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Loma Linda Nurse - Vol. 10, No. 02

Loma Linda University School of Nursing

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Loma Linda

NURSE

Fall, 2001 Vol. X, No. 2



WANTED:
a few good nurses

| message from the dean |

Dear friends,

When you reflect on your life, what gives it meaning? Family? Friends? Your church? Your career? Memories of days gone by? When I look back over the years, I can't help but be grateful.

The School of Nursing has done so much to enrich my life and I'm sure many of you feel the same way. Every day it is a joy to work with truly professional faculty members who care deeply about their work and the students they teach. The diversity of students we have the privilege of teaching brings us new insights. They are eager to learn and are committed to the future of Christian nursing care.

I am grateful for you, our friends and alumni, who year after year support our efforts in the School of Nursing. You make a tremendous impact. Thank you for your thoughts, prayers, and generous gifts that sustain us.

In this issue of *Loma Linda NURSE*, we address the continued crisis in our profession. With nursing shortages still on the rise around the country and the aging population of nursing educators, we face many challenges in the future. I see these challenges as opportunities for shaping the future of the nursing profession in a profound and meaningful way, and the School of Nursing stands ready to contribute.

Our School is doing well.

- Our enrollment for the fall is up with a total of more than 300 students. We are helping to meet the nursing shortage challenges by educating as many nurses as possible.
- We have increased our presence internationally. In the spring of 2001, the SN faculty voted to go ahead with plans for an extension LLUSN campus at our Adventist school in Japan.
- We are in the initial phase of a project to offer one cycle of an off-campus master's program in Latin America to help with the development of faculty for Seventh-day Adventist nursing programs.
- We continue our stand for academic excellence. Many of our faculty members are doing important research and publishing nationally. Plans are moving ahead on our doctoral program due to start accepting students in the fall of 2002.

Our country and our world have been savagely confronted with the terrible consequences of terrorism. We continue to face challenges in health care and the severe need for more nurses. As we reach out for support, our spirits are warmed by the strength we get from each of you, our many friends and colleagues.

As you reflect upon your life, I hope you find hope, joy, and happiness. Again, thank you for all you do to support us in our endeavors.

Sincerely,



Helen Emori King, PhD, RN
Dean, School of Nursing



Loma Linda NURSE

Fall, 2001

Vol. X, No. 2

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Marilyn Herrmann, PhD, RN

Associate dean of the graduate program

Lois Van Cleve, PhD, RN

Assistant dean of finance and support services

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LLU offers denomination's first PhD graduate program in nursing

Meeting in full session on Tuesday, October 23, 2001, the Loma Linda University Board of Trustees approved the first PhD graduate program in nursing in the Seventh-day Adventist denomination.

"The Adventist Church, through its extensive education network, has various baccalaureate programs, but this is the first PhD program in nursing," says W. Barton Rippon, PhD, dean, Graduate School.

"Graduates of this program will become a source for faculty for nursing programs both overseas and in the United States."

The PhD graduate program in nursing, offered through the Graduate School, will promote the mission of LLU by preparing nurse leaders in teaching, research, and service from a wholeness perspective.

"The timing is right for this program. We will be reaching out for students throughout the world, and in effect, develop a vision for Adventist nursing," explains Helen King, PhD, RN, dean, LLUSN. "It will not only serve Southern California applicants, but national and international applicants as well."

In addition, the continuing shortage of adequately prepared nurse faculty in Adventist nursing education worldwide, as well as in



Lois Van Cleve, PhD, RN, professor and associate dean of the graduate program, School of Nursing, assists a graduate student. The PhD program in nursing is the first Adventist program of its kind.

this region calls for a program to address this need.

The program was designed to prepare nurse scholars for leadership in education, health-care administration, clinical practice, and research; to prepare nurse scientists who are committed to the generation of knowledge critical to the development of nursing science and practice; and to serve as a regional, national, and international resource for nursing within the Adventist Church.

"Our PhD graduates will join with other nursing leaders in furthering the development of nursing science and improving health-care delivery," says Lois Van Cleve, PhD, RN, professor and associate dean of the graduate program, LLUSN.

The program is designed to

provide an in-depth understanding of knowledge development within the discipline of nursing through philosophical, theoretical, and scientific methods of inquiry.

The program, scheduled to begin in Fall, 2002, will only accept six students every other year.

"Our goal is to provide a small quality program to help nurses fulfill the mission of LLU: 'to make man whole.'"

The program can be completed in 11 quarters of full-time study or may be extended in length to accommodate the part-time student. Scholarships, and teaching and research assistantships are available for doctoral students.

For more information please call (909) 558-8061 or (800) 422-4558, or on the Internet at <www.llu.edu/llu/nursing>.

School of Nursing upgrades computer systems for faculty, staff, and students

Thanks to the donations from generous alumni and friends, the School was able to purchase 93 new Gateway computers with funds set aside for technological improvements.

"We had so many different speed computers and such a variation of software programs that it was difficult to help people," says Jeff Leeper, CPA, CMA, CIA, director of finance, LLUSN. "Too many faculty using their computers at the same time made the entire system incredibly slow."

Mr. Leeper struck a deal with Gateway that included software, computers, monitors, and training for a very reasonable price.

"The University asked us to meet certain computer standards to ensure we didn't have privacy issues," says Mr. Leeper. "We had such a hodgepodge of hardware it would have been impossible to meet the University's requests."

With the addition of so much new equipment, the School felt it needed to hire someone to manage the change. Jan Michaelis, DrPH, director of computer services, LLUSN, was brought on board to outfit faculty and staff offices with the new equipment and troubleshoot computer-related problems.

In hopes of easing the diffi-

culty of using a new computer and new programs, a four-hour computer training session directed by Gateway personnel was made available to all faculty and staff.

Students are also benefiting from the additional computers. At least 20 of the 93 new computers are being used to revamp the student computer lab. To accommodate the new computers, the School has renovated the atrium area, extended the existing computer lab, and created a computer testing room.

"With many of the nursing classes being Web-enhanced, the expansion of the computer lab was essential," says Jan Nick,

RN, PhD, assistant professor, and chair of the Today's Nursing Technology committee.

Helen King, PhD, RN, dean, LLUSN, has established an innovation and technology fund to further the School's commitment to remaining up-to-date.

"The establishment of this fund impresses me because it illustrates the dean's dedication to keeping the School of Nursing current," says Mr. Leeper.

Mr. Leeper also included extended warranties in his deal that ensures that Gateway will be willing to buy back the computers in two to four years so the School can upgrade to newer equipment.



New Gateway computers await unpacking in the new Alumni Association board room. Funding for the computers was provided by LLUSN alumni and friends.

Associate professor publishes book on spiritual care in nursing

Spirituality is a unique and deeply personal experience for everyone. Because of its impact in almost every aspect of human life, spirituality becomes especially critical during times of illness and nursing care.

Elizabeth Johnston Taylor, PhD, RN, associate professor, LLUSN, recently wrote a book addressing how to nurture the spirit. *Spiritual Care: Nursing Theory, Research, and Practice* is the only book of its kind that offers guidance in spiritual nursing

care with a universal perspective. "There are very few books that explore how nurses can provide spiritual nurture," says Dr. Taylor. "My book discusses spirituality as distinct, yet related to religion, and discusses the potentially harmful effects of religion on health, as well as the positive."

Using this "universal" approach, Dr. Taylor offers a balanced presentation of religion and how it influences health and coping. Dr. Taylor's book is also unique in a practical sense.

"In this field, there is a lack of content on what nurses can do to promote spiritual health or provide spiritual care," she states. "My book focuses on the practice of spiritual caregiving and describes the 'how to's'."

This practical aspect of the book is demonstrated by tables and boxes that relay information in a reader-friendly way.

Dr. Taylor has been researching the topic of spirituality in nursing care for the past 15 years. Her interest began in graduate school at the University of Pennsylvania. She has subsequently completed several research projects related to some aspect of spiritual responses to illness or nurses' perspectives on spiritual care.

"This book really is a culmination of my work since 1986," says Dr. Taylor.

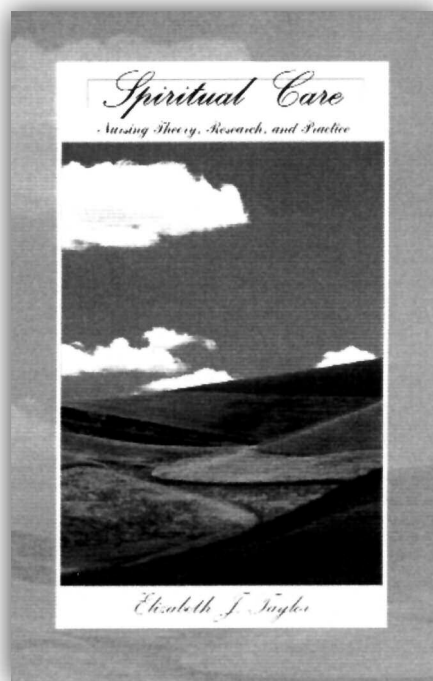
As a professor at the University of Southern California (USC), Los Angeles, she taught electives on spiritual caregiving.

Dr. Taylor hopes that those who read this book will gain the following:

- A greater sense of appreciation about the importance of promoting spiritual health;
- A sense of confidence about how to provide spiritual care and integrate it effectively in nursing care; and
- An increased personal spiritual awareness and a recognition of how the nurse's personal spirituality can influence professional spiritual caregiving.

Before starting her associate professorship at the School of Nursing, Dr. Taylor taught at USC's School of Nursing. Her clinical experiences as an oncology nurse also contributed to her interest in the connection between illness and spirituality.

She received her doctorate in nursing from the University of Pennsylvania in 1992. Dr. Johnston also did research on spirituality and health-related quality of life during a two-year postdoctoral fellowship at the University of California, Los Angeles, School of Nursing.



Spiritual Care: Nursing Theory, Research, and Practice came off the press July 6, 2001, by Prentice Hall. To order call: (800) 282-0693.

Sigma Theta Tau celebrates 25th anniversary with induction

Sigma Theta Tau International's Gamma Alpha Chapter celebrated its 25th anniversary June 7 in the Wong Kerlee International Conference Center.

Patricia Foster, PhD, RN, a professional educator for more than 35 years and founding mother of the chapter, was keynote speaker for the event.

Vaneta M. Condon, PhD, RN, associate professor, and current president of Gamma Alpha Chapter, states that there is much to celebrate.

"Since the chapter's beginning 25 years ago, research, excellence in writing, and excellence in nursing leadership in clinical practice awards have been established," she says.

"In the past 17 years, the chapter has supported local nursing researchers with competitive grants totaling \$17,850, recognized 23 authors' scholarly writing in refereed journals, and four members for excellence in leadership in clinical practice. None of this would be possible without the commitment of every active member."

Twenty-three students were inducted into the Gamma Alpha Chapter.

Several awards were also given during the ceremony. Nancy A. Kofoed, MS, RN, and



(From left, back row) Gail Katz, Janelle Sylvester, Dorothy Nguyen, Amber Coe, Sarah Pelzel, Dorothy Forde, (from left, middle row) Nicole Polinsky, Jennifer Tieu, Michelle Einhorn, Erin Anderson, Flora Kang, Monica Murrell-Wernick, Keri Fessler, Michael Miller, (from left, front row) Tricia Sigler, Wendy Carter, Kimberly Williams-Rosborough, Candy Hamp, Christine Atienza, Kimberly Follett, and Shoko Okado pose for a picture after being inducted as members of Sigma Theta Tau International. (Not pictured are Karin Pierce and Hannele Saunders.)

Patricia K.T. Pothier, MS, RN, both received the research award. Two nursing students—undergraduate Julie Hunter and graduate student Adelaide Caroci, BSN, RN—received the research conference sponsorship award.

Dr. Foster's keynote address, "Honor Is More than Honors," outlined some of the chapter highlights over the past 25 years.

Dr. Foster served as associate dean and also helped establish Gamma Alpha Chapter while teaching at LLUSN.

Sigma Theta Tau International granted a charter to the nursing honor society at Loma Linda

University School of Nursing in 1976. The chapter, which promotes nursing scholarship, leadership, and research has grown from 101 charter members to 1,062 members.

More than a quarter million nurse scholars have been inducted into Sigma Theta Tau International since its inception in 1922. With 120,000 active members, it is the second largest nursing organization in the world. Members are active in more than 94 countries and territories, and the 406 chapters are located on 503 college and university campuses.

Assistant professor of nursing receives excellence in writing award

Leli Pedro, DNSc, RN, assistant professor of nursing, LLUSN, received the Clarice Woodward Award for Excellence in Writing in an awards ceremony held June 7 in the Wong Kerlee International Conference Center.

The awards ceremony was held during the Sigma Theta Tau International Honor Society of Nursing Gamma Alpha Chapter's 25th anniversary celebration and induction ceremony.

Dr. Pedro received the award for her paper "Quality of Life for Long-Term Survivors of Cancer: Influencing Variables," which was published as lead article in the January/February, 2001, issue of *Cancer Nursing*.

The study's purpose was to describe the relationships among self-esteem, learned resourcefulness, and social support, and how they predict health-related quality of life (HRQL) for long-term survivors of cancer.

"Cancer has always been perceived as a death sentence," says Dr. Pedro, "but now people live longer and quality of life is an area that needs to be explored."

Conclusions based on the findings from this study were that long-term survivors of cancer have ongoing issues and concerns regarding the experience of living beyond the diagnosis and treatment of their cancer.



Clarice Woodward, MS, RN, retired professor of nursing, presents Leli Pedro with the Clarice Woodward Award for Excellence in Writing.

According to Dr. Pedro, the study is very applicable to nurses and should affect how they deal with patients who are afflicted with cancer beyond just the diagnosis.

"There is a substantial amount of psychological trauma of being faced with death, and many patients, after they have had their treatment, need to know what comes next for them," she adds.

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What you would like to know about your mentee _____

Where is the next generation of nurses? Hospitals, nursing homes, schools, and ultimately the entire nation faces this imposing question. Beginning in approximately 2010, mounting demand for RNs is expected to outstrip the supply, according to the Federal Division of Nursing. But for most health facilities struggling to meet demand in an increasing number of cities, 2010 is already here.¹

Why is there a shortage of nurses? The reasons are varied and complicated. No one single reason can be pinpointed as the exact cause of the shortage. However, experts agree there are a few key issues playing significant roles in the crisis.

| aging workforce |

Unfortunately the fountain of youth is yet to be found. The average age of nurses continues to rise every year. The average age of RNs working in nursing increased from 42.3 years in 1996 to 43.3 in 2000.²

The increasing average age is due to the lack of young people entering the profession. Nursing has seen a 22 percent drop in the number of RNs under the age of 35 from 1980 to 2000. Nearly 41 percent of all RNs were under the age of 35 in 1980, compared to barely 18 percent under 35 in 2000.²

WANTED
a few good nurses

Loma Linda takes on the nursing shortage challenge

A significant number of nurses will be retiring in the next 10 to 15 years since 60 percent of the current RN workforce is more than 40 years of age.³

| aging population |

Because of the advanced medical technology available, many more people are living to advanced ages. Those who don't live in close proximity to their children or have no children depend on health-care workers—primarily nurses—for their care. The ratio of potential caregivers to the people most likely to need care will decrease by approximately 40 percent between 2010 and 2030.³ The expected increase in the elderly population is staggering. The population 65 years of age and older will double between 2000 and 2030.⁴



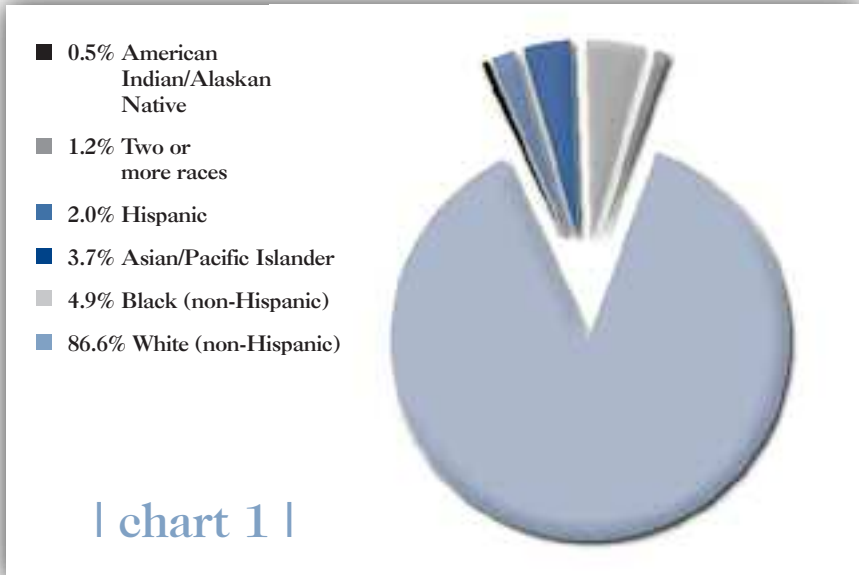
| lack of diversity |

In a country of ever increasing diversity, one would expect to see a decided change in the number of minorities in the field of nursing. However, as of March, 2000, an estimated 86.6 percent of the RN population reported being Caucasian (non-Hispanic), while 12.3 percent reported being in one or more of the identified racial and ethnic minority groups listed (see chart). This is only a two percent increase in four years (an additional 1.1 percent of the respondents chose not to report their racial and ethnic background).²

The gigantic gap between the number of women and men in the field of nursing continues to loom large. While the number of men employed in nursing increased between 1996 and 2000, still more than 94 percent of nurses are female.²

| retention |

No one disputes that nursing is a physically and emotionally demanding job. In a recent opinion study conducted by Peter D. Hart Associates on behalf of the Federation of Nurses and Health Professionals, researchers found the number one reason nurses consider leaving nursing is for a less stressful and physically demanding job. Fifty percent of current nurses say that, within the past two years, they have considered leaving the patient care field for reasons other than retirement. The health-care profession



faces a serious risk of losing one in five current nurses from direct patient care settings for reasons other than retirement. These one in five expect to leave within the next five years.⁵

| decreased enrollment |

Where have all the students gone? This question ties directly into the nursing shortage. Entry-level enrollments in bachelor of science in nursing (BSN) programs have declined for five years in a row, down by 4.6 percent in 1999, according to data from the American Association of Colleges of Nursing (AACN). Many schools with declining enrollments report a fall off in applications. Nursing is now competing with other professions for talented candidates.⁶ At every level of nursing care, providers are aging and young people are choosing not to enter nursing care occupations.³

| faculty shortages |

Declines in nursing school enrollments cannot solely be attributed to decreasing numbers of students. Some schools are actually turning away would-be nurses because the schools lack adequate staff and facilities to take all of the applicants. Finding enough faculty who have the necessary education is challenging. Enrollments in doctoral programs that prepare needed researchers and nurse faculty remain virtually flat, growing by slightly more than two percent across the last five years, according to AACN data. Such growth is a snail's pace—far below the rate needed to produce enough nurse scientists to address a growing list of contemporary health problems, and to alleviate a mounting faculty shortage that is curtailing enrollments at many nursing schools.⁶ It is at the doctoral level where nurses learn how to collect data, secure research

funds, and maintain the integrity of research projects. But of more than 9,000 faculty at AACN-member schools, barely more than 50 percent are doctorally prepared.⁶ Also, as nursing professors age and retire, schools are experiencing many difficulties in replacing them. With the average age of full-time nursing faculty now at 49, a wave of retirements is expected to peak in just 10 years.⁷

| poor perception |

Many nursing professionals feel nurses need a new image. Potential students see nursing as a hospital-based occupation. They are not aware of the other opportunities in venues such as independent practice, business, research, teaching, private industry, law, and health policy.⁸ Many are advocating the message that nurses do not just assist medicine. The public does not sufficiently credit nursing as being independent of medicine, nor for producing clinical innovations from which so much of health care now benefits. Nurses are

both skilled direct-care providers and health-care experts who are moving health care forward with a body of science and clinical knowledge developed by RNs.¹

| the challenge |

So how is Loma Linda University's School of Nursing taking on the crisis in nursing? The plan is multi-faceted and being lead by innovative programs and dedicated faculty and staff.

One way the School is boosting diversity and enrollment in nursing is the Success in Learning—Individualized Pathways Program (SLIPP). This program is designed to encourage minorities in economically depressed or academically lacking situations to consider a career in nursing.

"This program brings people to nursing who would not have otherwise been nurses," says Vaneta Condon, PhD, RN, associate professor and SLIPP coordinator.

If SLIPP participants complete a quarter of prerequisite classes with a "B" grade, they are guaranteed acceptance into the regular BS nursing program. A special

financial assistance package of scholarships, grants, and low-interest loans is available to SLIPP students. Stipends are also provided by a grant for students who qualify for low family income as defined by federal guidelines.

Another way the School is increasing enrollment is the expansion of academic and scholarship programs. For example, in the fall of 2002, the School will proudly debut the new doctoral program. The School of Nursing will accept six students into this new program.

The School is also doing its part to foster growth in the numbers of nurses entering the teaching field.

"As we see talented students come through our BSN program, we encourage them to consider teaching as a career," says Helen King PhD, RN, dean of the School. "We also give class credit toward a master's degree to nurses from LLUMC who teach clinical classes for us."

The challenge of obtaining and retaining well-educated faculty is a consideration for the School as well. More than 60 percent of the nursing faculty hold a doctoral degree. However, the School still actively encourages faculty to seek doctorate degrees to help ensure that the School will not experience problems with faculty shortages.

The Alumni Association is also dedicated to securing the future of nursing. It is in the beginning

Continued on page 24



Your support makes a difference

We want to once again take this opportunity to thank you, our alumni and friends, for your loyal support of the School of Nursing. Appearing in this issue of *Loma Linda NURSE* is the donor report for the fiscal year 2000–2001 (July 1, 2000, to June 30, 2001). Thanks to your generous support, existing endowments have grown and several more have been established. This is a wonderful way for your gifts to keep on giving. Your annual gifts to the School of Nursing scholarship funds, faculty development, international nursing, and other such programs make it possible for the School of Nursing to continue quality Christian nursing education. We thank you!

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Elaine Lindsay Harrison
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Mildred Sadoyama Higa
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Anabelle Mills Hills
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Judith Gamboa Hiscox
Gladys Alvarez Hollingsead
Rosella Bechthold Hoppe
Nancy Hosek
Lydia Ho Hsu
Hui-Wen Hsueh
Suha Nashed Huffaker
Wayne Ivans

Comparison of total giving by constituent groups

	Alumni	Individuals	Foundations	Corporations	Organizations	Total
1991–92	\$123,030	104,670	20,000	7,050	14,050	\$268,800
1992–93	\$153,396	26,129	20,000	6,774	23,000	\$229,299
1993–94	\$118,614	28,895	9,021	0	5,445	\$161,975
1994–95	\$395,769	6,690	12,298	4,355	0	\$419,112
1995–95	\$258,434	141,381	34,335	647	1,500	\$436,297
1996–97	\$361,143	64,815	5,000	75	11,500	\$442,533
1997–98	\$656,237	309,193	36,800	6,250	0	\$1,008,480
1998–99	\$1,228,360	70,802	36,800	0	670	\$1,336,632
1999–00	\$308,441	14,044	16,523	5,450	701	\$345,159
2000–01	\$174,759	119,725	56,525	29,050	169,650	\$549,709

| 2000–2001 donor report |

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 Anna Field Reiber
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| alumni association |

This group of strong supporters gives generously each year for School of Nursing projects. This year, \$24,000 was given for student scholarships, the Learning Assistance Program, and international nursing.

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| 2000–2001 donor report |

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 Beverly Brendel Cobb
 Kathleen Shelton Cody



Gloria (Inez) Vannix '51 and her husband, George Vannix, started the School of Nursing class of 1951 class gift with a challenge gift of \$10,000 for the Isabelle Wilson Rees Scholarship Endowment Fund.

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 Cindy Eckburg
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| 2000–2001 donor report |

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Marian Fessler Garrett
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Lynn Medeiros Hennig
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Kathleen Webber Hicks
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Nina Ho-Shakespeare
Marie Whisman Hodgkins
Martha Richter Hoffmeister
Virginia Melanshenko Holbert
Louise Purdey Holder
Mae Dickman Holland
Melita Vest Holland
Dorothy Kuhn Holm
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Verna Kuhn Kamahele
Anna Becker Karmy
Marilynn Unsell Kelln
Allwyn Kelly



From left, members of the 1955A School of Nursing class Evangeline (Phillips) Leonetti, Virginia (Iller) Wical, and Ruby (Gilbert) Vidato, pose for a photo.

| 2000–2001 donor report |

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Dorothy Larson
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Lonnelle LeCrone-Priest
Marilee Hall Lee
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Karen Lushanko Lembcke
Ruey Roberts Lemon
Toni Sanford Levin
Linda Levisen
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Nadine La Selle Lewis
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Jeannette Alvarez Lorieto
Viola Bartel Ludders
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Debbra Wernick Lund
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Anita Bartholomew Manning
Evangeline Baerg Marin
Ladelle Findley Marsala
Rachel Trenchuck Marsh
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Alberta Tetz Martin
Avis Hayashi Martin
Lily Martorell-Bendezu
Mary Sakamoto Masaoka
William Mason
Cheryl Bailie Mathews
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Janet Miyashiro Matsuda
Cheryl Magnussen Mautz
Patricia Dollinger Maxson
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Linda Trude Mayer
Mary Schlosser Mazick

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Carolina Pickard McCart
Sue Findley McCarthy
Ann Pillor McClintock
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Monica Mejia
Jennifer Ries Meltzer
Dorothy Dick Meyer
Linda Bos Miedema

Irma Nickel
Virginia Libby Nickel
Roy Nickels
Yone Nohara
Joan Easton Noland
Dorislee Erickson Norton
Violeta Obra
Cherry Oculam
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Eloyce Zimmerman Peoples
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Kathryn Raethel
Sally-Jo Pulsifer Rapstad
Leslie Schooley Rebok
Yvonne Bryan Rechberger
Marie Hershberger Reeves
Eunice Requenez
Alicia Reyes
Anna Gilley Rhodes
Eleanor Kirkpatrick Rice
Jill Latimer Rich
Judith Riemer

| scholarship funds |

The Community Foundation
awarded the School of Nursing
\$16,525 for the Lena T. Pond
Scholarship Fund.

There was a 40% increase in
the number of alumni who gave
in 2000 to 2001 compared to
the 1999 to 2000 fiscal year.

Carol Osgood Mihulka
Gladys Dick Miles
Victoria Specht Miller
Juanita Mimms
Florence Mortensen Mitchell
Terri Mitoma-Kunihira
Jacqueline Unger Moncrieff
Suzette Murray Monroe
Ann McIntoch Montgomery
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Charlie Green Morgan
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Cathyleen McMahon Nece
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Chris Gerken Neish
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Mary Hoggan Neslund
Evelyn Trupp Neuendorff

| 2000–2001 donor report |

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 Dot Smothermon Youngberg
 Zelne Zamora
 Winifred Steimling Zerne
 Melba Kindsvater Zimmermann
 Elsie Ziprick
 Kerre Neuschel Ziprick
 Kathleen Dougan Zuckerman

| global partnerships in nursing III |

In coordination with the office of international nursing, a submitted proposal was made to the Ralph and Carolyn Thompson Charitable Foundation for phase III of the four-year project.

This project addresses wholistic nursing education worldwide. The focus of the 2001–2002 year is Africa and Europe.

The proposed grant was for \$35,000; however, \$40,000 was granted by the foundation. Previous phases of the program have focused on Asia and South America.

Alumni Homecoming to be held April 5–7, 2002, on the Loma Linda University campus

Classes to be honored: 1952, 1962, 1967, 1972, 1977, 1992

Tentative schedule:

Friday, April 5, 2002

8:00 a.m.	Alumni Institute
Evening	Class reunions coordinated by individual classes

Sabbath, April 6, 2002

9:30 a.m.	Sabbath School and Church, University Church program
1:00 p.m.	Potluck lunch for all alumni
6:00 p.m.	Vespers
7:08 p.m.	Sundown
7:15 p.m.	Banquet registration
7:30 p.m.	Annual Homecoming Banquet

Sunday, April 7

10:00 a.m.	Kathryn Jensen Nelson Brunch (for invited guests)
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Zelne Zamora (BS, '87) has graciously agreed again this year to put together another "Journey through the Years" presentation. If you have any photos from your school years that you wish to share, you can either scan and e-mail them or send the original photos to the alumni office. Ms. Zamora will copy them and make slides. Original photos will be handled with great care and returned to you.

Photos can be sent to:

Zelne Zamora
LLU School of Nursing
West Hall
Loma Linda, California 92350

Don't hesitate to call the alumni office if you need assistance. Also, if you let the alumni office know of your plans, they can share information with any of your classmates. Please call (909) 558-7093.

School of Nursing alumna receives recognition by American Heart Association for 30 years of service

More than 40 years ago, Lavaun (Ward) Sutton, MS, RN, '57B & '65, started her work as a nurse specializing in cardiac care and education. At an American Heart Association (AHA) affiliate board meeting on the University of California, Riverside, campus in the spring of 2001, Rich Jarvis, executive director, AHA, Western States Affiliate, Inland Empire Division, presented Ms. Sutton with a gold medal to honor her 30 years of service.

Ms. Sutton began her involvement with the local AHA in 1966 and has served in many capacities over the years. She served on the executive board for two terms and was a 20-year member of the AHA affiliate nursing education committee that planned yearly seminars for nurses and other health professionals.

While being involved at AHA, Ms. Sutton was asked to serve on the California Region IV task force to determine educational needs for nurses and other health professionals. She also attended one of the first coronary care courses sponsored by the American College of Cardiology at St. Lukes Hospital in Kansas City, Missouri. While there, she visited the first coronary care unit and was inspired to pursue cardiac nursing care.

"This first coronary care unit



Lavaun (Ward) Sutton, MS, RN, '57B & '65 cares for Vietnamese children during a Loma Linda Heart Team trip in the spring of 1974. (Photo by Don Roth.)

became a prototype for other such units throughout the country," says Ms. Sutton. Course content was standardized, leading to AHA certification and providing a standard of care for CPR resuscitation.

Ms. Sutton was determined to share what she had learned with others. She was the co-planner and co-director of the first course in electrocardiography for nurses in the Inland Empire through LLUSN in 1968.

Educating others was key for Ms. Sutton. "It's one of the most rewarding parts of what I've done," relates Ms. Sutton. "By teaching other nurses, it opens up the doors to new ideas, proce-

dures, and safer patient care."

Ms. Sutton has taught in a wide range of environments, often representing the AHA. She co-founded Loma Linda's Chapter 34 of Mended Hearts, an AHA international support group for heart surgery patients and their families. She remains an active Mended Hearts member, supporter, and advisor.

One of her favorite venues for representing the AHA has been the LLUMC Children's Day held annually in the spring. Nearly 800 children, teachers, and parents attend this event and come through the cardiac tent.

"Children love to look at the heart model and open it to see the

chambers and vessels,” says Ms. Sutton. Joining her at such events are LLUSN students and volunteers from Mended Hearts.

Ms. Sutton has also worked with an AHA school education program called Heart Power that teaches students grades K–12 how to develop healthy lifestyles.

Other groups she has taught have been school nurses, pediatric cardiology patients, pacemaker patients, and individuals at health fairs.

Ms. Sutton has served as a speaker and delegate to California Heart Association assembly meetings and has volunteered for fundraising and special events.

Her work has stretched across the world. From 1963 to 1979, Ms. Sutton was the nursing coordinator for the overseas LLU Heart Team, working in many countries including Pakistan, Taiwan, Thailand, Greece, Vietnam, and Saudi Arabia. In 1963, the team was one of the first to perform open-heart surgery in Pakistan, seeing 300 patients and operating on 44. Ms. Sutton supervised setting up the critical care units and trained the local nurses in critical care. “I had more energy back then,” she confesses. “Those were challenging pioneer days.”

During her work internation-

ally, Ms. Sutton was sensitive to the lack of medical equipment in the countries they visited. This prompted her request to the “Queen for a Day” television show for a respirator. She was made “Nurse Queen for a Day” and appeared on the show in 1963. “I guess my request for medical equipment for others impressed someone,” Ms. Sutton laughs. “I’m just glad I was able to get the respirator to continue our work.”

Throughout her long career as a cardiac nurse, Ms. Sutton says her wide exposure to nursing care both nationally and internationally has been rewarding as well as

challenging. “It’s been great working with so many different people and caring for the patients who are always grateful,” she says.

Though now retired, Ms. Sutton is still an associate clinical professor in the School of Nursing. She has worked for LLUMC as a clinical nurse specialist in cardiac surgery and pediatric cardiology. Ms. Sutton continues to volunteer not only for AHA and Mended Hearts, but also as a parish nurse for Loma Linda University Church. She is a member of LLU’s Children’s Hospital Guild and a board member of the LLU School of Nursing Alumni Association.



Ms. Sutton (right) receives a gold medal from Rich Jarvis, executive director, American Heart Association, Western States Affiliate, Inland Empire Division.

School of nursing alumna wins \$100,000 national research grant

With the nation's increasing elderly population comes the challenge of caring for those who can no longer care for themselves. **Karen Tetz, MS, '83**, has made it her goal to discover different and improved care techniques for the elderly population.

Ms. Tetz received a \$100,000 grant to support the completion of her doctoral research in geriatric nursing—specifically research pertaining to the quality of family caregiving for frail elders.

In response to the heightening nursing shortage—particularly those interested in gerontological nursing—the John A. Hartford Foundation Geriatric Nursing Scholarship program awarded 17 nurse scholars with grants. Ms. Tetz was one of 10 predoctoral nurse scholars selected to conduct a two-year study in the field of

geriatric nursing. Currently, less than one-fifth of funded research is dedicated to geriatric nursing research.

The foundation is focused on producing expert academicians, practitioners, and researchers who will lead the field of geriatric nursing and produce the next generation of practitioners and faculty.

"The Trustees' recognition of the centrality of nursing to the care of older adults has led to a broadened effort, focusing on increasing academic capacity to hasten and enhance training, research, and practice," says Ms. Tetz. "This initiative ultimately will enhance the care of elders in our society."

Along with teaching, Ms. Tetz has spent many years working as a home health nurse and is convinced of the importance of



Karen Tetz, MS, '83

proper geriatric nursing.

"While caring for frail elders in the community setting, I was impressed with their wisdom and courage, and with the dedication of family members in providing care," says Ms. Tetz. "I came to understand the important difference that skillful nursing could make in the lives of elders and their families."

Wanted: a few good nurses...

Continued from page 13

stages of implementing a mentoring program for students and first-year graduates (see page 9).

"By having a positive attitude and sharing our enthusiasm for nursing, we can help our students through the rough spots," says Ellen D'Errico, MS, RN, associate professor and Alumni Association president. "We feel if we can encourage students and graduates to be proud of this profession, we

will help ensure the longevity of their careers in nursing."

Despite the overwhelming immensity of the nursing crisis, LLUSN is stepping up to meet the challenges of the shortage.

"I think we need to help people fully understand the expansive opportunities available with a nursing degree," says Dr. King. "We will continue to do our part to educate the next generation of nurses."

| references |

- 1 Explaining the Nursing Shortage AACN, January, 2001
- 2 The National Sample Survey of Registered Nurses, HRSA, Bureau of Health Professions, Division of Nursing, February, 2001
- 3 The Future of the Health Care Labor Force in a Graying Society, University of Illinois, May, 2001
- 4 United States General Accounting Office, Nursing Workforce, Emerging Nurse Shortage due to Multiple Factors, July, 2001
- 5 The Nurse Shortage: Perspectives from Current Direct Care Nurses and Former Direct Care Nurses, April, 2001
- 6 Declining Nursing School Enrollments AACN, January, 2001
- 7 Faculty Shortages Intensify Nation's Nursing Deficit AACN, April, 1999
- 8 Nursing School Enrollments Fall as Demand for RNs Continues to Climb AACN, February, 2000

LLUSN Alumni Association board votes to create new conference room

Thirty years ago, the School of Nursing Alumni Association started a building fund for the construction or purchase of a LLUSN building. Donations to this fund were added through the years to a total principle of approximately \$22,000. The Board of Directors for the association placed the money in a secure interest bearing account which now holds approximately \$115,000.

Recently the board voted to

add "remodel" to the "build or buy" stipulation for the fund's use because of the School's need for a quiet place for small committees to meet. The alumni board decided to take on this project since it will be a great place to display pictures and memorabilia of distinguished alumni. This should promote a sense of connection to LLUSN alumni.

In addition, it will increase the association's visibility to current students. Helping current stu-

dents identify with the association is an important part of maintaining the association. Also, it will be the location for the board's monthly meetings.

The board voted \$25,000 from the building fund toward this project. With the current rate of interest the fund is receiving, that amount should be replenished in three years.

The construction of the room was finished in September and will debut at Homecoming, 2002.

Class of 1940 celebrates milestone



Members of the class of 1940 who attended Alumni Homecoming, 2001, pose for a picture. Front row, from left, is Anabelle (Mills) Hills (honorary member), Erville (Smith) Allen, Kathleen (Rothgeb) Wagner, Marie (Olsen) Moses. Back row, from left, is Esther (Heffel) Johns, Maria (Olympia) Schulte, and Rosalie Vollmer.

Life Begins at 80" was the theme of the class of 1940 at the Alumni Homecoming, 2001. To mark the 60th anniversary of their graduation from LLUSN, seven classmates came back to reminisce about their time here.

In a speech given in honor of her classmates at alumni vespers, April 7, 2001, **Maria (Olympia) Schulte '40**, talked about how different things were in the 1940s. "My first paycheck was \$24 for 40 hours of work," she said. "I have heard that RNs are now making more than \$20 per hour. Because of the situation, I, like many of my classmates, lived in an apartment with four other nurses," said Ms. Schulte. "The apartment was \$30 a month. I guess it all evens out!"

School of Nursing to celebrate 100th anniversary Q & A with the dean of the School

Almost a century ago, Loma Linda University established its first educational program—preparing nurses for the hospital that was just being started and for worldwide service.

During the academic year 2005–2006, the School will celebrate its 100th birthday. To mark this monumental occasion, the School is launching a host of centennial events and programs.

One of these special programs will be the Centennial Fellows program. In this interview, School of Nursing dean Helen E. King, PhD, RN, talks about plans for the Centennial Fellows program.

Q *What is the Centennial Fellows program?*

Dr. King: Actually, Lois Van Cleve, PhD, RN, associate dean of the graduate program, gave us the idea from a similar program in another organization.

Here is the basic idea: the Centennial Fellows program is an initiative that gives people the opportunity to invest a moderate amount of funds in the School and enjoy the recognition of becoming a Centennial Fellow. Gifts at levels of \$20,000 or more will entitle someone to this distinguished status.

The Centennial Fellows will be recognized for their commit-

ment to the next 100 years of service of the School of Nursing.

Q *Why the Centennial Fellows?*

Dr. King: As we all know, today's nurses face many challenges. The current shortages in nursing are more intense than in years past, and experts predict that within the next few years the demand for well-educated

“The Centennial Fellows will be recognized for their commitment to the next 100 years of service of the School of Nursing.”

Helen E. King, PhD, RN

nurses will grow twice as fast as the nursing workforce. We need to be ready and do everything we can in the School of Nursing to help alleviate this nursing shortage.

Most of the students that come to us need financial assistance of some form. We must be able to offer more scholarships in order to assist as many students as possible to obtain a Christian nursing education.

We feel it is our mission to not only provide the best nursing education to our students, but keep tuition affordable. We also want to continue our excellence in teaching and research that our faculty provide.

Q *What is the overall goal?*

Dr. King: We want to raise \$1 million for an endowment we have set up called the School of Nursing Centennial Endowment Fund. This fund will support all the educational and scholarship programs within the School.

As the fund grows over the years, the interest income will be used for the School's highest priorities in the education of nursing students. With a goal of \$1 million in gifts and pledges, the opportunity to become a fellow is open to all that are interested. We need 50 Centennial Fellows to reach our initial goal.

Q *How will Centennial Fellows be recognized?*

Dr. King: We want to recognize and thank our distinguished fellows often and in many different ways. One of the ways we will do this is through the unveiling of a special Centennial Fellows Donor Wall in the School.

During Alumni Homecoming in 2006, we are planning some

special events of recognition for our fellows. They will also receive annual written recognition and the joy of knowing they are helping future School of Nursing students.

Q How does one become a fellow?

Dr. King: There are many ways to become a Centennial Fellow. Some may find it easier to give smaller amounts over time toward a fellowship—say, \$3,500 a year for five years; or \$1,500 for 10 years. With compounding interest over time, \$20,000 will have accumulated. It's amazing—it does add up!

The School is also open to other types of gifts besides cash. People can help in a variety of ways. For instance, gifts of real estate, assets of stock, mutual funds or other securities, life insurance policies, and planned gifts are all ways one could give a gift to become a fellow.

The possibilities are really boundless.

Q How does one find out more information about this program?

Dr. King: We will be sending a detailed brochure about the Centennial Fellows in the mail to each alumnus and friend of the School of Nursing in the



The School will celebrate its 100th anniversary in the 2005–2006 academic year.

near future. In the meantime, readers can fill out the card below if they have questions and want more information right away.

I am so excited about the opportunities this program brings to our School. We have a

once in a lifetime chance to celebrate our School turning 100 years old and the fellows program is one way we can recognize this giant accomplishment. I encourage each reader to consider joining the School in celebration!

Want to know more? Drop us a line!

Please use the envelope enclosed in this issue of *NURSE*.

Name: _____
 Address: _____
 Phone: _____
 E-mail (optional): _____

- ☐ I am interested in learning more about becoming a Centennial Fellow. Please contact me.
- ☐ I am interested, but I have some questions or concerns. Please contact me.
- ☐ I am interested in becoming a Centennial Fellow through a planned gift or other gifting avenue. Please contact me about this opportunity.

Dorothea (Forsberg) Brown '41 has spent most of her time since graduation from Walla Walla College, College Place, Washington, (BS nursing, '43) helping her late husband in evangelism. She also taught health classes and worked in doctors' offices while her children were in academy and college. She now resides in College Place, Washington, and in Palm Springs in the winter. Her son, Bob, is a registered nurse in the emergency room at Glendale Adventist Medical Center. Her daughter, Donna, is in real estate in Palm Springs.

Jeane Ewald '47 spends her time writing true stories of peoples' conversions and God's providence.

Alice (Breech) Dachary '48 recently retired at age 61 from CBS Channel 2 TV where she worked part time as an RN for 13 years. Alice and her husband, Vincent, recently sold their cereal business after more than 29 years. For many years she has volunteered at Upland Hospital and Medical Center. Mrs. Dachary resides in Alta Loma and Rancho Mirage, California. Her two daughters and two grandchildren also reside in California. She states she is proud of her alumni organizations (both LLU and Columbia Union College, Takoma Park, Maryland).

Flogean Hardt '52 has two sons serving at an eye clinic in Siapan.



Dorothea (Forsberg) Brown '41 (right) and her daughter Donna

Enid (Malwah) Blaylock '53 just had a book published, titled *Living Smart Healthy and Happy in a High-Tech World* by 1st Books Library. For several years she was a visiting professor at Caribbean Union College, Trinidad, West Indies. She taught for 25 years at California State University, Long Beach. Enid and her husband, Lorenzo, have two children. Their daughter, Dellis Frank, is a teacher and their son, André, is a physician (Loma Linda University School of Medicine class of 1980).

LaVerne Beltz '61 recently retired from home health nursing.

Marlene (Van Puymbrouck) Ringer '61 is retired and lives with her husband, Robert, in Hayesville, North Carolina. She keeps busy with community

groups such as the American Heart Association and church activities. She serves on the Georgia Cumberland Conference Committee. She enjoys gardening and country living.

Sigrid Rochte '61 is working in home health nursing.

Eloise Hurst '63 is still actively involved in full-time nursing.

Marjean Mathiesen '64 works at the University of California, Fresno, as a nursing instructor.

Shirley (Bowen) Finneman '67 lives in Coarsegold with her husband, Jerry. She was recently hired as a public health nurse in Madera County for the office at Oakhurst. She is thankful to LLU for her public health nursing training and her master's degree in public health.

Joan Hughson '69 is currently teaching at Pacific Union College, Angwin, in the department of nursing. She is also working on a master's degree.

Marilyn (Munsey) Kreuder '70 lives in Caldwell, Idaho, with her husband, Kent (LLU School of Medicine, '73B). She writes, "In June, 2001, our oldest daughter, Nichole (Kreuder) Franklin, graduated from Walla Walla College. She and her husband, Travis Franklin, have a 28-month-old son, Connor, and are expecting a daughter to be

born in September, 2001. In July, 2000, our youngest, Angela (Kreuder) Kendall, married her college sweetheart, Eric Kendall. She and Eric live in Loma Linda and are busy with school. Angela is a senior dental hygiene student at LLU and will graduate in 2002. Eric is a junior medical student at LLU and will be graduating in 2003. Kent and I continue in good health, although I am challenged with dystonia of my seventh cranial nerve and the resultant blepharospasm. Besides playing with my grandson, I have been enjoying researching our family genealogy. Kent is still doing general surgery full time in private practice.”

Barbara Aved '71 writes from Sacramento: “I thought the PhD would be my terminal degree, but since I love school (not quite true when at LLU), I earned an MBA degree last year from California State University, Sacramento. I already miss going to classes! My firm, BARBARA AVED ASSOCIATES, now in its 16th year, is busy and offers strategic planning, organizational development, health policy research, program evaluation, and conference planning and facilitation. My husband, Gary Schmidt, is technical manager for a large cooperative of Northern California rice growers and has done extensive travelling in Japan recently. Our sons, Philip and

Peter Aved Schmidt, attend Pacific Union College, Angwin, and Sacramento Adventist Academy, respectively. Cooking is my ‘therapy,’ and we love to have friends visit, so please call when in Sacramento.”

Naomi Hildreth '73 has been retired from public health nursing since 1994.

Paula Vlasich '74 works as a nurse practitioner for the Montclair School District. She has two sons who have graduated from college.

Margie Fahey '75 has received honorary awards from Cambridge University, Cambridgeshire, England. She is also a published author.

Heidi (Hertzog) Stokke '76 and her husband, Mike, recently moved to Dewitt, Michigan, with their family after 14 years in Ohio. Mike is a minister to the pastoral team at South Baptist Church in Lansing. She has helped Mike in his ministry for the last 25 years. Their son, Hans, is a senior at Master's College in Santa Clarita, and their daughter, Anna-Kate, is a high school senior. Mrs. Stokke writes, “I am so grateful that my children love the Lord and desire to follow Him. May He richly bless the class of 1976. I wish I could have joined you all at the reunion.”

Terry Cottle '79 serves as the only nurse in a K–12 school in Big Bear.



Back row from left: Kent A. Kreuder, MD (LLUSM '73B) and Marilyn (Munsey) Kreuder (LLUSN '70). Front row from left: Eric Kendall (LLUSM '03), Angela Kreuder Kendall (LLUSD-hygiene '02), Connor Franklin (age 2), Nichole Kreuder Franklin, and Travis Franklin.

| near and far |

She is working on a school nurse credential.

Carol (Milardo) Floriani '80 lives in Corona. She and her husband, Robert, recently sponsored a family from Thailand. She currently works as a manager in Heartland Hospice in West Covina, reviews CEU courses offered through *Nurseweek* magazine, and started her own hospice nurse consulting business last year. She previously taught nursing for 20 years.

Cindee Bailey '80, '82 lives in Milton-Freewater, Oregon, with her husband, C. Neil Wallace, and their child, Christian. She finished her PhD in 1987 at Oregon State University in child development and later received her MSW from Walla Walla College ('94). She serves as a professor of social work at WWC and does child therapy on the side. "Although we live far from each other, my best friend is still **Jeanne (Bullock) Hildebrand ('80)**," she writes.

Susan Torbert '84 has been working in the operating room for 20 years at LLUMC.

Rebecca Ali '90 is working as skills lab instructor at Fort Meyers University. She is working on her MSN in nursing education.

Jacqueline Beachler '91 has been working at LLUMC since 1986.

Michelle (Farley) Ballou '92 writes from Redlands: "We have recently



From left: Hans Stokke, Mike Stokke, Heidi (Hertzog) Stokke '76, and Anna-Kate Stokke.

returned to Southern California after spending three years in Washington, D.C., and four years in Phoenix, Arizona, for my husband's training and career with the Air Force. I am currently staying home with our two young children and look forward to settling down."

Julie Yooli Im-Kim '95 lives in Corona with her husband, Steven, an emergency medicine physician, and their dog, Niki.

Renee Kimberling '95 is now working at the Corona Outpatient Clinic as a nurse practitioner.

Isabel Schaper '96 works with handicapped children, ages newborn to 3 years, which she enjoys. She also does the health assessments.

| in memory |

Evelyn (Geiske) Bullock '29, a graduate of White Memorial School of Nursing, passed away April 19, 2001. She was the step-mother and dear friend of **Eleanor (Bullock) Keller '57B**.

Elsie J. Boyce '48 was laid to rest March 25, 2001, in Sacramento.

Helen (Townsend) McMullen '51 passed away on March 7, 2001.

| correction notice |

Karen Radke, PhD, RN, previously worked at the University of Rochester, New York, not the University of New York, Rochester, as previously published. She currently works at the University at Buffalo, the State University of New York, not the University of New York, Buffalo.



Loma Linda NURSE is interested in hearing about your life since you graduated from the School of Nursing. Here are some of the things we would like to use in our alumni news section, "Near and far." We would like to know about your professional achievements, research, awards, graduations, interesting stories, what is happening in your career or family life, travel, moves, marriages, and births or deaths.

Just send or e-mail information to us, and we will write it up for you. If you have been featured in local newspapers, send us a copy of the clipping. Your story may even become the basis for a feature story.

If you have a current picture of yourself, we'd appreciate receiving that, too. We look forward to hearing from you!

First name:

Last name (including maiden name if applicable):

Year(s) of LLU graduation; degree(s) received:

Address:

City:

State:

Zip:

Country:

Home phone:

E-mail:

Spouse's name (including maiden name if applicable):

Children's names, birthdates, and connection to LLU (if any):

Here's the latest (attach a separate sheet, if necessary):

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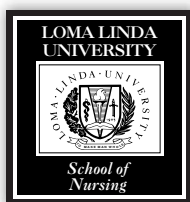
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