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Loma Linda University School of Dentistry

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Dentalgram

A monthly publication of the dean's office
for students, faculty, and staff

October, 1994

Volume 8, Number 10

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What's inside this issue?

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Harassment seminar
New IDP students
Faculty activities
New library hours
High school tour
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The Current Report

New students welcomed to School

The School of Dentistry is pleased to welcome 125 new students, beginning their classwork on September 26, 1994.

The Class of 1998 in dentistry consists of 83 students from over 24 colleges and universities throughout the U.S. The class includes three medical technologists, three dental technologists, one respiratory therapist, one dental hygienist, and one emergency medical technician.

One third of the class, or 27 students, are women. The average age is 24.

One student has completed a PhD in biochemistry and has been teaching in the Graduate School. Two other students have completed their MPH degrees in the School of Public Health.

There are 19 international students representing nine countries. The School is also pleased to welcome eight new students who are children of alumni (Peter Bond—Delmer Bond, SD'65; Erin Carpenter—Mark Carpenter, SD'80; Marc Dunn—James Dunn, SD'69; Todd Garrett—Steve Garrett, MS'76; Greg Pritchett—Gary Pritchett, SD'69; Holli Riter—Cecil Riter, SD'85; Duane Tamashiro—Stanley Tamashiro, SD'64; Steven Wolfram—Klaus Wolfram, SD'71, MS'73).

Lisa Lang joins her sister Lori, who is a senior dental student. Two students, Marc Dunn and Steven

Wolfram, are sons of current faculty members.

Again in the Class of 1998 as in the Class of 1997, one of the students came to this campus as a refugee in the 1975 from Vietnam. We welcome Lien Truong back to Loma Linda University.

Albert, Harry T.	Guzha, Richard
Anderson, Damon	Harris, James T.
Astleford, Elwood	Hill, Kelvin A.
Bassett, Renee M.	Hsiao, Anko
Bond, Peter R.	Hszieh, Kevin C.
Bruner, Matthew	Im, Katherine A.
Carpenter, Erin	James, Brooke H.
Catuirra, Evelyn V.	Jeong, Kyung-Rok
Chen, Tracy N.	Kang, John
Chiang, Zhen-Ji	Kim, Dean D.
Ching, Brent D.	Kim, Dong J.
Cho, Joseph B.	Kim, Hyunshoo
Choe, John C.	Kobayashi, Mieko
Chung, Chang Y.	Koo, Jane
Chung, Charles	Lang, Lisa J.
Cullings, Cliff R.	Law, John
Dang, Hung N.	Lee, Bill
Du, Julie H.	Lee, Steve J.
Dunn, Marc, C.	Lee, Young W.
Duong, Lan T.	Liu, Patrick Y.
Ershaghi, Babak	Lorett, Jon W.
Estey, Mark E.	Mauad, Amable
Falter, Rohn G.	McFadden,
Finnie, Sonja F.	Jeffery A.
Ford, Jason T.	Mower, Robert W.
Fu, Suzan	Ng, Thanh C.
Garrett, Todd S.	Nguyen, Toan D.
Gasporra, Andrea	Park, Frances
Graham, Sheila A.	Pham, Tri M.
Graham, Tiffany	Pratt, Michael J.

Pritchett, Greg S.	Tak, Cynthia K.
Ramillosa,	Tamashiro, Duane
Reuben A.	Tanaka, Yuki
Reisig, Sean A.	Thio, Jennifer P.
Riter, Holli C.	Tomita, Michael J.
Ruminson, Jared	Trout, Allison C.
Schick, Kathrine	Truong, Lien T.
Shabo, M. Drew	Webster, Drew D.
Shea, John J.	Witherow, Shane
Smith, Brian D.	Wolfram, Steven
Snow, Kenric A.	Yeo, Agnes Y.
Steiner, Marc P.	Yoo, James H.
Sumarauw, Cindy	Yoon, Stuart S.

Reeves, Roxanna	Uyeyama,
Ruminson, Julie	Jennifer L.
Spray, Michelle L.	Voundy, Terri L.
Trayer, Krista S.	Wagner, Annette
Tziouvalas,	Wheeler, Diona T.
Katerina	Williams, Melissa

The School family is pleased that these new classes represent students from 20 different countries, reflecting a rich and diverse cultural heritage.

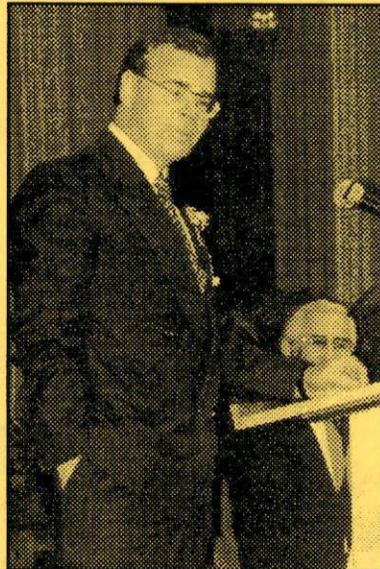
The School is also pleased to welcome 41 new students to the Class of 1996 in dental hygiene. One male student joins 40 female students representing over 12 universities and colleges. Eight students from Walla Walla College in College Place, Washington, include several whose home is Canada.

There are 12 dental assistants, two of whom have been working in the School clinic and faculty offices. There is also a dental technologist and a radiologic technologist in the class.

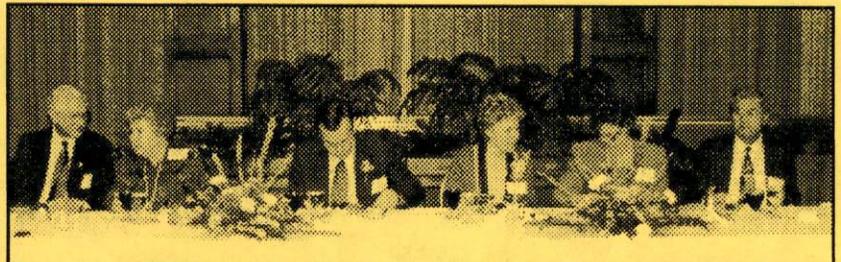
Three brides are in the class, including **Julie Ruminson**, who recently married entering freshman dental student Jared Ruminson.

Four are children of alumni (**Aaron Honke—Myles Honke, SD'75; Kelly Eichman—George Eichman, SD'72; Shelly Neufeld—Donovan Neufeld, SD'72; Diona Wheeler—Daryl Wheeler, SD'64**).

Ashman, Jami T.	Hansen, Liesa M.
Barr, Lisa D.	Harder, Rebecca
Berner, Lindy J.	Harris, Tami A.
Blake, Krista ML	Honke, Aaron M.
Bohlman, Michele	Jones, Keleen K.
Case, Wyndi J.	Kandt, Karla R.
Christensen,	Lafever, Jill A.
Renee L.	Lawrence, Kareen
Clark, Catherine	Lunt, Shelly M.
Crandall, Merilee	Macias, Jessica Y.
Dunn, Diane M.	Manzano, Wendy
Eichman, Kelly	Matthews, Karin
Endsley, Melissa	Neufeld, Shelly A.
Erwin, Sheryl L.	Oostburg, Eva E.
Ford, Rachele B.	Rayavarapu, Preya
Gillespie, Heather	Razdan, Maria S.



Goodacre welcomed in gala Charles Goodacre, DDS, dean, was welcomed by faculty and administrators of LLU at a dinner in September. At left, he addresses the group and expresses appreciation for his warm welcome. Below, the head table included Dr. & Mrs. Chase, Dr. & Mrs. Goodacre, Dr. Lyn Behrens, LLU president, and her husband, David Basaraba. At bottom, the Goodacres talk with Alden Chase, Fran Crawford, and Pastor David VanDenburgh.



School bids farewell to Todd Murdoch

The School of Dentistry family held a luncheon program to bid farewell to Todd Murdoch, associate dean for financial administration, on September 26.

At right, Dean Emeritus Judson Klooster presents Mr. Murdoch with a plaque of appreciation.

Far right, special music was provided, in part, by Drs.

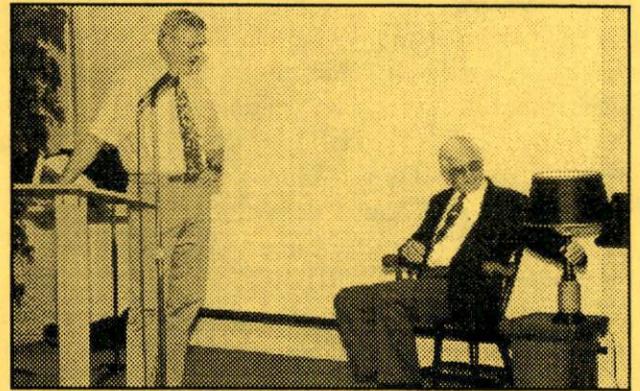
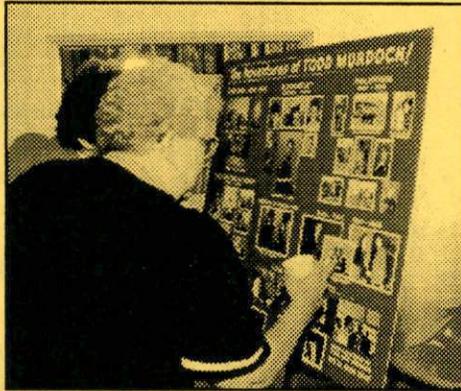
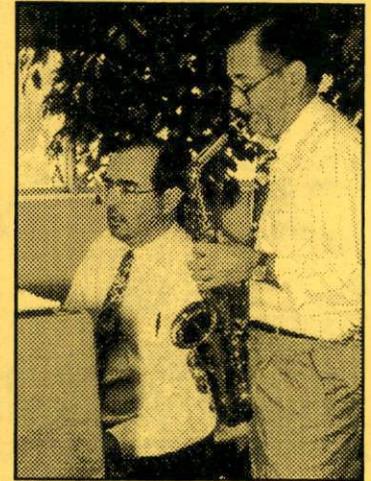
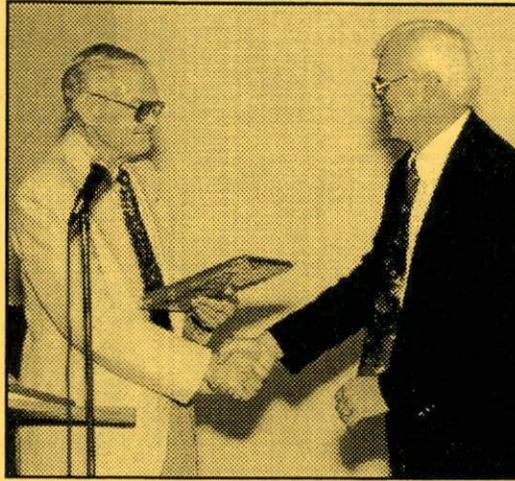
Fillman and Schlenker. Below, Nancy Davidson checks out

the pictorial display of Todd Murdoch's life.

Below right,

Dr. Leif K.

Bakland presents a chair and lamp from the School family.



Students on the Move

Student research going strong

A very active student research group is in full swing this year with Lori Lang as its leader.

Joni Stephens, associate professor, addressed the group on Wednesday, September 28, on the topic of research mentoring.

The group discussed what research mentors should and shouldn't do, what students need, and what the mentors should expect of the students.

"This group is small but mighty," noted Mrs. Stephens.

They are planning another meeting soon to conduct faculty/student match-ups for research mentoring.

School holds orientation

The School of Dentistry held orientation for the incoming dental and dental hygiene students together for the first time this year, September 21 and 22.

A total of 82 dentistry and 41 hygiene students gathered for personality testing, tours of the campus, and fire skills training. They were also matched with big brothers/sisters, learned about student services, and received tips on learning skills.

Thanks to the many faculty, students, and staff who participated in this venture. Special thanks to Hal and

Don't forget!

**Mandatory seminar
on sexual
harassment
(sign-in required)**

October 28
or
November 4

1:10 p.m.
Rooms 1101-1102

IV sedation chairs available

IV sedation chairs are now available Monday and Wednesday mornings only.

Check with Becki at x48357 for more information.

Onalea Milliken, who rearranged their schedules at a time of family crisis to contribute to the learning skills workshop.

New students in IDP

The division of international dentistry welcomes two new students

to the 6-month program.

Yau-Tsan Hor and **Chao-Ching Chang**, both from Taiwan, started the program on September 26.

Faculty/Alumni Bulletin

Endodontics

• The department of endodontics has two new faculty members. Both are currently in the Navy, stationed in San Diego. **A. V. Hill, DDS**, is a captain in the Dental Corps and is head of the endodontic department at the Naval Dental Center. **John Masters, DDS, MS'93**, is a lieutenant commander at the Naval Dental Center. We welcome both to part time service in the School of Dentistry.

• **Mahmoud Torabinejad, DMD**, professor of endodontics and director of the graduate program, was a featured speaker at the Midwest Continental Meeting held in St. Louis, Missouri, from September 21 to 23. He presented *Management of Endodontic Emergencies*.

• **Steven Morrow, DDS**, associate professor of endodontics, presented a one-day continuing education course to the Santa Barbara—Ventura County Dental Society on September 16. The title of his presentation was *The Keys to Successful Endodontics*.

Monument Valley

• **Clancy Schmidt, DDS**, will be leaving Monument Valley to practice in Phoenix. **Gary Anderson, DDS**, will assume his responsibilities.

Oral and maxillofacial surgery

• **Philip Boyne, DMD**, professor, recently presented at the ACOI Annual Meeting in Chicago, and

Farewell, Dr. Lee!

Jacob Lee, DDS, associate professor of pediatric dentistry, has accepted a faculty position as director of the graduate program in pediatric dentistry at the University of Minnesota.

During his seven years at LLU, Dr. Lee has served the School of Dentistry in various capacities, including acting chair and director of the pediatric dental clinic. He has participated in a number of research projects, and procured over \$20,000 in external grants. The School family wishes him well in his new position.

lectured on *Bone Grafting* to the Brazilian study group at the School of Dentistry. He and **Keith Hoffmann, DDS, PhD**, director of the graduate program, both attended the Endodontic Biology Symposium at LLU, and the AAOMS *Eat and Learn* Breakfast in Denver during late September.

Pediatric dentistry

• **Yong Kee Kim, DDS**, is visiting from Dan Kook University School of Dentistry in Korea for one year. He will be teaching in pediatric dentistry and doing research with **Anthony Tjan, DDS**, director of biomaterials research.

Periodontics

• Members of the advanced education program attended the 80th Annual Meeting of the American Academy of Periodontology, September 21 to 24, in San Francisco. Included in the group were **Julie Cranfill**, administrative secretary; **Dimitris Tatakis, DDS, PhD**, associate professor; **Michael Lee, DDS**, assistant professor; **Paul Fuentes, DDS**, resident; **Donald Clem III, DDS**, volunteer faculty; **Thorarinn Sigurdsson, DDS**, associate professor; **Peter Nordland, DDS**, volunteer faculty; **Knut Selvig, DDS, PhD**, adjunct professor; **Ulf Wikesjö, DDS, PhD**, Diplomate, director, advanced education; **Daniel Kunihiro, DDS**, volunteer faculty; and the following 4

residents: **Mario Flores, DDS, Suny Razi, DDS, and Guy Biagiotti, DDS.**

Drs. Wikesjö, Sigurdsson, and Lee participated in a research forum on *Recombinant Human Bone Morphogenetic Protein-2 Significantly Enhances Periodontal Regeneration.*

Drs. Selvig, Sigurdsson, and Wikesjö participated in a research forum on *Collagen Adhesion Revisited.*

A former resident, **Søren Jepsen, MD, DDS,** took part in a research forum poster session on *Empiricism vs. fact: New data on Performance Parameters of Automated Scalers.*

While there, they held the first alumni reunion for the advanced education program. Organized by Dr. Kunihiro and alumnus **Dan Newbold, SD'82, PG'93,** the get-together was

attended by about 50 alumni and their families.

Research

• **Paul McMillan, PhD,** professor of anatomy, has received a grant of \$4,500 from the School of Dentistry to upgrade the quantitative morphology and image analysis facility. This will directly benefit LLUSD researchers who will regularly use the facility, such as the periodontics research group.

• **Ralph P. Feller, DMD, MS, MPH,** chief of dental services at the VA, with **Warren Yow, DMD, MS, MPH,** associate professor of restorative dentistry, received a \$54,000 research grant from Medical Polymers, Inc., for *Safety and Efficacy of a Denture Adhesive Film.*

Moved lately?

If you've moved recently, please remember to inform financial administration, x48267, of your new address, in order to receive School mailings.

For Your Information

Practice for sale

Quality small practice: San Diego general practice, 16 years Clairemont area; 3 operatories in shopping center, good signage and visibility; low overhead, excellent lease; \$14,500 cash down. 619/279-1070 or 619/487-2661.

New hours at library

Del E. Webb announces new hours:

Regular schedule—through Dec 2

Mon - Thur	8 a.m. - 11 p.m.
Fri	8 a.m. - 2 p.m.
Sat	closed
Sun	10 a.m. - 11 p.m.

Exam schedule—Dec 4 - Dec 14

Mon - Thur	8 a.m. - midnight
Fri	8 a.m. - 2 p.m.
Sat	closed
Sun	10 a.m. - midnight

Recess schedule—Dec 15 - Jan 1

Mon - Thur	9 a.m. - 6 p.m.
Fri	9 a.m. - 2 p.m.
Sat - Sun	closed

Holiday schedule

Wed, Nov 23	8 a.m. - 2 p.m.
Thur - Fri, Nov 24 - 25	closed
Sun, Nov 27	6 - 11 p.m.
Mon, Dec 26	closed
Sun - Mon, Jan 1 - 2	closed

Newsnotes

Rialto High tours School

Sixteen 9th and 10th graders from Rialto High School toured the School of Dentistry on Monday, October 3.

The students watched the new recruitment video on the School, and toured several areas, including sterilization, the dental labs, radiology,

dental laboratory services, etc.

The group also toured Shryock Hall's embryology museum, and listened to a motivational talk on health careers by Tony Valenzuela, EdD, University recruiter.

Parking information

Construction will begin soon on the new research portion of LLUMC.

Parking allotted for School of Dentistry in the "G" (University Church) lot will be cancelled. School employees may park in the "U" lot at the NE corner of Anderson and Stewart.

LLU is exploring the possibility of covering the existing tennis courts to create additional parking

Posturing yourself for optimum health

Are you aware that four out of five adults will develop one or more moderate to severe episodes of back pain at some time in their lives? And, those of you in the field of dentistry appear to be at higher risk than the general population for back and neck pain because of the postures you must assume to perform your job. It has been shown that individuals who remain in a position of abnormal posture for extended periods of time will eventually develop pain due to overstretching of tissue and or muscle imbalance.

Is there any prevention for this grim prediction other than perhaps either suspending patients by their feet from the ceiling for their dental work or sitting on the patients' laps while you drill, etc.?

We at the LLUSD physical therapy department feel that there are some fairly simple measures that you can take in an attempt to avoid the painful and expensive consequences of low back pain.

1) In order to compensate for the poor posture you as dental professionals assume while working, it is of the utmost importance that your posture is good when you are not actually performing patient care. Ideal posture occurs when a plumb line suspended from the ceiling bisects ear, shoulder, hip, knee, and ankle. This alignment should be habitual in standing. Often correcting poor posture is as simple as pulling your chest up. While sitting, the plumb line should bisect ear, shoulder, and hip. Your chair should have some type of lumbar and thoracic support. Sleeping posture is also important. The very prevalent and potentially-harmful forward head position is perpetuated if a high pillow is used during sleep.

2) It is helpful to frequently interrupt working posture while treating patients by shifting positions. Whenever possible it is advisable to treat from both sides and also divide your time treating patients between

*You can't do
much about the
length of your life,
but you can do a lot
about its depth and
width.*

Bits & Pieces

National Physical Therapy Month.



sitting and standing. To remain healthy, body tissue needs to be mobilized on a regular basis.

3) Use good body mechanics at all times even when treating patients. When you lift or bend, use your legs. When you turn, imagine your torso as one straight unit, from your shoulders to your buttocks. Turn with your feet, not your back. Point your feet in the direction you're turning and step with the turn. As you turn, maintain the three natural curves in your spine—otherwise known as upright posture.

4) It is important for many reasons to obtain regular aerobic exercise. Swimming and walking are generally the best.

Here are some stretching exercises that would be beneficial to perform periodically during the work day. Do keep in mind that whenever you exercise, stop if you feel unusual pain. Stretch only to a comfortable point. Continue to breathe normally.

a) Cervical retraction or chin tuck: sit or stand upright; glide your head back without lifting your chin (you're doing this correctly if it gives you the feeling of a double chin); hold three seconds. Repeat three times.

b) Backward bending: stand and place your upper body back without overextending your neck. Repeat three times.

c) Upper extremity stretch and lumbar sidebend: sit or stand with your arms clasped overhead; lean to one side, stretching as far as you comfortably can (you'll feel a slight pull from your shoulder to your waist); hold for three seconds. Repeat three times each side.

Please contact us in the physical therapy area (**Marilyn Showler, RPT**; **Stephen Zecher, RPT**, director; **Jeanne Stoddard**, secretary) at x44246 if you would like further assistance with treatment or prevention of back pain. Also, if you happen to see patients with headaches, neck, back, and/or TMJ pain, please consider our service, and be assured that they will receive the highest quality of care.

You may have noticed that the old trash chutes are now for linen and gowns only. If you have boxes or other trash which you used to put down the chute, you can now place it outside your door for pick-up. If you need it removed immediately, call dental maintenance at x44608.

In memoriam

• **Harvey Wipf, DDS**, long-time faculty member in restorative dentistry, passed away the first weekend of October.

Internationally known and respected for his role in the development of the TMJ articulator and his concepts of occlusion, Dr. Wipf was best known for his caring and benevolent attitude.

He and his wife, Bernice, have been generous supporters of the School of Dentistry, and Dr. Wipf was a member of the Dean's Circle. He provided countless hours of volunteer teaching in both the predoctoral and the graduate arenas. His knowledge and comprehension never ceased to amaze faculty and students alike, and his persistent Christian attitude will be missed by each of us.

Surviving Dr. Wipf are his wife Bernice, daughter **Judy Thrasher, DH'86, SD'91**, and son **Michael, SM'77A**.

A memorial service was held on Sunday, October 9, at the First Lutheran Church in Redlands. The family requests that those interested in giving a remembrance make donations to the School of Dentistry, care of the dean's office.

• **Floyd Ferguson**, director of dental supply, lost his mother Bernice, on Sunday, September 18. **Ellis Rogers**, audiovisual technician, audiovisual studio, also recently lost his mother, Goldie, on September 10. The School family wishes both gentlemen condolences in their losses.

Welcome

We extend a warm welcome to the following new staff members:

- **Louise Cranmer**, full-time temporary insurance specialist
- **Kathy Mahle, RDA**, moves from pediatric dentistry to the position of records analyst
- **Andrew Haglund** moves from office supply to the position of secretary in implantology
- **Michelle Martinez, RDA**, Loma Linda Endodontics

- **Marina Garcilaza** joins anesthesia on a temporary full-time basis
- **Alisa Wilson, RDA, OSA**, is the new front office supervisor in the implantology center
- **Brenda Taege**, temporary full-time secretary in IDP

Welcome back

The Chaffey College dental assistants will be joining us again in the middle of October. We welcome them back to our campus.

Calendar

- Oct'94-May'95 *Bonding Study Club
Dunn
Oct 30 School picnic
Oct 31-Nov 5 Week of Devotion
Nov 6 *Oral Medicine Symposium
Appleton, Golden,
Richards, Thomsen
Nov 13 Oral and Dental Care
for Special Needs Patients
Perenack
Nov 23-27 Thanksgiving recess
Nov 28 last day to withdraw
with "W" or waiver petition
* For more information on CE courses,
call x44685.

Happy birthday

- Wishing an excellent day to all born in October*
Emma Cancino, DAU
Debbie Catino, endodontics
Tammy Earnest, insurance
Jolene Farwell, DAU
Marina Garcilaza, anesthesia
Karen Harris, IDP
Rochelle Herrera, clinic supply
Tammy Herring, records
Lizette Hocutt, records
Martin Knopper, graphics
Jaime Lozada, implantology
Linda Martinez, data entry
Donna Minder, IDP
Kathy Olson, emergency/screening
Sena Perez, insurance
Gloria Ramirez, anesthesia
Maricella Solis, records
Jeanne Stoddard, physical therapy
Roger Stover, sterilization
Skip Zalsman, oral &
maxillofacial surgery

Thanks

Thanks to all who contributed to this month's issue.

Marina Alvarez,
academic affairs
Leif K. Bakland,
endodontics
Denise Bell, Del Webb
Ada Beltran,
implantology
Jim Crawford,
dental ed services
Nancy Davidson,
financial admin
Sylvia Davis,
admissions
Luci Denger,
grad endodontics
Ralph Feller, VA
Becki Garlinger, clinic
Mary Hartwell, clinic
Bill Hooker,
student affairs
George Lessard,
research
Irv logan, restorative
Donna Minder, IDP
Rosemary Passmore,
oral & max surg
Jim Redfield,
dent maintenance
Donna Samson,
dean's office
Marilyn Showler, PT
Florence Wetmore,
dental ed services
Ulf Wikesjö,
adv ed periodontics

Congratulations

Beth and Dennis Clark, DDS, professor of oral diagnosis, recently welcomed Corbin Ross into the world. Corbin was born on September 7; he weighed 7 lbs. 15 ozs., and measured 19 3/4 inches.

Farewell

Best wishes to Maria Rosado, secretary in implantology, as she begins a new position in private practice in Moreno Valley, closer to her home.

Parking lot sale reaps rewards

The parking lot sale in September gained \$1600 for the renovation of the student/staff/faculty lounge.

Special thanks goes to Chuck Yetter for his leadership, to the whole crew who made it happen, and to all who donated and bought items.



SCHOOL OF DENTISTRY
**Second Annual
Fall Classic Picnic**

Sunday, October 30
11 a.m. to 4 p.m.
Sylvan Park

POTLUCK: A-L, ENTREES; M-S, SALADS & BREADS; T-Z, DESSERTS
Paper goods and drinks provided

Many door prizes
and
A Weekend Get-away to Lake Arrowhead

*Plus,
the class with the highest
attendance gets a pizza feed and
perpetuating trophy!*

Dentalgram

Deadline:
25th of each month

Submit info::
Dental Graphics Studio
Or, Prince Hall 5508
Or, call x44984

Editor:
Sheila Elwin-Jasionowski