist Health International, an LLU-based management organization committed to partnering with health care services in developing countries, participates in health outreach programs in four additional nations of the 10/40 window: Tchad, Niger, Nigeria, and Mauritania.

In speaking of Afghanistan, Mr. Daly pointed out that the war-torn

nation boasts a population of more than 32 million people, has a life expectancy at birth rate of 44.21 years, and suffers a very high infant mortality rate of 156 deaths per 1,000 live births. He noted that despite the fact that the media sometimes portrays Afghanistan as a homogenous nation—largely due to the fact that the majority of its people are members of the Islamic faith—the reality is that the country plays host to 11 ethnic groups who speak three major languages. He also discussed the role of warlords in managing the country, and said it has a very high unemployment rate.

Mr. Daly illustrated his lecture with slides and graphs showing the health care needs and challenges facing Loma Linda University in the area.

SPH addresses reform at American Health Care Congress

BY HEATHER REIFSNYDER

Individuals concerned about the nation's health care system gathered in Ontario October 21 and 22 for the LLU School of Public Health's fifth annual American Health Care Congress.

The non-partisan event featured speakers discussing health care reform at the federal and state levels. The conference also provided practical solutions for businesses, schools, community-based organizations, and individuals to get involved in health care reform.

"This year's event went to another level of community involvement," says congress chair Dora Barilla, DrPH, a School of Public Health faculty member.

"We had so many diverse stakeholders at the table."

The main session of the congress

featured about 15 speakers representing diverse perspectives on issues of health care, ranging from



Genevieve Clavreul, PhD, MA, MPA, leads a workshop on "comparative analysis of other countries' health systems." The American Health Care Congress featured the chance for attendees to choose one of five workshops each day.

business and medical executives to politicians and consultants.

After the first morning, attendee Donna Crawford, RN, noted that the main session was excellent. She found herself interested in the presentations by Robert Kraig, PhD, MA, and Nancy Turnbull, MBA, which respectively discussed what the states of Wisconsin and Massachusetts have accomplished in terms of health care reform.

Other speakers during the main presentation discussed topics such as innovative solutions in health care, contrasting visions of justice in health care policy debates, and encouraging preventive health and wellness in company employees.

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'Space aliens' invade Loma Linda University Children's Hospital

BY JAMES PONDER

We got a call the other day alleging that some kind of alien invasion was supposed to occur at LLU Children's Hospital on the afternoon of Friday, September 5, 2008.

Since Friday is usually a slow news day—and since our curiosity had recently been aroused by a television feature about UFO sightings in the vicinity of Area 51 in the Nevada desert—we decided to investigate the bizarre allegation.

What we found was positively shocking! From the moment we walked into the Stater Bros. Activity Center at Children's Hospital, we could see that a veritable firestorm of activity was going on. The kids seemed calm enough, but parents and staff members were running around like they expected the invasion to occur at any moment. At the back of the room, a nice lady was handing out bags of popcorn and soft drinks, which we gratefully accepted.

Fortunately, we spotted Dorothy Clark Brooks, a child life specialist at Loma Linda University Children's Hospital, who usually knows what's happening. "What's going on here?" we demanded. "We've heard allegations of an alien invasion."

"It's true," she affirmed. "They'll be here at any moment."

Needless to say, her statement raised our eyebrows. Call us old-fashioned, but we don't believe in little green men or flying saucers. We believe what our government tells us: namely, that extraterrestrials are just a

bunch of fun-loving CIA agents dressing up for Halloween.

Ms. Brooks reminded us that the fall festival—the closest thing to Halloween that we celebrate at LLU Children's Hospital—was still a couple of months away. She also said Darth Vader was coming through the door at that very moment.

Naturally, we turned to look in the direction she was nodding and there, to our amazement, stood not only Darth Vader, the legendary villain of a distant time and galaxy, but also another tall space alien. It would be too much of a stretch to say he was smiling, but good 'ol Darth somehow managed to look both intimidating and approachable at the same time. (At least, that's what one of the kids told us later. We were so overwhelmed at seeing him there that we passed out cold and had to be revived with a whiff of limburger cheese.)

When we came to, Darth was standing in the room. He was dressed head-to-toe in somber black, while his companion—who looked like one of the Star Wars stormtroopers—was clad in white. Was this the outer space equivalent of the good guys vs. the bad guys from an old John Wayne movie?

Whatever it was, the aliens were handing something to one of the children. It appeared to be a check written on colorful paper. "Strange," we thought. "Space cadets don't have checking accounts. What's going on?"

We didn't wait for an answer. We just grabbed the camera and got up



Space aliens as philanthropists? Apparently so! An Imperial Stormtrooper hands a check for \$300 to a youthful representative of LLU Children's Hospital while the sinister, but perhaps beneficent, Darth Vader looks on. The monies are earmarked to help the child life department continue to offer creative and inspirational programming for the children of the Inland Empire.

close to snap the picture. We jumped back, however, when the stormtrooper turned and gave us a very nasty snarl. His expression sent chills down our spine.

Amazingly, none of the children seemed afraid of these interstellar marauders in the least. Hadn't they heard stories about being abducted by aliens? We hear tales like that all the time! (Of course, they usually come from the same tardy colleague who's always telling us the dog ate his homework, so maybe there's nothing to it after all.)

Nevertheless, the kids were bold as lions. They ran up to Mr. Vader

and his pal, hugging the space raiders and smiling for photographs. You'd think Santa Claus had come to town if you didn't know better!

When the event finally came to an end, Dorothy Brooks wandered over to ask if we were okay. She must have seen us mopping the perspiration off our brows. We said we were fine, then asked her to spill the beans about the colorful piece of paper the aliens had given the little girl.

"It was a check," she reported, "in the amount of \$300 from the Stormtroopers of the 501st Legion. The money goes to benefit the child life program at Children's Hospital."

Before we could say ET, Ms.

Brooks went off on a tangent about how these guys aren't space aliens at all. She claims they're members of an all-volunteer group devoted to dressing like characters from "Star Wars" movies and contributing to their community through charity and volunteer work. She said this is their second visit to LLU Children's Hospital and noted that the kids had a wonderful time.

We considered her story for a moment before dismissing it out of hand. The visitors are obviously space wranglers from a distant and remote region of the great beyond.

What does she think we are, gullible or something?

School of Dentistry releases fall quarter dean's list

BY NANCY YUEN

The office of academic affairs in the School of Dentistry extends congratulations to students who achieved dean's list status for fall quarter. The eligibility requirements for achieving dean's list status are: achieve a term grade point average of at least 3.5 with no grade lower than a B-; receive no incomplete grades for the quarter; and complete at least 12 units of coursework.

The School's academic review committee reviewed the performance of all students for the summer quarter and voted to include the following students on the dean's list:

Spiritual life & wholeness banquet...

Continued from page 1

Sowers, Joan Standish, Jeannine Stuart-Mendes, Fernell Supit, Thomas Sweeney, Tamara Thomas, Timothy Thorsen, Sigve Tonstad, Susan Unruh, Mary Wamberg, Liza West, Maryellen Westerberg, Michelle Wilson, and Sidney Wu.

The 2008 recipient of the spiritual life and wholeness leadership award was Ardis Wazdatskey, MA, assistant professor of allied health studies, and chair of the spiritual life and wholeness committee at the LLU School of Allied Health Professions. Dr. Winslow read a comment about Ms. Wazdatskey from Craig Jackson, MSW, JD, dean, School of Allied Health Professions.

"Ardis has been the lifeblood of our spiritual life and wholeness in the School of Allied Health Professions,"

DENTISTRY CLASS OF 2011

Scott Arceneaux, Junie Baldonado, Clark Bassham, Jeri Bullock, Adam Burr, Stephanie Calvillo, Chris Chang, Larina Chu, Christina Chun, Andrew Corbett, Justin Diederichs, Michael Gardner, Patrick Hachee, Michael Hiersche, Eric Hull, Jonathan Jackson, Eric Joo, Albert Kang, Sheida Khazaii-Tabari, Unyoung Kim, Michael Knutson, Jeffrey Lam, Alexis LaRose, Jessicah McGraw, Joanne Oh, Christy Pogue, Devin Rentz, Michael Robbins, Carrie Roosenberg, Justin Schmidt, Thomas Szutz, Mohammed Tabel, Lee Tetz, Ralitz Varlakova, Kirolos Zakhary

Dr. Jackson wrote. "She constantly thinks about how we live our lives; how we balance all the competing interests that confront us. Her creativity is expressed in the unique and fun activities she and her committee develop and in the results of calm and reflection that we all feel. Her calm demeanor radiates a spiritual essence that is exactly what we need."

"Our faith-based purpose for our educational and health care ministries is the very heart of what we do," Dr. Winslow asserts.

"We are blessed beyond measure to have the enthusiastic and spiritually enriching support of so many great members of our team. Of all the events I attend each year, I look forward most to this evening of giving thanks to our colleagues and to our Creator."

DENTISTRY CLASS OF 2010

Nathan Adams, Chad Allen, Jerhet Ask, Iris Choi, Bradley Field, Lisa Gortari, Lauren Gutenberg, Brian Harward, Emily Herndon, Sherin Johnson, Darcy Kasner, Ryan Kim, Soh Yeun Kim, Donald Lee, Scott Pyo, James Rho, Stuart Seheult, Maryam Seirafi Loloee, Erin Stephens, Janelle Tonn, Ryan Waring, Justin Weaver, Jesse Whitely, Julie Yi

INTERNATIONAL DENTIST PROGRAM
Elena Justice

DENTAL HYGIENE CLASS OF 2009

Melissa Beesley, Jessica Black, Kerri Booker, Kelli Boyd, Rebecca Burke, January Chay, Ashley Fujikawa, Jessica Hatch, Jayme Jesse, Roksana Kouroshnia, Chelsey Martin, Melissa McEwen, Merinne Mesku, and Justina Tran.

Fifth annual American Health Care Congress...

Continued from page 1

The main session closed October 22 with overviews of the presidential candidates' health care plans, delivered by campaign representatives Ann O'Leary, JD, MA (Barack Obama) and Don Kurth, MD, MBA, MPA (John McCain).

In addition to the main session, each day of the congress featured a chance for attendees to choose one of five breakout workshops. These

focused on topics such as community clinic infrastructure, patient-centered care, and analysis of other countries' health systems.

About 200 people attended the American Health Care Congress. Ms. Crawford says she chose to come because she has seen firsthand the difficulties that low-income individuals have accessing health care; she works as clinical coordinator of Inland Agency, a

nonprofit whose work includes providing free mammograms and pap smears to women who cannot afford them.

Ms. Barilla says that attendees left the congress feeling empowered.

"Working together is the only solution we have for improving our health system," she notes.

The American Health Care Congress took place at the DoubleTree Hotel in Ontario.

LLU student take on AHI hospital as mission project

BY DUSTIN JONES, MA

Loma Linda University students, in cooperation with Adventist Health International (AHI), have “adopted” an African hospital in Malawi as a mission project.

Since joining AHI in 2005, administrators and employees of Malamulo Adventist Hospital (MAH) have been working with the assistance of AHI to stabilize the institution. With one of the best physical plants in all of Africa, MAH represents great potential for the Seventh-day Adventist Church.

The Malawi project is an endeavor by Loma Linda University students and others to help Malamulo Adventist Hospital by expanding the health care and education projects at the medical facility.

“This project, initiated by Loma Linda University students, continues to grow daily,” says Aimie Apigian, an MD/PhD student. “Many individuals are involved in the project including students from all LLU schools, various clubs on campus, public schools in San Bernardino, local Seventh-day Adventist academies, students at the University of California, Riverside, and students at California State University in San Bernardino.”

Malawi is one of the 10 poorest nations in the world. Approximately a

million children are orphaned as a result of AIDS. Approximately 70 percent of hospital patients in Malawi are HIV positive.

One of the major projects taken on by the students includes a water purification system for the Malamulo Adventist Hospital campus. Estimated total cost for the project is \$50,000.

Other components in the Malawi

project include education, communications, malaria, health care, and AIDS.

“For instance, it costs only \$50 to prepare a soccer field for students,” Ms. Apigian says. “School books for one student for an entire year cost only \$35—a small amount for us, but a huge amount for a student taking nursing at Malamulo.”



LLU students in cooperation with Adventist Health International have “adopted” Malamulo Adventist Hospital as a mission project.

LLU trains environmental health professionals from 13 states during Oklahoma conference



The School of Public Health (SPH) office of public health practice and workforce development conducted a workshop for the Oklahoma Society of Environmental Health Professionals (OSEHP) regional conference October 20–23 in Oklahoma City. The conference, attended by an estimated 300 environmental health professionals from 13 states, emphasized their role and responsibilities during unplanned events and emergencies. Pictured above are (from left) David Dyjack, DrPH, dean of the SPH; Corwin Porter, program manager for San Bernardino County Health Department and SPH adjunct faculty; Tressa Madden, president of OSEHP; Debbie Watts, president-elect, OSEHP; and Jesse Bliss, MPH, director of LLU SPH's office of public health practice. LLU's presence at the conference was made possible through support of the SPH's CDC-funded Center for Public Health Preparedness.

Thanksgiving road trip features Big Sur, Carmel, and San Francisco

BY JAMES PONDER

Tired of stuffing your face and watching football on Thanksgiving? Then join me for a run up the coast to Big Sur, Carmel, and San Francisco this year. I'll meet you right here at noon on Wednesday. I'll drive so you can relax.

We left Loma Linda more than four hours ago, and it's time to visit Uncle Albert. Who's he? The patron saint of a hole-in-the-wall restaurant that serves the best burritos this side of the moon. It's called Tio Alberto's (Uncle Albert's in Spanish) and it's located on Broad Street in San Luis Obispo. Imagine a huge flour tortilla slathered with your choice of beans or meat, rice, and a delicious white cheese, and smothered in a tasty vegetable stew that melts the cheese. Top it off with lettuce, pico de gallo, cilantro, onions, sour cream, guacamole, and still more cheese, and you've got instantaneous yum factor of the highest magnitude!

It's Thursday morning, so Happy Thanksgiving! We greeted the dawn in a stroll down Cambria's Moonstone Beach after checking out of our rooms, and right now, we're heading up the switchbacks as Highway 1 enters the Big Sur coast. This is among the most magnificent wilderness on the planet! Nothing but rugged cliffs and giant redwoods, with a tiny, meandering road nestled among vast expanses of water, sky, and sea. The surface of the Pacific gleams in hues of pearl as we rise from sea level to more than a thousand feet in a matter of miles.

We're stopping in Lucia for breakfast. Lucia's not much of a

town, but the café here has spectacular views of the blue ocean. Let's eat outside on the deck—grab a sweater; it's cool this morning—and scan the tide line below for sea otters and Big Sur jade. They find lots of the prized green stone here and it's both beautiful and exotic. These eggs and hash browns may not be beautiful or exotic, but they taste fantastic! And the fresh-squeezed orange juice is almost as amazing as the view. You can see halfway to Asia from here!

We're walking into Julia Pfeiffer Burns State Park. The trail runs under the road and leads, on the other side, to McWay Falls and Saddle Rock. The place is lush with the foliage of ferns, redwoods, sycamores, and oaks. The sycamore leaves have turned a rich, red russet brown that looks phenomenal this time of year. But we're here is to see the waterfall that drops 80 feet over the cliffs onto the beach below. Oh, my goodness, we got here right at high tide; the Falls are plunging straight into the surf. Ever see anything like that in your life?

Back on Highway 1, we're coming up to—wait, there it is. See that structure up ahead on the left? That's Nepenthe. It's a restaurant designed in the late 1940's by Rowan Maiden, a protégé of great American architect Frank Lloyd Wright. Nepenthe juts out over the cliffs offering expansive vistas of the distant horizon and eagle-eye perspectives on majestic redwoods. The golden cliffs tumble down to sandy beaches and rocky shores. We're too full to eat, so let's just explore the gift shop for books, postcards, and a

great selection of Big Sur arts and crafts. Afterwards, we can have a soda on the patio deck.

Ready to roll to the village of Big Sur? Believe it or not, you can shop there for everything from cactus and begonias to free-form redwood bowls, jade sculpture, stuffed animals, even tie-dyed clothing. (This place was a mecca for hippies and counterculturalists in the 1960's and some of the locals seem blissfully unaware that the peace and love decade ended 40 years ago.) Afterwards, we'll take a secret road I know through Pfeiffer Canyon to watch huge waves exploding through a natural bridge at Pfeiffer Beach. Bring your camera; we might see otters in the surf.

It's almost time for Thanksgiving Dinner. Didn't think I'd make you eat fast food on a day like this, did you? We have reservations for 4:00 p.m. at Rocky Point Restaurant. It's the best place around for watching the sun go down while the fog rolls in. In fact, it's the only dining establishment in Monterey County where you can look for whales, sea lions, otters, and pelicans right outside your window. It sits on the flanks of low-lying hills, and the scenery is second-to-none. I'd eat sawdust if that were all they served, just to get to look out the window. Fortunately, they have a great Thanksgiving feast, so no wood chips for me.

Are you hooked on the Monterey Peninsula yet? We'll drive into Monterey tonight then hit the art galleries and boutiques of Carmel tomorrow. If you don't mind, I'd like

to drive back to McWay Falls to watch the sun go down tomorrow.

We can trek to San Francisco on Sunday morning—we'll stop for lunch at historic Duarte's Tavern in Pescadero; you'll love their cream of artichoke soup—and dine that night at Horizon's Restaurant in Sausalito. It's right on the water and offers magnificent vistas of San Francisco Bay

and Alcatraz. Then we'll head back over the Golden Gate for dessert in Ghirardelli Square. On Sunday, we'll grab some breakfast at Eagle Café on Pier 39 before hitting the road. San Francisco may only be 7 hours from Loma Linda, but it's a whole other planet.

Hope you had as much fun as I did. See you on our next adventure.



“The Pacific surf,” observed Robinson Jeffers, unofficial poet laureate of the Carmel coast, “still cheerfully pounds the worn granite drum.” Decades after he penned those words, breakers continue the ageless conflict of land and sea.



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Loma Linda University Adventist Health Sciences Center president and chief executive officer Richard H. Hart, MD, DrPH (center), is surrounded by some of the 55 students who participated in the eight-week summer research program offered through Loma Linda University Center for Health Disparities and Molecular Medicine and the Schools of Medicine and Public Health.

Summer research program inspires Inland Empire students to pursue health careers

By JAMES PONDER

Thanks to the generous support of the National Institutes of Health, a group of outstanding high school science students from the Inland Empire recently joined with undergraduate, graduate, and medical students from Loma Linda University and other universities nationwide for an eight-week summer research program offered through the Loma Linda University Center for Health Disparities and Molecular Medicine (CHDMM), and the Loma Linda University Schools of Medicine and Public Health.

According to Carlos A. Casiano, PhD, associate director of the CHDMM, the high school students were part of the apprenticeship bridge to college (ABC) program, while the undergraduate students were studying under the auspices of the undergraduate training program (UTP).

"The peer mentoring—with undergraduate, graduate, and medical students—that the high school participants are exposed to is a key factor in the success of the program," says Daisy De Leon, PhD, assistant to the dean for diversity, and director of the medical health disparities summer training program of the center.

The goal of the research program is to enhance the academic and research skills of the 55 student participants and maximize their opportunities to succeed as future scientists and physician scientists. But according to Marino De Leon, PhD, director of the CHDMM, another vital function of the health disparities summer program is to attract promising students from diverse backgrounds to the health sciences and scientific professions.

"We are trying to bring a diversified group of scientists into the future," says Dr. De Leon. "We want to create a workforce in the bio-science professions that reflects the whole spectrum of socioeconomic composition of the community that we serve. Achieving this goal is essential to providing wholeness to our communities, and to providing high-quality education."

That's a big goal: Dr. De Leon points out that while Latinos constitute 30 percent of the population in California, only 4.5 percent of licensed physicians in the Golden State are Hispanic. The situation is

similar among African Americans, Native Americans, and Pacific Islanders. "The summer research program has created a successful pipeline that brings members of under-represented groups, first-generation college students, students serving their own community, and students from low-income households into the ranks of tomorrow's health care leaders," he notes.

To be eligible to participate in the program, students must be either a junior or senior in high school, maintain an academic GPA of 3.3 or higher, have strong letters of recommendation from their principal, teacher, or school counselor, and have completed at least two science courses in high school. The program strives to reflect the full diversity of the Inland Empire, and it encourages students with a history of volunteering in their local communities to apply.

Collegiate applicants are required to submit three letters of recommendation from their science professors along with current college transcripts, and to write a 400- to 500-word essay explaining why they want to participate in the program and how it will help in the achievement of their goals in biomedical research.

Once accepted into the summer research program, students dive into the research environment headfirst. Not only are they assigned to a faculty mentor and given an active role in a research study, they also attend weekly seminars and workshops designed to enrich their academic and career development.

"During these activities UTP and ABC students also interact closely with graduate and medical students supported by other CHDMM programs," Dr. Casiano observes.

"Some of the seminars expose students to contemporary issues related to health disparities," he continues. Throughout the program, students watch segments of the PBS documentary on health disparities titled "Unnatural Causes: Is Inequality Making Us Sick?" Not only does viewing the program heighten students' awareness of the consequences of health disparities in America, it also promotes discussions of the important roles biomedical researchers and physicians play in alleviating those disparities.

One of the highlights of the 2008

installment of the summer research program was a lecture by Richard Hart, MD, DrPH, president and chief executive officer of Loma Linda University Adventist Health Sciences Center. Dr. Hart made his remarks during a luncheon for the students on July 14, 2008.

During his presentation, Dr. Hart read poignant stories from John Bryant's book *Health and the Developing World*. The stories—along with health statistics Dr. Hart presented—graphically portray the tragic health care challenges affecting people from the developing nations of the world. He challenged students to get involved and make a difference with their lives and careers. (See the sidebar article on page 5, "A crisis in global health," for more of Dr. Hart's remarks.)

Another highlight was a presentation by Roger Hadley, MD, dean of the LLU School of Medicine, in which he challenged students to pursue a medical career, and underscored the importance of biomedical research in advancing the profession.

According to Dr. De Leon, some of the best learning occurs when participants engage in informal discussions with each other and their mentors during get-togethers at the mentors' homes and trips to tourist attractions.

"The students become engaged in the processes of science," he affirms. "When they first come here, they're timid. But they become excited and engaged once they meet the staff and get acquainted with the program."

How engaged? Ask La Shondra Ellis and Chelsey Sellers. At the 11th annual scientific symposium of the LLU School of Medicine, visitors met Ms. Ellis manning one of the stations in the scientific poster exhibition. When questioned about the study she participated in during the summer, Ms. Ellis answered with a degree of accuracy normally associated with first- or second-year medical students or PhD candidates. But in reality, she had just completed high school. She is now enrolled at La Sierra University with a major in molecular cell biology and a minor in journalism.

During the summer research program, Chelsey Sellers participated in a research study under the direction of Nathan Wall, PhD, assistant professor of biochemistry and microbiology at Loma Linda University.

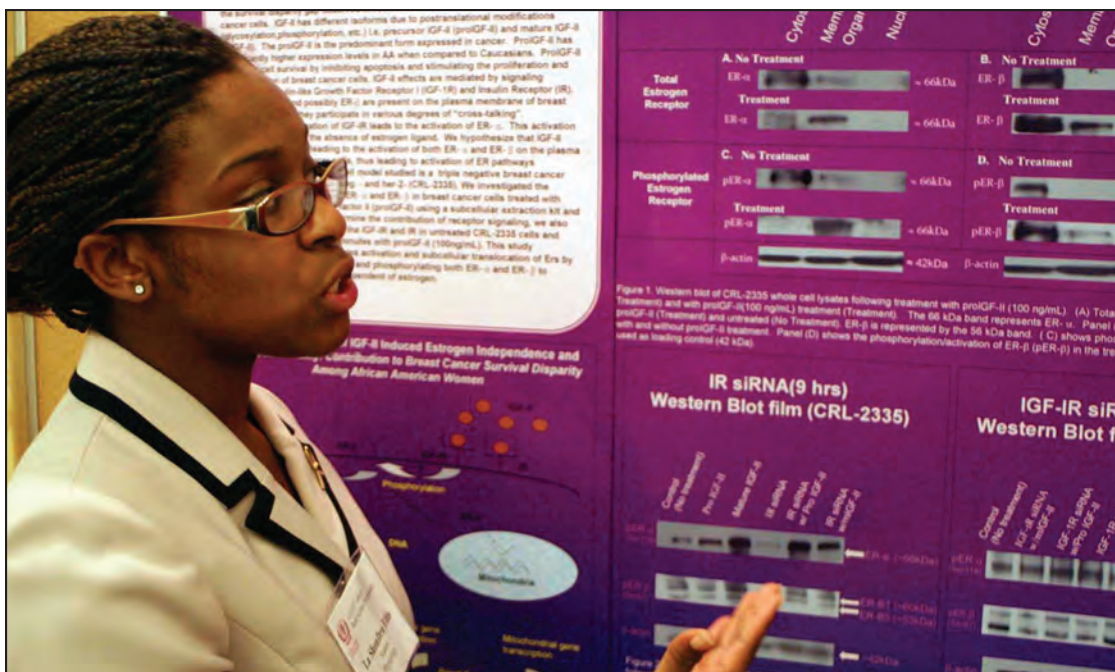
The title of the study—"Modulation of pro- and anti-apoptotic molecules as a rational approach to anti-metastatic selectivity for pancreatic cancer"—offers a clue to the level of sophistication the summer research program entails. Ms. Sellers, who is a recent graduate of Cajon

High School in San Bernardino, is currently enrolled in the pre-med program of Fordham University in New York, where she is majoring in biology. "The program reinforced my love for science and the health field," she notes. "It allowed me to see that I definitely want to go into the health field and become a doctor."

Dr. De Leon is proud of the program's success in helping talented students like Ellis and Sellers enhance their commitment to health careers.

"One of the key things we measure is the percentage of high school students who stay in a science major in college. Nationally, 60 percent or more drop out from a scientific curriculum in college. However, 65 percent of our undergraduate students are completing graduate education in the medical sciences in either and MD, MD-PhD, master's degree, or PhD program. We are proud that 36 of our alumni from this program have graduated, or are currently enrolled in, doctoral programs at Loma Linda University and other competitive programs nationwide."

After noting that the National Institutes of Health is interested in developing new scientists and physician scientists, Dr. De Leon concludes with an important observation: "We have zero dropouts from the summer program," he says.



La Shondra Ellis, a participant in the 2008 summer research program of the Loma Linda University Center for Health Disparities and Molecular Medicine, speaks with passion and precision about a study she helped conduct into the causes of heightened breast cancer incidence among African-American women. Although she had just graduated from high school at the time, Ms. Ellis is now enrolled as a biology major at La Sierra University with a minor in journalism.

An interview with Richard H. Hart, MD, DrPH

A crisis in global health

It's no secret that Richard Hart, MD, DrPH, the president and CEO of Loma Linda University Adventist Health Sciences Center, is a longtime advocate for the needs of people in developing nations. Throughout his tenure at Loma Linda, he has traveled and worked with health care personnel on every continent and sought to acquaint American audiences with world health needs.

His recent presentation to students enrolled in the LLU Center for Health Disparities and Molecular Medicine's summer research program prompted questions about a variety of issues related to world health issues. Here are a few of his responses:

What are the biggest health problems in the world right now?

Problems of excess and access. In the Western world, it is primarily excess—obesity, cardiopulmonary disorders, and degenerative diseases. But in the developing world, it's access to health care. Countries in the developing world spend an average of \$5 per person per year on health care. The availability of care in the developing world is a huge issue!

We were making real progress toward extending the life expectancy from birth in Africa back in the 1970s. It was somewhere between 52 to 57 years of age. Now in sub-Saharan, or black, Africa, it's in the mid-40s. In some countries, it's down into the 30s. The reason is the increase of infectious diseases, especially the Big Three: HIV/AIDS, malaria, and tuberculosis.

Part of the problem is that the Church—and I don't mean just the Adventist Church; I mean the whole Christian movement—has, in the last 20 years, pulled back its level of support to developing countries. Instead of sending missionaries, we're more into "tourist Christianity," mission trips—the short-term approach.

As a consequence, we have defined ourselves out of health care by saying one of three things. Either:

- 1). The government is providing health care;
- 2). We don't have the resources; or
- 3). We don't have the will.

I believe that's a cop-out. I think Americans are still willing to give when they are challenged. If we articulate a vision for what the future can be, I think funding will happen.

What holds the best hope for meeting global health challenges in the future?

You mean the magic bullet? We need a vaccine for HIV/AIDS, a vaccine for malaria, and an effective vaccine for TB. We have one, but it isn't very effective.

People are dying rapidly. We can't fix it all, but God asks us to engage. Our challenge is to try to provide services that are responsive to those needs.

Ellen White talks a lot about the concept of disinterested benevolence. Of doing good for the sake of doing good when you don't expect anything in return. I think our people will respond if we give them the opportunity.

Where did you go on your recent African trip and what did you accomplish?

I went to Malawi, Lesotho, and to South Africa. In Malawi, I went with Adventist Health International (AHI) to consult and participate in shooting a video for Hope for Humanity, the new name for what's left of the old Ingathering program. It used to be a \$7.5 million business; now it's down to \$2.5 million.

In Lesotho, I went to Maluti Mission Hospital. It's struggling. I went to assess it to see if LLU or AHI can help it. This was the first time I've been there. My parents worked there. I found that it's a mature mission hospital that has not planned well for the future. It needs a major investment of time and energy to stabilize.

Then I went to Helderberg College in Capetown, South Africa, for the graduation of the off-campus master's of science in nursing (MSc) degree from Loma Linda. There were 20 graduating students from Africa as well as from Jamaica, Bolivia, Argentina, and Peru.

What parts of the world are Loma Linda graduates impacting the most?

We're having a significant impact at Sir Run Run Shaw Hospital in China and at the government hospital in Kabul, Afghanistan. Also at 70 to 80 Church institutions such as colleges and universities and mission hospitals, and several hundred clinics around the world. That has the biggest impact. They are run by local people whom Loma Linda graduates have trained.

The lack of specificity in Church offerings has hurt global mission, as has the fact that the Church has been reluctant to tell the bad news of what's happening in the world. We need to be more honest with the Church members in terms of the challenges we're facing.

Loma Linda University Children's Hospital

Bike Presentation Ceremony • Sunday, November 9, 2008



An estimated crowd of 5,500 children and their families attended the seventh annual Loma Linda University Children's Hospital bike presentation ceremony held Sunday, November 9, at the Arrowhead Credit Union Park in San Bernardino.



Jack H. Brown, chair and chief executive officer of Stater Bros. Markets, congratulates students on their academic achievements.



A proud mother and her happy daughter leave Arrowhead Credit Union Park with a new bicycle.

Stater Bros. Charities and K-Froggers 4 Kids help make hundreds of Inland Empire children happy

By Richard Weismeyer

Approximately 5,500 individuals attended the seventh annual Loma Linda University Children's Hospital bike presentation ceremony held on Sunday, November 9, at the Arrowhead Credit Union Park.

Congratulating the more than 1,000 deserving fourth-grade students for their academic achievements was Jack H. Brown, chair and chief executive officer of Stater Bros. Markets. In his remarks, Mr. Brown commended the students for their perseverance in achieving academic excellence.

The bicycle giveaway was made possible through the generosity of Stater Bros. Charities, the K-FROG stations, Arizona Tea, Clorox, Del Monte, Kellogg's, Peet's Coffee and Tea, and the many K-FROG listen-

ers who donated more than \$482,000 during the annual K-FROGGERS for Kids Radiothon held in October.

Coordinating the event was Tiffany Hoekstra, Loma Linda University Children's Hospital major gifts officer. Ms. Hoekstra was assisted by numerous volunteers from Auto Club Speedway, Loma Linda University Children's Hospital, Loma Linda University Medical Center, Mattel, Ontario Reign Hockey Team, Pacific Coast Cheer, and Tilden-Coil Constructors.

In addition to the children who received bicycles at the event, the Candlelighters Childhood Cancer Foundation of the Inland Empire will distribute 100 bicycles to children with cancer who were unable to attend the event.

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Spaghetti with marinara sauce
Chicken Parmigiana

Limited time offer. No other discount good with this offer.



University Hospital central service employee Joanna Delgado (second from left) grand prize winner of \$500 at the annual employee benefits fair is congratulated by Mark Underwood (left), central service manager; Danny Fontoura, MBA, University Hospital administrator; and Patricia Larios, human resource management benefits manager.



Loma Linda University Health Services employee (second from left) Andrea Scott receives the grand prize of \$500 from Patricia Larios (left); Kevin Lang, MBA, president, LLU Health Services (second from right); and Jordan Trent, human resource management benefit analyst.



University Health Care employee Christa Watts (second from left) receives congratulations on receiving the grand prize of \$500. Presenting the grand prize are Jordan Trent (left); David Wren, MHA (second from right), senior vice president for clinical faculty, University Health Care; and Patricia Larios.



East Campus employee (second from left) Elvon Veluz receives the \$500 grand prize from Patricia Larios (left); Michael Jackson, MBA, senior vice president and administrator, East Campus (second from right); and Jordan Trent (right).



Loma Linda University Children’s Hospital \$500 grand prize winner Cyndee Pelton (second from left) is congratulated by Janel Iseff, MA, RN, executive director for patient care; Zareh Sarrafian, MBA, senior vice president and administrator, Children’s Hospital; and Patricia Larios.

Benefits fair prize winners

| Winner | Gift | From | Value |
|-------------------------|---|--------------------------------------|-------|
| Josh Zahid | Barnes and Noble Gift Card | Marriage and Family | \$25 |
| Rizalie Nicolin | Applebee's Gift Card | Rideshare | \$25 |
| Donna Malczewski | Outback Gift Card | Rideshare | \$25 |
| Lanita Jocson | Olive Garden Gift Card | Risk Management-Health Plans | \$25 |
| Ellen Rutebuka | Nordstrom Gift Card | AHRP | \$50 |
| Elizabeth Fry | Picnic Basket and Gift Certificate | EAP | \$50 |
| Mearlene Martin | Mission Inn Gift Card | Employee Health | \$50 |
| Annette Winkler | Campus Store Gift Certificate | Environmental Health and Safety | \$50 |
| Ellen Keller | Arco Gift Card | HRM | \$50 |
| Jacquelyn Christiansen | Cheesecake Factory Gift Card | HRM | \$50 |
| Richard Ayala | Sports Authority Gift Card & ESPN Trivia | HRM | \$50 |
| Mark Platt | Stater Bros Gift Card | HRM | \$50 |
| Norie Bencito | TJ Max Gift Card | HRM | \$50 |
| Carrol Emery | Wal-mart Gift Card | Rideshare | \$50 |
| Lenore Skinner | Paper Shredder | Risk Management Workers Compensation | \$50 |
| Judy Peterson | Centennial Pathway Paver and Barnes and Noble Gift Card | Philanthropy | \$125 |
| Jessica Lidner | Ipod Gift Basket | Retail and Services | \$200 |
| Daniel Tapanes | Grand Prize | HRM | \$500 |
| Raquel Celis | Barnes and Noble Gift Card | Marriage and Family | \$25 |
| Debora Mahar | Chili's Gift Card | Rideshare | \$25 |
| Chess Rivera | Olive Garden Gift Card | Rideshare | \$25 |
| Ivan Fernandes | Red Lobster Gift Card | Rideshare | \$25 |
| Delila White | Barnes and Noble Gift Card | Risk Management-Health Plans | \$25 |
| Marco Soto | Best Buy Gift Card | Risk Management-Health Plans | \$25 |
| Cynthia Reese | Drayson Center Anti-Stress Massage Gift Certificate | Drayson Center | \$50 |
| Phoebe Macaya | Drayson Center Anti-Stress Massage Gift Certificate | Drayson Center | \$50 |
| Carmen Naval | Picnic Basket and Gift Certificate | EAP | \$50 |
| Gayle Wendt | Mission Inn Gift Card | Employee Health | \$50 |
| Mario Lopez | Sports Authority Gift Card | Employee Wellness | \$50 |
| Tyler Cornish | Campus Store Gift Certificate | Environmental Health and Safety | \$50 |
| Lydia Calinisan | Barnes and Noble Gift Card | HRM | \$50 |
| Jordan Treto | Chevron Gift Card | HRM | \$50 |
| Teresa Boudreaux | Chili's Gift Card | HRM | \$50 |
| Debbie Hewitt | Gap Gift Card | HRM | \$50 |
| Ramona DeGuzman | Ross Gift Card | HRM | \$50 |
| Atsuko Miyajima | Sports Authority Gift Card and Tennis Racket | HRM | \$50 |
| Monique Moore | Stater Bros Gift Card | HRM | \$50 |
| Naoki Miyajima | Cosmetic Laser Surgery Gift Certificate | LLFMG | \$50 |
| Marlyn Banquerigo | Paper Shredder | Risk Management Workers Compensation | \$50 |
| Sarah Sydnor | Travel Duffle Bag | Spiritual Care | \$50 |
| Michelle Castillo | Centennial Pathway Paver and Barnes and Noble Gift Card | Philanthropy | \$125 |
| Rey Banquerigo | Ipod Gift Basket | Retail and Services | \$200 |
| Elvon Veluz | Grand Prize | HRM | \$500 |
| Estera Hughes | Tote Bag | Children's Center | \$10 |
| Cynthia Acevedo | Applebee's Gift Card | Rideshare | \$25 |
| Cynthia Hernandez | Drayson Center Anti-Stress Massage Gift Certificate | Drayson Center | \$50 |
| Laura Garriy | Chili's Gift Card | HRM | \$50 |
| Debra Shea | Ross Gift Card | HRM | \$50 |
| Lavonne Lipscomb | Sports Authority Gift Card and Soccer Ball | HRM | \$50 |
| Danette Curtis | Cosmetic Laser Surgery Gift Certificate | LLFMG | \$50 |
| Veronica Hartunlan | Wal-mart Gift Card | Rideshare | \$50 |
| Maria Meza | Free Children's Center Registration | Children's Center | \$100 |
| Robin Smith | P.F. Changs Gift Card | Rideshare | \$25 |
| Fida Geha | Fitness Pack | Campus Store | \$50 |
| Natalie Meikle | Loma Linda Market Gift Certificate | HRM | \$50 |
| Camerina Lopez | Shell and California Pizza Kitchen Gift Cards | HRM | \$50 |
| Lillian Ghosh | TJ Maxx Gift Card | HRM | \$50 |
| Sarah Leon | Paper Shredder | Risk Management Workers Compensation | \$50 |
| Patricia Munoz | Barnes and Noble Gift Card | Marriage and Family | \$25 |
| Debra Carrion | California Pizza Kitchen Gift Card | Rideshare | \$25 |
| Deena St. Germain | Barnes and Noble Gift Card | Risk Management-Health Plans | \$25 |
| Diana Pavlevsky | Drayson Center Anti-Stress Massage Gift Certificate | Drayson Center | \$50 |
| Nancy Sanchez | Picnic Basket and Gift Certificate | EAP | \$50 |
| Cecilia Chavana | Gift Basket | Employee Wellness | \$50 |
| Sophia Romero | Campus Store Gift Certificate | Enviromental Health and Safety | \$50 |
| Cynthia Vest | Arco Gift Card | HRM | \$50 |
| Darah Diffie | Barnes and Noble Gift Card | HRM | \$50 |
| Frances Trujillo | Bass Pro Shops Gift Card and Tennis Racket | HRM | \$50 |
| Luiza Lopez-Cabrera | Bed, Bath and Beyond Gift Card | HRM | \$50 |
| Ross Emerson | Best Buy Gift Card | HRM | \$50 |
| Patricia Pena | Loma Linda Market Gift Certificate | HRM | \$50 |
| Mary Meza | Macy's Gift Card | HRM | \$50 |
| Krista Renstrom | Sports Authority Gift Card and Volleyball | HRM | \$50 |
| Julie Lacanlale | TGI Fridays Gift Card | HRM | \$50 |
| Michelle Holguin | Macy's Gift Card | LLU School of Public Health | \$50 |
| Diana Dunn | Mini-Cooler | Ophthalmology | \$50 |
| Christina Chavez | Centennial Pathway Paver and Barnes and Noble Gift Card | Philanthropy | \$125 |
| Christa Watts | Grand Prize | HRM | \$500 |
| Yolanda Melendez | Bass Pro Shops Gift Card and Tennis Racket | HRM | \$25 |
| Pat Spier | Chili's Gift Card | Rideshare | \$25 |
| Lydia Carrillo | Outback Gift Card | Rideshare | \$25 |
| Romelle Larsen | Best Buy Gift Card | Risk Management-Health Plans | \$25 |
| Laura Lynne Yulip-Lopez | Nordstrom Gift Card | Risk Management-Health Plans | \$25 |
| Cherie Watt | Arco Gift Card | HRM | \$50 |
| Karen Marsa | Barnes and Noble Gift Card | HRM | \$50 |
| Ruth Dursteler | Bed, Bath and Beyond Gift Card | HRM | \$50 |
| Joseph Chua | Best Buy Gift Card | HRM | \$50 |

Record number of employees attend benefits fairs

By RICHARD WEISMAYER

A record number Loma Linda University Medical Center employees attended the 2008 benefits fairs held on October 21, 22, and 23. A total of 4,013 attended bene-

fits fairs coordinated by the human resource management office under the direction of Lizette Norton, MBA, assistant vice president for human resource management. The fairs were held at various locations around the Loma Linda campus.



Behavioral Medicine Center employee and \$500 grand prize winner Daniel Tapanes (second from right) is congratulated on his award by (from left) Lizette Norton, MBA, assistant vice president, human resource management; Jill Pollock, MS, RN, administrator, Behavioral Medicine Center; and Patricia Larios.

Individuals representing resources and services by various Loma Linda University institutional and community entities were available to answer employee questions.

A total of 522 employees attended the benefits fair held at the Faculty Medical Offices, 617 at the East Campus benefits fair; 152 at the Behavioral Medicine Center benefits fair, and 2,720 at the general benefits fair held at Wong Kerlee International Conference Center.

| Winner | Gift | From | Value |
|------------------------|---|---------------------------------|---------|
| Neurity Bajet | Big 5 Sporting Goods Gift Card and Volleyball | HRM | \$50 |
| Nanci Robison | Campus Store Gift Card | HRM | \$50 |
| Krista Quinones | Campus Store Gift Certificate | HRM | \$50 |
| Christopher Bowen | Cheesecake Factory Gift Card | HRM | \$50 |
| Marcella Garcia | Home Depot Gift Card | HRM | \$50 |
| Leonila Samson-Araneta | Kohls Gift Card | HRM | \$50 |
| Cecilia Ferr | Loma Linda Market Gift Certificate | HRM | \$50 |
| Mary Wilcox | Olive Garden Gift Card | HRM | \$50 |
| Elizabeth Lee | Ross Gift Card | HRM | \$50 |
| Jen Cruikshank | Sports Authority Gift Card and Soccer Ball | HRM | \$50 |
| Ingrid Roth | Stater Bros Gift Card | HRM | \$50 |
| Sheila Santiago | TGI Fridays Gift Card | HRM | \$50 |
| Sarah Owen | Blender | Spiritual Care | \$50 |
| Salina Tamayo | Centennial Pathway Paver and Barnes and Noble Gift Card | Philanthropy | \$125 |
| Ryan Horner | Ipod Gift Basket | Retail and Services | \$200 |
| Cyndee Pelton | Grand Prize | HRM | \$500 |
| Michelle Roberts | Red Lobster Gift Card | Rideshare | \$25 |
| Freddie Domondon | Nordstrom Gift Card | Risk Management-Health Plans | \$25 |
| Justin Carter | Visa Gift Card | Risk Management-Health Plans | \$25 |
| Donna Lester | Gift Basket | Diabetes Treatment Center | \$50 |
| Janine Goffar | Picnic Basket and Gift Certificate | EAP | \$50 |
| Adrienne Campos | Campus Store Gift Certificate | Environmental Health and Safety | \$50 |
| Nora Diaz | Arco Gift Card | HRM | \$50 |
| Evelyn Isberto | Barnes and Noble Gift Card | HRM | \$50 |
| Wynne Robertson | Bass Pro Shops Gift Card and Basketball | HRM | \$50 |
| Celestia Pyo | Bass Pro Shops Gift Card and ESPN Trivia | HRM | \$50 |
| Somsak Limrosocha | Bass Pro Shops Gift Card and Tennis Racket | HRM | \$50 |
| Debbie Walker | Bass Pro Shops Gift Card and Volleyball | HRM | \$50 |
| Shirley Williamson | Best Buy Gift Card | HRM | \$50 |
| Stephen Fenning | Campus Store Gift Certificate | HRM | \$50 |
| Beth Gilbert | Campus Store Gift Certificate | HRM | \$50 |
| Woodrow Tuazon | Chili's Gift Card | HRM | \$50 |
| Teofila Taylor | Chili's Gift Card | HRM | \$50 |
| Terry Livingstone | Home Depot Gift Card | HRM | \$50 |
| Emma Karim | Home Depot Gift Card | HRM | \$50 |
| Hortencia Tellez | Kohls Gift Card | HRM | \$50 |
| Samantha Webster | Kohls Gift Card | HRM | \$50 |
| Eloisa Atienza | Loma Linda Market Gift Certificate | HRM | \$50 |
| Rosendo Domingo | Lowe's Gift Card | HRM | \$50 |
| Patty Santos | Lowe's Gift Card | HRM | \$50 |
| Nicole White | Olive Garden Gift Card | HRM | \$50 |
| Gitana Scott | Olive Garden Gift Card | HRM | \$50 |
| Nick Frantz | Sport Chalet Gift Card and Basketball | HRM | \$50 |
| Elvin Tolentino | Sport Chalet Gift Card and Soccerball | HRM | \$50 |
| Megan Thomas | Sport Chalet Gift Card and Soccerball | HRM | \$50 |
| Nataly Patterson | Sports Authority Gift Card and Badminton Set | HRM | \$50 |
| Clifford Okere | Sports Authority Gift Card and Basketball | HRM | \$50 |
| Malena Wareham | Sports Authority Gift Card and Basketball | HRM | \$50 |
| Craig Austin | Sports Authority Gift Card and Tennis Racket | HRM | \$50 |
| Huguette Joseph-Domond | Sports Authority Gift Card and Volleyball | HRM | \$50 |
| Phyllis Mills | TGI Fridays Gift Card | HRM | \$50 |
| Marie Melendrez | TJ Maxx Gift Card | HRM | \$50 |
| Dominic Garcia | Olive Garden Gift Card | Rideshare | \$25 |
| Eddie Gaitan | Wal-mart Gift Card | Rideshare | \$50 |
| Rochelle Guimmond | Volleyball Set | HRM | \$63.99 |
| Edwin Pedutem | Volleyball Set | HRM | \$63.99 |
| Paul Becker | Nordstrom Gift Card | AHRP | \$100 |
| Leyna Nguyen | Ipod Gift Basket | Retail and Services | \$200 |
| Joanna Delgado | Grand Prize | HRM | \$500 |
| Sylvia Hutchinson | Olive Garden Gift Card | Rideshare | \$25 |
| Holly Anderson | Olive Garden Gift Card | Risk Management-Health Plans | \$25 |
| Maryann Jones | Visa Gift Card | Risk Management-Health Plans | \$25 |
| Gregory Cochran | Sports Authority Gift Card | Employee Wellness | \$50 |
| Alicia Becerra | Campus Store Gift Certificate | HRM | \$50 |
| Terrie Kuykendall | Cheesecake Factory Gift Card | HRM | \$50 |
| Patricia Ledford | Kohls Gift Card | HRM | \$50 |
| Sherry Koupal | Claim Jumper Gift Card | Milliman/UBS | \$50 |
| Rochelle Guimmond | Volleyball Set | HRM | \$63.99 |
| Raul Cahue | Olive Garden Gift Card | Rideshare | \$25 |
| William Martens | Nordstrom Gift Card | Risk Management-Health Plans | \$25 |
| Amy Casey | Visa Gift Card | Risk Management-Health Plans | \$25 |
| Courtney Clark-marquez | Nordstrom Gift Card | AHRP | \$50 |
| Sandra Assman | Mission Inn Gift Card | Employee Health | \$50 |
| Kathryn Butler | Cosmetic Laser Surgery Gift Certificate | Family Medicine | \$50 |
| Angela Henderson | Bed, Bath and Beyond Gift Card | HRM | \$50 |
| Jessica Campos | Best Buy Gift Card | HRM | \$50 |
| Carlos Prado | Cheesecake Factory Gift Card | HRM | \$50 |
| Chuck Saenz | Home Depot Gift Card | HRM | \$50 |
| Irene Almanza | Loma Linda Market Gift Certificate | HRM | \$50 |
| Deborah Powers | Macy's Gift Card | HRM | \$50 |
| Jason Peterson | Shell Gift Card | HRM | \$50 |
| Holly Holato | Sport Chalet Gift Card and ESPN Trivia | HRM | \$50 |
| Marcos Romo | Stater Bros Gift Card | HRM | \$50 |
| Andrea Scott | Grand Prize | HRM | \$500 |



Human resource management honored for excellent service

Kevin J. Lang, MBA, executive vice president for finance and administration and CFO of Loma Linda University Adventist Health Sciences Center (right), presents a certificate of appreciation to representatives of the department of human resource management for excellent service to all the entities of LLUAHSC. The presentation occurred during a special luncheon to express appreciation to employees of the department on Monday, October 20, 2008. Pictured are (from left) Leticia Newman, compensation analyst; Mesega Thomas, employee relations specialist; Robert Frost, MBA, director, Loma Linda University Foundation; and Lizette Norton, MBA, assistant vice president, human resource management.

First-year medical student...

Continued from page 8
Chinese culture student from New York by the name of Annie Ren. Although the group’s name might seem to imply a connection to a religious organization, it is actually a secular ministry. The “salvation” in its name refers to its important role in saving AIDS-infected and affected orphans from a dangerous and uncertain existence as social outcasts on the streets of one of the largest cities in the world.

When she first heard about AOS (Ms. Cochran-Yu’s abbreviated acronym for AIDS Orphan Salvation), she thought it sounded like a noble enterprise and when Ms. Ren invited her to spend a weekend in Fuyang, she said yes.

When the weekend was over, Ms. Cochran-Yu knew her life would never be the same after Ms. Ren introduced her to Zhang Ying, the founder of AOS. Ms. Ying had been a very successful realtor in Fuyang when an assignment to show a visiting American researcher around the city turned into a moment of destiny.

“Her name is Kay Johnson,” Ms. Cochran-Yu offers, “and she’s a professor of ethnic studies at Hampshire College in Amherst, Massachusetts. She was writing a book on the development of Fuyang prefecture.”

On one of their excursions, she and Zhang Ying found a girl of 9 or 10 years of age who was literally dying of HIV/AIDS. “She was living in a broken down shack,” Ms. Cochran-Yu reports, “and her mouth was covered with sores. She had no medical care or support system. Both her parents had died after contracting AIDS from a blood transfusion, and her relatives wanted nothing to do with her because they were afraid of catching the disease themselves.”

The girl told Professor Johnson and Ms. Ying her name was Ren Nan. What should they do? They couldn’t leave her to die on the streets, so they took Ren Nan to a hospital and got her started on a medication regimen. When Ms. Ying asked friends and confidants for advice, she was directed to open a charity. She quit her job and opened an orphanage for kids who, like Ren Nan, either had AIDS themselves, or had lost their parents and way of life to the disease.

For her part, Professor Johnson provided financial support through significant donations of personal funds as well as donating all the royalties she earned from the sale of her book. She also raised money for the new charity in the United States.

Thanks to their interventions, Ren Nan’s situation is substantially better, but her life is still in danger from the disease. “Her AIDS is under control,” Ms. Cochran-Yu says, “with antiretroviral therapy. Currently she’s on the second line of medication. The second line is what you take after your immune system becomes resistant to the first line. Unfortunately, she will be on shaky ground if she ever becomes immune to the second line of meds.”

When Ms. Cochran-Yu met Zhang Ying and saw the AIDS orphans first-hand, she felt a sharp longing to get involved. “There are over

500 kids receiving care from AOS right now,” Ms. Cochran-Yu recalls. “About 10 percent of them are infected with HIV/AIDS and the others have been tragically affected by it. It was shocking, yet gratifying to see the progress that had been made.

“I made a decision to get involved,” Ms. Cochran-Yu says. “I talked to Zhang Ying and she gave me a list of things she thought might be helpful that I could provide. Things like fine-tuning the translation of her website into English, and contacting Americans who had been involved in China and might be able to help. She said, ‘I have a grant renewal coming up. It’s in English. Can you look at it?’ She gets grants from American companies that support AIDS programs. Basically what she wanted to know was if I would be someone who speaks English for her.”

When she got back from Beijing, Ms. Cochran-Yu jumped in with both feet and started working from her computer. “I mostly did projects for Zhang Ying by e-mail,” she notes. “Then I came back to the University of Redlands for a class in May.”

Not surprisingly, she told everyone she met about her experiences with AOS in China. One of those people was Garry Fitzgerald, executive director for business development at LLU Health Care. “He really jumped on board. He arranged for me to meet Eric Anderson,” chair of the health policy and management department at the School of Public Health, “who introduced me to Roy Wu,” a physician recruiter at LLUHC. “Roy had been telling Eric that he’d love to get involved in China, so Eric brought him along.”

With support from Mr. Fitzgerald, Dr. Anderson, and Mr. Wu, Ms. Cochran-Yu used her month in the United States to raise awareness of the work Ms. Ying and AOS are doing.

“I traveled all around Southern California and went to different colleges and churches talking about AOS and AIDS in China,” she reports. “I raised about a thousand dollars, plus whatever people donated online. Some people gave me kids clothing for the orphans and I took it with me when I went to China.”

When she graduated from the University of Redlands in June, Ms. Cochran-Yu wasted no time in heading back to Asia.

“I left for China the day after graduation,” she says, “and got back here in early August to begin my studies at the School of Medicine. Right now, I’m mostly focused on raising money for AOS while I’m going to school. I’m also trying to persuade others to get involved. I’m trying to get an organization that provides dental care to swing by Fuyang and offer free care for the kids at AOS during their annual mission trip to the People’s Republic of China.”

To learn more about the Fuyang AIDS Orphans Salvation Association, check the group’s website at <www.faids.com/en>.

Right now, Ms. Cochran-Yu is applying herself to the academic challenges of learning the profession she once decided to forego.

University convocation puts childlike face on the meaning of compassion

By JAMES PONDER

In an age of proliferating ceremonies designed to demonstrate organizational compliance with requirements and corporate solidarity with desirable values, it's refreshing when an event actually touches the hearts of the people in attendance. That's what happened when Loma Linda University hosted its annual convocation chapel on Wednesday, October 22, 2008.

As students, faculty, and staff converged on the University Church from every point on campus, a palpable sense of the importance of the occasion pervaded the atmosphere. One could hardly look in any direction without seeing scores of robed academics and dignitaries clad in the colorful uniforms of their alma maters.

Terry Swenson, MDiv, campus chaplain, welcomed everyone to the event and asked the congregation to bow in prayer before invoking the blessings of God not only on the convocation service itself, but more importantly, on the larger issues of how we reflect the mercy and compassion of God in our lives.

The familiar yet heartfelt strains of "Praise to the Lord" filled the great hall as participants became celebrants of the majesty of the King of Creation for His blessings of health and salvation.

As the music faded away, Richard H. Hart, MD, DrPH, president of Loma Linda University, and Verlon W. Strauss, MBA, senior vice chancellor for financial affairs, acknowledged the contributions of faculty, administrators, and staff to the quality of education at the University. After that, Rick E. Williams, PhD, vice chancellor for enrollment management and student services, asked the students to stand and receive recognition for their commitment to

the learning processes of the University.

Ron Carter, PhD, vice chancellor for academic affairs, concluded the recognition segment of the program by inviting the audience to recognize the president, chair, and members of the LLU Board of Trustees and the LLUAHSC Councilors for their essential contributions to the life of the organization.

Ruthita J. Fike, MA, administrator and CEO of Loma Linda University Medical Center, lanced the core of contemporary anxiety over world financial markets with the precision of a surgeon. She gave tributes to faculty and researchers of the University, and grounded the day's celebration of learning in ancient traditions going back to the prophets of the Old Testament and the philosophers of ancient Greece.

"We are unquestionably in a time of worldwide change and instability," she observed. To support her remarks, Ms. Fike read a litany of headlines from the last 40 days. She concluded the evaluation of the shaky condition of world markets by asking an important question. "How could this have happened? After all, Wall Street is filled with smart people who know what they are doing, right? Of course, we are observing that this is not always true."

Ms. Fike mentioned the "win at all cost" philosophy of companies like Enron and other shipwrecked organizations as examples of the ruinous influence of self-interest and greed. "In the end," she said of Enron, "they went bankrupt with one of their senior executives committing suicide and several others convicted of fraud. Their CEO died of a stress-induced heart attack before he served his prison sentence."

After citing examples of sustain-

able success from management author Jim Collins, Ms. Fike discussed LLU Medical Center's team quest—under the direction of Gerald Winslow, PhD, vice president for mission and culture—to clarify and express the values that set us apart from similar organizations, and to put them into behavioral terms that can be used in selecting and evaluating employees. She noted that while compassion, integrity, excellence, wholeness, and teamwork were chosen, "our entire campus selected compassion as the value most admired."

But how does an organization as diverse and multi-faceted as Loma Linda University Adventist Health Sciences Center communicate compassion to the world? In answering the question, Ms. Fike restated the morning's scripture in contemporary language: "How can a man be wise," she read from a modern translation of the Bible. "The only way to begin is by reverence for God. For growth in wisdom comes from observing His laws." Then she pointed out that the wisdom of Jesus distilled all the commandments and precepts of God's word down to two summary principles—loving God and loving others. "Another way to say this," she explained, "is that by loving God, we will be brought to a compassionate approach to our fellow human beings."

Ms. Fike shared the story of how her 6-year-old daughter brought the real meaning of compassion to light during a family vacation in Boston.

"One evening, as we went out to dinner, I held her hand, but she broke away to approach one of the most desolate-looking individuals we had seen." Fearing that her daughter would be contaminated by contact with the homeless man, Ms. Fike rushed forward to intervene. But



Ruthita J. Fike, MA, administrator and CEO of Loma Linda University Medical Center, delivered the keynote address at the 2008 University convocation chapel. Ms. Fike challenged attendees to live for others, rather than following the misguided philosophy of "win at all costs."

something transcendent happened when she got there. "As I caught up with her and started a rebuke, I realized she was already on the ground and touching the man with tenderness. On her face was a look of total selfless compassion, and the unfortunate man soaked in that act of kindness. It was I who was rebuked."

After sharing her hope that the same compassionate spirit she observed in her daughter will undergird our service to others, she offered a reflection on the nature of success and failure.

"We began this talk by citing financial and personal failures," she noted. "Would it have made a difference if these smart people had an ethical core from which to work—a value system that included compas-

sion as part of their culture? We can only speculate about any eventual outcomes. But these leaders, as individuals, would certainly have been better off had they been more aware of how actions impact others."

Ms. Fike concluded with a quote from a man she called "one of the world's legendary intellectuals," Albert Einstein: "Only a life lived for others is a life worthwhile. We cannot live a full life unless we have a purpose bigger than ourselves."

The lesson of Ruthita Fike's daughter lingers. The compassion she showered on an anonymous homeless man in Boston stands as a monumental reminder of the wisdom and eloquence of God.

In the immortal words of Jesus, "A little child shall lead them."

First-year medical student advocates for AIDS orphans in China

By JAMES PONDER

Have you heard about the first-year medical student who made up her mind, when she was a junior in high school, not to become a physician?

Her name is Meghan Cochran-Yu and it's a good thing she changed her mind. In fact, for a group of Chinese orphans ravaged by AIDS, it's a very good thing.

"My dad's an orthopedic surgeon," Ms. Cochran-Yu explains. "During my junior year, he opened an office in Loma Linda and I became his instant receptionist until he could hire some-

one else." She thought the experience would enhance her exposure to the world of medicine and enhance her plans to become a doctor.

Instead, it actually nixed those plans as Ms. Cochran-Yu found she didn't like being around people with serious injuries and health problems. "I don't like seeing people sick," she shares. Medicine, it seemed, wasn't right for her after all.

But over the months as she continued helping her dad at his office, Ms. Cochran-Yu noticed that many of the people who had been in bad shape

when they first came in to see him were getting better thanks to his skillful interventions. "It was a very gradual process," she recalls, "but I eventually decided to become a doctor after all."

Once she made up her mind, Ms. Cochran-Yu didn't let the grass grow under her feet. She enrolled in the University of Redlands with an uncommon triple major in Asian studies, biology, and chemistry. In June of this year, she graduated from the University, and in August, she attended new student orientation at Loma Linda University School of Medicine.

But it's what Ms. Cochran-Yu did in January and March of 2008 that turned out to be such good news for AIDS orphans in China. In January, Ms. Cochran-Yu enrolled in a six-month overseas learning program at Beijing University. Not only would it allow her to complete the requirements for her Asian studies major and increase her command of the language, but since Ms. Cochran-Yu is half-Chinese, it would also deepen her sense of connection to her ethnic heritage.

Once in Beijing, Ms. Cochran-Yu heard about a group called the Fuyang AIDS Orphan Salvation Association from her roommate, an American

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Meghan Cochran-Yu, a first-year medical student at the Loma Linda University School of Medicine, hangs out with a couple of her new pals at the Fuyang AIDS Orphan Salvation Association in Fuyang, China.

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