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Scope - Volume 06, Number 08

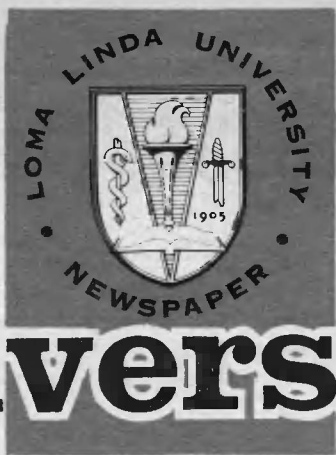
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University SCOPE

Vol. 6, No. 8 Thursday, September 11, 1969



NEW STUDENTS TO the University's Loma Linda campus await the opening of the registration line in Griggs Hall. These students are part of the 1,800 who enrolled yesterday on both campuses.

Student nurses return from Thailand service

Two Loma Linda University nursing students have returned from Thailand after spending the summer as student missionaries.

Cheryl D. Garner and Ardeh A. Truitt, both members of the School of Nursing Class of '70, volunteered to fulfill their elective requirements by serving at Bhuket Mission Hospital on an island off the southern coast of Thailand.

The two girls worked as members of the hospital's nursing staff, assisting with infant deliveries, in surgery, or wherever they were assigned by the supervisor. In the evenings they conducted an English language school for residents of the town of Bhuket.

Learning the Thai language was one of the most difficult challenges for Miss Gardner. Miss Truitt, who spent a number of years in Thailand where her father served on the staff of Bangkok Sanitarium and Hospital, acted as chief translator until Miss Gardner became more familiar with the language.

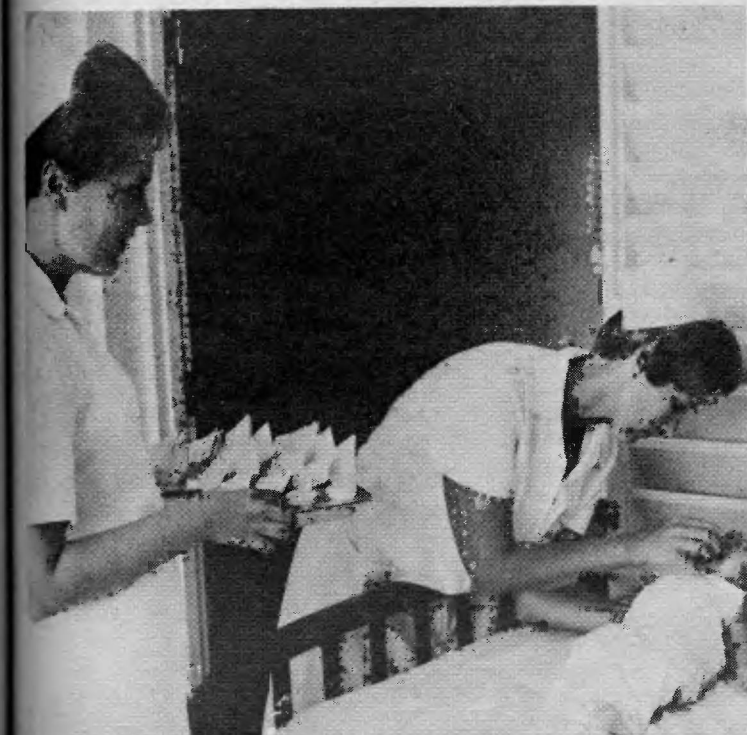
Both girls found mission service

very rewarding. "I learned to know the people not just as the needy millions overseas," says Miss Gardner, "but as individuals just like me. I saw mission service as it really is, and I liked it."

Thailand, located in the heart of troubled southeast Asia, does not possess some of the luxuries many Americans take for granted. But the two nursing students discovered they did not need some of the extra things they had come to expect while living in the United States.

"All summer long," says Miss Gardner, "I kept thinking how thankful I had been for 21 years and how much I complained about insignificant things. I really learned to appreciate all the things that I had taken for granted, like hot, running water and electricity that does not go off at odd hours of the day."

Would they go back? "I would like to return," states Miss Gardner. "But if I am not granted the opportunity, I will serve to the best of my ability wherever I find myself."



ARDETH J. TRUITT, SN'70, (left), watches classmate, Cheryl D. Gardner, SN'70, feed infant in Bhuket Mission Hospital, Thailand. Both girls spent last summer in that southeast Asian country as student missionaries.

Registration sets record; classes commence today

A new attendance high was set this year as nearly 3,100 students enrolled in Loma Linda University, according to Donald E. Lee, PhD, registrar.

Registration ended yesterday. Students began attending classes for all eight schools today.

Approximately 1,800 students enrolled in the College of Arts and Sciences and the School of Education on the La Sierra campus. Over 1,200 registered in the various schools on the Loma Linda campus.

Three hundred eighty-nine students enrolled in the School of Medicine, 238 in the School of Dentistry, and 182 in the School of Nursing.

Nearly 150 students have registered in the School of Health Related Professions, 152 in the Graduate School, and 73 in the School of Public Health.

Loma Linda University offers 11 degrees in the various professional and liberal arts schools, including the associate in science, associate in arts, bachelor of science, bachelor of arts, doctor of dental surgery, doctor of medicine, master of public health, master of science in public health, master of science, master of arts, and doctor of philosophy.

Betatron work continues after operator strike

A strike by heavy equipment operators in southern California which temporarily halted work on the betatron facility at University Hospital has been settled.

According to John W. Dowswell, MD, director of radiation therapy, work on the new facility, under construction 33 feet below the main entrance of the hospital, has now resumed.

The betatron is a high-energy, high-intensity machine used for maximum penetration to reach deep tumors with minimum damage to adjoining tissue. It employs both an X-ray beam and a electron beam. Either beam is capable of rapidly delivering radiation to a precise tumor at any depth with minimal skin reaction or radiation sickness.

Built-in safety features protect the patient and technician, says Dr. Dowswell. The betatron, weighing eight tons and capable of producing 25 million volts of electricity, will be operated under the direct supervision of a radiation therapist.

Dr. Dowswell reports that the betatron will not replace the cobalt machine. It is capable, however, of producing 20 times the energy of the cobalt beam. It can also utilize the electron beam for selective combinations of radiation therapy.

Women's club holds meeting

New University faculty members will be welcomed at the first fall meeting of the Faculty Women's Club on Sunday, September 21, at 6:30 p.m. in the home of Dr. and Mrs. John Leonora, 11525 Richardson Street, Loma Linda.

Continued on page 5

Psychologist says behavior affects emotional feelings

Although much emphasis has been given by professional people to the affect of emotions on behavior, little if any study has been given to the more important effect of behavior on emotions, according to a Los Angeles clinical psychologist.

Speaking to an assembly of Seventh-day Adventist high school teachers and principals at Loma Linda University, Riverside, Richard C. Nies, PhD, declared that a new rationale for mental theory and practice is needed.

"Mental illness is, in a medical sense, often a myth," said the doctor. "The rationale used by most psychiatrists today — that unacceptable behavior is the result of emotional trauma — destroys in the patient the basic

elements necessary for him to cope with his problems. To call a person mentally 'sick' and treat him as a 'patient' keeps him from accepting responsibility for helping himself. He should realize that he must help himself if he is to live effectively."

Dr. Nies sighted experimental data in the support of his central thesis that while emotions influence behavior, behavior has a profound affect on one's emotional well being. "An increasing amount of research in the last decade," he said, "indicates that Freud got the cart before the horse." Dr. Nies bases his views on doctoral and postdoctoral studies and on his practice in state and private mental health institutions.

Medical team returns home after three months in Biafra

A five-man medical team from Loma Linda University has returned after spending three months in war-ravaged Biafra.

The medical group was headed by P. William Dysinger, MD, MPH, assistant dean for academic affairs for the School of Public Health. Accompanying him were Albert S. Whiting, MD, MPH, assistant professor of tropical health; Carl V. Lansing, SM'44, of San Bernardino; and two University Hospital nurses, Gail S. Wichser, SN'67, and Sharon L. Beck, SN'68.

The medical party left London on February 24, flying over the Sahara desert and arriving in Cotonou, Republic Du Dahomey, the jumping off point for landlocked Biafra.

Here the group was divided for the journey by Red Cross planes

into the war zone. The flight, normally taking 30 minutes, stretched into one and a half hours as the pilot gained altitude and awaited a bombing lull.

All Red Cross flights to the hidden airstrip are made at night without lights. The nearest Nigerian jets have come to the airstrip is five miles. Every morning, tribesmen cover the former four mile highway with fresh brush to prevent discovery.

Dr. Dysinger's team based out of the Northern Ngwa County Hospital, established by the Seventh-day Adventist Church in 1959. The small hospital, though peppered on all sides by bombs, has thus far escaped damage.

As many as 1,000 Biafrans came daily to the jungle hospital,

Continued on page 4



THESE BIAFRAN children are among the thousands who face starvation daily. Here, a woman distributes food provided by the Red Cross and the World Council of Churches.

Guest Editorial

In quest of perfection

By David J. Bieber, President

The beginning of a new academic year marks "a beginning again" for many people, including the learned and the learner. Faculty members and administrators take time to reflect on the past, and perhaps dissatisfied with past accomplishments, set new goals for the new year.

Students, equally dissatisfied with past performance, lift their sights for improved performance as they begin a new period and program of education, or just another academic year. The insatiable urge to attain new heights is God-given and is certainly productive of inner fulfillment and reward.

Harry Emerson Fosdick expressed a fundamental conviction which I share. "Democracy," he said, "is based on the conviction that there are extraordinary possibilities in ordinary people." The tragedy is that people often become so much less than they might become. Progress and achievement — yes, excellence — often take on many shapes and forms. The Christian concept of these are measured in terms of the dignity and honor which we are willing to accord at the various ranges of excellence.

We can become great as a church or society only as individuals at many levels of ability strive for high standards of performance and climb as far as possible within the limits possible to them.

Perfection for one individual may be only half perfection for another, depending on the opportunities afforded him and the ability he possesses to take advantage of these opportunities. "For unto whomsoever much is given, of him much shall be required."

Revolution toward truth

Radicalism, reaction, rebellion: these are the three R's of education being taught today by an ever-growing number of young adults who believe, as did the German philosopher, Friedrich Nietzsche, that "The world is beautiful, but has a disease called Man."

They preach their gospel of change to whomever will listen. To those who won't, they manifest the very contempt they accuse their antagonists of conceiving. They reject any opinion contrary to their own, judging it not by merit but by the prejudice they often deem so distasteful in others. Despite their minority, they have been credited with the undoing of colleges and United States presidents alike, all in the name of progress.

Idealism in search of constructive improvement is commendable. Countless "visionaries" who have been unafraid to exhibit their zeal and trust in a supreme deed have enhanced the world and the lives of its inhabitants.

But those who seek to revolutionize for the sake of revolution are as guilty of illogical reasoning as are their counterparts in the so-called Establishment who still cling to outmoded dogmas and selfish prejudices as though they epitomized all that is good and pure.

At present neither side possesses total verity. There must be dialogue to bridge the gap between revolution and stagnation — and the substance of that dialogue must be truth. With all the problems in the world, we cannot afford to reject any idea that might better mankind. We must not fear to expose a thousand lies in search of one salutary truth. But the truth must be discovered by those who seek revolution, and by members of the Establishment working together, in civilized and constructive conversation.

As men grow older, revolution becomes less appealing. The world they once sought to destroy is transformed into a sanctuary in their aging years. As T.E. Lawrence once wrote:

"We lived many lives in those whirling campaigns, never sparing ourselves any good or evil; yet when we had achieved, and the new world dawned, the old men came out again, and took from us our victory and remade it in the likeness of the former world they knew.

"Youth could win, but had not learned to keep, and was pitifully weak against age. We stammered that we had worked for a new heaven and a new earth, and they thanked us kindly, and made their peace.

"When we are their age, no doubt we shall serve our children so."

I have enclosed \$5.00 for copies of all issues of SCOPE to be issued this school year.

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Dean urges teachers to abandon shot-gun approach

Willard H. Meier, Ed.D., dean of the School of Education, urged Seventh-day Adventist teachers and principals in council to abandon "the shot-gun approach to education."

Dr. Meier, addressing delegates from Adventist secondary schools across the United States and Canada, said that teachers must find ways to meet individual needs of students.

"The most difficult question of all in education today," Dr. Meier said, "is how can we individualize instruction so that the student will move as far and as fast as possible."

"It is time," he added, "that we implement the theory which we have been talking about for so long in the field of education — to meet the student where he is."

Dr. Meier explained that although it is widely recognized among educators that "learning is an individual matter," teachers have "locked step and become tradition-bound" to the extent that they continue to teach by using mass techniques.

South Pacific film leads off 1969-70 artist-lecture series

"Pacific Adventures" is the first Loma Linda University Artist and Lecture Series presented by cinematographer Dwight Long.

The new, color-film lecture, scheduled for 8:30 p.m. Saturday night, September 20, in Gentry Gymnasium, was filmed in three phases.

The first part of the film begins near the end of Mr. Long's four-year circumnavigation of the world in his 32-foot ketch, *Idle Hour*, as he searches for buried treasure on Cocos Island, a Pacific Island, and explores the mysteries of the Galapagos archipelago, a group of Pacific Islands.

The second phase takes place during World War II. Mr. Long served aboard a United States aircraft carrier for part of the war. Newly released films of action by that carrier will be shown. Mr. Long also spent time aboard United States submarines. He will

Book Talk

I'M OK, YOU'RE OK

by Thomas A. Harris

(New York, Harper and Row, 1969)

Reviewed by R. L. Klingbeil, M.A., M.P.H.
Health Educator, Pastor

I'm OK, You're OK is a new, practical approach in man's perpetual quest to understand himself both individually and in relationship to others. The method is called transactional analysis.

Based on many years of painstaking observation, transactional analysis seeks to explain human behavior in terms of the continually interacting phases of the personality. The unit of social intercourse is called a transaction. If someone, for instance, acknowledges another's presence, this is a transaction stimulus. Doing something related to the stimulus is a transaction response.

Transactional analysis is a most striking method of examining the transaction wherein 'I do something and you do something

back and then determining which part of the multi nature individual is 'coming on'.

For the first time human behavior can be studied in terms not of the psychiatric textbook, vague and almost never understood, but in terms of language understandable to everyone. Transactional analysis is both a teaching and a learning device.

Transactional analysis discovered that every person contains three active elements: the parent, the adult, and the child. Each person reveals or uses these at appropriate or inappropriate times.

The parent in us personifies the huge collection of imposed events perceived and experienced in one's early life, as well as the rules by which we live. Whether or not parent recordings are a boon or a blessing depends on how relevant it is to the present.

The child in us is a record of the internal events, the responses of the little person to his feelings and reactions. Most of them are spontaneous in nature.

The adult is our data processing computer which makes decisions on the basis of all available information both past and present. It stands to reason that both parent and child must be kept in proper relation to the adult. It is the purpose of transactional analysis to strengthen the adult and free it from the hindrance of

Continued on page 7

University SCOPE

THE LOMA LINDA UNIVERSITY NEWSPAPER

University SCOPE is a non-profit news publication of Loma Linda University, an educational institution operated by the General Conference of Seventh-day Adventists, with campuses at Loma Linda and Riverside, California.

Circulation: 20,000
Subscription: \$5 per year

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Communications about news and editorial content, advertising, or subscription/circulation matters should be directed to University SCOPE, Loma Linda University, Loma Linda, California 92354. Offices are in Griggs Hall on the Loma Linda campus; telephone (714) 796-7311, 888-3211, or 686-5432, extension 2373.

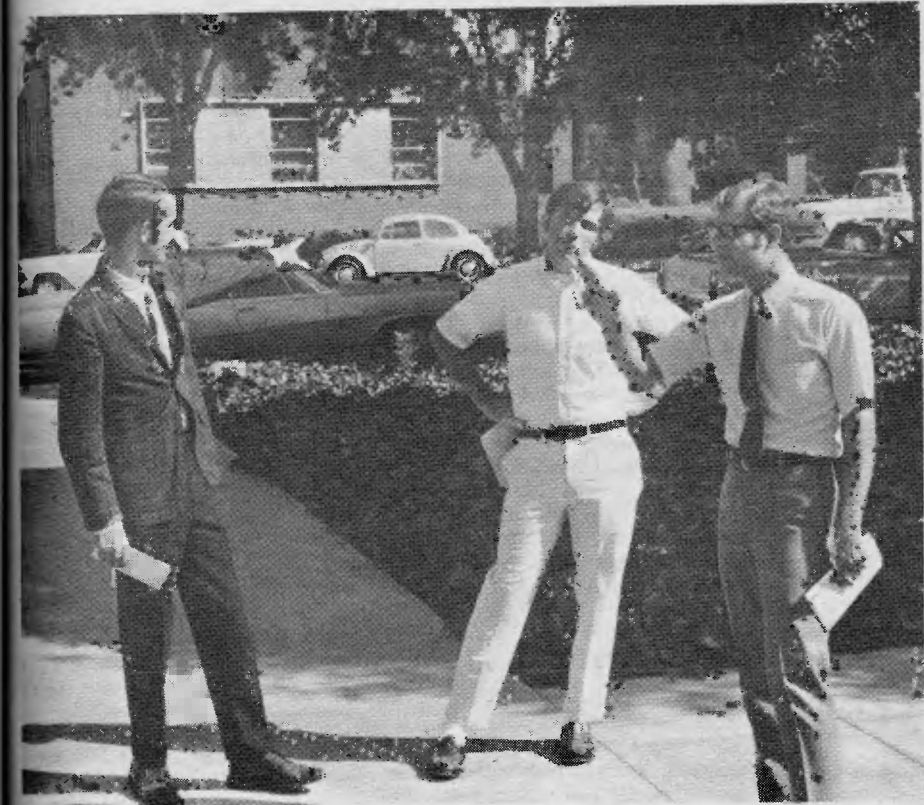
Abbreviations Used in University Scope:

AS — College of Arts and Sciences
DH — Dental Hygiene
DI — Dietetics Intern
GS — Graduate School
LL — Loma Linda campus
LS — La Sierra campus
MR — Medical Record Administration
MT — Medical Technology
OT — Occupational Therapy
PH — School of Public Health
PT — Physical Therapy
RT — Radiologic Technology
SD — School of Dentistry
SM — School of Medicine
SN — School of Nursing

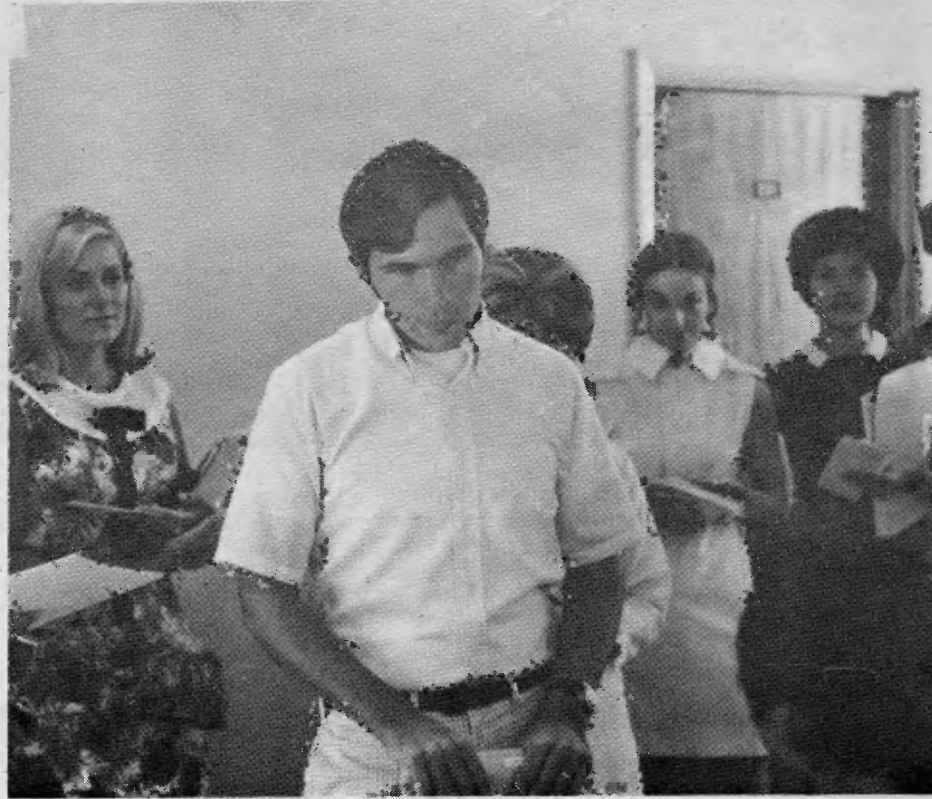


DWIGHT LONG ponders a giant iguana lizard on the beach at South Segmour Island in the color motion picture, "Pacific Adventures," the first program in the University Artist and Lecture Series. The film will begin at 8:30 p.m., Saturday, September 20, in Gentry Gymnasium. Tickets will be available at the door.

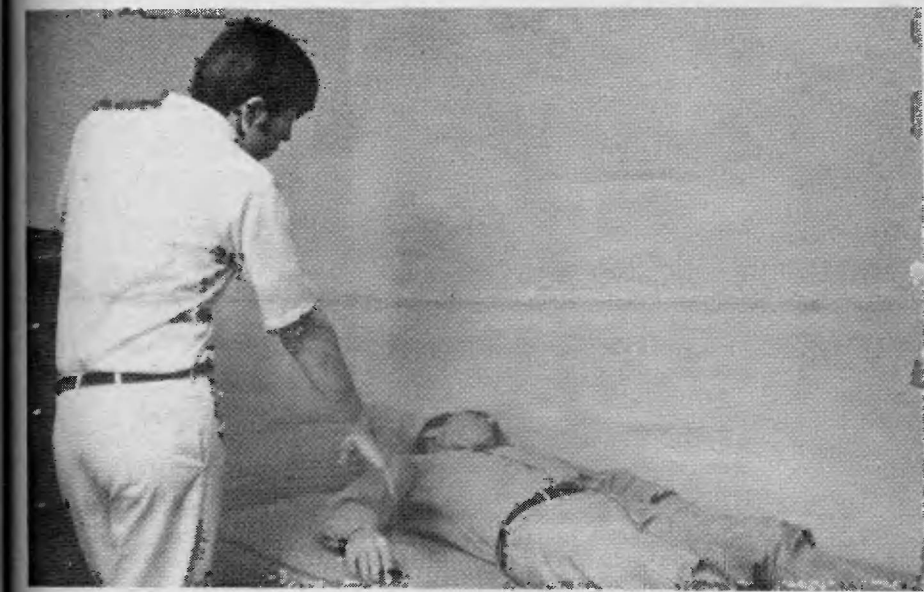
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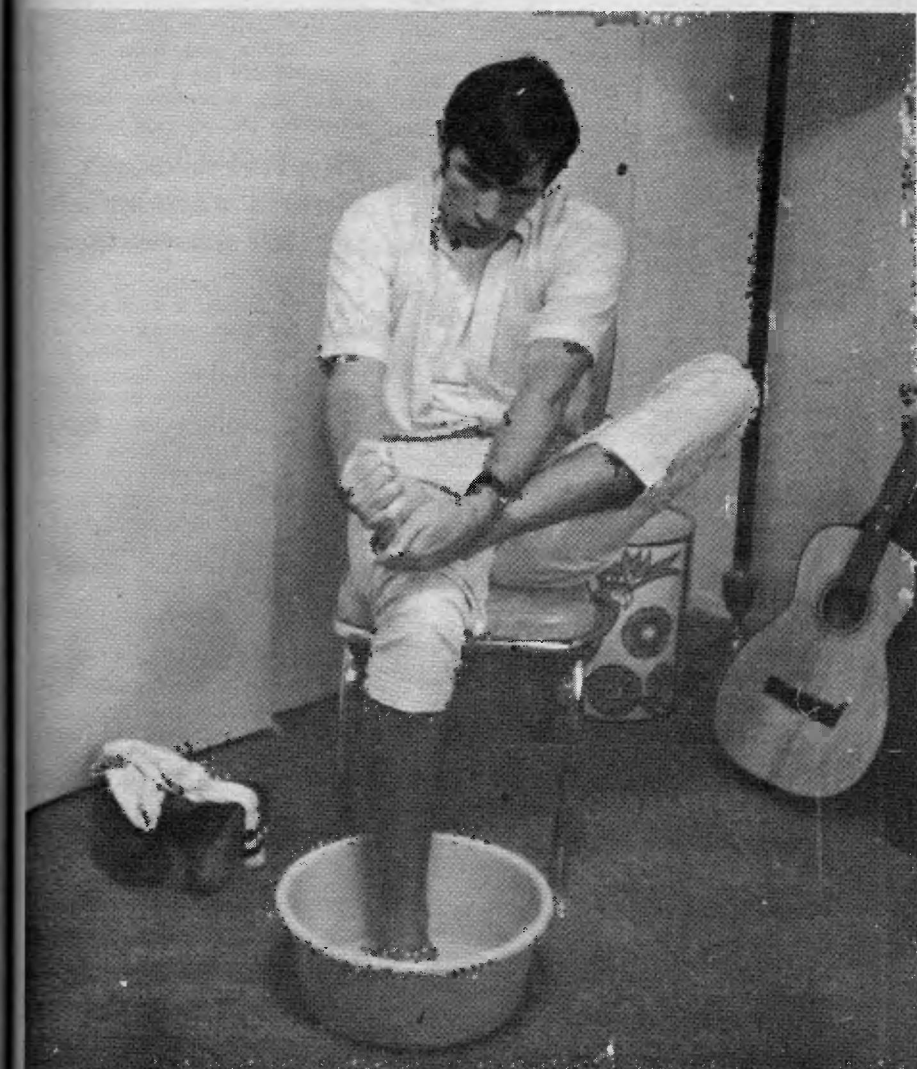
WAITING IN the wrong line for two hours.



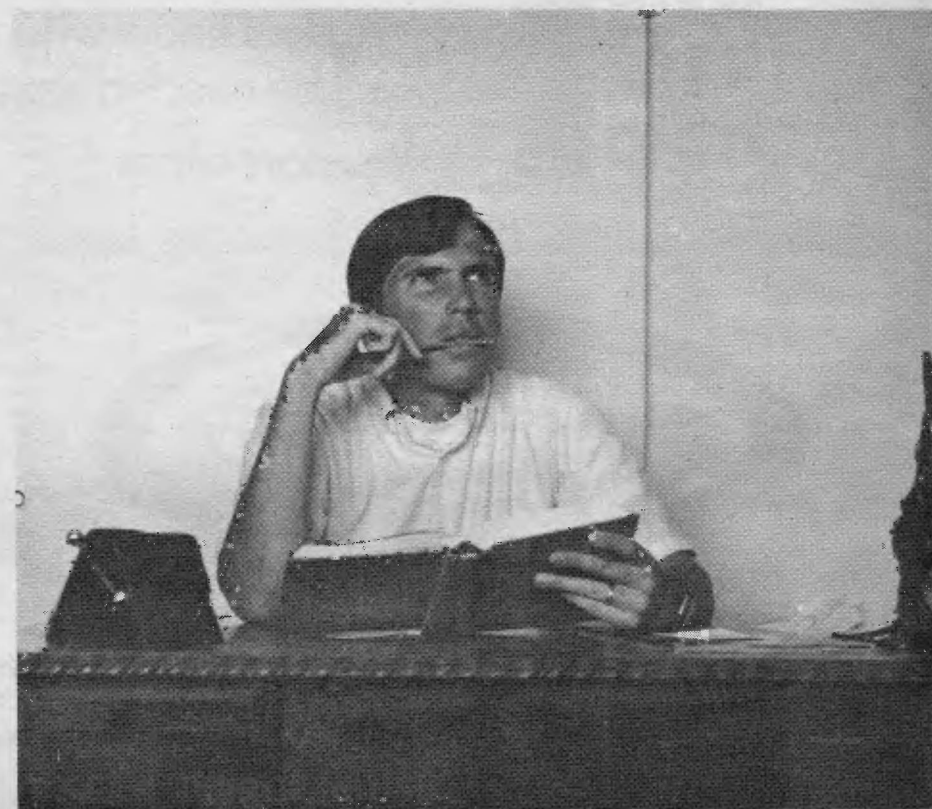
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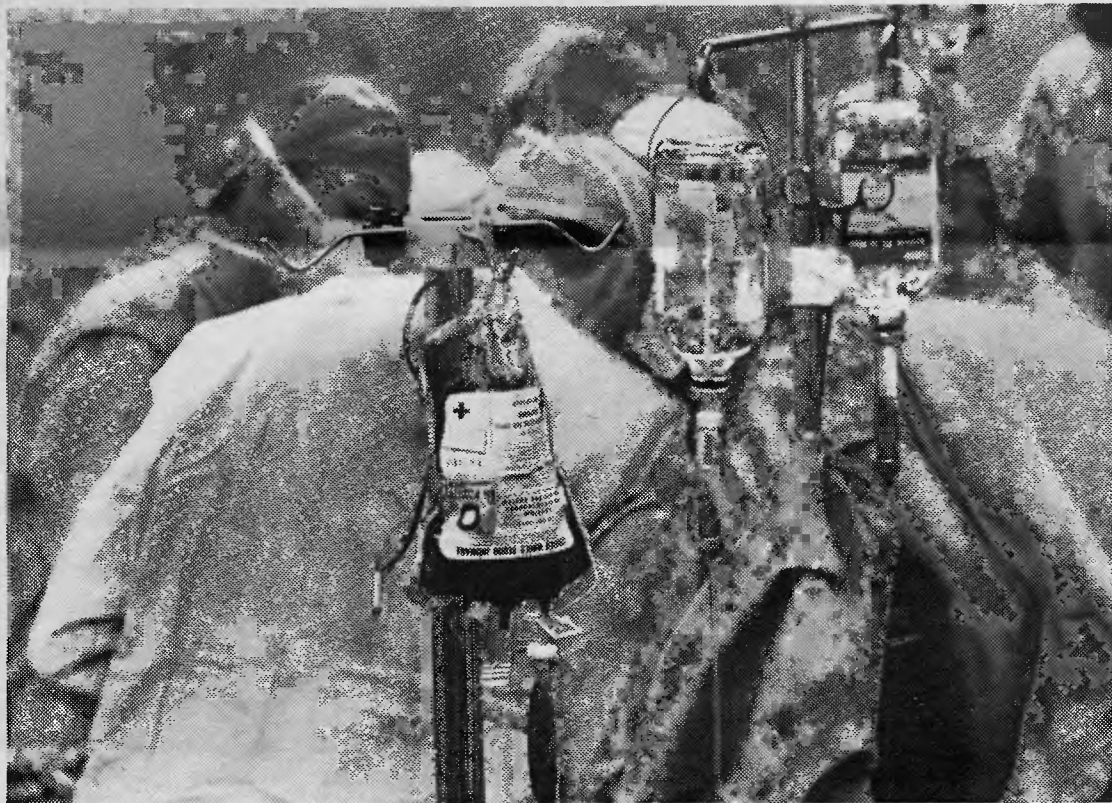
MOVING A step closer to your dream.



RICHARD T. WALDEN, MD, assistant dean for the School of Public Health, addresses the sixteen students who received degrees at the University's summer graduation. A light buffet

supper was given in their honor on the Commons of the La Sierra campus by members of the school's faculty and staff.

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ACT wraps up third summer of community action projects

Bruce Ham, junior sociology major from Walla Walla College, College Place, Washington, and veteran of an inner city project in Seattle, Washington, is considering a request to become director of the Adventist Collegiate Task-force (ACT) headquarters at Loma Linda University.

Monte C. Sahlin, senior theology and communications major, is resigning as director, leaving a post open directing the work of ACT in the Southern California, Southeastern California, and Arizona conferences. Another student director will be appointed at the Pacific Union College headquarters for a similar territory.

In the largest summer program yet during the 1969 summer vacation, eight Loma Linda University students were employed as full-time student activists. Thomas L. King, junior political science major, worked

with the San Bernardino Seventh-day Adventist Church. Gayle A. Gullet, a senior history major, helped staff the east San Jose inner city project. Julie A. Swanson and Kathleen L. Brown, both sophomores, assisted with the "Song Power" program in the San Fernando Valley area of Los Angeles.

One team at the White Memorial Seventh-day Adventist Church, Los Angeles, was made up of university students Ida M. Newcomb, senior elementary education major; Nancy B. Goertz, senior elementary education major; Jeff A. Blanche, junior chemistry major; and team leader Stephen D. McKeone, senior education major.

Three Task-forces were operated in the North Pacific Union, the Columbia Union, and the Pacific Union. The Pacific Union ACT consisted of 12 local projects throughout California and 37 full-time student team members.

These projects ran day care programs serving more than 80 children between the ages of six and 14, five teenage centers serving an estimated 500 young people, and provided thousands of youths, adults, and children with personal counseling.

Aviation courses available through extension program

A wide range of aviation courses is offered through Loma Linda University's Extension Division according to Vernon Koenig, Ed.D., director of extension programs.

Dr. Koenig stated that courses leading to both private and commercial licenses will be conducted on the La Sierra and Loma Linda campuses. An instrument rating ground school will also be conducted.

According to Dr. Koenig, credits earned may apply toward general studies requirements electives for a degree.

In addition to group courses, individual audiovisual instruction is provided on the Loma Linda campus. Designed for the busy student, physician, teacher, professional person, the Felsenthal audiovisual slide film library extends training to students registered for the private commercial or instrument programs. A University flying club providing club aircraft at a saving of approximately 40 percent is available to Loma Linda students and personnel.

Further information is available through Dr. Koenig's office.

Physical therapy alumni convention set for November

Physical Therapy alumni will meet at Loma Linda November 1 and 9 for their annual convention.

According to Karen F. Breckenridge, association president, the homecoming program will begin with an alumni-conducted Sabbath School in the University church and conclude with a student-alumni banquet honoring the class of 1969. Alonzo L. Baker, Ph.D., professor of political science will be the speaker.

Other convention highlights include a potluck picnic at Sylva Park in Redlands at 1:30 p.m. on Sabbath. A Saturday night club benefit program at 8:30 p.m. and a schedule of scientific presentations and displays from 9:00 a.m. to 4:30 p.m. on Sunday.

TECHNOLOGIST WANTED

Medical technologist needed at Simi Valley Community Hospital, 50 miles northwest of Los Angeles in the smog-free community of Simi. Phone 805-527-2462 or write 2975 Sycamore Drive, Simi, California, 93065.

Educator calls on teachers to maintain highest standards

Teacher trauma resulting from student turmoil may be largely self-inflicted, said Charles B. Hirsch, EdD, world director of Seventh-day Adventist schools, in a keynote address to a West Coast convention of Adventist high school teachers meeting on the La Sierra campus.

"Many administrators and teachers," said Dr. Hirsch, "have themselves planted disruptive ideas in the minds of students. They now reap the seed they have sown in discontent and anarchy. The initial thought processes may have been initiated to stimulate sluggish student thinking, but the result has made itself quite evident in today's youth rebellion."

Dr. Hirsch listed other factors that have led to distrust and dissent. He cited double standards of behavior among adults, disunity of national issues such as the war in Vietnam, racial disharmony, and widespread breaches of student morality.

In discussing solutions, Dr. Hirsch rejected the "do nothing" approach. "Defeatism is no answer," he said. "Neither is the too common 'wet blanket' syndrome."

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Refresher course in laboratory math offered to employees

A refresher course in laboratory mathematics will be offered at Loma Linda University this fall for medical technologists, pathologists, resident doctors, and other laboratorians.

Emphasis in the course will be on in depth practical application to clinical chemistry, hematology, and instrumentation. Rodney E. Willard, MD, assistant professor of pathology, will instruct the class.

The course will be offered from September 24 until December 10, meeting every Wednesday evening from 7-9 p.m. Fee for the laboratory class is \$45.

Applications should be mailed to Joan L. Heath, Clinical Laboratory, Loma Linda University Hospital, Loma Linda, California 92354.

Club

Continued from page 1

After a potluck supper, the Lolinians, the Loma Linda Academy choir that has just returned from a tour of Europe, will present a variety musical program.

The Faculty Women's Club has been organized to help those women who wish to take a serious and informed interest in the changing community both inside the University and outside, says Mrs. Dick H. Koobs, club president. Programs being organized for the school year under the direction of Mrs. Marshall A. Rockwell, program committee chairman, are intended to present ideas of interest and immediate concern.

Husbands of members are invited to the potluck dinner and program.

Nursing service kicks off annual incentive contest

University Hospital nursing service unveiled its month-long incentive contest last week with a comedy show called "Gag-In."

Nursing service is offering the winner of the contest, which lasts until September 30, two round-trip tickets to San Francisco courtesy of Pacific Southwest Airlines. All expenses will be paid.

The comedy show was staged to promote the contest to employees of nursing service. It was a take-off on NBC's "Laugh-In" program. Elsie E. McClellan, seventh floor supervisor, and Bruce D. Mitchell, director of dispatch service, were the co-producers.

The objectives of the incentive contest are to promote more involvement in the hospital program by nursing service employees, to stimulate creative thinking, and solicit suggestions from employees to improve patient care. Winning suggestions will be judged on the basis of the best combination of these objectives.

In addition to the free trip to San Francisco, 24 other prizes will be awarded to winners of the incentive contest. Many of the prizes were donated by community businesses.

Public health team spends summer on seminar project

Seven students from the School of Public Health participated in a two and one half month summer health evangelism seminar in eastern Pennsylvania this summer along with students from Andrews University, Berrien Springs, Michigan.

The seminar was the first joint field school program between the two universities, according to Roger W. Morton, PH'69, one of the field school participants. Joining the seven Loma Linda students were 21 seminarians from Andrews University. The Loma Linda section of the field program was offered through the School of Public Health, under the direction of Wilbur K. Nelson, PhD, MPH, chairman of the department of health education.

The field school, which conducted classes for the public in the four eastern Pennsylvania cities of Philadelphia, Reading, Pottstown, and Epherta, concentrated in three areas of instruction.

The largest program was the Five-Day Plan to Stop Smoking. Four sessions of the plan were offered in the area throughout the summer under the direction of J. Wayne McFarland, SM'39, associate professor of physical medicine at Jefferson Medical School, Philadelphia; Irving H. Jones, SM'53; and David W. Ruggles, SM'52. Mr. Morton estimates an average one-night attendance in Philadelphia was over 300 people.

A four-day Symposium on Alcoholism was conducted in Reading Pennsylvania by Dr. Jones, a member of the staff at Reading Institute of Rehabilitation.

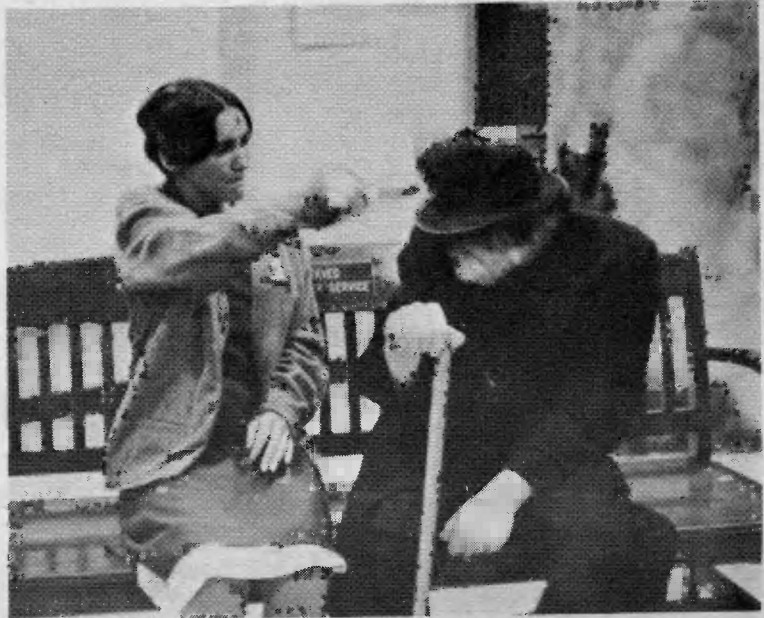
Two four-day nutrition and cooking schools were taught by Ella May Stoneburner, associate secretary of the Health Department of the General Conference.

The field school students assisted the instructors in each program. For some of the students, it was their first experience in the practical application of public health, says Mr. Morton.

In addition to assisting with the three seminar programs, Mr. Morton appeared with Dr. Jones on local television stations in Epherta and Pottstown.



JANENE L. THOMAS, SN'68, as a robot nurse of the future, prepares an injection for horrified patient, Gail S. Wichser, SN'67, in nursing service's comedy show, "Gag-In." The two University Hospital nurses were in the cast that took part in the program to promote the incentive contest.



ELSIE E. McCLELLAN, NURSING SUPERVISOR on the seventh floor of University Hospital, as Gladys Frump, wallops Glen N. Gee, director of inhalation therapy, on a park bench in nursing service's "Gag-In" show.

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Calendar

Of Future Events

Friday, September 12

Sunset 7:01

LA SIERRA CHURCH, LS - Vespers, David J. Bieber, University president, speaking, 7:30 p.m.

LINDA HALL, LL - Loma Linda Youth Association meeting: 7:30 p.m.

Saturday, September 13

UNIVERSITY CHURCH, LL - Hour of worship, pastor Paul C. Heubach, "Some of Life Ultimatums": 8 and 10:55 a.m.

CAMPUS HILL CHURCH, LL - Hour of worship, pastor Wilbur K. Chapman, "Footprints on the Moon": 8:10 and 10:55 a.m.

LA SIERRA CHURCH, LS - Hour of worship, David Osborne, La Sierra campus chaplain, "Cash or Change?": 8:15 a.m.

LA SIERRA CHURCH, LS - Hour of worship, Kenneth H. Livesay, secretary of the lay activities department of the Southeastern California Conference of Seventh-day Adventists, "The Witness of the New Testament Church": 11 a.m.

COLLEGE HALL, LS - ASLU get-acquainted party for La Sierra campus students: 8 p.m.

GENTRY GYMNASIUM, LL - Opening reception for Loma Linda campus students: 8 p.m.

Sunday, September 14

UNIVERSITY CHURCH EDUCATIONAL BUILDING, LL - International Students Organization allual wel-

coming reception, room 102: 7:30 p.m.

Monday, September 15

LOBBY LEVEL AMPHITHEATRE, UNIVERSITY HOSPITAL, LL - Obstetrics and gynecology Grand Rounds, Beverly J. Gregorius, MD, assistant clinical professor gynecology and obstetrics, "Marital and Premarital Counseling": 8 a.m.

UNIVERSITY CHURCH, LL - Convocation, David J. Bieber, University president, speaking: 8:10 a.m.

Tuesday, September 16

LA SIERRA CHURCH, LS - Chapel, David J. Bieber, University president, speaking, 10:25 a.m.

LOBBY LEVEL AMPHITHEATRE, UNIVERSITY HOSPITAL, LL - Pediatrics Grand Rounds: 12 noon.

Wednesday, September 17

LOBBY LEVEL AMPHITHEATRE, UNIVERSITY HOSPITAL, LL - Surgery Grand Rounds: 8 a.m.

CAMPUS CHAPEL, LL - Midweek prayer service, associate pastor James M. Mershon speaking: 7 p.m.

SIERRA VISTA CHAPEL, LS - Positive living prayer clinic: 7:30 p.m.

CAMPUS HILL CHURCH, LL - Midweek prayer service, Birtle M. Allen, "Our Amazing Universe": 7:30 p.m.

Thursday, September 18

COLLEGE HALL, LS - Assembly, Speaker's Chair, Alonzo L. Baker, PhD, professor of political science, speaking: 10:25 a.m.

Personal evangelism class to be taught

Classes in personal evangelism are again being offered by the Loma Linda University division of religion.

Classes are scheduled for 7-9 p.m. each Tuesday in room 210 of Griggs Hall; 7:10-8 a.m. on Monday and Wednesdays; and 7:10-8 a.m. on Tuesday and Thursdays. The classes are open to University employees without tuition charge.

The course, according to Frank A. Moran, associate professor of evangelism, is designed to guide class members in the best methods of sharing their faith with persons who desire to learn more about Christ and the Bible. Included is actual experience in conducting Bible studies.

Continuing throughout the school year, two semester hours of credit may be earned each semester. Employees may register at the registrar's office. Interested persons who are not employees may contact the division of religion concerning costs through the extension program.

Alumni association official attends national institute

Charles C. Case, associate director of development, was among 130 alumni and educational development officers who completed the 1969 Summer Institute in Educational Fund Raising and Development at the University of Colorado, Boulder, last month.

The institute, sponsored by the American Alumni Council, covered alumni annual giving, deferred giving, corporate and foundation support, and planning and organizing for capital gift campaigns.

The council represents over 1,500 American and Canadian universities, colleges, and secondary schools. Over 3,500 alumni administrators, development officers, and editors hold individual memberships in the council.

Purpose of the council is to consolidate the full strength of organized alumni support behind education.

Individual, church renewal discussed

Effective approaches to church renewal were discussed at a Friday night University Campus Fellowship gathering at the mountain home of University Relations director Oliver L. Jacques.

Assistant dean of students Don L. Bauer opened the discussion with observations suggesting the need for a broad reassessment of Adventist motivations and objectives.

"As have the members of so many other churches, we have," he said, "frozen in our attitudes and methods. These methods have often become ends in themselves, — traditions that are inadequate for today's challenge, to say nothing of what we face in the future."

OPPORTUNITIES

Excellent opportunities in British Columbia for physicians and dentists. Conference eager to assist. Kindly contact medical secretary, Reuben Matiko, MD, Box 10, Mission City, BC, Canada.

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JDA get-acquainted get-together set for September 14

The first semester Junior Dental Auxiliary officers are planning a "Get Acquainted" party for Sunday, September 14, according to Ethel J. Conner, editor of the

auxiliary's paper, *Newsnotes*. The party, featuring a special feed, will begin at 6 p.m. in lowship Hall, Loma Linda. Pictures will be taken for the photo panel.

If only health was as catchable as disease!

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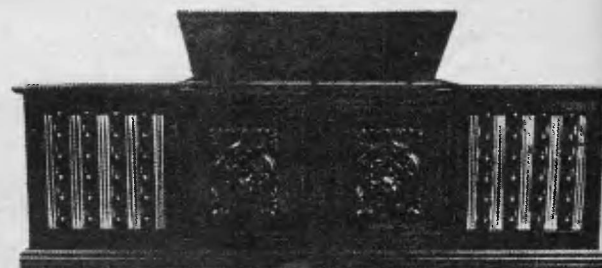
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Nutrition professor represents University

Loma Linda University was represented at the Fifth International Congress sponsored by the American Dietetics Association in Washington, D.C., this week, by Kathleen K. Zolber, PhD, associate professor of nutrition.

Prior to the congress, Dr. Zolber presented a paper entitled, "Application of Computer-Assisted Systems for Seventh-day Adventist Food Service," to the 15th annual meeting of the Seventh-day Adventist Dietetics Association held at Columbia Union College, Takoma Park, Maryland.

Dr. Zolber has been attending nutrition conferences throughout the nation this summer. She has presented papers at the American Hospital Association annual meeting in Chicago, Illinois; the Computer Assisted Food Systems Management Conference at the University of Missouri, Columbia; and at the General Conference Quadrennial Medical Meeting in Hot Springs, Arkansas.

Because everyone possesses a parent, child, and an adult, his health depends upon their proper relationship. Ideally, the adult takes data from the parent and the child as well as from reality and comes up with a decision.

Transactional studies reveal the interactions in each individual. A normal person can use each phase of his personality structure at the proper time, transactional analysis dispenses with the archeology of a person's past drawing upon it only to justify the understanding of the nature of the parent, adult, and child. It also uses simple language which both patient and therapist can understand.

Transactional analysis is a group method for achieving understanding. It is not the conventional, useless confessional, nor an archeologic exploration.

Dr. Harris' book is a most welcome presentation and an application of a theory of personality which was greatly needed at a time when growing impatience with conventional psychiatry. Its "seeming foreverness, its high cost, its debatable results, and its vague esoteric terms," demanded decided progress in the management of personality disturbances.

This outstanding book applies the new insights to such problems as child rearing, violence, prejudice, adolescence, etc. Studying it is a most worth while experience.

SAC initiates another year of social action

University Campus Fellowship's Social Action Corps is beginning another year of community action.

One of SAC's programs involves counseling services set up in various San Bernardino area communities. Acting as social aides, volunteers in the program will assist at the Dependency Prevention Commission centers in Colton and Bryn Mawr. The volunteer aides will be under professional supervision.

Persons interested in enlisting in the SAC programs may call Stan D. Hatkoff at (714) 796-7311, Ext. 2816, or (714) 796-8754. Spanish speaking volunteers are especially needed.

Class on worship habits to be offered

A class tracing musical ritualistic and architectural elements of worship from the days of Israel through modern times will be taught by R. Allen Anderson, well-known evangelist and church leader.

A syllabus, prefaced by Mr. Anderson entitled "History and Philosophy of Worship" will be used. The course is designed to provide practical insight and competence in conducting meaningful worship services. It offers two hours credit and is open to students in all curriculums and programs as well as to University personnel and the public.

The course will be taught Tuesday and Thursday nights in the Campus Chapel on the Loma Linda campus.

The first class is scheduled for 8:00 p.m., September 16.

Your memory is like a muscle

Your memory is like a muscle — the more it is exercised, the stronger it gets.

Here are some time-proven suggestions for keeping your memory in good shape: 1) Intend to remember. Remembering is largely a matter of motivation; you have to want to remember; 2) Understand what you are trying to remember. Naturally, vague or illogical things are difficult to recall; 3) Organize what you know into meaningful patterns. It's easier to find what you want in a well-kept filing system; 4) Become genuinely interested in what you want to remember. A rabid baseball fan has no trouble remembering players' batting averages.

5) Use as many senses as possible. Repeating a name aloud, for example, when you are introduced to someone, involves sight, speech and hearing; 6) Associate what you want to remember with what you know. Every fact you possess is a hook on which to hang new facts.

7) If you can't find a logical association for a new fact, invent your own. And the wilder the better; 8) If you have a great deal to remember, spread it over a few days. The more the memory is "crammed" the more quickly it forgets; 9) Review what you want to remember. Repetition is essential to an effective memory; 10) The best time to memorize is before bedtime and immediately after rising. In this way, your mind and subconscious mind will have had undisturbed time to mull it over.

Raymond Schuessler
quoted in Executives' Digest

Birth defects clinical service will help improve little lives

A birth defects clinic established at Loma Linda University early this summer may help families in understanding and managing their children who are born with abnormalities.

The new weekly service is designed to provide diagnostic and counseling help to parents of children with birth defects, according to Willard R. Centerwall, M.D., associate professor of pediatrics and public health and director of the Loma Linda University birth defects program.

"What we are trying to do," Dr. Centerwall says, "is diagnose the causes of birth defects in children; determine whether or not they are inherited; and if they are, find out what the chances are for other babies in the same families to be born with the same abnormalities."

"Let's say that the first born child in a family has Down's Syndrome (Mongolism). The mother and father are thinking about having another baby. They would like to know what the risks are for their second child to be born with the same defect."

There are several types of this syndrome that outwardly appear the same. "One of the rare forms is hereditary; the large majority are not," Dr. Centerwall says. "If our chromosome analysis determines that the child has the hereditary type of this syndrome, the risk for repeating this is approximately one in three for each pregnancy. In such a situation, we would probably counsel the parents to adopt their next baby. If it isn't the hereditary type, the chances for their next child to

have Down's Syndrome would be only one in several hundred for a young couple.

"Take another example. The first born son in a family is a hemophiliac. The mother is two months along in her next pregnancy. She would like to know what the risks are for her new child to be born with the disease."

This actually can't be determined, Dr. Centerwall says, but in such a situation, physicians can take some amniotic fluid, analyze it, and determine the child's sex.

"Since one half of her male children will probably have this disease," Dr. Centerwall states, "if it is determined to be a male, some mothers may seek to terminate their pregnancy under the circumstances."

Physicians are now able to diagnose in the fetus within two or three months after conception approximately 20 different hereditary diseases which cause birth defects.

"Most people don't have to worry about giving birth to an abnormal child. Of infants born today," according to Dr. Centerwall, "more than 95 percent are without any apparent defects."

The new counseling clinic will help parents manage their abnormal baby; educate them about birth defects; in some cases, prescribe corrective surgery; and even spot potential tragic situations.

Parents wishing to find out more about the birth defects service may write to the Department of Pediatrics, Loma Linda University Hospital, Loma Linda, Calif. 92354, or telephone (714) 796-7311, extension 2544.

Book talk

Continued from page 2

inappropriate reactions and decisions.

On the basis of the interaction of these three easily observed aspects of the personality, four life positions emerge. First comes I'm not okay, you're okay. Every child feels this way until he begins to reason with himself. This position is one of insecurity.

The second personality is I'm not okay, you're not okay. It often develops if the child is neglected early in life. This position may be transferred from his parents to others in later life.

The third says, I'm okay, you're not okay, often called the criminal position. Brutality experienced early may turn into hatred and may endure.

The fourth, I'm okay, you're okay is the hopeful position. It is the response of the mature adult at peace with himself and others.

But because most people feel they're not okay you're okay consciously or unconsciously, they play 'games'. Games are played by people who cannot bear the lack of approval in some area and yet whose 'not okay' position makes real relatedness impossible. These Games are not funny. They are played by nearly everyone to protect themselves from the 'not OK' feeling.

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SOME QUESTIONS MOST ASKED

- Q. Is it really wise for professional people to invest in real estate?
- A. A person in an upper tax bracket must find ways to reduce the burden. Real estate is the best possible solution.
- Q. How does real estate compare in yield to other investments?
- A. Real estate is one of the longer term investments with a lower immediate cash return in comparison to some of the more active, some times risky, stocks. However, in real estate the potential is much greater. There is rental income, appreciation, and equity build up, with the bonus of depreciation deductions.
- Q. Altogether, what can be projected about the returns in real estate investments?
- A. As with any investment, there are many variables, the most important consideration being the potential rent increases and appreciation. Pragmatically, we have been experiencing an appreciation ration of five percent and up, making real estate possibly the only hedge against inflation that is available.
- Q. Is real estate a more safe and conservative investment than stocks?
- A. Let two questions answer this question. Why are your most sophisticated investors (insurance companies, trust funds, and foundations) so heavily committed in real estate? Why are many large corporations and companies concertedly diversifying themselves by acquiring large real estate holdings?

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CANDYSTRIPERS pose for picture before luncheon honoring them for their service to University Hospital. They are (left to right, rear): Lena Herminhouse, Cindy Williams, Joyce Juhl, Delores Hopkins, Rachel Wilder, Debbie Paxton, Mrs. Dorothy Beem, director of the

volunteer service league; Faye Ratzloff, Kathy Henderson, Debby Sihack, Toni Trujillo, Donna French, Laura Geiger, and Cheryl Crook. Seated, left to right, are Terry Mafield, Virginia Hart, Wendy Smith, Susan Gish, Stella Aldama, and Terri Carnera.

Class in physical fitness education will be offered

The School of Public Health is offering a first semester course in Physical Fitness Education beginning Sunday, September 14.

Two hours of either graduate or undergraduate credit is available for the course which will meet once a week from 2:10-4 p.m. in classroom A of Nichols Hall.

Each week a different lecturer will deal with his or her specialty. A lecture on the importance of fitness leads off the course followed by studies of the muscular, nervous, pulmonary, cardiovascular, and skeletal systems.

Other classes will deal with heart and exercise, caloric requirements, regulation of body weight, and exercise for the aged.

Persons interested in taking the class may register at the session.



How about visiting the Kingdom of Swat in the summer of 1970?

Would you like to travel by private car over the famed Khyber Pass from Pakistan's capital, Rawalpindi, to Kabul, capital of Afghanistan?

It would be a real fun experience, wouldn't it, to sit up for a few days on a houseboat in the Vale of Kashmir.

Do such words as Darjeeling, Sikkim, Palimpong and Katmandu evoke a yearning to see "faraway places with strange sound names?"

How about Borneo? How many times have you been to Sabah, Brunei, and Sarawak?

You may have been to Bangkok, but how about Chiang Mai?

Remember Tamerlane? Would you like to drop in on his home town, fabled markand, with its magnificent blue mosaic domes?

Tehran, Isfahan, Shiraz, Persepolis all glow with beauty and history in Persia. Have you seen the four cities recently?

The pure white Taj Mahal and Jaipur, India's "pink city," as well as Banaras on the Holy Ganges — the names are exotic but you will never know how exotic until you actually see them.

Your eyes may have traveled on California's mighty redwoods but have you ever seen the Cedars of Lebanon? And the three B's — Byzantium, Baalbek, and Bierut?

Perhaps you have experienced the charm of Constantinople, but have you been out in Asia Minor? From Anatolia to Turkey's capital, Ankara, or to Izmir, Ephesus, Pergamum, and Bursa?

Starting the last week of June, 1970, Alonzo L. Baker, PhD, professor of political science at Loma Linda University, will conduct a round-the-world tour touching many places even seasoned tourists have missed. Baker has traveled the world for 40 years. He knows his way around.

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