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Winter 1996

Loma Linda Nurse - Vol. 06, No. 01

Loma Linda University School of Nursing

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Loma Linda University School of Nursing, "Loma Linda Nurse - Vol. 06, No. 1" (1996). Loma Linda Nurse.

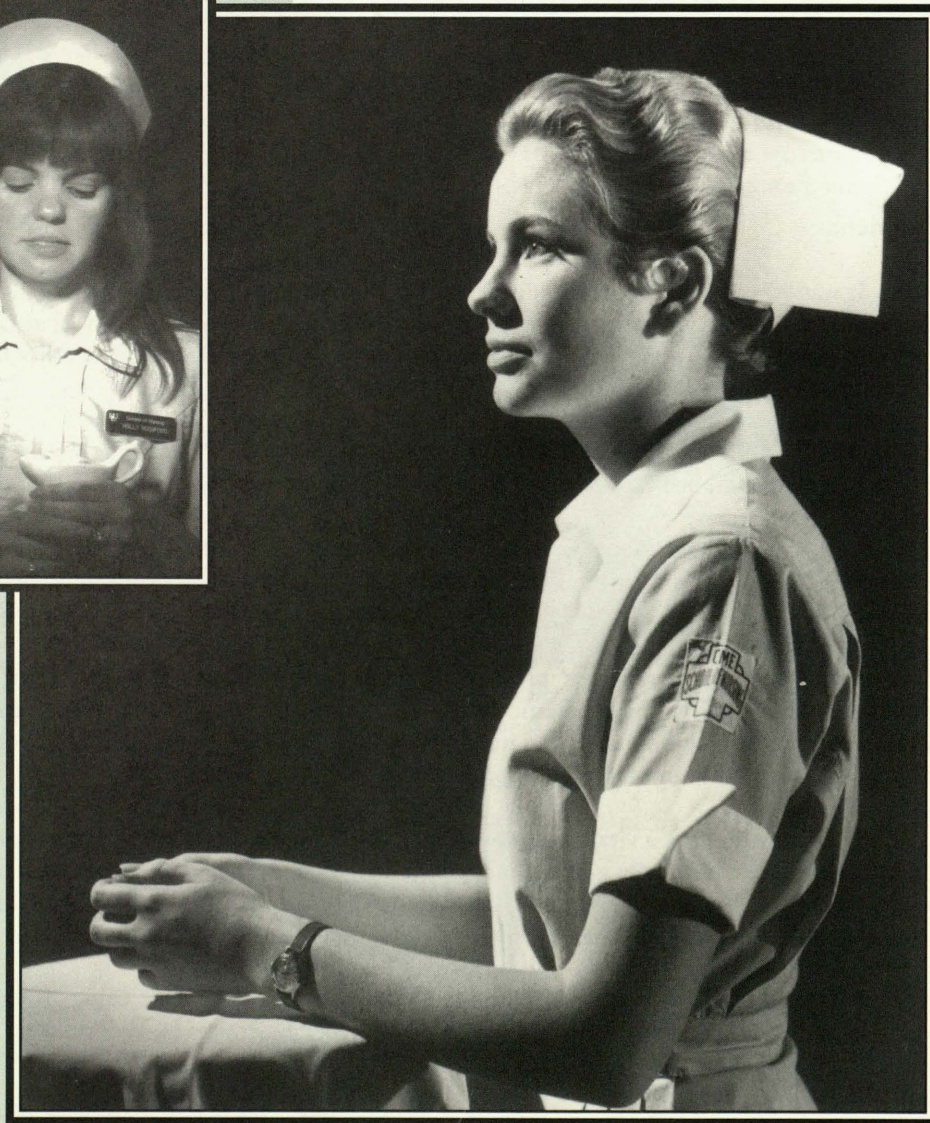
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Loma Linda

NURSE

Winter 1996

Vol. VI, No. I



90 YEARS OF EXCELLENCE

A celebration of history and memories

Inside:

- From humble beginnings
- The way we were
- The White Memorial era
- Near and far

A message from the president



Dear Friends:

It was 90 years ago that Dr. Julia White opened a nurses' training school at the Loma Linda Sanitarium. In her opinion, this was an important first step in creating a quality medical school at Loma Linda. The special nature and duties of the nursing profession paved the way for medicine and the other health professions that soon followed.

The School of Nursing has continued to set a high standard of caring for others. Many of its 5,500 graduates have made remarkable contributions to their communities.

In both their professional lives and their volunteer efforts, the dedication of SN alumni to humankind is evident. One example of this is their commitment to mission service. At last count, over 500 alumni had served overseas.

The scope of SN graduates' professional accomplishments is admirable. They have excelled in academic research ranging from pediatric pain assessment and management to spiritual care development. Other career achievements include publishing nursing books and articles, organizing and operating health seminars, and providing leadership in other health professions.

Nursing still plays a vital and irreplaceable role in the success of the University today. Although the duties of nurses are continually growing and being expanded upon, current students rise to meet the challenges brought upon them by an ever-changing health care world. It is my prayer that these bright, capable adults will continue to maintain the high standards that the alumni have exemplified for so long.

School of Nursing, you have made Loma Linda University proud. Congratulations on 90 years of leadership and service. May you have many more.

Sincerely,

A handwritten signature in cursive script that reads "B. Lyn Behrens".

B. Lyn Behrens, MB, BS
President, Loma Linda University

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The class of 1934 is one of the earlier classes to have received degrees from LLUSN. For details on how the School began, see page 4.



The Alumni Association is an important part of the School of Nursing. See page 24 for some of the Association's activities.

Loma Linda Nurse is published biannually by the Loma Linda University School of Nursing and Alumni Association.

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Design and layout

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Cover story: The School of Nursing celebrates 90 years of excellence in nurses' training.

FROM HUMBLE BEGINNINGS

...from failed health resort to LLU's first School

School of Nursing, est. 1905

"Thank the Lord. This is the very place I was hoping to find."

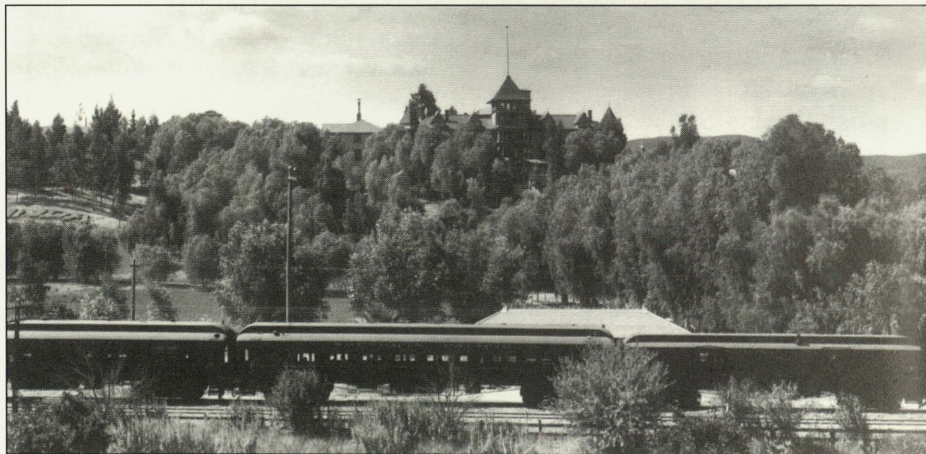
These words were spoken by Ellen G. White in 1904 upon learning about the property available at Loma Linda. A failed health resort, Loma Linda (Spanish for "Hill Beautiful") was being sold for \$110,000, an undeniably large amount for the Southern California Conference to secure, especially in light of their recent purchase of two sanitarium properties in Southern California.

Still, Ellen White persisted. She had been impressed to buy another property. Trusting the instincts of a young minister named John Burden, who had located the land, she decided that this was it. After some negotiation, the price was eventually whittled down to \$40,000. This, thought Ellen White, was reasonable.

The dreams that Ellen G. White had for Loma Linda University School of Nursing have more than been realized in these past 90 years.

"Secure the property by all means," she advised Burden, disregarding the advice of the local conference. "We will do our utmost to help you raise the money."

And secure he did. Not knowing how or where he was going to get the money, John Burden followed the leading of God, through Ellen White, to buy Loma Linda. As we read in *From Vision to Reality*, the entire amount was soon paid in full "through a series of providences." Thus were the beginnings of Loma Linda University.



The original Sanitarium, built in the late 1800s as a health resort, was purchased at Ellen G. White's urging in 1905. It served as Loma Linda's first clinical site.

But what about the origins of the School of Nursing? Administrators at Loma Linda quickly realized that without medical personnel, their beautiful sanitarium would fall apart. It had been Ellen White's original intent to start a nurses' training school at the sanitarium. This would play a dual role: providing health care for the patients, and training nurses for the future.

Julia White, MD, Loma Linda's first female physician, agreed wholeheartedly. Convinced that in order to keep patients at the sanitarium, they would need student nurses, she recruited three nurses from other SDA institutions. But this was not enough to keep a rapidly growing sanitarium in operation.

In desperation, she appealed to John Burden, who wanted to wait until there was a full faculty in place in the fall of 1906 to start the training of both physicians and nurses. As it was barely winter 1905, Dr. White did not feel the nurses' training could wait.

Her determination paid off. In

January, 1906, the nurses' training school officially opened, and Dr. White added four new students to the three already there. This first class graduated on July 10, 1907, becoming the first alumni of the School of Nursing.

In spite of this initial uncertainty, progress in the School was rapid. Although the work was hard and the hours long, the students in those early days relished their experience. Some of their main duties consisted of housekeeping, sewing, laundry, and food service, far removed from a nurses' duties today. But the students performed their tasks with enthusiasm, grateful for the chance to work their way through school.

While early faculty members at Loma Linda viewed nursing students largely as sources of inexpensive employment, they made certain that they were given adequate time for exercise and rest. The faculty believed in the overall health of their students, as well as their patients.

Loma Linda School of Nursing went

through a number of changes in the next few decades, not the least of which was branching out to Los Angeles and coming back again 25 years later.

This reunion stemmed from one of the biggest and most important transformations in the School's history: the vital switch from a vocational, apprenticeship program to a collegiate school. As Marilyn Christian Smith, EdD, RN, dean of the School from 1969 to 1981 says, "The rejoining (of Loma Linda and White Memorial) was imperative."

Having begun under diploma programs, early schools of nursing around the country were originally operated by hospitals. Concentrating more on obtaining cheap student labor than providing a quality nursing education, these schools usually produced students who were overworked, underpaid, and ill-prepared for a nursing career.

In the 1920s, two books were published by the Grading Committee, who had studied U.S. schools and discovered weaknesses in the preparation and employment of student nurses. The results of these findings caused nursing instructors to begin to take a more critical look at their teaching methods.

It took several years for schools in the United States to catch up with the findings of the Committee. Finally, under the spirited leadership of Kathryn Jensen Nelson, who became the first dean of the School in 1949, the faculty of Loma Linda moved eagerly forward to meet the educational needs of their students through a bachelor of science degree program. The first class to graduate with this degree was the class of '52.

Since the incep-

tion of the BSN degree, a myriad of changes have bombarded the School. Says Maxine Atteberry in *From Pinafores to Pantsuits*, "During the 13 years between 1956 and 1969, there seem to have been more changes than during any other equal time period in the history of the School."

These included changes in student uniforms from the stiff, crisp "starch and stripes," which had to be properly washed and ironed to keep up their professional appearance, to a new Dacron fabric that was simpler and much more economic. Although the students balked at first glance, the advantages of such a uniform soon became plain.

Other changes had to do with the curriculum. In 1969, public health was added to the student load. The demand for community health specialists was growing rapidly, and the School of Nursing was doing its part to prepare its students for work in this area.

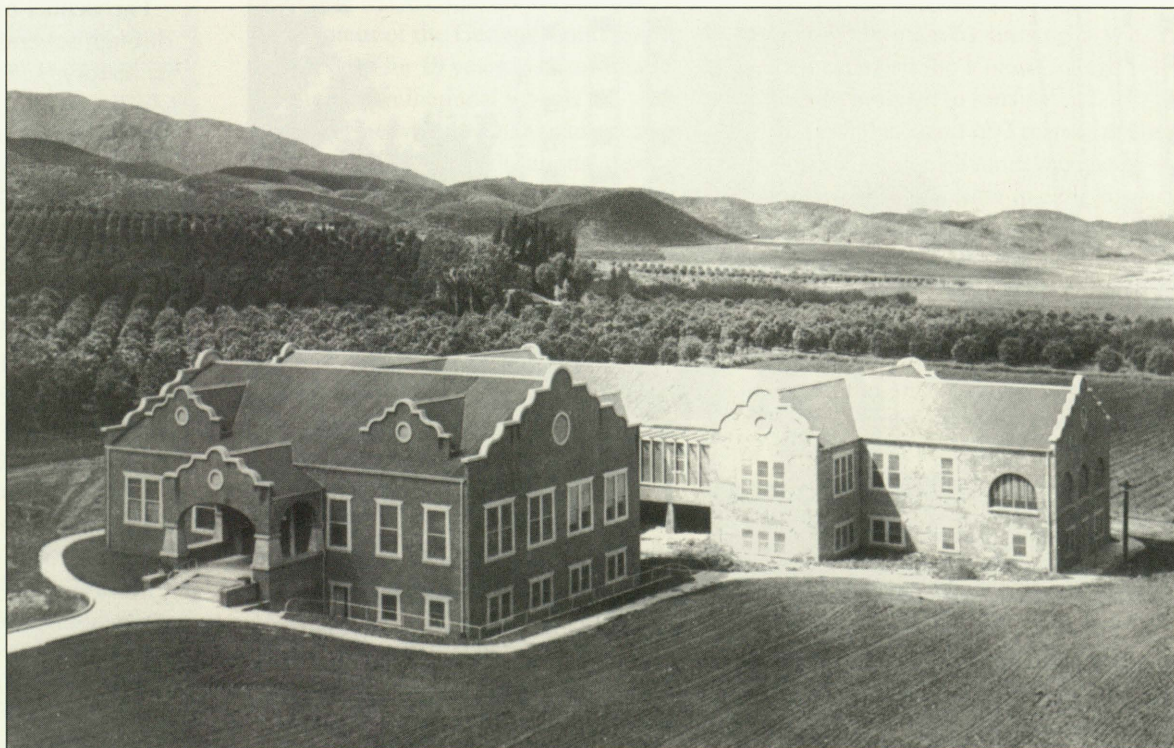
There were also modifications in the area of higher education. By 1956 the College of Medical Evangelists had been granted university status, and starting in 1957, the master of science degree was offered at CME, making it



Julia White was responsible for starting the School of Nursing. It was her determination that brought the first nursing students to Loma Linda.

the first SDA institution to offer a graduate nursing program.

Some changes during this time period were not as positive. Catherine Graf, who had spent 31 years at Loma Linda, ended her career at the School. Fortunately her work as the director of nursing service, the director of the School, and the assistant dean of the

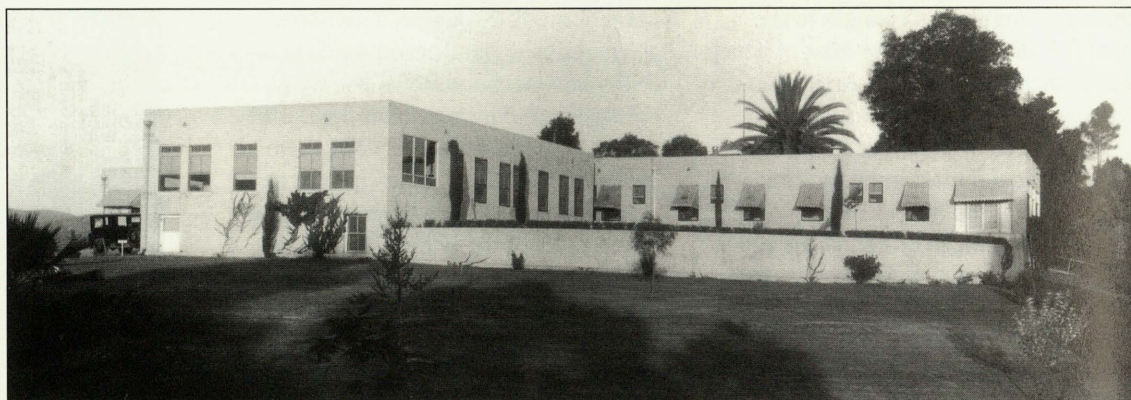


The first Loma Linda Hospital was built in 1913. It was located where the Alumni Hall for Basic Sciences now stands. It was in use until the mid 1920s.

baccalaureate program had left its indelible mark on Loma Linda. Also occurring at this time was Loma Linda's final break from the White Memorial Hospital in the mid-1960s. While this was beneficial in some ways, it was like losing a close family member.

The last couple of decades at Loma Linda have brought progress in a variety of areas. One of the most interesting transformations has been the move from the "typical college student"—the single young female fresh out of high school—to the non-traditional student. These include mothers returning to school after several years out; career women heading back for another degree; men; and students of diverse ethnic origin.

Interwoven with the concept of diversity is the School's continuing commitment to international outreach.



The mid-1920s saw the completion of the new Loma Linda Sanitarium and Hospital. Renamed Nichol Hall in 1976, it is now occupied by the Schools of Public Health and Allied Health Professions.

This has manifested itself in School-sponsored mission trips and overseas missionary journeys for graduates. It has also been the force behind international nursing, a program started by Dean Helen King and Pat Jones, PhD, RN, professor, School of Nursing, to promote the sharing of health care knowledge around the world.

The dreams that Ellen G. White had for Loma Linda University's School of Nursing have more than been realized in these past 90 years. Even through

seemingly unconquerable circumstances, the leadership and vision of many talented people, many more than could be mentioned here, have propelled the School forward. This spirit of dedication can be seen in the students who now walk the halls of the School of Nursing, and will continue to motivate those who come "to make man whole."



The School of Nursing class of 1923, on the Loma Linda campus for a homecoming weekend, stands in front of Loma Linda University Medical Center. Built in 1967, the building was the largest construction project ever undertaken by the Seventh-day Adventist Church. The transfer of patients from the old hospital to the new took place on July 9, 1967. The School of Nursing housed their administrative offices in the Medical Center until 1973, when they moved into West Hall.

Nursing knowledge

Did you know...

The School of Nursing has gone through several name changes in its history:

1916-1918: Medical Evangelistic Nurses' Course

1918-1919: Loma Linda Institute of Wartime Nursing

1919-1923: Nurses' Training School

1923-1924: Nurses' Training Schools of Loma Linda Sanitarium and White Memorial Hospital

1924-1928: Loma Linda and White Memorial Schools of Nursing

1929-1948: Loma Linda School of Nursing/White Memorial School of Nursing

1949-present: Loma Linda University School of Nursing

DEANS OF THE SCHOOL OF NURSING

...their foresight turned dreams into reality

KATHRYN JENSEN NELSON

1949 TO 1956



Kathryn Luella Jensen was born on April 17, 1891, in New London, Wisconsin. After attending Bermanwood High School and the Waupaca County Normal School in New London. After receiving the teachers' certificate in 1913, Kathryn moved west to California, where she immediately entered the College of Medical Evangelists School of Nursing here in Loma Linda.

It was from this beginning that Kathryn began to catch a glimpse of what nursing and nursing education could and should become. From the time she graduated in 1917 until she retired from her position as dean of her alma mater in 1956, she worked with a tremendous drive, vision, and strength to bring nursing education to a level previously unseen in the School of Nursing.

In 1918, just two years after graduating from CME, she became the director of nursing service and the School of Nursing at the Washington Sanitarium and Hospital in Takoma Park, Maryland. She held this post for three years. Her interest and recognition of the nurses' role in preventive health and community nursing first demonstrated itself when she served as school nurse at the old Danish-Norwegian Seminary in Hutchinson, Minnesota, from 1921-1922. Following a year of post graduate study in Public Health Nursing at Peabody College in Tennessee, Miss Jensen accepted the call to the General Conference Medical Department in Washington, D.C., on



Kathryn Jensen Nelson

April 6, 1921.

As the nurse educator in the medical department of the General Conference, she worked for 19 years as a consultant for the denominational schools of nursing. She was a woman many years ahead of her time in educational trends. It was through her leadership that a most significant action was taken in the 1932 Fall Council session of the GC: the recommendation of one year of college beyond high school for admission into denominational Schools of Nursing. It was this step which set the basis for changing the role of the nursing student from that of trainee and apprentice to that of a professional student in a collegiate setting.

During the 1930s Kathryn earned her master's degree from Catholic University of America in Washington, D.C. There she was recognized as an outstanding student and leader.

The year 1940 marked a significant change in Kathryn's personal life. In that year she married Elder Rudolph Nelson, an old family friend. Her five

new stepchildren quickly found a place in her heart as she moved to Minnesota to join her husband where he pastored the churches in Minneapolis and St. Paul. After her marriage she devoted her time to being a housewife and mother. Soon, however, she was helping in community nursing with the Red Cross, teaching home nursing classes, helping with church school health examinations, and summer camp nursing.

When in 1945 Elder Nelson accepted the chaplaincy of Boulder Sanitarium and Hospital in Colorado, Mrs. Nelson agreed to be clinical coordinator and assistant professor of medical surgical nursing in the same institution. It was here that she again exerted her leadership in college-centered education for nursing as she helped establish the Union College collegiate program in nursing.

In 1948 the Board of Trustees of the College of Medical Evangelists made the momentous decision to close the two hospital schools of nursing it had been operating, and to inaugurate a four-year college centered program.

Elder Nelson was asked to be chaplain at the Loma Linda Sanitarium and Hospital, and Kathryn Nelson was offered the newly created post of dean of the School of Nursing. Under her leadership, the School of Nursing became a strong collegiate program. A curriculum was developed for registered nurse graduates of hospital diploma programs who desired to obtain a bachelor's degree, and the master's degree program in nursing was begun. It was also during this time that the School became fully accredited by the National Committee for the Improvement of Nursing Services (NCINS), later to be

known as the National League for Nursing.

After Dean Nelson's retirement in July of 1956, she continued to teach in the graduate program. She also proceeded with her professional writings, authoring several books and many articles for publication. In addition, she served as consultant to several schools of nursing. Thus, she continued to inspire all those who had worked with her and followed in her footsteps.

MAXINE ATTEBERRY

1956 TO 1969

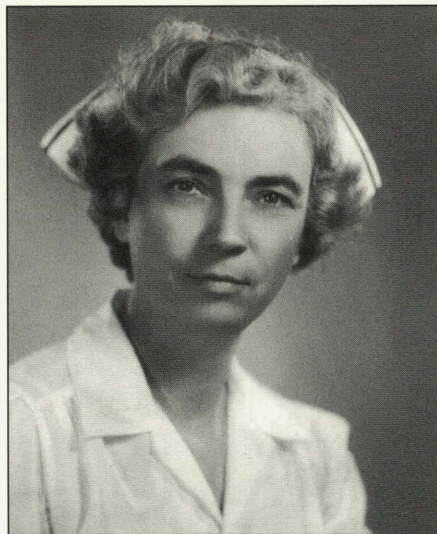


Anyone who has read *From Pinafores to Pantsuits*, the chronicle of the School of Nursing, has caught a glimpse of Maxine Atteberry's wit and skill with words. Born in DuQuoin, Illinois, on July 15, 1904, Maxine had a gift for being able to see the humor in most situations, thereby making life more interesting for those around her.

Maxine first came to the School of Nursing as a student. Upon receiving her diploma from the White in 1934, she continued her education at Pacific Union College, where she received her BS degree in 1938. She did not go back to school until 1950, when she obtained her MS from the University of Southern California.

After returning to Southern California, Maxine taught pre-nursing at La Sierra before she became the director of hospital nursing service at White Memorial, a position she held for 10 years. Colleagues who worked with her there remember a delightful, personable individual who had the ability to express herself as very few people can and could make others feel very special.

This position was followed by that of assistant dean at the School of Nursing. Maxine Atteberry, who never married, became dean of Loma Linda University School of Nursing in 1956. She continued in this post until 1969, when she left to serve as a nursing consultant for the Far Eastern Division in Singapore.



Maxine Atteberry, RN

Her last official job was that of professor of nursing in the School of Nursing in 1973. She retired in 1974.

In addition to her many important duties as dean of the School, Maxine was also very active in professional groups such as the SDA Nursing Council, and public service groups like the University Speakers Bureau, National Education Association, and Planned Parenthood Board.

As previously indicated, Dean Atteberry was a very talented writer. Some of this talent manifested itself through various nursing articles, published in such journals as *Nursing Outlook*, *Journal of True Education*, and the *Review and Herald*. She was also the editor of the alumni publication *Near and Far*, and wrote the aforementioned book, *From Pinafores to Pantsuits*.

As dean of the School of Nursing, Maxine Atteberry was integral in a number of important developments in nursing. In 1957, her first year as dean, the first master's degrees in nursing were granted. Uniforms were changed from stiffly starched pinafores to Dacron pinstripes, and public health nursing was added to the curriculum. When the new Medical Center was completed in 1967, Maxine was asked to be in charge of nursing service as well as nursing education.

Her efforts did not go unnoticed. Maxine's contributions to nursing were recognized when she was elected to the Association of Seventh-day Adventist Nurses' Hall of Fame in 1972; voted

LLUSN Alumnus of the Year in 1974 and 1981; and named emeritus dean at LLUSN and emeritus chairman for the Western Council for Higher Education in Nursing.

Maxine Atteberry will always be remembered as a "marvelous person who got along with everybody." Those who knew her will never forget her calm, logical manner, her ability to see problems from more than one perspective, her integrity, and of course her irrepressible sense of humor.

MARILYN CHRISTIAN SMITH

1969 TO 1981



Marilyn J. Christian, a self-proclaimed "active child," was born in Trenton, New Jersey, on January 20, 1933. The daughter of a church administrator, young Marilyn led a busy life trying to keep up with her two older brothers, and helping her mother with household chores and repairs.

In order to have money for school, clothes, and other needs, she worked as a salesperson of "anything that seemed worthwhile to sell." Her wares included pencils, stationery, and cards when she was very young, then moved into books as she grew older.

Marilyn first acquired an interest in nursing in her childhood. Both her mother and father had RN degrees, and had worked in the mission field. She enjoyed listening to them tell of their experiences there, and those her mother had as a public health nurse back in New England.

"She drove a neat black car with the words 'Public Health Nurse' on the side—I thought that was really great!" she remembers.

It wasn't until she worked as a nurses' aide in academy, however, that she really decided that nursing was for her. She found that it was meaningful, allowed for creativity and adventure, and would be a great stepping stone for her adult life.

Marilyn Smith has experienced a wide range of educational institutions. She attended elementary school and



Marilyn Christian Smith, EdD, RNC

academy in Nebraska, Idaho, Massachusetts, Texas, and Maryland. After graduating from academy, she went on to obtain her BS from Columbia Union College in Maryland, her MSN from Catholic University of America in Washington, D.C., and her EdD from the University of Southern California.

She first graced the halls of the School of Nursing in July, 1963, when she was hired to chair the department of public health nursing. She later taught in the Graduate School, started the Home Care Service for LLUMC, and led out in several research projects in curriculum and clinical learning/teaching. Marilyn became the dean of the School in January, 1969.

Marilyn faced many challenges in her 12 years as dean. Among these were helping the SN faculty move from teaching professionals to clinical practitioners. She also strived to create and maintain excellence at the doctoral

The key to the future success of the School of Nursing lies in hard work and heavy leaning on the Holy Spirit.

level in faculty teaching and research. Other challenges included the preparation of advanced practice nurses in the early 1970s, the SN move from the Medical Center to West Hall, and the "ever present problem" of finances. She gives credit to a talented, hard-working faculty, and much prayer and guidance from God for getting the School through

so many changes.

Along with the hard times came the good memories. Among those Marilyn particularly remembers is the School party, with a faculty talent show that "students wanted repeated more than the faculty did!" With a musical band complete with drums, tuba, trumpet, saxophone, clarinet and trombone, the faculty played grade school level music that everyone enjoyed immensely. She also remembers the off-campus student trips to missions in places like Monument Valley, Wyoming and Mexico.

Loma Linda University still has a valuable resource in Marilyn Smith. She currently works half-time at the School of Nursing teaching community health nursing and nursing perspectives, and the other half-time coordinating students and faculty in the Social Action Community Health Service clinics.

In her free time, she enjoys tending to the artichokes and flowers in her garden, and being out in nature. Another interest is computers: she enjoys her modem connection with the world, and dabbles in graphic art. She also enjoys spending time with her family—two Vietnamese "daughters," their husbands, five "grandchildren," and her 93-year-old mother.

Marilyn Smith believes that the key to the future success of the School of Nursing lies in hard work and heavy leaning on the Holy Spirit. She feels that the future is bright, and as long as we keep our hand in the hand of God, we can continue to give our students the best education possible.

HELEN EMORI KING

1981 TO PRESENT



Born in Stockton, California, on April 10, 1936, Helen Emori was the first child of a Japanese-American family. At the time of her birth, her parents were living on a small island on the San Joaquin River delta where her father was the foreman of a large agricultural operation that grew asparagus and potatoes.

Just before Helen's first-grade year,

during WWII, the Emoris were moved to a relocation camp in Arkansas. Among Helen's earliest memories are the children she played with there. They played tag, hopscotch, and other children's games, and investigated the flora and fauna of the forests and streams in the Mississippi River delta. When the family returned to California and Helen discovered the public library, her interests expanded to include reading and drawing.

By the time Helen graduated from Newbury Park Academy, nursing was one of three career options considered by the women in her class. The other options were elementary school teaching and secretarial. She chose nursing.

After attending La Sierra College for



Helen Emori King, PhD, RN

one year of pre-nursing, she went to the College of Medical Evangelists.

Helen Emori graduated from CME in 1959, one year after Eva Goodlett Miller, Melba Kindsvater Zimmerman, and Thelma Goldsmith Dayes, who appeared "so impossibly experienced and competent," and one year before Grace Emori, Vaneta Mabley Condon, and Earline Westphal Miller, who "seemed to be smart enough, but awfully green."

After several years of experience as a staff nurse at the White Memorial Hospital and the Loma Linda Sanitarium and Hospital, and as beginning nurse educator on the Orlando campus of Southern Missionary College, Helen

*Deans of the School of Nursing,
Continued on page 19.*

THE WAY WE WERE

...cherished times in the School of Nursing

90 years of memories

90 years of memories. Some funny, some embarrassing, some touching. But all cherished, because these memories are what made your time at Loma Linda University School of Nursing special. Today we remember days gone by, and look forward to the memories yet to be made.



"It was October, 1954. My husband had just been discharged from the Army. We went to the White so I could finish my nursing. I had been out for two years. Pediatrics was my first course. I only had the white cotton uniform I had been issued. The other students had lovely drip-dry ones. My instructor gave me a beautiful white nylon seersucker uniform. She undoubtedly knew that we had no extra money, and, with a toddler, I had no extra time to iron. What a blessing her thoughtfulness proved to be!"

-Jerrine Whitehead Seery '56B

"I owe to the School of Nursing my introduction to the Asian culture. Most of my friends in the class of '69 were of Asian descent, and we built many memories together: midnight grunion runs at the beach, our self-formed 'sensitivity groups,' and of course making and eating all those wonderful Far Eastern foods!"

-Cari Wells Hammonds '69

"During the first week of our sophomore year, one of the instructors asked how many of us were 'here to marry a doctor.' Over half the class put their hands up!"

-Mary Marcinko Scott '76

"A lot of my memories seem to center around the Sabbath. I remember the quiet atmosphere on the Sabbath, as nurses performed their essential nursing procedures and comfort measures. The students relieved one another to accommodate partial Sabbath morning services attendance depending on the patient load."

-Berneice Fleck-Worth '49

"I took care of the captain of the Pitcairn ship when I was in school. He was the first patient I ever had that died. It made a lasting impression on me."

-Beth Stratton Zachrison '38

"I remember once I was putting a man to bed in the old medical unit at the White—a man who used many swear words throughout the procedure. I was used to praying with the patients at bedtime but struggled with the thought because of the foul language. I finally asked, and he said, 'I guess so.' When I finished, his eyes were filled with tears as he remarked, 'That's the first time I've prayed since she died.' He then shared how bereft he felt as his prayers for his wife's recovery seemed to fall on deaf ears. I was touched that he said 'the first time I prayed...'"

-Mary Jean Graham Coeur-Barron WM '48

"My first happy memory is gathering in the parlor of old Kate Lindsay Hall and being entertained by the faculty. Miss Atteberry (who was the dean) had a mop, feather duster and kerchief around her head, and was acting in the skit. Another vivid memory is the first time we emptied a bed pan and 'flushed' with the foot pedal and then returned to patient care with limp caps, wet uniforms and sheepish grins resulting from an unexpected shower. Then of course there were the 'ulcer parties' in the dorm rooms with cartons of milk and baked goodies brought from home, complete with sing-alongs, talking, sharing and laughing."

-Beverly Deutsch Agee '62

"Some of my fondest memories are of impromptu get togethers with classmates and singing all kinds of funny songs, usually accompanied by one or two ukuleles. Sometimes we made up our own words. It was so much fun and everybody was welcome."

-Sylvia Sanders Skantz '61

"A precious memory for me is our capping ceremony. We were invited to make suggestions for a song our class would sing as a group. My suggestion was a beloved old hymn— 'Father, Lead Me Day By Day.' This song was chosen, and we sang all five verses, with one class member singing a solo for one or two of the verses as we hummed in harmony. It was and is a beautiful song of commitment, and remains to this day the prayer and song of my heart."

-Ruthie Hamilton Flynn '63

"Our last day at our psychiatric affiliation (Patton State Hospital) was a 'solemn' occasion. On our way home on the bus, we ripped each other's uniforms to shreds!"

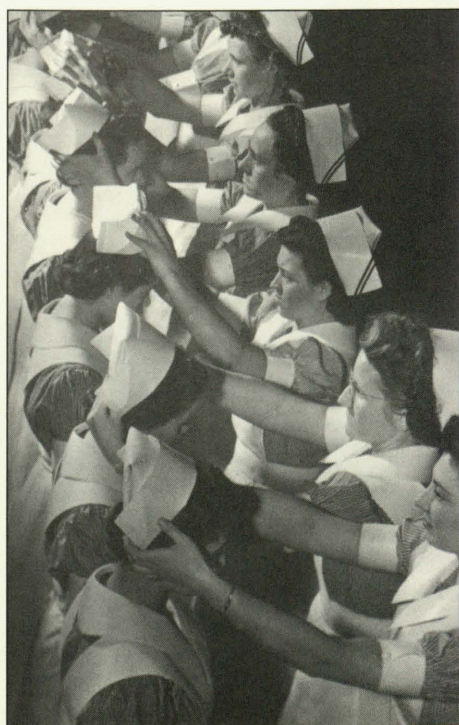
-Yvonne Engberg Kakazu '56B

"Back in the late '40s, we had snow at Loma Linda for the first time. We got trays from the dining room and slid down the hill to the dorm. We had a great time. Then we student nurses had a snowball fight with the medical students. We were on the roof and they were down below. I stepped out to throw a snowball and bang! I got one right in the eye. I had to have it checked out and I had a sore eye for several days."

-Dorislee Erickson Norton '49

"My most memorable nursing experience actually happened just a few weeks after graduation. I was a brand new team leader and had just exchanged my student pin for the one with the coveted RN after my name. I was hurrying down the hall to answer a patient's call light in Portland Adventist Hospital (then called Portland San). I bent over a rather distraught patient who was in acute pain. 'I'm so sorry about your pain,' I said. 'I'll run and get the nurse right away.' I turned and hurried halfway down the hall when suddenly my brand new nursing shoes braked hard and like lightening it struck me: 'I AM the nurse!' This was the moment of truth. This was what I had gone to school for all four years. With a red face I retraced my steps back to the patient's bedside and now refocussed on her need in a brand new way. This was the beginning of real accountability and my life as a REAL nurse began that afternoon!"

-Dena Sherrard Guthrie '69, '76GS





"All of my memories are embarrassing! I remember my first day in the OR in my first year of nursing school. I passed out twice, and the second time the anesthesiologist had to carry me out of the OR! I cried about it. However, the next summer I got a fulltime job there and worked my way through nursing school in that same OR for the next 2½ years."

-Valerie Lantry-Clark '86

"I still remember the time I gave my first injection as a student in the old LLU hospital. Already intimidated by the quiet hovering of the nursing instructor and the Tuliex system for the penicillin, my anxiety level soared when I discovered the patient was mostly skin and bones! Somehow, I managed to give that injection, but to my surprise, the sweet little old lady patient loudly declared it was the 'best injection' she had ever received! I fairly floated out of the room. Years later, I realized that the lady may have told all the students the same thing."

-Suzette Murray Van Saun Monroe '65

"My most vivid memory was conquering my fear of needles. My hands shook during the 'How to give a shot' fundamentals of nursing skills lab. My nervousness only caused me to accidentally stab myself in the thumb deep enough to draw blood while uncapping the needle. I cried in disbelief, thinking I'd never be able to give an injection, let alone become a nurse. Patient and caring instructors got me through the lab and now giving an injection is as easy as eating chocolate! My most cherished memory is the lifetime friends made at LLUSN."

-K. Elaine Pascual '93

"One of my fondest memories is learning to give injections! My lab partner, Cynthia Garber Luchs, was my 'patient.' ...I tried to muster the courage to give her a saline injection with a TB syringe. With our lab instructor watching, I jabbed her with the syringe. She jumped up off the bed as I pulled the syringe out, and we were all terrified and laughing. But my instructor was not amused. I forgot to inject the saline! So with much trepidation we had to do it all over again. Sweating it out, I finally did it."

-Cathleen McMahon-Nece '87

"As a senior student nurse, I was in charge of the surgical floor while the graduate supervisor had her supper break. And then it happened! The Long Beach earthquake! All the bed lights came on at once. The patients in surgery didn't leave their beds. However, the medicine room bottles were all dancing a fancy jig!"

-Hazel Hanson-Fattic '33

"I fainted at the sight of blood...three times! Once in OR I thought my nursing days were numbered. Ironically, I ended up in the 'bloodiest' profession—labor and delivery."

-Lisa Batch-Mack '81

"Skills lab with Ms. Mills was always fun and unpredictable. The best times were when we had to be patients for our classmates. I can remember shots and NG tube experiences in particular. But most of all I remember the 'realistic' bedpan contents—we could hardly work after such a find!"

-Robin Bruns Rogers '73



"What I remember most are the uniforms. We had long sleeves with stiff white cuffs. In the old sanitarium, if we were in a patient's room with our sleeves rolled up—down they had to come before going into the hall. But in time we changed to short sleeves. I am told it was stimulated by two sisters in my class who cut off their long sleeves to short, but their act was never discussed! Three cheers! I am glad the uniforms have changed and kept up with the times."

-Mary Colby Monteith '22

"I was a first-year student on 'old 500' when Dora Dalby was the head nurse on the 7 to 3 shift. She would come out in the corridor, clap her hands several times, and call 'Girls! Girls! Girls!' in ascending volume to get us to come for worship. Then she would look at shoes! Her specialty! Shoes! 'Miss Fankhanel, your shoes need to be cleaned!' 'Miss Schaefer, your shoestrings need to be washed!' And on around the circle she would go. Then we would have worship, sing, and go to work."

-Esther M. Oldham '54B, '73GS



"One memory brings fear and concern to my mind. One of our classmates was working in OR and swallowed a big T pin. She didn't want anybody to know and told us not to tell. Some of us feared her intestines would be perforated, and we would lose our fun little classmate! Quietly several of us went to our physician, Dr. Russell Smith, and told our woeful tale. Needless to say, her dieting ceased and she was instructed in no uncertain terms to eat lots and lots of soft, newly baked bread to 'pad the pin.' In due time the pin passed on, or, should I say, passed out!"

-Violet Evans-Brehm '44

"I was afraid of two of my supervisors. While working in surgery and having some extra time, we'd sit and patch gloves that had holes in them. (How times have changed!) Often it was tedious work and we would start singing back there in the back room—in harmony. Then the 'snoopervisor' would come in and scold us. I guess she didn't think it was professional!"

-Barbara Babienco-Sturges '50

"I was all but suspended for eating a lemon rind from the lemonade sent to the MD's following surgery. A classmate and I were on the red carpet for getting caught in the hall in a laundry carrier—with uniforms and caps on!"

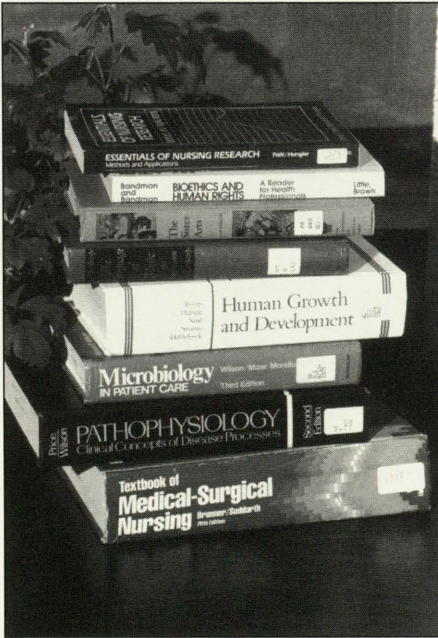
-Amy Reed Westphal '30



Class of 1928 dressed in their gym clothes.

"When I was in nurses' training in 1929-31, bobbed hair had just come into style. My hair is naturally curly. We were to wear a hair net over short hair, and use bobby pins to pin down any unruly hair. My supervisor, Miss Borg, was always speaking to me about my hair, and even presented me with a hair net and bobby pins. It made a lasting impression."

-Opal Crozier Huenergardt WM'31



"As a 'probie' I was terror-stricken when left to answer the lights from the cottages for a senior on her noon break. She warned me to quickly answer one certain one, as the patient was 'a battle axe.'

"Sure enough, it came on, and with fear in my heart I answered. She was in bed, and concerned about several things. She had not touched the food on her now-cold tray, but said she *could not* eat anything. She picked up a baked potato and said she would like to throw it across the room. I said, 'go ahead if it will make you feel better.' So she did.

"When I found it still whole I took it back and said, 'if it helped, throw it again.' She threw it with greater force, splitting it. She then picked up a plate of noodles with tomato sauce, saying she would like to throw it at whoever came next. I said 'what if it was Dr. Zirkle [Thomas I. Zirkle, SM '28]?' She said, 'Well, it would look good dripping off his face.' As I left with her tray, I thought 'What have I done?'

"The next day, my teaching instructor told me that the patient had told her about the incident, and that I had done the best thing for her. What a relief! A few days later, a small package was in the dormitory with my name on it. In it, I found a baked potato with a piece of paper protruding from it. When I pulled on the paper, a small bottle of perfume tumbled out with a note saying, 'Thank you for what you did for me.' It was signed by the patient I had feared so."

-Verna Thompson Dower Dixon '42, '51

Important dates to remember

January 17 to February 1, School of Nursing Phonathon

We look forward to talking with you and finding out what's happening in your lives.

April 12 to 15, Alumni Homecoming Weekend Come join your friends at Loma Linda School of Nursing as we celebrate our 90th birthday!

Plan to stay for the annual **Alumni Institute, Monday, April 15.** This year's theme will focus on spiritual care in nursing. For more information, contact Joan Hulse at (909) 824-4360, (*at voice mail prompt, select option "4"*).

A BRIEF HISTORY

...the School becomes two, then one again

The White Memorial era

"Mother, listen to this: I've just gotten a letter from Loma Linda and I'm accepted! I go to the White Memorial Hospital in August."

"The White Memorial? Is that the new hospital in Los Angeles? I thought you were going to Loma Linda."

Taken from Maxine Atteberry's book, *From Pinafores to Pantsuits*, these quotes epitomize the confusion surrounding the separation and rejoining of the Loma Linda and White Memorial Schools of Nursing.

Graduates from the 1924 class of the College of Medical Evangelists School of Nursing were the first proud owners of diplomas from White Memorial Hospital, not Loma Linda Sanitarium. Officially divided by the CME Board of Directors in May, 1923, this marked the first year of actual separation for the White Memorial and Loma Linda Schools of Nursing. What began as an addition to an already well-established nursing program, turned into a major adjustment that lasted over 25 years. How had it all happened? Where had the change begun?

Born in 1905, the School of Nursing had originated as a complement to the soon coming College of Medical Evangelists. By 1913, it was clear that new clinical facilities were needed for both the CME and the nurses' course.

The first solution came in the form of an old one-story building in Los



One of the main duties of nursing students at Loma Linda Sanitarium was to help serve patients' meals in the dining hall.

Angeles, which was made into a dispensary. This did not last long, as it was unapproved by the American Medical Association. The next step was to build a new hospital and dispensary, which was accomplished by 1917. This new building opened for patients in January, 1918. Originally christened the Ellen G. White Memorial Hospital, it is now known to most as "the White."

The years 1918 to 1923 brought many changes to the White. When the hospital was first built, a small number of nurses were recruited from the midwest to serve the patients being admitted. More students, however, were needed to carry the bulk of the work load: students that were not forthcoming. To fill this void, Loma Linda Sanitarium agreed to share some of its student nurses. Thus, from the beginning of the 1919 school year, Loma Linda Sanitarium claimed two locations for its trainees: Loma Linda and Los Angeles.

To put it mildly, the campuses were vastly different. Whereas life at Loma Linda meant peaceful country ease, far removed from the bustle of the city, White Memorial provided more than enough excitement to make up for it.

Patients at the two hospitals varied as well. Time spent at Loma Linda entailed caring mostly for long-term, middle-class White Americans; at

the White, however, nurses faced a more integrated population of ethnic patients who usually needed emergency medical attention.

For a few short years there existed a nearly ideal situation, whereby students were able to gain valuable hands-on experience in two very different environments. However, things soon began to change.

Starting in the early 1920s, there began to be talk of creating two separate programs. What caused these initial murmurs is still somewhat of a mystery. Some have suggested that the differences between the two campuses were simply too distinct—that perhaps the "worldliness" of the big city was tainting the values of nurses at the White, causing trouble for their counterparts in Loma Linda.

For whatever reason, on May 24, 1923, the CME Board of Directors voted to split the two campuses into two completely separate schools with two

different curriculums.

Winifred Lindsay, then the superintendent of nurses at Loma Linda, was appointed the general superintendent in charge of both schools. She spent time at both places and had an assistant superintendent in each school. This system seemed to work for awhile, but only on a short term basis. In *From Pinafores to Pantsuits*, Maxine Atteberry writes:

"As long as Winifred Lindsay was the superintendent, the Schools had one head for the two bodies. When she left in 1926, the Schools were joined only by the fact that they were in the same College and under the same president and Board. They were two separate sister institutions between whom sibling rivalry was probably a normal reaction."

Thus, by 1926, the White Memorial School of Nursing had become its own entity. Even though they were both technically governed by the College of Medical Evangelists, Loma Linda and the White had little to do with each other for nearly 25 years. During those years however, the two Schools still met on occasion for social activities. Here is where the differences were observed most clearly.

One student from the White

its female nursing students that they must wear dresses.

Students at the White, hearing about this decision, automatically assumed that it applied to them, and decided not to go to the picnic at all.

When someone finally approached one of the administrators at the White about the situation, she laughed and replied, "I don't remember anyone *here* saying that!" The students got the message, and wore comfortable clothing to the picnic.

This difference in attitudes manifested itself in nearly every area of life, causing some friction for the duration of the separation. In some ways, it was probably a relief when, on August 30, 1948, the CME Board voted to establish a collegiate school, thus requiring the two Schools to once again become one.



While studying on the White Memorial campus during the School's early days, nursing students received valuable experience caring for the hospital's many critically ill patients.

very traumatic for the students."

Lorna Waters James '50, '57A, remembers what it was like to pick up in the middle of the school year. "We had very little warning that we would have to leave Loma Linda in our last year," she recalls. "When they told us that we would have to move on Christmas day, the class was up in arms."

She remembers how her 40-odd classmates had been eagerly counting down the days until graduation. This move signified a possible delay in graduation proceedings, a thought which did not please many people.

In the end, the students did end up graduating on time, and, according to Lorna, acquired some valuable experience along the way. "The cases we encountered were very different from those we had had at Loma Linda," she says. "We had the chance to learn something new."

So life at Loma Linda resumed the appearance of normality. Kathryn Jensen Nelson '17, then the dean of the School and the person primarily responsible for its rejoining, had a burden to promote the collegiate program. Her efforts were successful, and the program saw its first graduates in 1952.

The Loma Linda School of Nursing continued to use the White Memorial Hospital as an additional clinical facility for several years after the rejoining. The last year that students spent time on the divided campus was 1965-66.



Members of one of the first SN classes at Loma Linda Sanitarium in the early 1900s enjoy the outdoors with a patient.

Memorial class of '46 remembers a certain school picnic sponsored by CME. Both Loma Linda and White Memorial Schools of Nursing were invited. Despite the fact that it was to be an informal occasion, with outdoor games and other lively activities, the administration at Loma Linda informed

A relief for the administration, maybe. For the students it seems to have been a different story. Even though the two Schools would become one, both places would still be used for learning experience, as had been the case previous to the separation. This meant big changes for some students.

As Maxine

Atteberry explains in *From Pinafores to Pantsuits*, "the seniors were uprooted from their familiar surroundings and sent to Los Angeles in order to make room for the new class in the college program." According to Annabelle Mills-Hills, who taught at the White during this time of transition, "It was

One school that became two, that again became one. Two separate facilities, both brimming with opportunity, but lacking the compatibility needed to work together. How would life have been different if the split had never occurred? What would have happened if the two had never come back together? No one can say for sure. All we can do now is speculate.

What we can say for certain is that the changes Loma Linda University School of Nursing has seen in the past 90 years have worked together to make the School all that it is today. As any graduate can tell you, that is a very special place.



Martha Borg, the first director of nursing service at the White Memorial.

Nursing knowledge

10/15/26—Regulations for special nurses while on duty:

1. Only black or white oxfords with rubber heels should be worn.
2. Plain black or white hosiery.
3. Length of uniform should be about halfway from knee to ankle.
4. White slips should be worn.
5. Hair nets must be worn if hair is bobbed.
6. No rings (except wedding rings) should be worn on duty.

-SN faculty meeting minutes

House of Thrift

A new year—a new look!

We now feature name brand and designer clothes with a focus on business people. Also look for antiques, collectibles, and toys. Everything is new or next to new. All prices have been lowered.

The house of Thrift is seeking donations of quality used and new items, including furniture and appliances. Volunteers are needed.

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"TO MAKE MAN WHOLE"

...alumni support LLU's mission

Commitment to missions never wavers

Who can say when the School of Nursing first committed itself to international mission service? In a way, that commitment is inherent in the University motto: "to make man whole." It is difficult to pinpoint the exact date that this motto was extended to include other nations.

Nevertheless, the School of Nursing has remained strong in its dedication to foreign nations. Ever since the first graduate chose to go overseas, the School has demonstrated an unwavering resolution in supporting mission work in a variety of contexts.

Almost from the inception of the School of Nursing, the Alumni Association had been sending small amounts of money to its graduates abroad. In the early 1960s, an official committee was formed for this specific purpose. Called the Mission Committee, its members were responsible for contacting overseas alumni to find out what their needs were, and collecting funds to meet those needs.

Items funded by the Mission Committee ranged from equipment (laboratory instruments, life-size dolls), to medical supplies (incubators, medicines), to religious materials (Bibles, church papers). There were even occasional requests for miscellaneous supplies such as bassinets, refrigerators, and stuffed toys.

The Mission Committee still carries on today. Chaired by Melanie Cruz Quion '88, '91GS, the Committee is composed of four members, each representing a different region of the world. They send questionnaires out to all SN graduates serving in foreign

nations. It is up to the missionaries to send back these questionnaires, which assess what their funding needs are. According to Dee Hart, DrPH, MS, RN,



One example of the School of Nursing's alumni commitment to mission service: Lois Holm, '42, served at Heri Hospital in Tanzania.

former chair of the Committee, all who reply are allocated some funds.

In the past few years, mission service in the School of Nursing has taken an important step forward. From the School's dedication to foreign mission service has grown international nursing, a program aimed at assisting sister institutions around the world.

Dee Hart, assistant professor in the School and one of the members of the international nursing committee, explains that there are two main reasons behind international nursing.

First of all, there are not as many "expatriate" nurses abroad today as there were in the early days. More often than not, those serving overseas are locals who have come to Loma Linda to get their nursing degree, then gone back to their country of origin to serve

their people. This is an important step in mission service, as it enables the nurses to provide quality nursing care within their own cultural context.

However, due to the decrease of Americans abroad, there is still a great need for assistance in both SDA and non-SDA nursing programs overseas.

To meet these needs, Helen King, PhD, RN, dean of the School of Nursing, formed the School of Nursing International Nursing Outreach Committee in the fall of 1992.

The first tangible outcome of the Committee was the sponsoring of Sofia Puerto, PhD, RN, assistant professor, SN, to Philippine Union College to teach graduate nursing in the summer of 1993. At the same time, Leli Pedro, MS, RN, assistant professor, SN, was sent by the Loma Linda University Medical Center to China to help prepare for the opening of the Sir Run Run Shaw Hospital. These events precipitated an even greater interest among faculty members in the future activities of the Committee.

A major turning point for international nursing, which is aimed towards assisting foreign schools of nursing in planning curriculums and hands on training, came in the fall of 1993, when the Committee voted to represent all outreach activities from LLU and LLUMC nursing. Based on this decision, the Committee name was changed to Loma Linda University International Nursing Committee.

It was around this time that Dr. Pat Jones, by then the chair of the Committee, recognized the need for outside funding. "There was so much



International nursing promotes strong ties between the School of Nursing and sister institutions around the world. Here Dee Hart, DrPH, MS, RN, associate professor, SN, interacts with a friend she met while teaching in the Philippines in the summer of 1995.

we could do with international nursing,” she said. “It was just a matter of finding people committed enough to support it.”

Deans of the School of Nursing, Continued from page 9.

decided to return to Loma Linda for a master’s degree in nursing, which she obtained in 1965. She taught for a few more years, then decided she needed to know more. So she applied to Boston University, was accepted, studied there on a nurse scientist grant, and graduated with a PhD in physiology in 1973.

July, 1996, will mark Dr. King’s 15th year as the dean. She has seen many changes in her administration. For example, in the early ’80s the School offered accredited AS, BS, and MS programs. In addition, although most of the faculty were master’s-prepared, few were doctorally-prepared. Today the School concentrates their efforts on the BS and MS programs, though a few students still complete only the AS program. Furthermore, at least half of the faculty are now doctorally-prepared.

The biggest challenges in Dr. King’s administration have been to balance the budget during a time of change and uncertainty, and to change the School from one that educated three levels of nurses to one which focused on higher degree programs and scholarly activity. In order to meet these challenges she

has had to struggle with major programmatic changes and funding for faculty development. Helen gives credit to the generous response of alumni for helping her assist faculty with doctoral and postdoctoral education, and supporting faculty at the beginning stages of their research endeavors.

Dr. King has several goals for the School of Nursing. Among these are to support the implementation of a new undergraduate curriculum based on the Neuman Model, and to support the graduate program as it contends with the changing demands of the marketplace for clinical nurse specialists, educators, administrators, and advanced practice nurses.

Dr. King has several goals for the School of Nursing. Among these are to support the implementation of a new undergraduate curriculum based on the Neuman Model, and to support the graduate program as it contends with the changing demands of the marketplace for clinical nurse specialists, educators, administrators, and advanced practice nurses.

She also hopes to provide a learning environment that is responsive and supportive to the needs of our increasingly diverse student body, to encourage and facilitate the growth of a community of scholars, to support the emergence of an international outreach in nursing, and to continue to support the development of faculty as teachers, clinicians, and scholars.

In her free time, Helen enjoys sharing life with her husband, Bill, reading, birdwatching, walking, working

The Committee finally decided that they needed to put together a Council of Advisors. Throughout the 1993-94 school year, they identified members who they felt had an interest in foreign mission service,

evidence of the Council’s support.

Pat Jones feels that the future of international nursing is bright. Because the concept is based on a partnership between Loma Linda and other schools of nursing, the barriers of “traditional” missionaries are removed, thus clearing the way for the sharing of education and the health message.

Some of the Committee’s long range goals include setting up a database with qualified health professionals from other American schools of nursing, to be able to reach more foreign nations. They would also like to see a large endowment developed from which to obtain special funding for international projects.

It is encouraging for people like Pat Jones, Dee Hart, and other faculty interested in mission service to witness the progress being made in this area.

out at the Drayson Center, gardening, cooking, baking, and eating.

For Dr. King, the most rewarding part of being the dean is being able to provide opportunities for faculty and students to grow and change. The most frustrating is when change comes so hard. Her hope is that she has contributed to the School of Nursing growing as an educational entity which enables it to serve God and the SDA Church. She also hopes that she has helped LLUSN become a unique and valuable establishment by making the most of its resources and location in a health science institution.

Nursing knowledge

1/30/29—After reconsidering the request of the senior class for shorter uniforms, voted to keep the length of uniform 12 inches from the floor.

12/18/29—After seeing the graduation uniform chosen by the senior class, voted to grant their request—the hem of the dress must be of uniform width and the dress 13 inches from the floor.

-SN faculty meeting minutes

NEWS UPDATE

...recent happenings in the School of Nursing

Vietnamese Ministry of Health forms partnership with School of Nursing



While on the LLU campus, Vietnamese nursing administrators attended a class taught by Patricia Foster, PhD, RN, former faculty and administrator, School of Nursing.

In the fall of 1993, the Vietnamese Ministry of Health invited ADRA (Adventist Development and Relief Agency) and LLU's School of Nursing to observe their healthcare system.

Loma Linda University and Medical Center representatives for the trip included Thomas Zirkle, MD senior vice president for medical administration, LLUMC, Jan Zumwalt, RN, MS, MBA, administrative director, medical/surgical nursing, LLUMC, and Joyce W. Hopp, PhD, MPH, dean, School of Allied Health Professions.

During the trip Vietnamese officials sought a partnership with LLU as they evaluated and continued strengthening their system of nursing education.

After the group returned, Ms. Zumwalt presented the request to the School of Nursing.

Relations between the School of Nursing and the Vietnamese Ministry of Health strengthened as Helen King,

PhD, RN, dean, and Patricia S. Jones, PhD, RN, professor of nursing, and chair, international nursing, both of the School of Nursing, made a trip to Vietnam in the fall of 1994. The trip was sponsored by ADRA and the SN Alumni Association.

On their return trip Drs. King and Jones stopped in Manila, and while there contacted the World Health Organization (WHO) to learn about studies and goals WHO had compiled and created for the needs of nursing in Vietnam.

After completing their research, they wrote a report summarizing their findings and offering recommendations.

The partnership between the Ministry of Health and Loma Linda University continued when, from October 16 to November 10, 1995, the SN Alumni Association sponsored three nurse educators from Vietnam to visit LLU.

The group included Vietnam's chief nurse, and two physicians serving as faculty in Vietnamese schools of nursing.

The delegation's purpose was to collect information about developing and implementing a baccalaureate nursing education program in Vietnam.

"While on our campus," says Dr. Jones, "the Vietnamese guests attended classes, observed clinical instruction, and met with faculty in the School of Nursing. They also visited the skills laboratory, and attended a special class in curriculum development in higher education taught by Patricia Foster, PhD, RN, former faculty and administrator, SN."

"The exchange of information has been exciting," concludes Dr. Jones, "as the Vietnamese Ministry of Health continues to look to LLU as a partner with them as they continue to establish a strong baccalaureate system of nursing education in their country."

*Vietnamese Ministry of Health,
Continued on page 22.*

Nursing knowledge

1925—[It was] agreed that trays that are set up between regular meal hours with mild broth and crackers be charged to the units at a flat price of \$0.25 each per tray from the kitchen.

-SN faculty meeting minutes

School of Nursing professor awarded first NINR grant in School's history

When Pat Jones, PhD, RN, went to work on Thursday, August 24, she was not expecting anything out of the ordinary. Instead, she found herself the guest of honor at a party given by her colleagues from the School of Nursing.

The festivities were a celebration of her nearly \$350,000 grant from the National Institute of Nursing Research (NINR) to continue her studies of Asian-American women. It is the first such award given to a Loma Linda University School of Nursing faculty member in the history of the School.

Dr. Jones, who has taught at Loma Linda since 1987, has had a long-term interest in women's health care issues. When she started teaching in the area of Adult and Aging Family Nursing, she became particularly concerned with the needs of the elderly.

"One of the most pressing health care crises in the country right now is family caregiving for the elderly," she said. "Because of the rapid increase in the number of aging people in the U.S. and around the world, there is a greater need for family caregivers."

Her concern in this area led to an interest in studying the health of middle-aged women who are caregivers

I believe that by studying how Asian families manage care of elderly parents, and how those women manage their multiple roles, women in other cultural groups can learn something from them about managing their own health.

Pat Jones, PhD, RN

for their elderly parents. She saw these women fulfilling "multiple roles": trying to balance caregiving for parents or other relatives with raising their children, while maintaining active careers.

In 1988, Dr. Jones began a post-doctoral degree at the University of California, San Francisco (UCSF). It was there that she chose to focus her study on Asian-American women.

"I realized that the problems, needs and stresses of Asian-American women



School of Nursing dean Helen Emori King, PhD, RN, (left), congratulates Pat Jones, PhD, RN, for receiving the first NINR grant given to the School.

were not being studied," she explains. "Having lived and worked as a health professional in Asia, I had a particular interest in women who immigrated to the U.S. from those countries, and how they managed careers, parenting and caring for parents."

Dr. Jones had originally planned to study four different groups of Asian-Americans. After her study began in 1991 however, she cut the number to the two groups whose cultures she knew best: Filipino and Chinese.

She then proceeded to gather both qualitative and quantitative data on the volunteer subjects she had recruited through the *Trading Post*, church bulletins, and other local publications.

She is thrilled about the support that she is receiving through the NINR, which is a division of the National Institutes of Health (NIH). The grant will allow her to spend 50 percent of her work time on research, and will benefit the School as a whole.

"This award has helped advance faculty research at the School of Nursing," says Helen King, PhD, RN, dean of the School. "It is wonderful to see the research expertise of our faculty being recognized not only by their peers, but also by an external agency."

The terms of this particular grant specify that the grantee may not have other primary investigators on the project. She may, however, work with consultants. For this purpose, Dr. Jones has contacts with several experts in nursing research from such reputable institutions as UCSF, UCLA, the University of Arizona, and the University of Texas. Her main consultant is Dr. Afaf Meleis at UCSF.

In addition, she is working with Dr. Jerry Lee, professor in the health promotion and education department in the School of Public Health. Dr. Lee is the statistician for the project.

Besides her post-doctoral degree from UCSF, Dr. Jones has also received degrees from Walla Walla College, Andrews University, Vanderbilt University School of Nursing, and George Peabody College. Her most recent educational accomplishment was a mini-fellowship in ethnogeriatrics from Stanford University in 1993.

Her diverse professional experience includes positions such as associate director in the department of education at the Far Eastern Division of Seventh-day Adventists in Singapore, associate dean at the School of Nursing at Philippine Union College, and director of the School of Nursing at Hong Kong Adventist Hospital.

Dr. Jones hopes that her study, which will take five years to complete, will impact not only Asian-American women, but also the non-Asian female family caregivers.

"I believe that by studying how Asian families manage care of elderly parents, and how those women manage their multiple roles, women in other cultural groups can learn something from them about managing their own health," she says.

Delegation from India seeks ties with LLU and School of Nursing



Loma Linda University president B. Lyn Behrens, MB, BS (center) and Joan Coggin, MD, special assistant to the president for international affairs, visit with a delegation of health professionals from India. Other Loma Linda personnel pictured are (from left) Jayakaran Job, MD, DrPH, associate professor of international health; John E. Peterson, MD, former chair, department of medicine; Albert Whiting, MD, member, LLU Board of Trustees, head, department of health, General Conference of Seventh-day Adventists; and Patricia S. Jones, PhD, RN (second from right), professor of nursing.

A delegation from India's state of Kerala recently visited Loma Linda.

The group, from the Federation of

Kerala Associations in North America, Inc. (FOKANA), is seeking ties with Loma Linda.

According to Joan Coggin, MD, special assistant to the president for international affairs (LLU), the state of Kerala has the highest literacy rate in India, and has a varied and interesting multicultural and religious heritage. Several medical schools are located in the area.

During their stay on the Loma Linda campus, the group met with various officials in the Medical Center and University, including deans of the University's six Schools. They also met with Patricia Jones, PhD, RN, professor, School of Nursing.

In their meeting with Dr. Jones, the group expressed an interest in learning more about western nursing practice in relation to critical care, cancer, psychiatry, and AIDS. They also expressed an interest in learning more about how nursing is taught in this country, as well as help from the School of Nursing to enhance their nursing programs

Vietnamese Ministry of Health, Continued from page 20.

On August 16 to 31, 1995, Sir Run Run Shaw Hospital nursing division conducted their second annual general nursing orientation. Attendees of the two-and-a-half week orientation included 22 nursing graduates from China's Zhejiang province.

"An orientation of this kind is new for China, as is the nursing education department which organized and coordinated it," says Melanie Quion, RN, MS, assistant professor of nursing, School of Nursing, who has just returned to LLU from her position as director of nursing education at SRRSH.

Physical assessment, both theory and lecture, was covered during the orientation. It was at this time that the stethoscopes from the School of Nursing were passed out to each nurse.

The nurses excitedly examined their stethoscopes that read, "a gift from the students of the LLUSN."

"This gift will be one that will



During the second annual general nursing orientation, 22 new nursing graduates pose with their new stethoscopes donated by Loma Linda University School of Nursing. The orientation was held from August 16 to 31, 1995.

continue to give to each patient who enters Sir Run Run Shaw Hospital," says Ms. Quion.

The nurses at SRRSH would like to extend thanks to the School of Nursing, its student association, Dean Helen

King, and Ann Ekroth, RN, MS, assistant professor of nursing, who helped make the hospital's request a reality.

A message from the Alumni Association president



Dear Alumni,

The Alumni Association is proud to join with the School of Nursing in celebrating 90 years of successful nursing education.

As alumni, you've played a key role in the success of this School. Some of you have provided leadership by giving your time to serve on the alumni Board or volunteering in the House of Thrift. Others have given financial resources to support projects like student scholarships, alumni foreign missions, and the skills lab.

More important, each of you has utilized your reputation as a professional to make the School of Nursing shine. Whether involved in groundbreaking research or displaying compassion to a patient, it is your outstanding professionalism that lends credibility to our School.

Congratulations School of Nursing! Best wishes in all future endeavors.

Sincerely,

A handwritten signature in cursive script that reads "Judy M. Chough Reynolds".

Judy Chough Reynolds, '87, MBA, RN
Alumni Association President

LLUSN ALUMNI ASSOCIATION

...a proud history

Remaining strong through the years

What is an alumni association? Probably the most common definition is a group of former students who come together to promote involvement in their alma mater and initiate projects for the betterment of the school and its current students.

At the School of Nursing, the Alumni Association constitutes an integral part of the School's operations. Every graduate from the School automatically becomes a member of the Alumni Association. In spite of this, many former and current students do not seem to be aware of the purpose or duties of the Association.

Founded just after the first class of nurses was accepted at Loma Linda, the Alumni Association began as a group of former students concerned with taking care of Loma Linda alumni. The group became more formalized when it

elected its first officers in 1949. It has been going strong ever since. Even the nearly 25-year separation between the Loma Linda and White Memorial Schools of Nursing could not break the Association; it simply became two separate entities for a time, then joined together when the Schools again became one.

The LLUSN Alumni Association sustains several different activities.

These include the following:

- Providing undergraduate and graduate student scholarships through alumni donations and proceeds from the House of Thrift.
- Promoting and maintaining the operations of the House of Thrift.
- Providing financial aid to alumni involved in mission work in the United States and overseas, as well as student missionaries from the SN.

- Organizing, planning, and overseeing the annual alumni weekend, which includes the Alumni Institute and Mary Monteith Lecture, designed to promote professional growth among SN alumni.

- Supporting various alumni projects.
- Keeping SN alumni updated on alumni happenings and events through regular contributions to *Loma Linda Nurse*, the alumni journal.

The Alumni Association also seeks to inform current students of its purpose, to elicit their involvement, and prepare them to be contributing members of the organization when they graduate.

As we look back over the history of this School, we offer thanks to all the Alumni Association officers and board members for helping us maintain the attitude of service that we are known for.

Past Presidents of the Alumni Association:

1949-51 Patricia MacCarthy Hughes '37
1951-52 Ruth Bunston Rogers '33
1952-55 Irene Anderson Salyer '47
1955-57 Anna Steen Prince '20
1957-59 Kathryn Jensen Nelson '17
1959-61 Olive O'Neal Roberts '37
1961-62 Barbara Steen Artress '41
1962-64 Bessie Wat Ching '40, '59GS
1964-65 Lorna Waters James '50, '57A
1965-66 Esther Gwinnup James '34
1966-67 Elsie Ziprick '41
1967-68 Mable Parish Reynolds '64GS
1968-69 Joyce Wilson Hopp '48
1969-70 Norma Brown Johnston '58B

1970-71 T. Grace Emori '60, '65GS
1971-72 Constance Anderson Welebir '67
1972-73 D. Lois Burnett '23
1973-74 Lois Masat Magnussen '63, '64GS
1974-75 June Jepson Hibbard '57B
1975-76 Lois Heppenstall Van Cleve '64
1976-77 Bonnie Barnes Hadley '47, '77GS
1977-78 Ruth Munroe
1978-79 F. Muriel Howe '58 GS
1979-80 Dorothy Excell Martin '49
1980-81 Helen L. Bunch '78GS
1981-82 Paula Scott Wahlberg '73, '85GS
1982-83 Bunny Ford '73, '86, '90GS
1983-84 Brenda Anderson Nichols '78, '90GS

1984-85 Lavaun Ward Sutton '57B, '65GS
1985-86 Winona Pennels Eichner '76
1986-87 Eva Goodlett Miller '58B, '75GS
1987-88 Cindy Caviness Collins '81
1988-89 Rebecca Eller Murdoch '80GS
1989-90 Arlene Engevik McVoy '51
1990-92 Patricia Taylor Pothier '71, '84GS
1992-93 Joyce Kretschmar Reiswig '63, '73GS
1993-95 June Jepson Hibbard '57B
1995-96 Judy Chough Reynolds '87

HOUSE OF THRIFT

...a history of helping students

Where we came from—where we are going

What does the word HOT mean to you? To those connected with the School of Nursing, HOT could only represent one thing: the House of Thrift.

Owned and operated by the School of Nursing Alumni Association, the House of Thrift is a second-hand store that generates income for student scholarships, mission outreach, and other alumni projects.

HOT is currently managed by Joni Jones, who works with a core of volunteers to keep things running. There are two stores within HOT: the main store and the more specialized boutique. The boutique offers items of a slightly higher quality and price, and is especially known for its antique collection.

These are the basic facts, known to most. The origins of HOT, however, are not so well known. When did HOT begin? By whom? How did the idea come about? And has it always been so successful?

Join me as we journey into the past and give credit to some of those individuals who have worked so hard through the years to make this business what it is today...

It all began one day in 1959. The Alumni Association officers, led by president Kathryn Jensen Nelson '17, were brainstorming ways to raise money for the School of Nursing. Frieda Huber Applegate '19, asked if anyone had ever considered having a rummage sale.

Kathryn, former dean of the School, immediately picked up on the idea. Having been active in Dorcas sales in the church, Kathryn was familiar with the details of such a project, and thought it sounded feasible for the

School.

Thus, after much planning and organization, the School of Nursing Alumni Association held its first rummage sale.

Conditions were rather difficult at the time. There were several questions to be answered. How would the Association get the items? Surely the officers could not provide everything.

According to Olive Roberts '37, then president-elect, each member took the task of calling friends and neighbors for donations for the sale.

Once items started to come in, the need for storage space became evident. Finally, much to her husband's chagrin, Kathryn Jensen Nelson offered her empty basement apartment.

The night before the first sale was held, the Alumni Association officers worked hard to get everything ready. The Hill Church Dorcas had agreed to rent them space in their building, but not until the day of the sale. Early in the morning the women garnered all the volunteer support they could, and, loaded with clothing, appliances, and other small household items, set all the goods out for sale.

The first sale was a smashing success! After paying rent to the Dorcas, the Association walked away with 65 dollars! They were thrilled, and agreed to do the same thing the next year.

The following year however, the officers faced the same problems. Where would they store the goods?



Kathryn Jensen Nelson '17, holds the award she was given in recognition for her part in starting what is now the House of Thrift.

Elder Nelson had declared his basement off-limits, so Olive Roberts suggested her garage. But what about the actual sale? This time the Dorcas was not as generous, asking not only for rent, but half the profits as well.

Kathryn Jensen Nelson and the other officers would not hear of it. Thus, many a day was spent trudging from one end of San Bernardino county to the other, seeking a place to have the now annual rummage sale. Finally a building was temporarily secured on D Street in San Bernardino.

Feeling more confident in this second year of the sale, the officers decided to advertise.

Armed with homemade ads, they visited all the local grocery stores, gas stations and other similar establishments where potential customers might be. They also connected with the White Memorial School of Nursing to help secure donations. Beryl Marx Swingle '53B, '69GS agreed to collect items at



A volunteer from the House of Thrift stands outside the building built by the Alumni Association in the early 1970s.

the White and bring them to every board meeting.

Things were starting to look good for the Association. The next few sales were held on D Street, and although it was becoming increasingly difficult to find storage places (by now both the Nelsons' and the Roberts' homes were off-limits) the Association was receiving more donations, and making more money than ever.

Throughout the sixties, the rummage carried on as usual. Each year saw the officers scrambling to find places to store their things. These locations varied from the old annex building on campus to a former army quonset hut to the basement of the School of Health. Still, with the dedication of alumni like Lillian Joseph '23, Jeanne Gordon Middleton '30, Elsie Ziprick '41, and others, the sale continued.

Finally near the end of the decade the Association struck upon a little good fortune. Stanley Nelson, a local general and plumbing contractor, offered them part of his building to store and sell their collected goods. Located on the northwest corner of Anderson and Redlands Boulevard, the building provided the ideal locale for exposing the sale to the public and attracting customers.

Then in February, 1969, tragedy struck. The great Loma Linda flood, which wreaked havoc on the town, nearly destroyed the rummage. Connie Anderson Welebir '67, who was

involved in the Association at the time, and served as president from 1971-72, recalls scraping mud up to two feet high off the inside walls of the building.

The Association board members had been contemplating moving to a new building for some time, and this disaster was just the motivation they needed. The sale (which by now had become a regular occurrence) was generating about \$300.00 each month; however, Connie couldn't help believing that with a huge new building, where the Association could house more things, they would be able to bring in more money.

With this thought in mind, the officers approached Kent Dickinson, who was then the investment manager for Loma Linda University. The University owned a piece of property located in a prime spot—directly across from Stanley Nelson's business on Redlands Boulevard—and the officers agreed that this would be the perfect place upon which to build their business.

Mr. Dickinson was very helpful. On October 1, 1971, the Alumni Association negotiated a lease on the property for the small sum of \$50.00 a month.

After many hours spent with Mr. Nelson planning the building and purchasing supplies, the day came to start the construction process. With the assistance of T. Grace Emori '60, '65GS, president of the Association from 1970-71, some of her family members, Dee

Gibson '59B and her husband Tom, Stan Nelson, and several other volunteers, Connie and her husband Doug Welebir "joined their amateur forces and began bolting together the steel structure."

When the volunteers had spent numerous Sundays doing all they could, the Association hired Stan Nelson and his crew to complete the project.

The finishing touches came in the form of grass and trees planted along Redlands Boulevard, and racks and display cabinets purchased for the inside of the building. Thus, on February 8, 1972, the House of Thrift, which obtained its name by way of a contest in the mid-1960s, held its grand opening ceremonies.

With much more room, almost total volunteer labor, and little overhead, the profits soared. The Association was now bringing in 800 dollars a month, almost triple what they had previously earned.

After 24 years in the same location, the House of Thrift continues to thrive. Now manned by 10-20 volunteers and three paid staff, HOT is bringing in an average of \$10,000 a month. Joni Jones,

*House of Thrift,
Continued on page 31.*



Many School of Nursing alumni now volunteer at the House of Thrift. Here, Betty Trubey Lonnstrom '46, displays a designer dress available in the Boutique.

Near and far

It was one winter day in 1977 when Annabelle Mills (Hills), then a teacher in the School of Nursing, decided that living in "Mecca" (her name for Loma Linda), was pretty ideal. Any small encounter: church, the hospital, even the supermarket, lent itself to discovering interesting tidbits of information from School of Nursing alumni.

"These visits could form the basis of an interesting news column," she thought. Previously, in the Alumni Association publication, the *Alumni Link*, there had been a similar section, but somehow it had never found its way into Near and far. Thus, the newsnotes section, or "Alumni Coming and Going," as it was originally called, was born.

This column still lives on in today's *Loma Linda Nurse*. Now titled "Near and far," it remains the most popular section of the journal. To commemorate the 90th anniversary of the School of Nursing, we have selected a few of the most interesting newsnotes from the past, then followed up on our alumni to see what they are doing now. (*Special thanks to the original compilers of these newsnotes.*)

WINTER, 1980—Judy Clendenon Wilson '62 reports that she is an airplane pilot and will soon be a grandma....They have their property for sale in Carson City, Nevada and plan to build their dream house on some property on the Siletz Bay outside Lincoln City, Oregon.

FALL, 1995—Judy Wilson writes to tell us that she and her husband are still living in Lincoln City, Oregon, where they have been for the past 15 years. She says that they have put their airplane flying on hold until they "get motorhoming out of their system." During the past ten months, the Wilsons have been home for only six weeks. They especially enjoyed visiting Victoria Island, Canada, last spring, where the photography of bald eagles was "tremendous." Judy spends a lot of time with her six grandsons and one granddaughter. She also assists her husband in commercial real estate investments. She feels that life is so busy, and she wonders how she did all this and worked as a nurse when she was younger!

WINTER, 1980—Mary Jean Graham Coeur-Barron '48 spent her senior year of nursing exploring hospices in California with the idea of starting one in Modesto. The hospice is a concept of caring for the terminally ill after the curing phase is over. Families are taught how to care for the patient in the home, how to eradicate pain without totally "zonking" them....

Congratulations, Mary Jean, on the scholarship you received.

FALL, 1995—Mary Jean Coeur-

Barron did indeed win a scholarship (from Stanislaus State), and a lot more! As her husband, Neil says, her involvement in the hospice program, and especially her role in starting the Modesto hospice in November, 1979, has "gotten her lots of mileage!" Because of this involvement, she received the Outstanding Alumni of Stanislaus State Award in 1986, the Lois Dietz Humanitarian Award in 1991, and the Julio Gallo Humanitarian Award in 1994. Although she has officially retired from nursing, she is very proud of the hospice and is glad to help out when needed. Besides nursing, her other interests include traveling, photography, and spending time with her five grandchildren. She and Neil belong to a travel group, with whom they meet regularly to view travelogues and socialize. Their recent travels include Scandinavia, Russia, Switzerland (where she had an interesting travel mix-up!), Carmel and Palm Springs. Next summer, she and Neil plan to take their four children and their families on a cruise in Alaska.

FALL, 1983—Marcinda Arnett Williams '77 was notified that she was the grand prize winner in the National Kellogg's recipe contest. Prizes included all new Whirlpool kitchen appliances, refrigerator, microwave oven, dishwasher, trash compactor and cook top, plus \$5,000 cash.

FALL, 1995—A lot has happened to **Marcinda Williams** since her big win back in 1983. She reports that the Kellogg's contest was the "one and only cooking contest" that she ever entered. However, she still does love to cook for

her friends and family. Marcinda lives in Idaho with her husband, Rennie, and three daughters, whom she home-schooled (her "most rewarding job ever!"). After working for several years at Walla Walla General Hospital, then joining the U.S. Air Force as an active-duty Captain for two years, she is currently working as a full-time office nurse for a neurologist, which she enjoys immensely. In her free time, Marcinda and her daughters love to attend Rennie's stock car races. This will be an exciting year for the Williams, as they prepare to build a new house, and Marcinda and her daughter, Candy, look forward to traveling to Europe in March.

Current newsnotes:

Violet Evens Brehm '44 retired from the Santa Clara Public Health Nursing office in August, 1993. She has two new grandchildren, making a total of seven grandchildren. She is feeling much better since she retired and is able to rest more and practice healthful living.

Muriel Spear Fischer WM'44 works part time in the medical auxiliary office. She has five sons living in Washington, Oregon, and South Carolina. Muriel has 13 grandchildren.

Verena Leuthold Hamm '47 came to take nursing as a non-Adventist "country girl" from a village near Lake Arrowhead in the mountains of Southern California by a series of providences. She states, "What a blessing to be baptized soon after graduation and realize how the course of

ALUMNI ACHIEVEMENTS

Quite a few LLU alumni have spent time in mission service. But only a select few have dedicated their entire lives to serving overseas. **Mabel Casacca Parsons '27**, is one of those special few.

Mabel, who was born into a Catholic home and became a Seventh-day Adventist when her mother sent her to Pacific Union College, was a student at the School of Nursing when she first met Roy Parsons, SM '29. The two were soon married, and moved to Hollywood where Roy was finishing his degree.

The couple (who had now added a son to the family) then headed off to Detroit so Roy could take his internship. It was there that they received the call from the General Conference to go to West Africa.

The Parsons accepted immediately. Both Roy and Mabel had always been interested in mission work, and if Africa was where they were needed, that's where they would go.

After a year-and-a-half detour through Portugal, where they learned Portuguese so they could communicate with the natives, the family (now blessed with another son) was on their way.

Roy and Mabel and their two sons made their home at the Bongo Mission Hospital in Angola, Portuguese West Africa. Determined to stay as long as they were needed, they set up a clinic and began to treat patients. Their patients ranged from African natives to Portuguese, German, and Swiss residents.

Ten years and two children later, the Parsons took a short furlough home to the United States, where things seemed very different to them. Having had little contact with the outside world, they were beginning to realize how much the medical world was changing, and



wondered if they were keeping up with the changes.

Still, they returned to Angola, where their services were needed more than ever. It was only when fighting broke out in their area, and their lives were in danger, that they decided to leave for good.

Because they only had a few days to decide what to take and what not to take, they ended up leaving most of their furnishings and other valuables behind. But it wasn't the loss of their material possessions that bothered them most.

"We felt so disheartened when we had to leave," says Mabel. "We had planned to spend the rest of our lives in Angola. It was home to us."

Since her husband, Roy, passed away two years ago, Mabel now spends much of her time communicating with friends and family through letters (both in English and Portuguese), reading daily devotions in Portuguese, and taking care of her gardens and dozens of houseplants. She also enjoys spending time with her son, Bob, who lives right down the street.

We thank you, Mabel, for your dedication in spreading the gospel throughout the world.

my life was redirected toward God and His priorities. Though not directly involved in nursing now, I am still active in health education and the gardening aspects of a lifestyle change center near New York City. My physician husband and I did medical work in Zambia, Africa, from 1985 to 1991."

Marilyn Childs Borg '56 has seven grandchildren. Last February, Marilyn had a fusion of her left foot to stabilize the foot due to a ruptured tendon. She retired last year from nursing in her husband's office. Her husband Donald is in practice for S.C.H.I.N. at Glendale Adventist Hospital. He will be chief-of-staff next year and plans to retire soon after that.

Patty Lancaster Suelzle '57 says that her son, Gregory, was a 1992 School of Medicine graduate and is now a second year resident in anesthesiology at LLU. Her daughter, Suzanne, is a 1994 graduate of the School of Dentistry and practices dentistry in San Bernardino and Palm Springs.

Naomi Bullard '61, '67GS is now working in health services at Oakwood College. She was one of the principal speakers at the recent Alabama State Nurses' Association's 81st annual convention in Huntsville, speaking on cultural diversity and sensitivity. In addition to her ten years of teaching at Oakwood, Naomi directed the nursing school at the Mogonero Mission Hospital in Rwanda for 13 years. She has been recently asked by the Alabama League for Nursing to serve as the chairperson of its finance committee. Naomi says, "Please remember me in your prayers—they are needed."

Harriet Dinsmore Johnson '63 retired to Avon Park nearly five years ago and is fully occupied with volunteer activities. She practices nursing part time at a home for the profoundly retarded. Both Harriet and her husband, Harold, are involved with Civil Air Patrol and find it a unique outreach.

ALUMNI ACHIEVEMENTS

Growing up in a household with handicapped children, **Joni Danielsen-Petersen '89** understood the potential of every child to live a normal life. She was determined that when she finished her degree at Loma Linda University's School of Nursing she would continue the tradition of service that her family had always exhibited.

Now a nurse administrator in west Riverside, Joni is fulfilling her goal. She and her parents own and operate Special Care Children's Homes Inc., an organization that serves 36 mentally and physically challenged children, ranging in age from birth to 16 years old.

Housed in six separate facilities, these children are provided with 24-hour care by a staff of over 60 health care professionals. Besides Joni, there is also a physical therapist, an occupational therapist, a registered nurse, a dietician and a pediatrician.

Says Joni, "Our children are the best dressed and groomed handicapped children in southern California and receive top-notch medical care. They are happy and loved, and I'm proud of it!"

She adds that she would definitely encourage other nurses to consider getting involved in similar ventures. Even though there is a lot of responsibility involved in the program, and it



Joni Danielsen-Petersen '89 and Ashley play Ashley's favorite game—"patty-cake."

requires a great amount of dedication, it is worth it to know that you have made a difference in someone's life.

"Too many handicapped children don't get quality care," says Joni. "The most rewarding part of this is enabling them to have a life that they might not ordinarily have."

This life includes outings such as picnics in the park, shopping trips at the mall, and visits to the circus.

Joni says that the education she received at the School of Nursing helped prepare for her current job. She feels the BSN degree gave her an overall approach to life and working with people, rather than just clinical skills.

Besides caring for her 36 youngsters, Joni also enjoys spending time with her own children: 5-year-old Aarika and 2-year-old Zachary. We wish Joni well as she continues serving others.

end of December 1994. They have been doing a little traveling to see their three children and eight grandchildren. After attending Kansas/Nebraska campmeeting, they joined a group and went to General Conference. After that they spent three weeks touring Europe. "We are both well and active at home and at church. Special greetings to the AS nursing class of '68."

Linda Zinke '68 is adopting a baby girl born August 26, 1994. She is a Mixtee Indian (from Oaxaca, Mexico). "She is truly a special gift from God. I am having the time of my life loving her and watching her grow and develop. What a joy she is. I thank God everyday for sharing her with me."

Janice Phillips Parfitt '78 is working casually in an alternative birthing center, an ambulatory surgery center, and a home health agency. She is also beginning literature evangelism work. Janice is currently serving as the president-elect for the Pittsburgh Chapter of the Association of Operating Room Nurses and as the co-chairman of public relations for the Epsilon Phi Chapter of Sigma Theta Tau. She has co-written a chapter in *1995: Nursing Perspectives on Humor*. Janice is also active in church work; she was ordained as an elder, serves as co-chairman for personal ministries, and teaches an adult Sabbath School class.

Lisa Batch-Mack '81 reports that after graduating from LLUSN, she worked at LLUMC in labor and delivery until July, 1994, at which time she and her husband, David, and their three children moved to Granite Bay, a small community in northern California. Lisa is a stay-at-home mom, but looks forward to the day that she can go back to work and bring babies into the world.

Laura Hoch Hoey '85 AS, '86 BS is married to James Hoey, who works in computer support at LLUMC pharmacy. Laura has worked as a home care RN in the LLUMC home care department since 1988. They have a 6-year-old son and a 4-year-old daughter.

Suzette M. Van Saun Monroe '65 thanks her LLU nursing education for providing her with a rich and varied career. Using both her Public Health Nursing Certificate and her School Health & Development Credential, she worked in the areas of administration and quality assessment in the L.A. County Department of Health Services until her early retirement in 1993. Since then she has been learning a new

nursing subspecialty—legal nurse consultant in her husband's law office in Century City. She belongs to the American Association of Legal Nurse Consultants and is active in the Southern California Public Health Association and the Nu Mu chapter of Sigma Theta Tau.

M. Jane Conrad Guy '68 and her husband, Herman, both retired at the

In memoriam

Esther A. Wayandt Gorton '26

Ethelmae Dilley Folkenberg WM'31.

Ruth Bunston Rogers '33.

Dorothy Hawk Speer '37.

Elizabeth Weber Ahl '38.

Edna Williams, dean, WM '52-'68.

Wanted: *Loma Linda Nurse* is seeking news about SN alumni. Tell us what you've been up to, and we'll do our best to include it in an upcoming issue. Send information to:

LOMA LINDA NURSE, c/o DIONNE McDONALD, MAGAN HALL, SUITE B, LOMA LINDA UNIVERSITY, LOMA LINDA, CA 92350

A special thanks...

The editors of *Loma Linda Nurse* would like to extend a special thank you to the many people who helped make this commemorative issue of possible:

*Janice Little

*Petre Cimpoeu

*Michael Manca

Annabelle Mills-Hills

Mary Colby Monteith

Betty Trubey Lonnstrom

Olive O'Neal Roberts

Connie Anderson Welebir

Mabel Casacca Parsons

Marilyn Christian Smith

Helen Emori King

**Joan Hulse

B. Lyn Behrens

All the dedicated School of Nursing Alumni!

*Heritage Room, Del E. Webb

Memorial Library

**Alumni Association office, School of Nursing

ALUMNI ACHIEVEMENTS

The name **Mary Colby Monteith '22** has been linked with the School of Nursing as long as anyone can remember. The Mary Monteith Lecture is a permanent fixture at alumni weekend, and promotes the excellence that Mary exhibited in her time here.

Mary obtained her high school education at Redlands High, which caused some consternation for the administrators at Loma Linda Sanitarium, where her mother was then the matron. It was not, however, an act of rebellion, but a necessity, as there were no Adventist academies in the area at that time, and Mary was not willing to wait until there was one.

Even with her somewhat tarnished image, Mary still managed to make it into Loma Linda, where she began her nursing education in 1919. After finishing in 1922, she moved with her mother and brother to Oakland, California, where she worked in a maternity hospital. Following this was a short stint as a private duty nurse, a 12 to 8 shift at Santa Barbara County Hospital, and worked in a small rural hospital in Oregon.

Mary's life switched directions when she decided to go back to college. Life at Walla Walla proved very interesting, as it was there that she met Alex Monteith, the man who would become her husband.

After Mary graduated, Martha Borg, superintendent of nurses at White Memorial, invited her to teach at the White—an invitation she accepted gladly. Mary and Alex Monteith stayed in Los Angeles for nine years.

Here is where Mary made one of her most valuable contributions to nursing. Before she began teaching at the White, student nurses were looked upon as little more than hired help, assisting mostly with meals and housekeeping. Mary was disturbed



that they seldom worked with doctors in diagnosing and treating the patients. With the support of Dr. Daniel Comstock, she was the first to take nurses to the bedsides with the doctors, to ensure total cooperation in the healing process.

In 1944, Alex was called to Mexico, to start a new hospital at what is now Montemoralos University. The couple stayed in Mexico for seven years, then were sent to Colombia for three years. Somewhere in the midst of their mission service they managed to squeeze in a few months of European travels, where they tried to stay away from tourist spots so they could practice language skills.

While in Colombia, Alex contracted the Asian flu, which eventually became so severe that the Monteiths had to go back to the U.S. As often happens in these situations, the illness led to Parkinson's disease. Mary, who had begun teaching again upon her return to Loma Linda, quit in 1965 to care for her husband, who passed away in 1980.

Mary Monteith now lives in a SDA retirement home in Yountville, California, but is still remembered fondly by the faculty and alumni of the School of Nursing. Even though she can no longer travel to Loma Linda as much as she would like, her contributions to the School still impact the faculty and students today.

ALUMNI ACHIEVEMENTS

For K.C. Grigsby Carrigg, EdD '72GS, and Ruth Schmidt Weber, EdD '70, '75GS, the Loma Linda University motto, which emphasizes care of the whole person, was an important part of their education. When they returned to the School as faculty members, they began to ponder the implications of whole patient care, and what it means to nurses today.

Their questions led them to a realization: of all the elements of whole patient care, the spiritual dimension seems all too often neglected.

At the same time, the School of Nursing was implementing the Neuman Systems Model of care, which views spiritual care as the "capstone" from which all other elements of patient care stem. In a discussion with Betty Neuman (who developed this model), K.C. and Ruth learned that Dr. Neuman strongly supported research to further develop and broaden the knowledge base for the spiritual dimension of her model.

Through a literature review and analysis of tools that measure



K.C. Carrigg, EdD, RN, and Ruth Weber, EdD, RN.

spiritual aspects, it became clear that there were few available instruments that focused on spiritual care. This led them to develop the Spiritual Care Scale (SCS), an instrument for testing the spiritual dimension of nurses' patient care.

From qualitative data obtained from a diverse group of practicing nurses regarding their beliefs about spiritual and psychosocial care, Ruth and K.C. developed a clinical vocabulary for documenting spiritual and psychosocial care assessment and planning. This vocabulary was used in the development and testing of a pilot electronic documentation system at the Loma Linda

University Medical Center.

Others see the merit in their studies as well. They have given two presentations based on their work: one for the National Conference on Institutions in Nursing in September, 1994, and one for the Society for Education and Research in Psychiatric Nursing in November, 1995. In addition, they have recently been asked to participate in the annual Alumni Institute, which this year will focus on spiritual care.

We anticipate learning more about this important research as new findings are shared.

House of Thrift, Continued from page 26.

manager, is constantly on the lookout for new and improved merchandise, especially name-brand clothing and valuable collectibles.

The biggest problem faced by Joni and the Alumni Association is the lack of volunteer support. Although there is a dependable group of voluntary workers who helps out on a regular basis, there is always room for more. Whether this problem will remedy itself in the future remains to be seen.

Olive Roberts, who was an Alumni Association officer from 1957 to 1963, stresses the importance of the House of Thrift. She remembers how much work

went into starting the business, and in her opinion (as well as many others), the alumni have the responsibility of keeping things going.

"I think that it's tremendous what (the House of Thrift) has done," she says. "I think that something needs to be done to get it before the people. Let's get behind it and push! Some of us just worked ourselves bare on the thing, and it doesn't hurt a few of the younger generation to come and do the same thing."

The House of Thrift has come a long way since the days of the basement rummage, and many students have been helped along the way. May we continue to support the efforts of this valuable resource and those responsible for its upkeep.

Nursing knowledge

10/14/24—The matter of wearing of the school cap was discussed. For some reason the nurses have taken to wearing the cap far back on the head, which isn't in accordance with the uniform regulation for the School. It was decided to call in as many of the nurses as possible that were wearing their cap wrong and have a talk with them. It was decided that any nurse who didn't feel willing to wear the cap properly would have the cap taken away until she would cooperate with the regulation.

-SN faculty meeting minutes

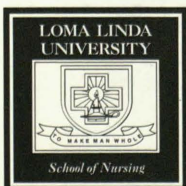


Loma Linda

NURSE

Winter 1996

Vol. VI, No. 1



Loma Linda University
School of Nursing
Office of the Dean
Loma Linda, CA 92350

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