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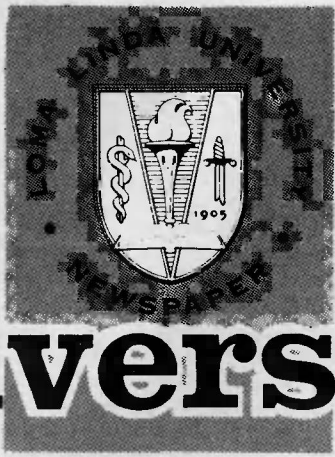
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University SCOPE

Vol. 7, No. 20 Thursday, August 27, 1970

Two LLU administrators named to fill new academic posts

Two Loma Linda University administrators have been named to fill new duties in the university administration.

Robert E. Cleveland, PhD, vice president for academic affairs, has assumed the post of provost on the La Sierra campus. He will remain as academic vice president.

Tracy R. Teele, dean of students on the La Sierra campus, has been selected to fill the office of vice president for student affairs. He, too, will continue in his present role. The office of vice president for student affairs was vacant during the past school year.

Dr. Cleveland received his doctoral degree from the University of Nebraska, Lincoln, in 1957. He has served as vice president for academic affairs at the University since 1964.

From 1958 to 1964, he was academic dean at Atlantic Union College, South Lancaster, Massachusetts. While there, he also taught history and geography.

Mr. Teele, a graduate of Atlantic Union College, has been dean of students on the La Sierra campus since 1966. He received his master's degree in education in 1959. From 1961-66, he was dean of men at the

former La Sierra College, now the La Sierra campus.

In filling the role of provost on the La Sierra campus, Dr. Cleveland will act as chancellor, reporting directly to David J. Bieber, president.

As vice president for student affairs, Mr. Teele will advise and supervise students on both campus of the university. Last year, Don L. Bauer, assistant dean of students on the Loma Linda campus, served as acting dean of students.

Hospital medical staff elects new 1970-1972 officers

The newly elected officers of the Loma Linda University Hospital medical staff were installed recently, according to Robert F. Chinnock, MD, past president of the medical Staff.

Elected are Robert V. Shearer, MD, professor of ophthalmology, president; Harrison S. Evans, MD, professor of psychiatry, president elect; and J. Lamont Murdoch, MD, instructor in medicine, secretary.

The officers will serve for a period of two years ending on June 30, 1972.

1,400 students to enroll on Loma Linda campus

Nearly 1,400 students are expected to enroll in the various Loma Linda campus schools and curriculums this year, according to University officials. Approximately 1,800 students are expected to register on the La Sierra campus.



NEW STUDENTS listen to registration instructions during Loma Linda campus orientation sessions in Burden Hall last year. Similar meetings will be held during registration beginning September 8.

Registration for the University will be September 8 and 9. Over 500 different classes are offered this year to students in the University's eight schools.

The College of Arts and Sciences, largest of the schools, expects to enroll nearly 1,800 students for the 1970-71 academic year. The School of Education will enroll over 100 students.

Approximately 430 students will enroll in the School of Medicine; 317 in the School of Dentistry; 237 in the School of Nursing; 196 in the School of Health Related Professions; 120 in the School of Public Health; and 110 in the Graduate School.

Loma Linda University offers 11 degrees in the various professional and liberal arts schools, including the associate in science, associate in arts, bachelor of science, bachelor of arts, doctor of dental surgery, doctor of medicine, master of public health, master of science, master of arts, and the doctor of philosophy degree.

Instruction begins on September 10.

Ambulance helicopter based at hospital over Labor holidays

Emergency ambulance helicopter service will be provided in the Inland Empire over the Labor Day weekend by Western Helicopters, Incorporated, of Rialto, and Loma Linda University Hospital.

Covering all of San Bernardino and Riverside counties, the five-passenger Alouette aircraft will base at the 54-foot-square hospital helistop atop the north wing of the medical center, with one exception.

During the upcoming California 500, the inaugural car race at Ontario Motor Speedway near Ontario, the helicopter will be stationed at the track. A physician from the San Bernardino Medical Association will dispatch possible patients from the raceway to one of the local hospitals.

Should an emergency call require the helicopter, however, it will answer the request before returning to the race, states Alec Ferguson of Western Helicopters. The craft will be on standby for the California Highway Patrol at all times.

The helicopter carries two stretchers in the rear of the cabin, and there is room for two passengers in addition to the pilot. A resident physician from University Hospital will accompany all flights, says Norman H. Meyer, assistant administrator of University Hospital.

In an experiment conducted by Western Helicopters and University Hospital during the last Christmas and New Year's holidays, a similar helicopter was stationed at the hospital during daylight hours with a pilot and mechanic.

During the experiment the

helicopter answered nine emergency calls, all automobile and motorcycle accidents in the San Bernardino mountains. Oxygen and first aid equipment were carried on board.

The medical director for the ambulance helicopter at that time, Thomas J. Zirkle, MD, assistant professor of surgery, labeled the experiment a success.

The greatest advantage of using an ambulance helicopter, he said, was the speed with which an accident victim could be brought to a fully-equipped hospital emergency room. The helicopter made the trip from the Crestline-Lake Arrowhead area to University Hospital in 10 minutes during some of the calls last December and January.

Public health prof presents paper in Hanover, Germany

Chairman of the department of biostatistics Jan W. Kuzma, PhD, presented a paper on "A Multivariate Approach to Testing Survival Functions," in Hanover, Germany, last week.

The paper was given before the seventh International Biometric Conference which met from August 16 to 21.

Dr. Kuzma, associate professor of biostatistics, was also a participant in the sixth International Biometric Conference held in Sydney, Australia, three years ago.

While in Europe, Dr. Kuzma plans to visit some of the statistical centers in Germany, Switzerland, and Austria.

Weight-watchers' class to be taught for 'plumps, thins'

A five-day weight control and physical fitness class, similar to one held last September where 65 people lost a combined total of 490 pounds, will be conducted at Loma Linda University, one section beginning September 13, the other starting the following day.

The September 13 to 17 class is scheduled from 7 to 9 p.m. in Fellowship Hall of the University Church. The second class, starting September 14, runs for two hours each day beginning at 12:30 p.m. in Fellowship Hall to accommodate those who work in the evenings.

Each evening will be divided into four parts. Nutrition experts will stress the importance of well-balanced diets, a psychiatrist and a minister will work together to explain the need for proper mental motivation, an exercise and fitness instructor will show simple exercises to control weight, and the evening will be topped off with food preparation demonstrations.

"You don't have to be overweight to take the class," says V. Joyce Lim, health educator at Loma Linda University Hospital and coordinator of the clinic. In the two previous classes, she states, all those in attendance lost weight in the evenings. Continued on page 5

Social Action Corps being considered for \$5,000 award

Loma Linda University Social Action Corps has just been named a citationist in the Lane Bryant Volunteer Awards competition for 1970 and has been honored with a citation in recognition of outstanding community service performed in 1969.

The citation is a commendation of the nominee's achievement and means that the candidate is being actively considered for one two awards of \$5,000 given annually to encourage volunteer work designed to benefit the American community.

One award is made to an individual and one to a group. "To achieve the status of citationist is an honor in itself," Jerome E. Klein, director of the awards committee says. "Fewer than 20 percent of those nominated survive the rigid preliminary screening performed by a panel of faculty from Long Island University, Brooklyn, New York, to become so designated."

Nationally, the activities of the citationists reflect a growing concern on the part of the American public for the betterment of its communities and a sharp increase in the number of nominations of student volunteer groups.

"I don't believe that the increase in student volunteer groups indicates a new field of interest for them," Mr. Klein

said. "Rather, it is recognition by the nominators of the wide variety of meaningful, positive forms of student activism on the campuses across the country." Nearly 21 percent of the citationists named were college student groups.

The various volunteer activities of all citationists include exercise of voting rights, cultural enrichment, recreation, conservation education, youth development, physical and mental health, poverty, human relations, and work with the aged.

Final selection for the awards will be made by a distinguished panel of five judges. They are Colonel Frank Borman, field director, Space Station Task Group, Houston, Texas; Robert H. Finch, counselor to President Richard M. Nixon; Fred R. Harris, United States Senator from Oklahoma; Robert Montgomery, president, The Repertory Theatre of Lincoln Center, Washington, D.C.; and Bennetta B. Washington, director of Women's Centers, Job Corps Manpower Administration, Department of Labor, Washington, D.C.

The awards will be presented on December 3, 1970, at a luncheon in honor of the winners at the Plaza Hotel in New York City.

Director of the Loma Linda University Social Action Corps is Cynthia E. Cooley.

New University Church pastor arrives; assumes duties

Newly arrived pastor of the University Church of Seventh-day Adventists in Loma Linda, William A. Loveless, EdD, delivered his first sermon last Saturday entitled "Alarms and Visions."

Prior to his call to Loma

Pulmonary infection seminar scheduled

A two-day medical education seminar on pulmonary infections is scheduled for September 30 and October 1 in the lobby-level amphitheatre of Loma Linda University Hospital.

Coordinated by George G. Burton, MD, and Harvey A. Elder, MD, both assistant professors of medicine, the course will feature three guest lecturers in addition to Drs. Burton and Elder.

It will be divided into four parts: basic principles, acute pulmonary infection of the previously healthy individual, recurrent pulmonary infections, and acute respiratory failure.

Enrollment is limited to 50 people. Registration must be completed by September 15. Tuition is \$50. For more information write: Pulmonary Infections Seminar, Continuing Medical Education Office, Loma Linda University School of Medicine, Loma Linda, California 92354.

Story of island castaways to be shown August 29

The classical story of the "Swiss Family Robinson" will be presented on film at Gentry Gymnasium, Saturday evening, August 29.

Admission to the film is \$1 for adults and 50 cents for children five through 12 years of age, or \$3 per family.

Proceeds from the film will go to benefit the department of nutrition and dietetics alumni association.

The program begins at 8:15 p.m.

Linda, Dr. Loveless served as pastor of the Sligo Seventh-day Adventist Church in Takoma Park, Maryland, and as an instructor in the department of religion at Columbia Union College, Takoma Park.

A graduate of Walla Walla College, College Place, Washington, he attended the Seventh-day Adventist Theological Seminary in Takoma Park where he received a master of arts degree in 1953. Eleven years later he earned his doctor of education degree from the University of Maryland in Greenbelt.

In addition to his duties as pastor and college instructor, Dr. Loveless directed the Takoma Academy Band and hosted a weekly television series, Concept, originating in Washington, D.C.

He will give the morning sermon again this Saturday, August 29, entitled, "Busy Being Born."

Former pastor Paul C. Heubach left the pastorate at the end of 1969 to assume a position as full-time professor of applied theology. Interim pastoral duties have been conducted by Richard C. Gage and James M. Mershon, associate pastors.

School of Medicine dean returns from 21-day Peru visit

David B. Hinshaw, MD, dean of the School of Medicine, returned early this week from Peru after spending three weeks as guest of the University of Peru, Lima, the capital city.

During the past year a number of School of Medicine faculty members have visited the University of Peru to help the Peruvian medical school set up a residency program for their physicians.

Dr. Hinshaw, a graduate of the School of Medicine Class of 1947, has been dean of the school since 1962. He has taught on the faculty since 1954, becoming chairman of the department of surgery in 1961.

Assistant named for Lindsay Hall

Nanette Wuchenich, from Andrews University, Berrien Springs, Michigan, is coming September 1 to be assistant to the dean of women in Lindsay Hall, according to Melba M. Olmstead, Loma Linda campus dean of women.

Miss Wuchenich received a bachelor of arts degree from Andrews University in 1969 and will receive a master's degree in education, guidance, and counseling in August from the same university.



While a student at Andrews University, Miss Wuchenich was president of Kappa Phi Gamma, the girls' club, and secretary of the student association. During her senior year she was listed in Who's Who in American Colleges and Universities.

Hospital resident elected member of pediatrics academy

University Hospital pediatric resident Luis R. Cadilla, MD, has been elected a candidate member of the American Academy of Pediatrics.

The academy is the Pan-American association of physicians certified in the care of infants, children, and adolescents.

To qualify as a candidate member of the academy, an individual must be a citizen of a country located in North, Central, or South America, and have met the following qualifications and requirements: one, provide evidence of high ethical and professional standing; two, be a graduate of a medical school acceptable to the AAP executive board, and three, have entered pediatric specialty training which will lead to certification by the American Board of Pediatrics.

First 1970-71 artist series features 'New Generation'

The first in a series of eight Loma Linda University Artist and Lecture Series is scheduled for Saturday night, September 12, on the Loma Linda campus.

"The New Generation," a group of 50 young singers and instrumentalists will be presented in concert in Gentry Gymnasium at 8:30 p.m.

Ranging in age from 15 to 24, the group will sing songs from all-time favorites to the latest popular and show tunes. Each number is choreographed to provide the maximum of visual appeal.

Book Talk

The Open Classroom

by Herbert R. Kohl
(New York Review Book, 1969)
reviewed by Alice E. Gregg
associate librarian

"The itch to teach is the itch to rule; scratch the one and find the other," Will Durant wrote back in 1935. Teachers who are obsessed by the itch to rule will not be interested in Herbert Kohl's book **THE OPEN CLASSROOM** except as a handbook of what not to do, or as a curiosity. It should be of interest to anyone who wants to see how the shift away from authoritarianism affects the classroom situation and how it can eventually affect man's approach to his problems and the problems of society.

The book is, as its subtitle suggests, a practical guide to a new way of teaching. "It is not," Mr. Kohl writes in the preface, "a handbook that gives teachers a step-by-step account of how to change their classrooms and themselves. Each teacher must obviously go through the process of change in ways consistent with his own personality. This handbook does, however, try to anticipate problems, to present possibilities, and make suggestions." Consistent with the "open approach," he says, "It can and I hope will be used by different people in different ways."

To understand Mr. Kohl is to understand his background both as a student and as an educator. He received his bachelor's degree in philosophy from Harvard University and a master's degree in special education from Teachers College, Columbia University, and was a Henry Fellow at Oxford University in philosophy. He taught several years in Harlem schools and has recently been director of an experimental program in the Berkeley schools, called "Other Ways."

Mr. Kohl waits until the last page of his book to give a reason for his philosophy: "Our

schools are crazy," he writes. "They do not serve the interests of adults, and they do not serve the interests of young people. They teach 'objective' knowledge and its corollary, obedience to authority. They teach avoidance of conflict and obedience to tradition in the guise of history. They teach equality and democracy while castrating students and controlling teachers. Most of all they teach people to be silent about what they think and feel, and worst of all, they teach people to pretend that they are saying what they think and feel. To try to break away from stupid schooling is no easy matter for teacher or student. It is a lonely and long fight to escape from believing that one needs to do what people say one should do and that one ought to be the person one is expected to be. Yet to make such an escape is a step toward beginning again and becoming the teachers we never knew we could be."

Some of the problems he mentions in the "lonely and long fight to escape" are student problems. They often wish to replace the authoritarian structure of the teacher with their own. An open classroom is one in which students and teachers bargain and compromise in areas of conflict, starting with the control of the en-



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Abbreviations Used in University Scope:

AS — College of Arts and Sciences
DH — Dental Hygiene
DI — Dietetics Intern
GS — Graduate School
LL — Loma Linda campus
LS — La Sierra campus
MR — Medical Record Administration
MT — Medical Technology
OT — Occupational Therapy
PH — School of Public Health
PT — Physical Therapy
RT — Radiologic Technology
SD — School of Dentistry
SM — School of Medicine
SN — School of Nursing

Letters

To the Editor

Sir:

This past week the writer was called upon to provide medical photographic assistance to the attending physicians in the University Hospital intensive care unit. This was in connection with the tragic accident which took the lives of several individuals and left four others seriously or critically burned.

It is not the writer's opportunity to be on hand at such hours very often. Perhaps what he saw was routine (and he hopes that it was) but the scene was indeed impressive. The combined efforts of the dedicated team spoke well for the Loma Linda University family.

Someone, I know not who, led this rather rapid mobilization of manpower. I do not know any of the details about how such matters are handled, but the appearance of self-confidence and the efficient mannerisms marked each member as a dedicated professional providing essential and meaningful (and loving) care. Although the hour was late each person with whom the writer dealt was cheerful and at the same time attentive to duty.

The chaplain was with the family and visitors much of the time and his words of comfort and explanation of medical routine was appreciated by both the family and nearby inquirers.

In these days of increasing activity and unrest and at a time when we are often criti-

cized and perhaps critical with one another, it is the writer's hope that we can be cognizant of the tremendous impact the Loma Linda family has upon the community it serves.

Often the work of these teams goes unrecognized and their special skills unnoticed. Most of the time they probably never hear a "thank you."

Surrounded as we are by new technology we must never forget that the sophisticated gear used in life-saving activity can never perform alone. To Make Man Whole requires people.

It is through their combined efforts that lives are saved and bodies made whole. This team approach provides a lingering influence for good in this community and around the world.

Paul Tharp
Television Project
Coordinator
Loma Linda University

Sir:

I read in the paper about the tragic misfortune of the Davis and Scott families. I know their bills will run into thousands of dollars. This small amount may not help much, but hopefully others will do the same.

Barbara Anderson
San Jacinto

Editor's note: Persons wishing to make similar donations to the Davis and Scott families may send contributions to the Loma Linda University Hospital patient assistance fund.



THE FIRST PROGRAM in the 1970-71 Loma Linda University Artist and Lecture Series features "The New Generation." Admission to the 8:30 program is a UALS season pass or \$1 at the door.

School of Dentistry students return from clinical trip

On July 26, 23 people from Loma Linda University boarded a Pan American Airways Boeing 707 for a four and a half hour jet flight to Guatemala City, Guatemala, and two weeks of volunteer dental service to the people of that country.

Accompanying Larry V. Smith, DDS, acting chairman of the department of community and preventative dentistry, was his wife Linda, who helped with the cooking; Donald L. Peters, DDS, director of clinics; Melvin R. Lund, DMD, professor of restorative dentistry, and his wife, who was a dental assistant; and James M. Crawford, DDS, assistant professor of public health practice.

Fourteen students also made the trip: V. Gaddiel Castanon, Harry H. Houston, III, Patricia A. Newton, Ronald C. Parker, Walter J. Rydzewski, Philip L. Rudy, and Kenneth B. Sanford, all senior dental students; Franklin N. Anderson, Stanton S. Appleton, N. Ted Chaffee, and John P. Spence, junior dental students; Roberta D. Scott, DH'71; Ingrid E. Khoe, SM'73; Lauri N. Lidner, SN'70; and Alice E. Calkins, GS'70.

Walter H. B. Roberts, MD, associate professor of anatomy, and Willard R. Centerwall, MD, associate professor of pediatrics, with his son, Brian, provided the medical care for the group and held clinics in each village that was visited.

A reporter from the University public information office spent the first week of the trip with the group taking pictures and gathering background material for newspaper and magazine articles. In diary form, here is his report:

MONDAY — Landed at the Guatemala City airport about two this afternoon. The flight was smooth, but the anticipation of facing customs unnerved me a bit. This is my first trip out of the country, beyond Tijuana, and I had heard all those stories about hapless, dumb American tourists.

But it wasn't so bad considering my Spanish and the customs agent's English were of the same calibre—mediocre to poor. My messy duffel bag held only passing interest for the agent, and I glided through the check with surprising ease.

Gaining confidence, make that cockiness, in my ability to communicate with our Guatemalan friends, I grabbed a taxi, told the driver (another non-English speaking native) to take me to the address I wanted, and ended up seven miles from where I was supposed to go. But I think my Spanish will improve. I just remembered the Spanish word for "no."

After a few moments of uncertainty, I finally got headed in the right direction and arrived at the Central American Union of Seventh-day Adventists office headquarters where



most of the group is staying for the night. Most of them were shopping in the local markets when I arrived.

What can I say about Guatemala? It is beautiful, though rain is falling now. It is the rainy season, they tell me. Those who think Guatemala is a small-time country should visit the capitol, Guatemala City. It is as modern and progressive as any American city. Many of the buildings are architecturally beautiful. The city is right out of the pictures in my Spanish II textbook from high school days.

Tomorrow, after a morning of sightseeing on our own in the city, the team will split into three groups, one heading for Puerto Barrios on the Atlantic Ocean coast, a second for the mountain region around Quiche, and a third and smaller group for Nicaragua. I'm going with the third group for a few days before rejoining the bigger

groups in Guatemala. I may get myself in trouble trying to cover too many things in too short a time. We'll see.

They have warned us not to drink the water or eat unwashed leafy vegetables. Something about a bacteria in the intestinal tract that causes what the locals here call "Montezuma's revenge."

TUESDAY—Went with Stan Appleton, Ted Chaffee, and Frank Anderson this morning on a shopping excursion through the city. After considerable bartering with one of the local merchants, I managed to whittle the price of a machete and a lavender poncho from \$10 to \$7.50. It makes you feel pretty smug to win a price war like that until you walk by another store, carrying the very same merchandise for only \$6. Humbleness is a big word down here for American tourists.

We arrived this evening in Managua, the capitol city of Nicaragua, after a brief plane stop in El Salvador. Managua, in contrast with Guatemala City, is located on a large lake near sea level. And it is muggy.

After moving into our hotel in downtown Managua we decided to take a pedestrian's tour of the city. Here the residents fearlessly stand on dark curbs and sit on open verandas of their homes enjoying the cool night air. Somehow, it is just not the same in Washington, D.C., or New York or Los Angeles.

Instead of heading up to the Adventist Hospital 70 miles away we will fly to the eastern coast of Nicaragua tomorrow for several days of clinics. Because of airline schedules, I'll have to head back the following day in order to make my flight to Guatemala City on Friday.

WEDNESDAY — I think I should have stayed in Guatemala. Here I am in the basement of a Catholic mission in a tiny goldmining hamlet in the middle of the Nicaraguan jungle named Siuna waiting for my inevitable guest, a boa constrictor.

The day started off normally enough. We climbed aboard a two-engine propeller plane for the hour and a half flight to Puerto Cabezas, our destination. But a funny thing happened to me on the way to the coast. Montezuma got his revenge.

Upon landing in Siuna about 9 a.m., I told Dr. Peters, who with Stan Appleton and Ron Parker is planning to stay in Nicaragua for the duration of the trip, that I was getting off here in Siuna regardless of its geographical location in the world, which at the time I didn't know or care. So I got off.



The only problem was that I misunderstood the stewardess whom I thought told me another plane returned through Siuna on the way back to Managua this afternoon. After the plane took off, I discovered that the next plane does not come in until noon tomorrow, a wait in Siuna of 27 hours. I also discovered that the bus I was hoping to take from Siuna to the capitol did not exist. In fact, the Catholic priest told me there is no road or bus. The only ways to Managua are by air or 12-day mule ride.

So here I am in this room, screened in on three sides, with the jungle growing right up to the sidewalk. There are holes in the screen. The priest mentioned casually that they had killed a seven-foot boa constrictor in the room I was sleeping in three days before. I also asked about other snakes. "Oh, just some bushmasters," he said. From zoology class I remember about bushmasters. Oh yes, indeed. They are related to rattlesnakes, grow to 12 feet in length, and are considered by many to be the most dangerous snake in Central America.

It has been raining all afternoon. When it rains snakes migrate to high ground. My room is on high ground. Snakes are cold-blooded and seek warmth. My sleeping bag is warm. What, me worry? I don't think I'll sleep tonight.



THURSDAY—I was right! I didn't! Daylight never looked so good. But fortunately, the extent of my reptilian study was a view of a three-inch lizard scooting across the sidewalk for safety.

The plane back to Managua looked good too. Siuna is a nice place to visit, but you wouldn't want to live there. La Trinidad, though, where the Seventh-day Adventist hospital is located, is a nice place to live. The place is overflowing with scenery and pleasantly cool weather. I was driven to the hospital after I arrived in Managua to take pictures and tour the facilities.

The trip back to Managua tonight was rather unique. Most of it was through a driving, torrential two hour cloudburst. It wouldn't have been too bad except that we could barely see the highway. And cows like to stand in the middle of that highway without wearing caution lights. People hit cows, even in the daytime, usually to their discomfort rather than the cow's. We did not hit any cows, but only because they decided not to stand in the highway as we groped along.

FRIDAY — Back to Guatemala City, poverty-stricken in the number of useable photographs taken in Nicaragua, but considerably wiser in case of a next time.

The group that has been working around Puerto Barrios during this past week is coming in to the city for some "R & R." They should be here in a couple of hours. They might even look grubbier than I do.

SATURDAY — They did. Ten showers and six shaves later, we went to church in zone five, a small congregation with powerful lungs (everybody—I mean everybody—sings, and loudly). Dr. Roberts and Dr. Lund shared the speaking assignment, both requiring translation through an interpreter. Of all the topics Dr. Lund might have chosen for the children's story which preceded his main address, he picked the subject of snakes.

This afternoon we caravanned 30 kilometers out of Guatemala City to the ancient capitol of Antigua. Volcanoes dot the landscape, their conical summits jutting high about the endless fields of corn.

Antigua was destroyed by earthquake over 200 years ago. But the ruins intermingle with the architecture of today to form a romantic picture of old ties to new beginnings.

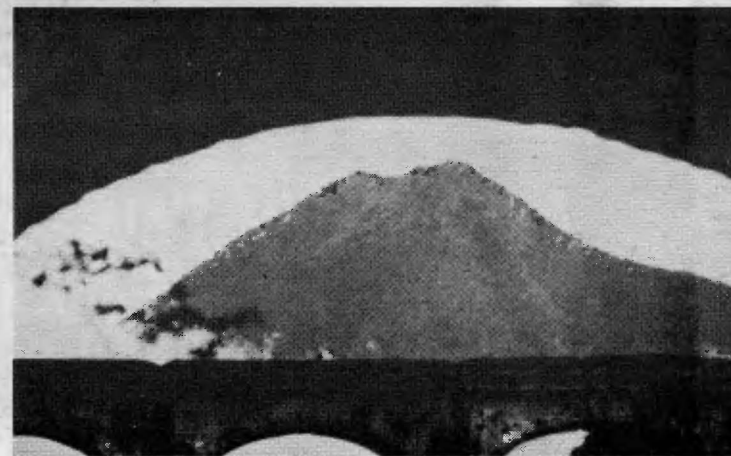
It's back to the barter market tomorrow, only this time in perhaps the best known trading town in Guatemala, Chichicastenango, in the heart of Indian country.

SUNDAY — Ten of us piled into a VW microbus this morning for the 180 mile trip to Chichi (short for Chichicastenango), a three and a half hour ride up the Pan American Highway. We left early so we would have time to shop around in town before the marketplace closed at noon.

I had hoped to get pictures of the countryside on the way, but a heavy overcast and mist veiled the scenery from our view. But we did see scores of Indians carrying their omnipresent machetes in their hands and gargantuan loads on their backs, sauntering down the road toward Chichi.

At Chichi we met up with the other group. Three hours later, and considerably lighter in the wallet, we headed further northwest toward San Cristobal where Dr. and Mrs. Earl C. Hackett, both members of SM'66, operate a clinic. Both groups were planning to spend tonight at the Hackett's mountain home. Only somebody forgot to tell them we were coming.

Surprises aren't new to the Hacketts and they graciously



opened their home to our chefs. There is an empty house down the road where we have set up motel accommodations. The most memorable things about the house are the roof that is keeping the rain out, a fireplace that furnishes heat, a single bathroom that is constantly occupied (sheer weight of numbers and that ubiquitous revenge that Montezuma thought up), and a carpet of sleeping bags.

After a week of sleeping in close quarters with the rest of your team, one perennial camping problem is easily solved: the snorers are no longer anonymous. The problem is then to diplomatically suggest each evening that they find a more secluded spot, one where they might have more privacy; for example, the back yard.

MONDAY — I'll be home in a few hours, I hope. As I sit in the airport tonight waiting to see if there is room to fly on a standby basis, each newly arrived potential passenger at the concourse gate represents a barrier to home sweet home.

This morning we drove from San Cristobal to Guatemala City, taking the coastal route toward the capitol instead of the mountainous Pan Am Highway. But 50 kilometers from our destination, and from Dr. Crawford's 3 p.m. appointment at the Guatemalan School of Dentistry, and from my 6 p.m. rendezvous with a 707 jet, we came to an abrupt halt behind a line of parked cars stretching down a hill and around a bend in the road toward a river. The bridge was out.

A policeman assured us that the bridge, which was washed out early this morning, would be repaired in two hours, by 1 p.m. Five hours later we began to roll slowly toward the bridge. Once across, we "hotfooted" it back to Guatemala City a few minutes before my appointment at the airport.

It had been an agonizing and muggy wait at the bridge. But after hearing that some of the people had been couped up in busses since six this morning waiting for the repair job, we really had no basis for complaint.

I found all our mission personnel extremely helpful, sometimes to their own personal discomfort. Arthur L. Edeburn,

Continued on page 5

School of Medicine freshman laboratory nears completion

A new multidisciplinary laboratory for freshmen School of Medicine students is under construction on the first floor of the biochemistry building located at the corner of Campus Street and University Avenue, according to G. Gordon Hadley, MD, associate dean for student affairs in the School of Medicine.

The new laboratory will be ready for student use by the first of January, Dr. Hadley says. Courses to be taught in the new quarters include histology, pathology, microbiology, pharmacology, physiology, and biochemistry.

During the first semester, the freshmen students will be taught these courses in various buildings of the Loma Linda campus.

The biochemistry building laboratory will contain nine mini-laboratories that can hold 16 students each, Dr. Hadley adds.

Two medical record librarians attend Wisconsin workshop

Two University Hospital medical record librarians attended a two-week teach workshop held at the University of Wisconsin Center, Madison, this month. They are Sylvia Morton and Rita M. Stiffler.

Sponsored by the American Medical Record Association, the Institute on Teaching Methods is offered to experienced registered medical record librarians who will be teaching medical record science programs in colleges and universities across the United States.

Each cubicle will be approximately ten feet deep, according to Dr. Hadley, and include a chemistry-physiology table located in the center of the cubicle with two, five-foot study desks on each side of the table. A Sony Trinitron television monitor will be located overhead at the end of the central table.

The new laboratory is designed to provide each student with a study area as close as possible to his laboratory work bench, Dr. Hadley says. Ample storage space is provided for microscope, books, and other equipment.

Students will have easy access to any special equipment that is not stored in his own immediate mini-laboratory area.

LLU staffers attend biocommunications meeting in Houston

Two Loma Linda University audiovisual service personnel recently participated in a biocommunications convention held in Houston, Texas. They were Lucille C. Innes, medical illustrator, and Edward N. Hamilton, cinema photographer.

The "Biocommunications '70" convention combined the 25th annual meeting of the Association of Medical Illustrators, the 40th annual meeting of the Biological Photographic Association, Incorporated, and the Council on Medical Television.

These three groups met together for the first time to explore practical methods of improving medical and biological

Greek patients operated on by LLU lead normal lives

All 28 surviving patients operated on by the Loma Linda University Heart Surgery Team during their 1969 visit to Greece are in excellent health, C. Joan Coggin, MD, assistant professor of medicine reports.

Dr. Coggin, who returned earlier this month from Athens, says that she and Ellsworth E. Wareham, MD, professor of surgery, visited all but six of the 28 surviving patients operated on by the team. A total of 31 patients underwent open-heart surgery during their November and December visit last year.

The patients are now living normal lives, Dr. Coggin says. Over half of them are under 25 years of age.

Drs. Coggin and Wareham, accompanied by a School of Medicine student and two University Hospital staff members, went to Athens, Greece, last month to develop a continuing affiliative arrangement in cardiac surgery between Loma Linda University and the Evangelismos Hospital in Athens.

education, research support, and health care through improved techniques of audiovisual communication.

Mrs. Innis participated in a mini workshop on slides and filmstrips. She also represented V. Joyce Lim, University Hospital health educator, at the convention. Mr. Hamilton discussed the filming aspects of the motion picture "Heart Motion by Computer Graphics."

Also attending the convention was Ellis Jones of the School of Dentistry graphic arts studio.



—Staff photo
DAISY, a 15-inch long pet South American anteater owned by the Dr. James D. Ellenberger family of Loma Linda, goes beddie-bye in her kitchen drawer bedroom. Daisy wandered away from home last week and was missing for five days before she was found wandering the downtown streets of San Bernardino, six miles from home. Though she would be just as at home sleeping in the garage rafters, Daisy has adopted the kitchen drawer as her favorite siesta spot. She opens the cupboard below with her paw, climbs into the drawer from the rear, and sleeps through most of the daylight hours. At night she likes to explore the backyard searching for her favorite delicacy, ants of course.

Case of missing anteater solved by friendly sleuths

Daisy was missing. She had only been gone for half an hour when her absence was discovered. But the Dr. James Ellenberger family of Loma Linda, California was worried. Daisy was only a toddler and had never been very far from home. Evidently she had slipped through the open backyard gate and, as youngsters are wont to do, fearlessly waddled down the sidewalk in search of adventure.

It was Friday evening. Dr. Ellenberger had just graduated from the School of Dentistry and now was spending long hours setting up his practice in Riverside. Mrs. Ellenberger had been grocery shopping. Upon returning home and discovering Daisy's truancy, she climbed back into her car and began a long and fruitless cruise of the streets in the neighborhood. Her consternation mounted rapidly as she imagined the possible fates that might have met Daisy. Visions of kidnappers danced in her head.

Describing Daisy to police and the press helped calm Mrs. Ellenberger somewhat. She realized that Daisy didn't have the handsome features of her older children, John, 4, and Lori, 6, and might be easily recognized. In fact, Daisy was a little odd looking. She had a long skinnose, never cried, and was bowlegged and pigeon-toed at the same time.

But despite her unique features, Daisy proved to be agonizingly elusive. Newspaper ads and exhaustive searches failed to turn up her whereabouts. It wasn't until the next Wednesday that the Ellenbergers got their first lead. A neighbor called and told them that she thought a friend of hers,

Coy D. Harp, also of Loma Linda, had found Daisy.

Trying hard to disguise their excitement, Dr. and Mrs. Ellenberger leaped into their car and hustled the few blocks to the home of Mr. Harp who invited them in. There was Daisy sitting unconcernedly on the floor oblivious of the nerve-shattering five days she had caused the Ellenbergers.

No longer able to conceal her joy, Mrs. Ellenberger started toward Daisy only to be challenged by a protectively suspicious Mr. Harp.

"How do I know Daisy belongs to you?" he asked. "She has no identification on her."

But Daisy knew. Waddling happily over to Mrs. Ellenberger and smothering her with kisses, she erased all doubt.

"Yep, she's yours, alright," conceded Mr. Harp. "I found her yesterday in downtown San Bernardino." Daisy's search for adventure had led her nearly six miles from home.

It was over now. The near-panic had subsided, and the Ellenberger family was once again reunited. Thanking Mr. Harp for finding Daisy, Mrs. Ellenberger picked her up, and she and her husband took their pet anteater home.

WANTED

Wanted—two or more physicians in Walsenberg, Colorado (gateway to the Rockies) for general practice. A new 38-bed hospital needs staffing. For more information telephone Jeannette F. Thach, (303) 738-1081, or Harold S. Kaufmann, (303) 254-3959.

Send a letter to North Vietnam.

Right now hundreds of Americans are being held captive in North Vietnam.

A few prisoners have made it back. They talk about bamboo cages. Vicious beatings. Malnutrition. Humiliation.

But the North Vietnamese will tell us nothing. And it's this silence that makes our appeal more urgent.

For the families at home, there is no word on who's alive. Who's dead. Or even who's being held. There is nothing. Except the anguish of not-knowing.

Maybe you can change this. By writing to the one man who can change it: The President of North Vietnam.

Ask him to release the names of prisoners, allow them to write to their families, and let the Red Cross inspect the prisons to

insure proper medical treatment and living conditions.

Remind him that he is bound by the 1949 Geneva Convention which his country signed. And by the Istanbul resolution.

North Vietnamese leaders do care about American public opinion. And if they think they can gain something by bowing to it, they will.

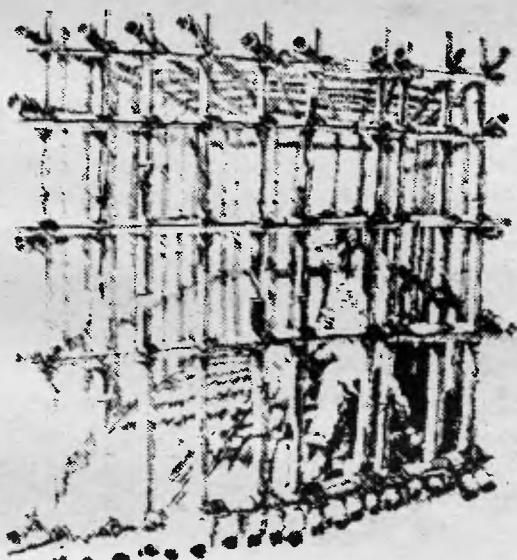
But one letter won't do it. Or a thousand. Maybe it will take millions. So we've got to write now. All of us. And often.

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Anthropology students return from Central American trip

Editor's note: The following article was written by senior Loma Linda University English major H. Lawrence Jacobsen. Mr. Jacobsen accompanied the anthropology class as a writer-photographer in addition to taking the class for credit.

Loma Linda University's second anthropology and archeology field class returned to Loma Linda on July 29 after six weeks of Mexican and Central American travel.

The five-student class headed by James H. Stirling, PhD, associate professor of anthropology and sociology, left Loma Linda in mid-June.

With emphasis on archeology, the tour focused on the major pre-Columbian sites, with some time allowed for studying the present day descendants of these cultures, as well as the student's own dig sites in northern Nicaragua.

Traveling by passenger truck, the group crossed the United States-Mexican border at Nogales, Arizona. They then drove south along the Pacific coast through Guaymas, Mazatlan, and Guadalajara, before reaching their first major stop — Mexico City.

There they spent three days at the Mexican National Museum of Anthropology gaining further background information on the cultures to be studied. Students had opportunity to converse with Mexican university and drama students.

Mexico City is probably most famous for the 1968 summer Olympics, the pyramids of Teotihuacan, and its drivers. To the five students the latter will be foremost in their minds — the city streets brought the nightmares of a Grand Prix.

The group had a wide representation with students from Loma Linda University; Walla Walla College, College Place, Washington; the University of California at Santa Barbara; and La Sierra Academy.

James Hanson, the only academy student, was hit by the first attack of "tourist sickness." It occurred while the group was at Teotihuacan, but was short-lived.

Other members of the tour were Daniel Lamberton and Richard Utt from Walla Walla College, Robert Labinsort from the University of California at Santa Barbara, and Lawrence Jacobsen from the La Sierra campus of Loma Linda University.

During the tour, the group visited some of the Seventh-day Adventist schools in Mexico, the Mexican conference headquarters, a mission hospital in Central America, as well as attending church, Sabbath school, and vesper services.

The Oaxaca Valley was the next stop after the capital city. It is one of the most varied ethnologic areas in modern Mexico. Here, descendants of the Chinantec, Mazatec, Mixtec, Mixe, and Zapotec cultures comprise about 87 percent of the area's population. Smaller groups complete the percentage, with most people speaking their respective native language as well as Spanish.

Because of this cultural variety, the native market in the city of Oaxaca received almost as much attention from the class as did the nearby archeological site of Monte Alban. This center dates back to 900 B.C. with evidences of the gulf coast Olmec culture present.

On entering Guatemala, the class had its introduction to the spectacular Mayan culture at Zaculeu, near Huehuetanango.

The Maya were probably the most advanced of the Central American peoples, reaching their zenith at such famous sites as Copan, Honduras, and Tikal, Guatemala, prior to their mysterious collapse around 900 A.D.

Both of the above ceremonial complexes were later visited by the class.

After spending the Fourth of July in the appropriately named town of La Lebridad, El Salvador, the group continued through Honduras into Nicaragua.

Three days were spent near Montegalpa, Nicaragua, where the class conducted their own dig, which included three test pits and an overall survey of the area for possible return by future University representatives.

During the group's last evening in Honduras, the class was guest at the home of the high school English teacher and artist in the border town of San Marcos. The village had been overrun by the El Salvadorian army one year earlier during the "soccer war." The teacher had been one of the few people who did not flee the town.

The next day, the party continued north to the coastal town of Puerto Barrios. Later the five-man class struck out over 100 miles of rain-washed dirt roads and rivers.

Tikal, one of the most spectacular ruins in the world, was explored by the class. Here the Maya lived at a ceremonial center with tombs that reach over 200 feet above the jungle floor. The entire site extends over 25 square miles.

Leaving Tikal the group headed east into British Honduras where food supplies were replenished. After one more important archeological stop — Toltec — the group headed back toward the United States.

In addition to the history, archeology, and anthropology learned on the trip, the students found many opportunities to learn of the modern customs of the Central American countries.

As one student put it, "Archeology and anthropology during the day, sociology at night."

Mission life to be explored

A 19-meeting mission orientation series is scheduled by the School of Public Health beginning September 16, according to Herschel C. Lamp, MD, assistant professor of tropical health.

The lecture series, open only to mission appointees and their wives, will be held on a biweekly basis from 7:30-9 p.m. on Wednesday evenings throughout the school year.

"During the eight year period from 1954-1961 the Seventh-day Adventist church sent out 1,150 new missionaries from North America," Dr. Lamp says. "At this same time, 1,046 missionaries returned home from mission service. Twenty-six percent of those returning home were classified as premature with-

drawals—persons who did not stay at their mission appointment for their full term of service."

The new series of lectures is designed to assist future missionaries to prepare themselves for more effective and lengthy service in their overseas assignments and help them avoid "premature withdrawals," according to Dr. Lamp.

Keynote address will be delivered by Robert H. Pierson, president of the General Conference of Seventh-day Adventists, September 16. He will speak on "The Challenge of Missions in the 70's."

Other topics scheduled are "Meeting God's Need," September 23; "Tools for the Task," October 7; "Cultural Shock,"

October 21; "Change—a Two-way Street," November 4; and "A Look From Within," November 18.

"Speaking in Tongues," December 2; "Health in the Total Setting," December 16; "Caring for the Sick Millions," January 6; "The Village on the Hill," January 20; "Missionaries Are People," February 3; and "The Missionary Wife," February 17.

"Missionary Children," March 3; "The Missionary's Finances," March 17; "Wheels Within Wheels," March 31; "Preparing for Leadership," April 14; "Getting Your Program Going," April 28; "Educate, Educate, Educate," May 12; and "Organizing for Health Evangelism," May 26.

Guatemala diary

Continued from page 3

union treasurer, interrupted his supper to fight the rain and traffic on the way to the airport.

And now I sit. I can do other, at least not until I know my flight status. Whenever I leave, I will leave with a clearer understanding of not only the mission of the Loma Linda University dental team in Guatemala, but also with a very definite impression of the people who live here, their culture, their needs, their way of life. It is an important education, especially for me as an American who, like many Americans, tends to view other nationalities and cultures sub-happy if not inferior.

Now I know that such an outlook is only a myth, something used by people who judge from their chairs in the States. They certainly have not seen the happy faces I saw this week in Guatemala.

Passengers are boarding the plane now, and it looks like they will have room for me. Boy, that's great news! I haven't had a glass of milk or a comfortable bed in a week. I guess that civilized sickness called softness, California-style, is catching up with me.

You have to come away from here impressed by the people, their colorful ways, their methods of day-to-day living, and their great progress in a difficult land to tame. And most of them seem contented. That is one very important cog that makes living worth living.

So much for the sermonizing. I'm going home. Let's get this thing off the ground.

Weight

Continued from page 1

wished to lose, and those who wanted to maintain their weight did so. Mrs. Lim also encourages husbands and wives to take the course together.

A physician's approval must be obtained as a prerequisite to joining the class because there will be some physical activity. The registration fee is \$5. Registration forms must be returned to Mrs. Lim by September 6. Forms are available by writing Mrs. Lim at University Hospital, Loma Linda, California 92354, or by calling 796-7311, extension 2064.

Book talk

Continued from page 2

environment, such as seating. Mr. Kohl sets up the bargaining and compromising situation on the first day of school. Hopefully, students will be better prepared to continue this in society as they become responsible citizens.

Students are also used to structured learning, having the teacher tell them what to learn. Many feel very uncomfortable unless they can get the teacher to tell them what they should learn.

Some educators would say that the student doesn't know what he should learn. How can he decide what to learn when he doesn't even know many areas exist? Other educators would say that the primary goal of the student is to know himself and all the rest will come naturally and in time. Mr. Kohl sets up a casual atmosphere in

which students can know themselves.

One of the problems of the teacher would be the evaluation of the student's work. Tests are made to evaluate students against each other and a standard of performance set up by the teacher. In the open classroom the student must be evaluated in terms of his own progress in learning. This type of evaluation is not easy and most teachers are not used to it.

Another of the problems of the teacher is that he must be more of a generalist than most teachers are now. Teaching literature, for instance, might lead to a lesson in history. The teacher should know enough to keep the inquiry going.

If education is a process, and if the process is never started, you can't say a person is educated. The stimulation of the open classroom might start the process of education; the structured classroom hasn't done it for many students.

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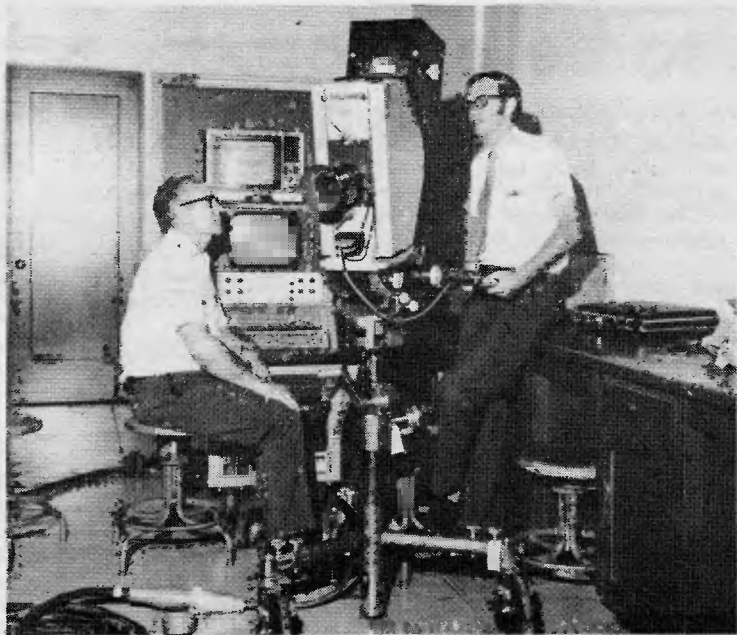
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VIEWING THE NEW Phillips Broadcast Equipment Corporation color television camera is (left) G. Raymond Walker, field engineer for the Phillips Broadcast Equipment Corporation, and W. Jerry Keith, audiovisual service television consultant. The School of Medicine recently purchased \$54,000 in new television equipment.

School of Medicine acquires new color television system

The School of Medicine has recently acquired a Phillips Broadcast Equipment Corporation Model PCB-701 color television camera.

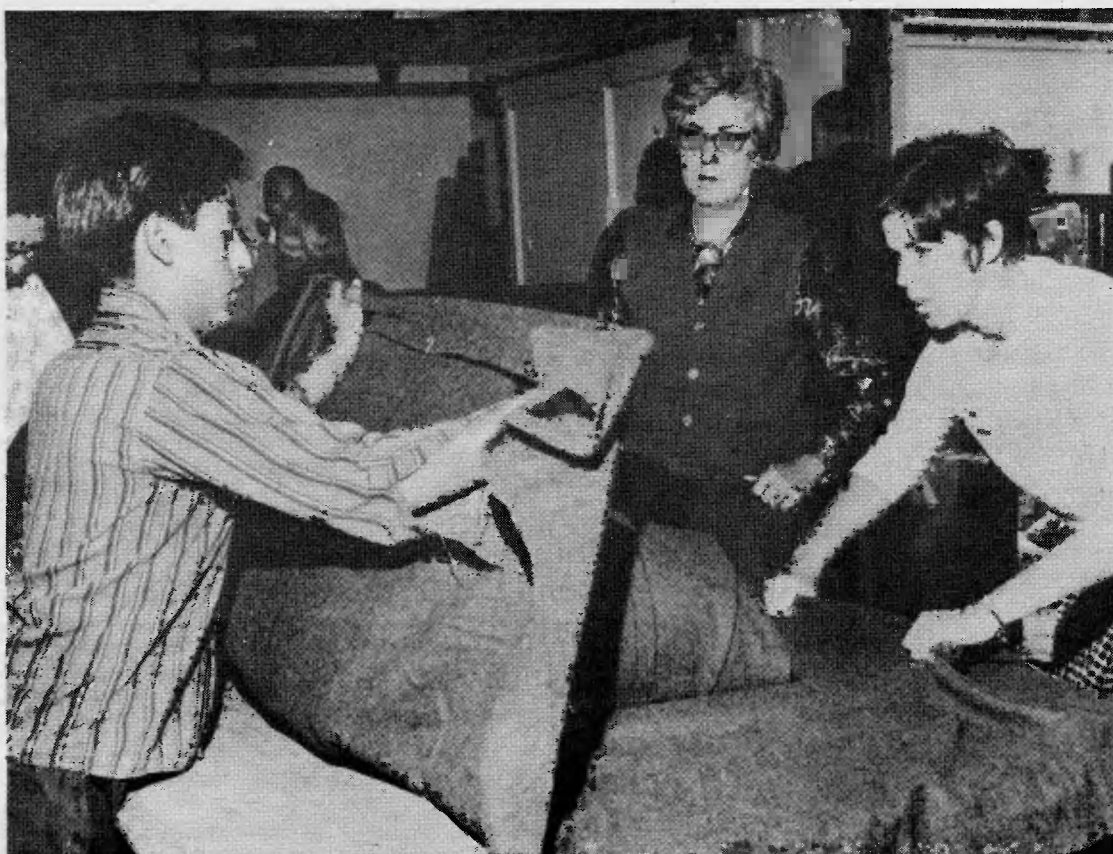
The new camera will be connected by a closed-circuit cable to 32 Sony Trinitron television receivers modified to receive videotape pictures.

Temporarily installed in the pathology laboratory in Evans Hall, the new equipment can be used with a microscope as well

as gross specimens, and photographic slides; the color camera can also be used as a normal television camera. Students will be able to view microscope slides in full color with a high degree of resolution.

The television monitoring equipment will be moved to the biochemistry building following the completion of the new multidiscipline laboratory.

Cost of the new system is approximately \$54,000.



WIFE OF THE AMERICAN ambassador to Peru, Mrs. Edith Belcher (center) helps bundle relief supplies into blankets for airdrops in isolated areas of this earthquake stricken country. The Seventh-day Adventist Welfare Service has airlifted \$25,000 worth of tents into Peru to provide temporary shelter for homeless Peruvian earthquake families. Two thousand new blankets and 500 bales of clothing were also flown to the area. South American Adventists supplied 32 tons of food.

Pollution problems are staggering

SM professor testifies on air pollution

Assistant professor of medicine George G. Burton, MD, testified recently on the medical effects of air pollution on the human body before the California state assembly committee on transportation.

A member of the Air Conservation Committee of the Tuberculosis and Respiratory Disease Association of California and a member of the Research Grant Advisory Committee of the United States Public Health Service Division of Air Pollution, Dr. Burton testified that "air pollution, at levels present in urban California today, is definitely a health hazard."

Clean air vital

Clean air is vital to human existence, Dr. Burton, says. An average man can live five weeks without air. The average person requires each day 2.8 pounds of food, 4.5 pounds of water, and 30 pounds of air.

"The precise effects of everyday concentrations of air pollution are unknown," according to Dr. Burton. "There is no question that an irritating effect causes an acute bronchitis with an inability to clear secretions from the lung. An in about 20 percent of the normal population there is some constriction of the airways — presumably reflex — making breathing difficult."

Inland Empire physicians who specialize in chest and upper respiratory diseases have learned to anticipate an increase in business one or two days after particularly smoggy days, Dr. Burton says.

"The sheer mathematics of researching the pollution problem are staggering," Dr. Burton states. "Dr. Eugene Robin, chief of the chest section at Stanford University has made the following observation — there are some 26 pollutants in the atmosphere which the United

States Government lists as potentially harmful to man. Every possible combination of pollutants would have to be studied if we wanted to see precisely what the possible effects were.

"If we studied just one individual at one concentration of each pollution combination, there would need to be 26²⁵ (26 to the 25th power) experiments done. My desk calculator stops figuring at one billion, and that is only about 26₅ (26 to the fifth power)."

Significant studies

Significant studies of major pollutants at levels realistic in urban atmospheres would require a gigantic research output, according to Dr. Burton, "and the cost would be phenomenal."

No scientist in his right mind is requesting this kind of study, Dr. Burton says. "Enough information is in hand to implicate air pollution as a clear and present health hazard.

"We are looking to control measures as the only effective means to make life bearable in California in the 1970's."

The Tuberculosis and Respiratory Disease Association of California, of which Dr. Burton is a member, is urging the California state legislature to implement policies which will substantially expand federal and state efforts to secure (1) new means of motive power in replacement of the internal combustion engine; (2) new pollution-free sources of domestic energy such as solar and nuclear energy; (3) drastic reductions in sulfur, lead, and other noxious materials in solid, liquid, and gaseous fuels; and (4) the development of economical means for the removal of pollution from the effluent streams of motor vehicles, aircraft, other transport systems, and from stationary sources of pollution.

Births

COON, Kathleen Marie was born August 15 to Mr. and Mrs. William B. Coon, systems programmer at University Hospital, of San Bernardino.

Registered nurse wishes part time office nursing. Experienced in general practitioner and obstetrician's office, but would consider any specialty. Would like Loma Linda — Redlands — San Bernardino area. Telephone 796-0707.

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Annual Disneyland hospital party set for September 24

The third annual Disneyland southland hospital party will be held Thursday, September 24, at the Anaheim park.

Cost of the all-day event is \$4.25 and includes parking, admission, plus unlimited use of all rides and attractions except the shooting gallery.

Tickets will be available shortly at the Loma Linda Market courtesy center and the hospital gift shop. The tickets are limited in number.

ATTENTION SKIERS

Attend the Loma Linda University alumni winter scientific session at Snowmass-at-Aspen, Colorado. Arranged by the Colorado chapter of the alumni association, the meeting will be held January 14 through 17 at the El Dorado Lodge, snowmass. Classes will be held before and after two hours. Fabulous open slopes, unbelievable powder. Expenses are tax deductible. Scientific programs are geared for physicians and dentists. Register now by sending \$25 to Erl Hendrickson, secretary, Colorado Chapter, 503 South Main, Aztec, New Mexico. Make room reservations with the El Dorado Lodge directly and soon! It will be impossible to get accommodations if you wait. Send a \$25 room deposit to El Dorado Lodge, Snowmass-at-Aspen, P. O. Box 5520 West Village Branch, Aspen, Colorado 81611. Rates are \$24 per night with each room double occupancy. Deposit is refundable with three weeks notice.



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SEÑOR — RIPE — 303 SIZE CAN **OLIVES** **4 for \$1**

BLUE GINGHAM — BLUE LAKE — 15 1/2 OZ. CAN **GREEN BEANS** . . . **2 for 31c**

ALICE VALENTINE — PURE GRAVENSTEIN — 2 1/2 SIZE CAN **APPLESAUCE** **4 for \$1**

HOLLYWOOD — 15 OZ. **SOY BEANS** **2 for 39c**

LINDSAY — 4 1/2 OZ. **CHOPPED OLIVES** . . . **7 for \$1**

MAZOLA — 1 1/2 QT. BTL. **CORN OIL** **\$1.09**

LA LOMA — QUART — MADE WITH PURE SOYBEAN OIL AND LEMON JUICE **MAYONNAISE** **57c**

PALM ISLAND — 15 OZ. **Pineapple Tidbits** . **4 for 89c**

SUN VISTA — 15 OZ. **Refried Beans** **2 for 35c**

LA LOMA — QUART **SALAD DRESSING** **49c**

MARK J — 46 OZ. **Apricot Nector** **3 for \$1**

CARNATION — 1 LB. 11 OZ. **RICHNING** **99c**

MARK J — 6 LB. 12 OZ. CAN (1 GAL.) **APRICOT HALVES** **\$1.29**

MEN'S SHORT SLEEVE — WHITE AND ASSORTED COLORS **DRESS SHIRTS** **\$1.99**

MEN'S — ASSORTED SIZES — \$3.99 VALUE **DECK SHOES** **\$1.99**

MY-T-FINE **PUDDING** **10c**

HI-PROTEIN — 14 OZ. **TORUMEL YEAST** **\$1.10**



19 OZ. **REDI BURGER** \$7.50 CASE — REG. 79c **69c**
 15 OZ. **CHILI** \$7.10 CASE — REG. 44c **3 for \$1**
 15 OZ. **LITTLE LINKS** \$3.95 CASE — REG. 44c **63c**
 19 OZ. **NUTEENA** \$7.50 CASE — REG. 83c **69c**

10 OZ. **RUSKETS & RUSKET FLAKES** 10 OZ. PKG. — REG. 37c **3 for \$1**
 REG. 19c **GRAVY QUICK** **14c**
 19 OZ. **LINKETTS** \$8.40 CASE — REG. 89c **75c**
 19 OZ. **VEGEBURGER** \$7.50 CASE — REG. 79c **69c**



WORTHINGTON — 19 OZ. **NUMETE** \$7.50 CASE — REG. 83c **69c**
 BATTLE CREEK — 20 OZ. **PRIME BURGER** \$7.50 CASE — REG. 83c **69c**

WORTHINGTON SOYMEAT — 14 OZ. **SLICED BEEF** \$6.99 CASE — REG. 75c **63c**
 WORTHINGTON — 14 OZ. **SALISBURY STEAK** \$6.99 CASE — REG. 75c **63c**

PLEASE NOTE — All products that we carry have been carefully screened so that you do not have to read labels to be sure that they do not contain objectionable products, such as lard, animal gelatins, etc. **PLAN YOUR SHOPPING TRIP AND SAVE ON CASE PRICES**