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NOV 09 1988

Loma Linda University
Loma Linda University Medical Center
Adventist Health System / Loma Linda

TODAY

Volume 1, Number 14

Wednesday, November 9, 1988



La Sierra campus student Dee Ann Wong (right) won two gold medals at a recent Bach Festival competition. She was accompanied by Nancy Villaneuva, also an LLU student.

Student wins gold medal music awards

Loma Linda University student Dee Ann Wong, 18, won two gold medals at the recent Southern California Junior Bach Festival held at California State Dominguez Hills. More than 3,000 music students from Southern California entered the three-tier competition several months ago. She was accompanied by Nancy Villaneuva, 19, also an LLU student. After winning branch and regional contests, Ms. Wong and Ms. Villaneuva were among more than 100 finalists to compete at the Festival October 9.

"We would like to give credit to our piano teacher, Mrs. Anita Olsen, professor of music, in

the College of Arts and Sciences," says Ms. Wong. "I would also like to thank my flute teacher, Mrs. Karlin Eby. Both of them have really been encouraging." Mrs. Olsen is the wife of former Loma Linda University president V. Norskov Olsen, PhD, TheolD.

The young musician's first gold medal, in the piano concerto category, was for "Concerto in D minor for clavier." The second gold medal, in the flute category, was for "Sonata in G minor for flute and piano."

Ms. Wong, a sophomore music major, is the daughter of Douglas and Betty Wong, of Loma Linda. Please turn to page 5

Dr. Denis Burkitt to speak at meeting of Christian Medical Dental Society

Denis P. Burkitt, MD, honorary senior research fellow at St. Thomas' Hospital Medical School in London, will be guest speaker at a special meeting of the Christian Medical Dental

Society on Friday, November 11, in the University Church of Seventh-day Adventists.

The Christian Medical Dental Society is a fellowship of health professionals committed to living

out their faith through their profession.

During the 7:30 p.m. meeting, Dr. Burkitt will speak on "Diet and Disease in the Western World."

Formerly a senior consultant to the ministry of health in Uganda, where he spent 20 years as a surgeon, Dr. Burkitt has received major awards from the Royal Society of Medicine, the British Medical Association, Royal College of Surgeons, Sloan Kettering Institute, and the American Leukemia Society.

"He is a dynamic and entertaining speaker and an effective communicator of the gospel message through his presentations," says William P. Bunnell, MD, chairman of the department of orthopaedics in the School of Medicine, and president of the local chapter of the Christian Medical Dental Society.

Dr. Burkitt is the author of over 300 scientific publications and editor or co-editor of several books including *Treatment of Burkitt's Lymphoma*, *Burkitt's Lymphoma*, *Refined Carbohydrate Foods and Diseases*, *Don't Forget the Fiber in Your Diet*, and *Western Diseases: Their Emergency and Prevention*.

The meeting is free and open to the public.

Dr. Thompson named fellow of College of Radiology

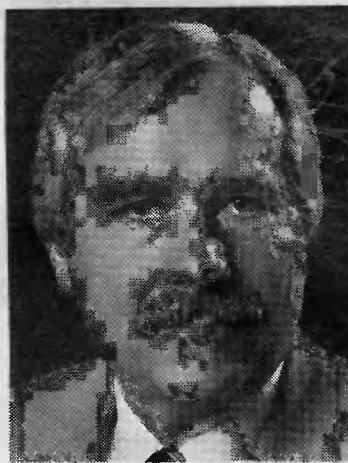
Joseph R. Thompson, MD, director of pediatric radiology and chief of pediatric neuroradiology at LLUMC and professor of radiology at LLU, was named a fellow of the American College of Radiology (ACR) during ceremonies on September 27 at the ACR annual meeting in Cincinnati, Ohio.

Selected for his outstanding contributions to the field of radiology, Dr. Thompson was named as one of 136 new fellows by the college's board of chancellors.

Fellowships in the college are awarded for significant scientific or clinical research in the field of radiology or for significant contributions to its literature. Criteria for selection also include performance of outstanding service as a teacher of radiology, service to organized medicine, and an outstanding reputation among colleagues and local community as

a result of long-term superior service.

The American College of Radiology is a national organization serving more than 20,000 radiologists, radiation oncologists, and radiological physicists, with programs focusing on the practice of radiology and the delivery of comprehensive radiologic health services.



Joseph R. Thompson, MD

LLUMC security officer, partner win first place in K-9 competition



Officer William Garvey and his partner, Granite (a Bouvier), congratulate each other for winning first place overall in the novice division in the recent Inland Valley Police K-9 competition held in Rialto. Officer Garvey and Granite make up one of LLUMC's four K-9 units.

One of Loma Linda University Medical Center's K-9 (canine) units — Granite, a six-year-old brindle Bouvier, and William Garvey, safety officer II police canine handler — placed first overall in the novice class at police K-9 trials held in Rialto on Sunday, October 9.

Sponsored by the Inland Valley Police Canine Association (IVPCA) and hosted by the Rialto Fire Department and the Friends of Rialto Police Canine, the trials attracted approximately 40 K-9 units, some from as far away as Tulare County.

K-9 units — consisting of a dog and a handler — are used to enhance a police or security depart-

ment's capability of providing protection, apprehending suspects, and deterring crime.

The IVPCA trials, held annually, consist of two classes: open and novice. Dogs entered in the novice class have competed in fewer than two previous trials. Granite was competing in his first major trials.

"The really interesting thing," says Lamarr Edwards, director of LLUMC and LLU security, "is that these trials always have been held on Saturday, and, therefore, the Medical Center units have not been able to compete. This year, however, IVPCA changed them to Sunday, so that our teams would be able to participate. They

did this just for us, and we really appreciate it.

"Another interesting thing," Mr. Edwards says, "is that this is the first time that a nonpublic security department has won this competition."

The trials — an all-day affair — tested a wide range of abilities: obedience, agility, scent work, master protection, and apprehension of a suspect.

Regarding apprehension of a suspect, Officer Garvey says, "The dogs were tested on their ability to pick out a suspect — choosing between an officer and a 'suspect.' Dogs are color blind, but they can discern such things

Please turn to page 3

La Sierra campus programs offer assistance to students

Several programs are offered on the La Sierra campus which give assistance to students, reports Lynn Mayer, director of developmental education on that campus.

These programs include the Retention Program, Developmental Education Program, Learning Resource Center, Gateway to College, and several mentoring programs.

- The Retention Program is a process which is carefully designed to include efforts from all areas of campus life: academic, social, financial, and spiritual. The primary concern is to improve the quality of campus life.

Input from administration, faculty and staff help to clarify the goals of the University. Present and future activities serve to generate significant improvements at LLU. This will ultimately serve to improve student retention. These activities reflect the purpose and mission of Loma Linda University. A few of the programs are described here.

- The Developmental Education Program has four distinct phases. The advisement phase begins with the identification of incoming high-risk freshmen as determined by low test scores and / or a low high school GPA. These students are given the opportunity to complete any required remedial classes before fall quarter by attending the Gateway to College (explained below) summer program. Special advisement of these students continues until they matriculate into regular collegiate classes.

The monitoring phase of the program includes an extensive, intrusive process of tracking the student's program to ensure academic progress. This involves an early warning system which encourages the teachers to refer students who are having difficulty.

Marvella Beyer, assistant to the dean, College of Arts and Sciences, and Bob Ford, associate professor of business and management, School of Business and Management, follow through with the academic probation students. Lynn Mayer works with the freshmen.

- The Learning Resource Center is designed to help learners learn more, in less time, with greater ease. It is targeted for any student, faculty, or staff member of the La Sierra campus.

Services offered include a) basic study skills assistance, b) diagnostic testing, c) mini-workshops, d) individual academic skills counseling, and e) content area study skills assistance. Included in the mini-workshops are topics such as writing, taking exams, reading, time-management, notetaking, and other non-academic topics.

Supervised by a coordinator, with help from School of Education graduate students and other upper-division students, the

center is available as a place where all students can come for resource material on how to best study for a particular subject. The Center is also available for teacher use for such activities as homework or other required activities that they deem appropriate for their students.

- The Gateway to College summer-entry program started this last September with 53 students taking advantage of the early start to do needed remedial classwork. Classes were offered in reading improvement, introduction to composition, introductory algebra, intermediate algebra, and personal study skills. This program lasts for four weeks pri-

or to fall quarter.

The program gives students the opportunity to get familiar with the campus resources and adjust to the academic rigors of college. All but three of the students in the recent program returned to La Sierra campus this fall. Response from students was positive, and plans are being made for a larger group next summer.

- The first three weeks of a quarter are most crucial. If a student does not connect with a significant person on campus, he is more likely to drop out of school. Thus, LLU has been working on the creation of mentoring programs, which provide assistance and support on a regular basis to

students.

- The Hispanic Mentor Program, under the direction of Iris Landa, assistant to the dean of students, began two years ago. The attrition rate among Hispanic students dropped significantly last year, with 80 students participating in the program. This year, preparation is being made for approximately 100 students.

Hispanic faculty and support personnel act as mentors for Hispanic students in the program. Each student meets with his or her mentor on a regular basis throughout the quarter. The mentors provide emotional and academic help for the students who feel they have a place to

turn for nurture, advice, or support.

- A similar program, the Black Mentor Program, is in place this fall for Black students. David Dudley, director of the Counseling Center, reports that there are approximately 75 students currently involved.

These are just a sample of the programs being offered. "It is our belief that we need to provide a conducive academic, social, and spiritual environment for the maximum success of our students," says Ms. Mayer. "Loma Linda University is committed to providing opportunities for students to fulfill their potential as children of God."

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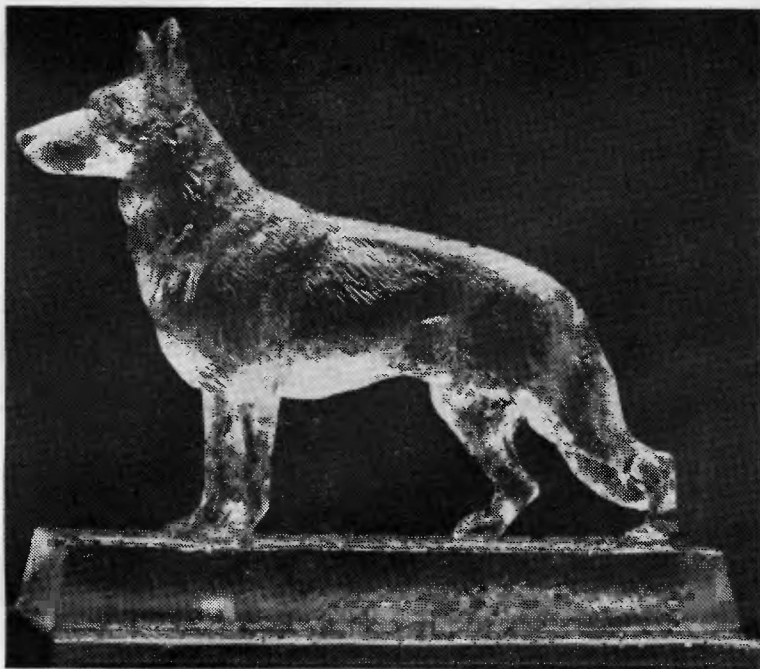
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The trophy awarded to Officer William Garvey and Granite, one of LLUMC's K-9 units, has a light in the base that illuminates the crystal German shepherd.



Mountains Community Hospital, which is being leased by Adventist Health System / Loma Linda in Lake Arrowhead, held a health fair on August 26. Various screening programs, such as blood pressure check, were available to the public. The back of the 38-bed hospital overlooks Lake Arrowhead.

K-9 competition . . .

Continued from page 1

as badges, patches, and an officer's utility belt, so they know which person is the officer."

Officer Garvey and Granite were awarded a trophy for placing first overall in the novice division. The trophy has a wooden base with a crystal German shepherd dog on top. A light in the base illuminates the dog.

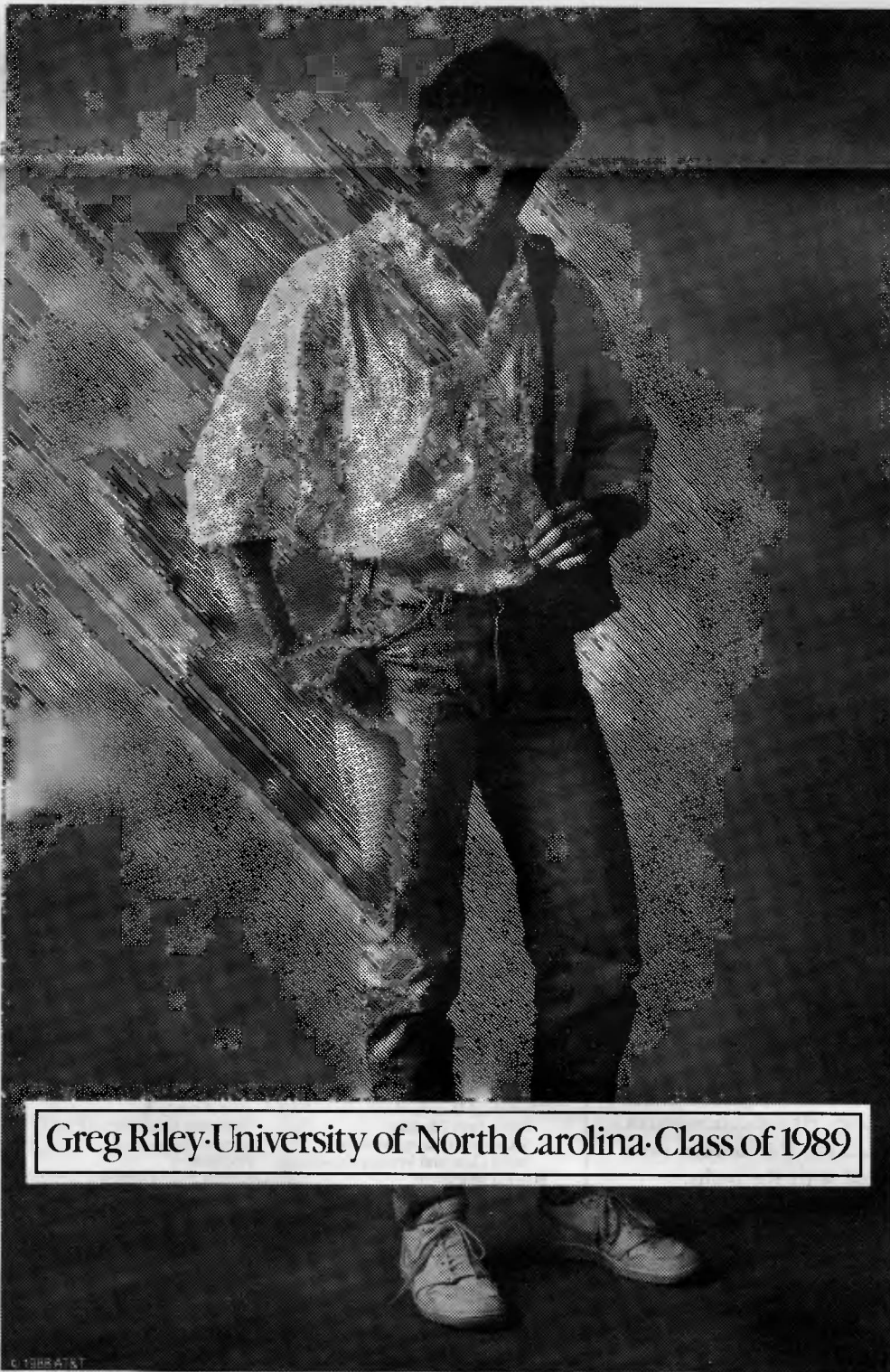
Officer Garvey thinks that the K-9 program is a real asset to LLUMC. "The dogs are here for the protection of people — employees as well as officers — and also of property," he explains. "Because of our program, major crimes have dropped significantly at the Medical Center. And, because of our dogs' protection, we don't have the injury rate among officers that we used to have."

The K-9 program was begun at LLUMC late in 1982 with two dogs and their handlers and was built up to the point where there were six units. Two of the dogs have been retired, however; so, at present, the Medical Center has four units.

"We consider the program here to be extremely successful," says Mr. Edwards. "It has fulfilled all our expectations: the dogs have protected our officers in numerous cases, they have helped us to prevent crimes in progress, and they have been a tremendous deterrent to crime. They have provided the level of protection for the community and for our officers that we had hoped they would."

The LLUMC K-9 program uses both German shepherd and Bouvier dogs that have been trained specifically for this type of work.

**"I don't want
a lot of hype.
I just want
something I
can count on."**



Greg Riley · University of North Carolina · Class of 1989

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Business / management students make 'firm' decisions at annual event

On November 3, approximately 150 students from the School of Business and Management and some 50 or so business firms came together on the La Sierra campus for the 1988 Meet-the-Firms Night.

An annual event, Meet-the-Firms Night provides the opportunity for students and businesses to make contact. Major corporations and firms from throughout Southern California are invited to get a look at the

LLU School of Business and Management students. And according to Samuel Croft, JD, coordinator of placement and internships for the school, "they are pleased with what they see."

When Meet-the-Firms Night began in 1983, Dr. Croft tells us that about 15 firms participated. In six years that number has more than tripled, and the event now boasts such names as IBM, Unisys, Northrop Aircraft, Xerox, the IRS and at least two Big-8 ac-

counting firms.

Meet-the-Firms Night is not designed for the sole purpose of finding the right career match, however; it is also an educational experience.

As most students know, deciding upon a definite career plan is difficult enough, but with the variety of options available to today's business student, making a choice is nearly impossible. So Meet-the-Firms Night is also a chance for students to

take a look at all the different career paths open to them.

One interesting note about the participating firms is that often they are represented by a Loma Linda University alumnus, for example Dan Smith representing Ernst & Whinny, Douglas Croft with Unisys, and Frankie Smith from Allstate Insurance. This is surely the strong-

est evidence possible for the value of the event.

Meet-the-Firms Night is over for this year, but the work of finding the right jobs is not. Many interviews and calls between the students and the firms will follow. But as Dr. Croft puts it, "Meet-the-Firms Night is just one more step in the process of building bridges for our students' futures."

LS Spiritual Emphasis Week features Dr. Warden

On Monday morning, October 17, Dr. Ivan L. Warden, pastor of the Berean SDA Church in Los Angeles, opened Spiritual Emphasis Week at LLU / La Sierra campus by inviting the student body to be participants in building the Kingdom of God.

As a former Director of Urban Ministries for Southern California Conference and a United Nations consultant on seminaries, churches, and individual organizations, Dr. Warden has lectured in many countries and is current-

ly the weekly host of the radio program "Discover."

For Dr. Warden, getting the audience personally involved in what he calls "kingdom building" is the entire purpose of his talks. "Worship is like a bank; if you don't put anything into it, you can't legally take anything out," he often explains. And keeping his audience active has become an art for Dr. Warden.

"What time is it?" he calls out to the students. "Second coming! Second coming! Second com-

ing!" they roar back. "And who's coming?" he asks. "King Jesus! King Jesus! King Jesus!" they respond. "Well, all right!" he exclaims.

On Friday, October 21, Dr. Warden closed Spiritual Emphasis Week with a candlelight communion service and reminded the students that "we are family." The chaplain's office at La Sierra had to schedule Pastor Warden two years in advance,

If you had been on La Sierra campus during the week of October 24-28, you would have seen the palm trees on campus circled with red ribbons. But we weren't trying to get a jump on Christmas. That week was declared National Red Ribbon Week by the National Federation of Parents for Drug Free Youth co-sponsored by California Drug Free Youth.

The recruitment office of LLU / La Sierra campus decided to show their support by placing red ribbons around campus. Robert Diaz, a student worker in

the Recruitment Office, spent Monday afternoon tying ribbons around many prominent trees on campus and promoting awareness of National Red Ribbon Week.

"People feel strongly about this and are uniting to try to put an end to drugs," said Tony Valenzuela, associate director of recruitment. "We want to show our students and our community that we can help." He hopes that there will be even more public awareness in the schools and on the streets as a result of this nationwide effort.



LLUMC volunteers attending the volunteer fall buffet in the Campus Cafeteria on October 23 submitted pumpkins that they had decorated for a contest. John Huang (right), a teen volunteer, won first prize (\$15) for his Cinderella coach of the 20th Century. Volunteer Edith Domke received third prize (\$5) for her Carmen Miranda. Volunteer Beulah Silletto (not shown) won second prize (\$10) for her veiled lady.

Elementary students create quilts as response to 'Fire Prevention Week'

Loma Linda Elementary School art instructor Evelyn Connell devised a novel way to help her students celebrate "Fire Prevention Week" this year.

Mrs. Connell had her students draw pictures on little square pieces of cloth which she then sewed together for a quilt top. Six large, colorful quilts were completed in the process.

The Loma Linda Fire Department was notified of the project and told that they could have them on hand to give to families whose belongings were lost due to fire.

Fire department representatives Mike Hatfield, Vic Padilla and Jeff Roddy came to the elementary school with fire fighting equipment and gave the students in grades four through six an overview of the equipment of the fire engines. At the conclusion of presentations, the firemen were presented with the quilts.

Mr. Hatfield thanked the children and told them how thankful the families would be to receive them. He also commended Mrs. Connell for her idea and the long hours of work that went into the project.

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California State Fireman's Association
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The Los Angeles Times (Partial List)

OPPONENTS:

Tobacco Companies and their friends



THE COALITION FOR A HEALTHY CALIFORNIA: American Cancer Society, American Lung Association, American Heart Association, California Medical Association, California Association of Hospitals and Health Systems and many other health, educational and environmental organizations.

Respiratory therapist has practical guide to lung sounds published in book form

The publication of *Lung Sounds: A Practical Guide* (CV Mosby, 1988), has contributed to a busy and productive year for Robert Wilkins, associate chairman of respiratory therapy, School of Allied Health Professions. Written, in part, because of his interest in the clinical assessment of patients, Mr. Wilkins' book has now led to a special interest for him in lung sound terminology.

Even though chest auscultation has been performed for the past century, the terminology used to

describe lung sounds has not been standardized. A pulmonary nomenclature committee has studied the issue and made recommendations; however, it is not clear what terms are preferred by clinicians.

To study this important issue, Mr. Wilkins, along with James Dexter, MD, assistant professor of medicine, and medical student Mike Smith, has conducted research surveys of health care practitioners at national conventions.

First, the researchers had an au-

diocassette with eight samples of abnormal lung sounds made with the help of Don Cichetti, Media Services. The tape was then played for survey participants using stethophones, after which they were asked to describe the sounds. The terms used to describe sounds were tabulated to identify which were most popular.

The initial survey of 156 respiratory care practitioners was conducted in November, 1987, at the American Association for Respiratory Care's annual meeting, and the results will be presented at this year's meeting.

An abstract on this research was published in the October, 1988, issue of *Respiratory Care*. Mr. Wilkins was also invited to present the results last September to the International Confer-



Mr. Wilkins

ence of Lung Sounds.

A second phase of the survey

was conducted in Anaheim last month at the American College of Chest Physician's Annual Meeting. Approximately 230 pulmonary physicians were surveyed, and the results should be analyzed and ready to submit for publication soon. Results will be submitted to the journal *Chest*.

The survey results should help identify whether practitioners are better able to communicate on the subject of lung sounds, and should assist in future recommendations from the pulmonary nomenclature committee.

Mr. Wilkins' team will continue their research with the objective of increasing the value of this old but valuable clinical tool.

Medical records...

Continued from page 8

unusual record department, giving services that are not normally available through medical records.

For one thing, Sharron doubles as a scrub nurse when OR staff run short. "I love scrubbing in," she says enthusiastically, "it gives me a whole new perspective in transcribing an operative report when I've assisted in surgery for that patient."

Ms. Rudig also dresses the body for burial when a Navajo patient dies. "Navajos have a hard time dealing with the body," she explains, adding that if a Navajo woman is pregnant she is not even allowed to view a deceased patient. This prohibition causes a certain amount of reshuffling of the Navajo nursing staff when a patient dies, so Ms. Rudig agreed to help. "You might say I've acted as the local mortician," she says.

Isolation is a great handicap, and the hospital staff are grateful for the opportunity to receive information from outside hospitals: sample surgical consent forms, take-home instructions that could be adapted for the Navajo patients, quality care review plans.

How can Monument Valley Adventist Hospital afford to have top-notch consultants fly in from California? The answer is, it can't. Mrs. Shaffer and Ms. Stiffler volunteer their time. Mrs. Shaffer, bush pilot as well as experienced medical record administrator, flies her own plane at her expense. Mrs. Shaffer also consults in other rural hospitals as far away as the Philippines, taking solutions from one small hospital to apply in another.

"I'm more an educator than anything," says Mrs. Shaffer. "And I give lots of reassurance. Or I have resources for finding answers to hard questions."

One of those hard questions in Monument Valley was birthdates. Birthdates, an absolute cornerstone of medical demographics, may be unknown and untraceable among the Navajo. Ms. Stiffler explains, "When you evaluate a patient for Medicare eligibility, you have to provide the government some kind of documentation regarding the birthdate. A lot of Indians were never enrolled in Social Security.

They may know they were born in the Third Winter after the Big Storm, of the year of the Flood in the Canyon, and sixty-odd years later no one knows when that was! So we work with Indian Health in developing policies for gray areas."

Death certificates are another challenge. Navajo families may want to bury their own and not use a mortuary. "We've had to set up a different system of paperwork for handling death certificates," Ms. Rudig says.

And medical records here document the status of consultation with the medicine man — an important element of local patient care not addressed in state law.

Monument Valley Adventist Hospital, at the interface of scientific medicine with traditional Indian care, offers exciting challenges for its fly-in consultants. And even though they're volunteers, there are very real rewards. "You get a good feeling from helping someone," says Mrs. Shaffer. "And they entertain us royally while we're here. You couldn't ask for anything nicer."

"Where else would we get to visit ancient cliff dwellings when we've finished work?" adds Ms. Stiffler.

Creating information systems to meet the needs of a different culture, providing computer support in a remote setting, keeping accurate health records on a mission budget — it's all part of a challenging and dynamic career as a medical record professional.

For information regarding a career in medical record administration, write to Sylvia Burlew, School of Allied Health Professions, Loma Linda University, Loma Linda, CA 92350, or phone toll free 1-800-824-4558.

Gold medals...

Continued from page 1

Linda. She began piano lessons at age six, and flute at age 12.

Ms. Villaneuva, a sophomore business major with a marketing emphasis and a music minor, is the daughter of Armand and Daisy Villaneuva, also of Loma Linda. She started piano lessons at age five.

'Child passenger safety' seminar slated by MC

Loma Linda University Medical Center in conjunction with the Los Angeles Area Child Passenger Safety Association will present "Child-Passenger Safety: Educator-training Seminar" on Tuesday, November 15, from 8:30 a.m. to 3:30 p.m., at Randall Visitors Center, corner of Anderson Street and University Avenue, Loma Linda.

The program will explore the problems of childhood mortality and injury caused by automobile accidents, and the prevention of such injuries through the use of car seats and safety belts.

The seminar is geared toward individuals who promote passenger safety, such as health-care providers, health educators, early-childhood educators, and law-enforcement officers.

The fee is \$10. Continuing education credit is available upon request.

LLU interns to staff four new satellite counseling centers

Christian Counseling Centers have just opened in four new locations, announces Ron Huston, PhD, LCSW, a clinical psychologist and director of clinical training for the department of social relations, Graduate School, LLU.

"The counseling centers are operated by our interns in the marriage and family therapy training program," Dr. Huston explains. "We have just expanded our services to provide counseling for the Arden Hills Seventh-day Adventist Church in Highland, Mesa Grande Academy in Calimesa, the Calimesa Seventh-day Adventist Church, and the University Church of SDA.

"We are also accepting new clients at our main clinic in Loma Linda," says Dr. Huston. This clinic is located on the second floor of Griggs Hall on University Street.

All types of counseling are available — child, premarital, and

marriage and family. Clients pay a nominal fee based on a sliding scale.

In addition to the new sites, Christian Counseling Centers are already in operation at the following facilities: Azure Hills SDA Church, Pediatric Medical Group, Loma Linda Women's Center, San Bernardino Family Service Agency, Faculty Medical Offices Shapedown program, Christ the King Lutheran Church, and Yucca Valley SDA Church.

To set up an appointment with a counselor, call the department of social relations at 824-4734. For more information about the new satellite clinics contact the following persons for details: Carol Furrbauer, Arden Hills SDA Church, 864-1111; Richard LaTourette or Fred Kasischke, University Church, 824-4570; Charles Hodgins, Mesa Grande Academy, 795-1112; and Calimesa SDA Church, 795-9741.

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IN BRIEF

LLC fifth-grade classes take orders for Manor Texas fruit cake.

Orders for Manor Texas fruit cake will be taken by fifth-grade classes at Loma Linda Elementary School. Deadlines: Thanksgiving orders — November 7; Christmas orders — December 1. To place an order, call 796-0161, extension 156 or 158, Monday through Friday, after 3:15 p.m.; or in the evening, call 796-2361 or 796-0588. A discount of 10 percent will be given on orders of \$50 or more.

CPR recertification class slated for November and December.

A CPR recertification class will be taught on November 8, and 21, and December 1, 15, and 29, at the Life Support Education Office, Mt. View Plaza, 11155 Mt. View, Suite 231, Loma Linda. Classes are available by appointment only. For an appointment, call 824-4402.

"Managing Diabetes," November 14, 15, 16.

"Managing Diabetes," a three-day comprehensive program that focuses on a balanced diet, exercise, weight control, and psychological support, will be held on November 14, 15, and 16, from 8:30 a.m. to 4:30 p.m., at the Loma Linda Diabetes Center. The class is Medicare and Medical certified (Medical certification for individual instruction only, not the three-day program). To register, call 824-4783.

Heritage Singers, November 16.

The Heritage Singers will appear on Wednesday, November 16, at 7 p.m., at the Azure Hills SDA Church, 22633 Barton Road, Grand Terrace, and on Saturday, November 26, at 4 p.m., at LLU's Gentry Gym. Free admission.

Last annual vehicle sale, December 11.

The last annual vehicle sale will be held on Sunday, December 11, beginning at 11 a.m., at the Loma Linda Academy Gym, 10656 Anderson Street, Loma Linda. Persons may donate anything on wheels — cars, trucks, boats, motorcycles, and trailers. The proceeds will go to the Loma Linda Elementary Development Fund. For information on how to donate vehicles, call 824-4367.

Caribbean cruise open to all at a discount.

The LLU senior class of nursing students is planning a seven-day Caribbean cruise to begin September 2, 1989. Interested persons may join the cruise at the same discount offered to the nursing students. For brochures and prices, call Sara Pena, 799-3444, and leave your name, address, and telephone number.

LLUMC hair salon open to everyone.

The LLUMC hair salon on A-level is open to everyone (employees, patients, visitors, and community). It is a full-service salon with hairstylists experienced in haircutting, giving permanents, and hair coloring. Hours are: Monday through Thursday, from 9 a.m. to 7 p.m., and Fridays, from 9 a.m. to 3 p.m. For an appointment, call 824-4656.

MC nurse specialist takes first place in regional essay contest

Tony Hilton, RN, CRNN, pulmonary rehabilitation clinical nurse specialist at LLUMC, was the winner in Region IX (California, Arizona, Nevada, Hawaii) of the Glasrock Discharge Planning Program of the Year Competition for her essay "Here Today, Here Tomorrow — Managing the Long-term Ventilator-dependent Patient."

Glasrock Home Health Care is a nationwide corporation that provides home-health-care products. Glasrock and the American Association for Continuity of Care join in giving these awards annually.

Each year, essays about discharge-planning programs are submitted from all over the country, and a winner is selected in each of 10 geographic regions. Two national winners also are chosen. This year, awards were presented at the American Association for Continuity of Care annual national convention at the Palmer House in Chicago on September 22. The winners each received a trophy and a check.

Mrs. Hilton's essay describes the ventilator-assisted patient-education program at LLUMC.

"We have been taking care of this kind of patient for the past



Tony Hilton, RN, receives a trophy and a check for her essay that was the Region IX winner in a nationwide contest for essays on discharge-planning programs. Her essay described the ventilator-assisted patient-education program at LLUMC. The awards were given at the Palmer House in Chicago on September 22.

10 years," Mrs. Hilton says, "and have been fine-tuning the program for the past three years, during which time we have presented our program all over the country."

"At the request of many acute-care facilities around the country," she continues, "we have been preparing — and are about ready to publish — a manual that describes how we carry out our program. We are also making a video. The manual and the video will be available to institutions that want to use this material to develop their own programs or to improve the ones they already

have."

Although Mrs. Hilton wrote the Region IX winning essay, she emphasizes the fact that LLUMC staff nurses, staff therapists, and pulmonary rehabilitation team members all worked on developing the program.

The LLUMC pulmonary rehabilitation team conducts ongoing research to evaluate the effectiveness of the ventilator-assisted patient-education program and to find ways in which the program can be improved, Mrs. Hilton says.

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Questions and answers about United Way

What is United Way?

It is a systematic approach to solving human needs in our community. It assures the contributor that maximum value is received from each gift and that member agencies maintain a high degree of accountability.

Why should I give? I never use agency services.

The wholesome atmosphere of a community is directly influenced by the health, happiness, and well-being of everyone in it. Broken homes, delinquency, neglect of the needy and infirm, and substance abuse imperil everyone in the community. A gift to United Way is a clear expression of concern for your community. And it is comforting to know that if ever you should need these services, they will be available.

Are United Way contributions tax-deductible?

Yes, when you itemize deductions on your income tax.

How can United Way afford all that expensive advertising?

Local and national commercials are provided at no cost to United Way. Newspapers, electronic media, and corporate advertisers, including the National Football League, are great supporters of the United Way philosophy.

How much should I give?

This is a decision only you can make. Because employees sometimes have asked what they should give, back in the 1940s, one hour's pay per month became a suggested giving guide. That's a little more than one-half of one percent of one's income. Any amount, however, will be greatly appreciated. Some give \$10 per month. Some give \$5 per month. It all helps. And it all benefits our society. Payroll deduction makes it easy to be generous. Although only a small amount is deducted each month, this method gives the contributor the satisfaction that his or her gift is working year-round.

What are some of the agencies involved?

Social Action Corps (SAC). SAC provides low-cost, primary-health-care services. Its clinics are staffed by student and professional volunteers from Loma Linda University Medical Center and Loma Linda University.

Candlelighters. Also based in Loma Linda, the Candlelighters is a parents' support group for families who have children with cancer. It maintains temporary housing for distressed families that travel great distances while their children are hospitalized.

Meals on Wheels. Meals on Wheels provides meals for people who are homebound because of illness, accident, or convalescence.

The Association for Retarded Citizens. This provides services for mentally retarded adults, emphasizing independent living and vocational skills.

Inland Behavioral Services, Inc. This organization provides outpatient drug and alcohol counseling; individual, family, and group counseling; and vocational and job-placement services.

Well-known agencies include the American Red Cross (providing disaster relief, service to the military, CPR and first-aid education, and disaster preparedness), and Boy Scouts of America, Boys Clubs of America, Camp Fire, Girl Scouts USA, YMCA, and YWCA (all of which provide opportunities for social interaction, personal growth, fitness, and community services — all designed to help youth develop their potential and self-confidence).

'Their Problems Are Ours'

by Dick Schaefer
Director, Community Relations
Loma Linda University Medical Center

It's in a secret building within sight of Loma Linda. For security reasons, all first-time visitors meet at another location and are taken there. No signs identify the building, and the telephone numbers are unlisted. Prospective clients are screened by phone and then are met at another secret location before being taken there.

It's Option House, a half-way house for battered women and their children. In this shelter, the women, with the help of professional counselors, can explore the options available to them.

Pretend for a moment that you are a woman with five small children. Your husband is violent, has physically abused you and your children. Where do you go for help? What can you do? You're at your wits' end and actually fear for your life. I saw such a woman at Option House.

Option House needs food, toiletries, linens, cleaning supplies, and paper products, including disposable diapers. It needs basic household items to help clients get a new start. And it needs volunteers with the ability to perform under stressful situations on a nonjudgmental, supportive basis.

Domestic violence is a great social problem in our nation. It is similar to substance abuse in that it crosses all economic,

social, religious, and ethnic lines. These social problems affect every one of us indirectly, if not directly. They are our problems. A television commercial shows innocent victims who have been killed by drug addicts in Los Angeles, and concludes, "everyone in Los Angeles has a drug problem."

United Way agencies in San Bernardino, Redlands, and Riverside, with the help of thousands of volunteers, serve the disadvantaged in our midst. United Way provides the most economical, efficient approach to community fund-raising yet devised. Because it never comes close to raising enough money, it allocates funds for services according to priorities, as determined by hundreds of community volunteers. It encourages high standards of efficiency and accountability by its member agencies. And it frees agency personnel to devote their time to helping people, with minimal time out for fund-raising.

By giving to United Way, we are assuring that critical services are available in our community. The United Way campaign is the most effective way to share our good fortune with those who have greater needs. The success of the United Way concept is revealed in the numbers of people who give small amounts each month. For those who cannot be

more active in helping people directly, a small payroll deduction each month is a good way to support those who are directly involved.

Option House is just one of 140 agencies with 346 programs receiving support from the United Way agencies in San Bernardino, Redlands, and Riverside.

Please accept this invitation to participate.

12th annual smokeout slated for November 17

The 12th Annual Great American Smokeout sponsored by the American Cancer Society will be held nationwide on November 17.

The Smokeout focuses supportive attention on cigarette smokers from coast to coast, and nonsmokers join in the fun of helping them to quit for the day.

A display booth will be located in the Medical Center lobby from 9 a.m. to 4 p.m., supplied with buttons, posters, balloons, adoption certificates (for nonsmokers to "adopt" a smoker for the day), stickers, and other materials for employees and the public.

Smokeout materials are available in the cancer program office (room 1420, telephone extension 4397) for departments to distribute to their employees prior to November 17.

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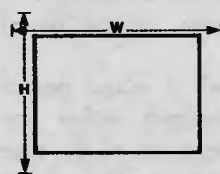
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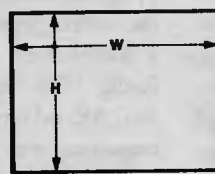
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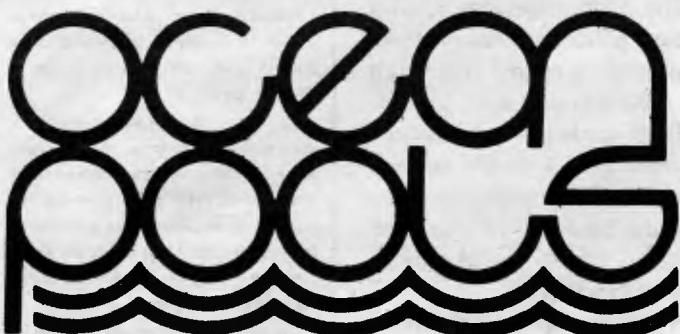
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FOCUS ON ALUMNI...



Audrey Shaffer flies her own plane to Monument Valley as a medical records consultant to the mission hospital there.

Medical records alumni are flying consultants

By Sylvia Burlew, assistant professor of health information administration, School of Allied Health Professions.

The shadow of a solitary small plane slips silently over mile upon mile of sunbaked rocks, through desolate mesas and canyons. The sun beats down on the canyon floors, and the updrafts and downdrafts sweeping the Utah cliffs make piloting the little Cessna tricky. Hours glide by.

Then as the sun lowers on the horizon, the canyons and buttes begin to glow red and gold ocher. Agathla Peak rises in the sky, signaling the approach of Monument Valley, and Audrey Shaffer, medical records consultant, navigates her plane toward Monument Valley Adventist Hospital, wedged into the opening of Rock Door Canyon. She sweeps down as close to the hospital roof as she dares, revs the engine to buzz the staff that she's arriving, then circles for her landing approach.

Landing on the little dirt strip past the hospital is tricky, because the airstrip slopes uphill, ending right at the highway at the edge of a sheer cliff. There's only one way you can land. You fly in low over the flat area toward the cliff, adjusting for crosswinds. "When you begin your descent toward the strip, you have to have everything set up perfectly for your landing, because you have no chance to go around again," says Mrs. Shaffer. "You can't climb high enough fast enough to get above the cliffs."

A graveyard runs along one side of the strip, then a septic lagoon and dump, at which a large number of ravens and crows have congregated. Some circle overhead. "You just hope the

ravens and crows get out of the way," says Mrs. Shaffer, heading down and making a flawless landing.

Mrs. Shaffer retrieves her ropes and ties down the plane to protect it from the strong canyon winds, as a pickup arrives from the hospital. The truck leaves a trail of dust as it winds up a steep hill to the small hospital at the base of massive Elephant Rock. A few pickups are parked out front, cows and sheep wander over the open grazing land of the hospital compound. The place looks almost deserted; not many patients or their families are around as the clinics are closing down for the weekend.

Mrs. Shaffer and Rita Stiffler, another medical record consultant from Loma Linda University Medical Center, head for the medical record department of this "mission" hospital. This is not a vacation jaunt that has brought them 800 miles from Southern California to this remote corner of a Navajo reservation in eastern Utah. Sharron Rudig, the director of the record department, has a stack of problem cases awaiting them. She pulls a chart from the stack.

"This Navajo baby was hospitalized with severe gut inflammation with ulcers and hemorrhage. Since the diagnosis was *Campylobacter fetus* enteritis with rectal bleeding, I selected DRG (Diagnosis-Related Group) 182 as the correct payment category for a complicated case," says Ms. Rudig. "But the Bureau (of Indian Affairs) returned the claim, reassigning it to DRG 184 (digestive disorder without complication). It means a loss of \$1,170 to the hospital if we can't substantiate my DRG assignment."

Mrs. Shaffer phones her hospital in Corona, California, and requests a data run through the

computerized grouper. It confirms Sharron's choice. She will resubmit the claim with this additional information and hope to gain the extra revenue for the hospital.

Coding — applying a disease classification — is a problem for this hospital. The Navajo clerk is learning to transcribe medical reports but isn't trained in coding. The backlog of uncoded charts has grown during Ms. Rudig's recent illness. What to do? A 27-bed mission hospital has difficulty making financial ends meet.

"You need to get a computer encoder," advises Mrs. Shaffer, "one with a software package compatible with the hospital's existing computer hardware."

"And one that's designed for a beginning coder," adds Ms. Stiffler.

Audrey writes down the name of the encoder she recommends, and promises to arrange for a demonstration at the hospital. How soon a vendor will find his way to this remote spot 250 miles north of Phoenix is another question.

Dr. Nicola Ashton, hospital medical director, stops by to discuss computer applications for the medical record department. Programming is a passion of his, and he enjoys discussing ideas with Rita, who works for Loma Linda University Medical Center and is a leader in the field of computerizing medical record functions.

The medical record department, contained within one small room, is just on the edge of computerization, but all the files are color-coded, precisely shelved, and the room has a neat, ordered feel about it. Actually, you'd never guess from a casual glance that this is a most

Please turn to page 5



Review and Herald Publishing Association book editor Raymond H. Woolsey presents V. Norskov Olsen, PhD, TheolD, with the first copy of Dr. Olsen's latest book, *Man, the Image of God*.

Former president authors new book, *Man, the Image of God*

A new book, authored by former Loma Linda University president V. Norskov Olsen, PhD, TheolD, is currently on sale at the Loma Linda Book Shop and other Adventist Book Centers throughout California and the United States.

The book, entitled *Man, the Image of God*, brings Christian philosophy to the brink of the 21st century and shows us the divine design for modern living as well as the ideal Creator-man relationship, according to Raymond H. Woolsey, book editor for the Review and Herald Publishing Association in Hagerstown, Maryland.

"Every page of *Man, the Image of God*, reflects the touch of a disciplined and widely read scholar, the warm heart of a devoted Christian, and an absolute confidence in Scripture," says Arthur F. Glasser, PhD, dean emeritus, Fuller Theological Seminary, Pasadena.

Joe Hale, general secretary of the World Methodist Council, in reviewing Dr. Olsen's book, wrote that "the breadth of

biblical references sweeping across the whole spectrum of the Bible and the bringing to bear a wide range of insights from theologians and thinkers on the nature of God's design for Creation is indeed impressive."

TODAY

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Cancer Society greeting cards available at MC

The 1988 American Cancer Society holiday greeting card program is being offered once again for the holiday season.

These cards can be imprinted professionally with the sender's name and message, and the amount paid for the cards becomes a gift to the American Cancer Society.

A catalog displaying this year's selection is available in the cancer information office, room 1400 in the Medical Center. Orders must be sent to the American Cancer Society office by November 28.