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December, 1994 for students, faculty, and staff December, 1994 Volume 8, Number 12

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New display

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Faculty activities

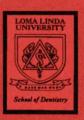
Holiday tips

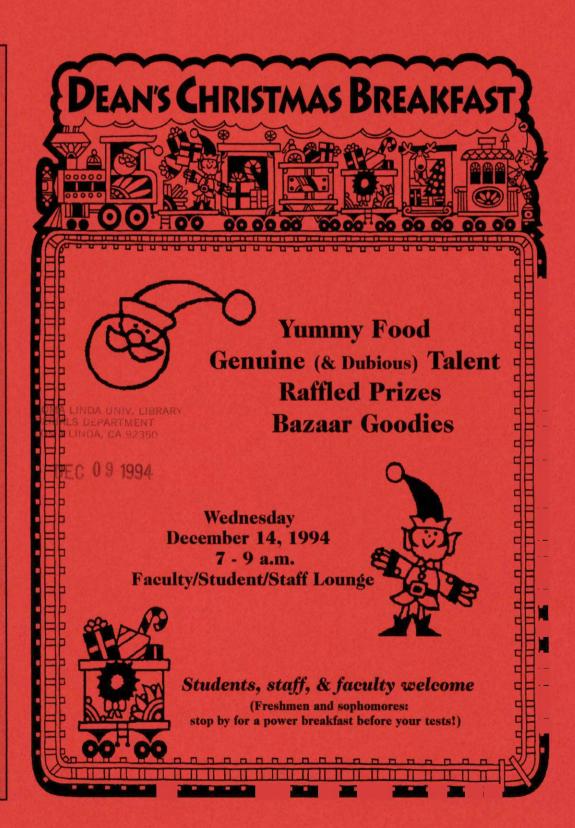
Holiday pet protection

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The Current Report

SD applicants go up

The School of Dentistry admissions office began the process for admitting dental students on December 2. Over 780 applicants have applied as of November 28—almost 200 more

applicants than last year at that time.

James Crawford, DDS, associate dean for admissions and dental educational services, and Sylvia Davis, director of admissions, have been visiting the campuses of Seventh-day Adventist colleges during the fall quarter.

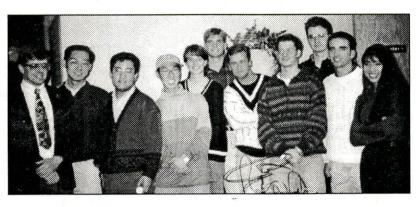
Dr. Crawford interviewed students at Canadian Union College, Union College in Nebraska, Columbia Union College in Maryland, Atlantic Union College in Massachusetts, Southern College in Tennessee, and Oakwood College in Alabama. He and Ms. Davis both visited Pacific Union College in Angwin.

Ms. Davis interviewed students at Southwestern Adventist College in Texas, Florida Hospital, and Andrews University in Michigan, Walla Walla College in Washington, and La Sierra University in Riverside.

During this time, Sandy Goldbach, assistant director of admissions, has been coordinating the recruitment for the School at various other colleges and universities in Southern California.

Several students also helped with recruiting activities. Wren Gardner visited local junior high schools. Rick Guthrie and Scott Parker visited UC San Diego. Lisa Lang visited San Diego State University, San Diego Mesa College, and Riverside Community College. Pam Lemus visited UC Irvine.

While visiting the campus of Andrews University, Ms. Davis participated in a reception at the offices of Frank Conklin, SD'77, in Michigan. The reception was held for pre-dental students to have the opportunity to see an actual dental practice and to speak with an alumnus as well as with dental



assistants, hygienists, and office managers. They were also able to work with drills and amalgam in teeth mounted in plaster, make impressions, and take radiographs.

The School treated the students to dinner with Dr. Conklin and his staff at Clementine's in St. Joseph, where they continued their discussion and understanding of the day-to-day professional dental practice.

Dr. Conklin teaches *Introduction to Dentistry* at Andrews University. Students in the class learn more about the profession from specialists, and practice their hand skills.

Pictured are the students who were at the reception with Dr. Conklin (at left). Ms. Davis interviewed over 20 students for entrance in 1995, 1996, and at Andrews

1995, 1996, and 1997 at Andrews University.

New display

A new display area in the north hall of 1st floor (first hall on right as you enter from student entrance) will be used to display poster presentations and articles which faculty and students publish.

Currently displayed is Jim Henderson's winning table clinic from the ADA.

Students on the Move

IDP welcomes new students

The international dentist program has accepted eight new students to begin in January:

Gloria Alvarez, Colombia Olga Dontsova, Odessa, Russia Ernest Jou, Taiwan Amanjot Khara, India Min Gu, Beijing, China Andrew Kaindl, Buenos Aires, Argentina

Nina Sonin, Leningrad, Russia Silan Tran, Saigon, Vietnam

Additionally, **Dr. Marcelo Toledo**, a dentist from Cordoba, Argentina, will be starting the advanced restorative training in January. He has been at the SDA clinic in Madagascar for the past four years.

June graduates

The deadline for placing orders for graduation announcements for spring, 1995, is Monday, January 9, 1995, at University records. Announcement order forms will be attached to registration forms for winter quarter, 1995. If you do not receive an order form on your registration form, you can get one at University records.

Faculty/Alumni Bulletin

Endodontics

• Mahmoud Torabinejad, DMD, professor of endodontics and director of the graduate program, conducted a research project in Meshad, Iran, during October on the Reaction of Periradicular Tissues of Cats to the New Material MTA. The project was part of a study on the healing of periradicular tissues following placement of MTA as a root-end filling material. While in Iran, Dr. Torabinejad also presented a half-day course on the Management of Accidental Procedures During Root-End Therapy.

Oral & maxillofacial surgery

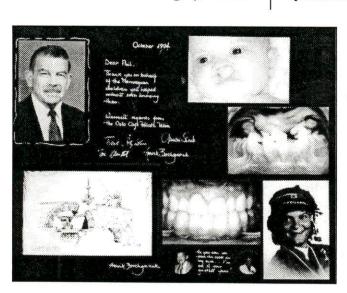
• Philip Boyne, DMD, professor of oral & maxillofacial surgery, was the



Harold Schnepper, DDS, professor of restorative dentistry (left) was the recipient of the Distinguished Member Award for 1994 at the annual meeting of the American Academy of Gold Foil Operators in October. The award was presented by Robert Kinzer, DDS, chair of the department.

special invited lecturer at the annual

meeting of the American Academy of Implant Dentistry in New Orleans. He presented a course on Augmentation of the Maxilla with Simultaneous Placement



Dr. Philip Boyne was surprised at the opening banquet of the recent AIOB meeting when Dr. Gunvor Semb, orthodontics professor at the University of Oslo, Norway, presented him with a plaque (pictured at left). About 25 years ago, Dr. Boyne started a new method of bone grafting for cleft palate, which is the only method Dr. Semb uses . She was thanking him on behalf of her more than 800 cleft palate patients.

of Implants using Titanium Mesh. At the same meeting, Dr. Boyne also was a major participant at the special Research Foundation Symposium conducted on October 9. He presented a lecture on Experiences with Autogenous Bone Grafting as part of the major symposium.

Dr. Boyne also made two presentations at the 52nd Annual Meeting of the American Association of Oral Maxillofacial Surgery on October 2 in Denver. One clinic dealt with bone grafting and the use of implants, and a special seminar was presented on Synthetic Bone Materials.

As president of the American Institute of Oral Biology, Dr. Boyne presided over the 51st Annual Meeting which was held in Palm Springs from October 28 to November 1. Six speakers included Nobel Prize winner Arthur Kornberg, who presented material on DNA synthesis and life as chemistry.

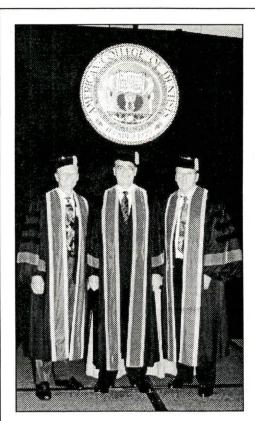
Additionally, Dr. Boyne presented a course in Madrid on November 24 and 25 to the Spanish Air Force surgeons on the use of titanium mesh and facial reconstruction. He also demonstrated surgical procedures in the two-day meeting, which was sponsored by the Spanish Air Force at the largest military hospital in Spain.

Periodontics

- Ulf Wikesjö, DDS, PhD, professor and director of advanced studies in periodontics, will be traveling with his wife, Teri, to Japan and Korea to lecture. He will be speaking at Tokyo Medical and Dental University, and will give the keynote address for the Korean Academy of Periodontology Annual Meeting, on the biologic and clinical aspects of periodontal regeneration.
- Dr. Nygaard Ostby will be returning home to Oslo, Norway. The department family thanks him for his contributions, and thanks his wife, Turid, for letting him come!

Restorative dentistry

• The 3rd International Gold Foil



Four faculty members were inducted into the American College of Dentists at the annual meeting in New Orleans, Oct. 21. James Crawford, DDS, executive associate dean; Charles Goodacre, DDS, dean; and Art Johnson, DDS, associate professor of restorative dentistry, marched in the procession along with their sponsors. Joseph Caruso, DDS, associate professor of orthodontics, received his fellowship in absentia.

Mrs. Schnepper assisted Dr. Schnepper as he demonstrated clinically the placement of the Class III gold foil.



Conference was held at the University of Zurich in Switzerland during October. The conference was in response to increased European interest in learning gold foil techniques.

Over 120 dentists from throughout Switzerland and Italy attended the meeting. Instructors from Southern California were Harold Schnepper, DDS, professor of restorative dentistry, and Dr. Rick Hoard from UCLA. They lectured and demonstrated the practical and esthetic use of gold foil and gold

casting on patients. The A merican group was hosted by Dr. Peter Shärer, dean at the University of Zurich.

For Your Information

Holiday planning avoids stress

Enjoy the holidays more by better planning of your work, shopping, and home activities in the weeks before Christmas. This will help you avoid much of the stress that the season can engender.

Exercising is another sure-fire way to reduce stress. Among other steps that can achieve that goal:

- Recognize that buying a lot of presents doesn't ensure a happy holiday.
- Avoid complicated holiday recipes that can cause frustration and take up valuable time.
- Assemble toys as you buy them so you don't leave the task for Christmas Eve.
- Remember to buy batteries for electrical toys so your children are not disappointed by nonfunctioning playthings Christmas morning.
- Remember: it's a time to **enjoy**, not to be stressed out!

Protect pets during the holidays

Animals, like people, get caught up in the holiday spirit, and special precautions should be taken for their safety. The Humane Society of the United States recommends that you pet-proof your home during the holidays to protect your four-legged friends from harm.



leaves and holly berries are poisonous to animals and should be moved out of a pet's reach. Hang such plants from the ceiling, if necessary, and try not to place them on window sills. Cats love to perch near a window to watch the outside, and the plant could tumble as the animal jumps up.

Bowls of sweet-smelling potpourri are another peril for animals. Some of the ingredients in the mixtures are dangerous if ingested by a curious animal.

Keep all shiny objects—tinsel, bows, colored strings, and foils—away from your pet. If you use tinsel on your tree, avoid putting it on the lower branches. The long strand can cause internal injury if swallowed.

Never leave small toys, decorations, or breakables where an animal can get at them. Pets, no matter what age, are curious and they're attracted to these lures. Chewing on painted surfaces and ingesting tiny pieces can result in serious medical trouble for Snoopy or Fluffy.

The electric cords surrounding the Christmas tree should be hidden from view, if possible, so a pet can't chew on them. If that can't be done, keep the cords neat and together to avoid entangling the pets.

Christmas candy is strictly for human consumption and should not be fed to pets. It can make animals very sick. Chocolate, in particular, whether in candy or cookies, is toxic to an animal.

Keep lighted candles out of the reach of pets. They could suffer serious burns if their fur got too close to the flame.

Remembering the true spirit

from Memphis Daily News

In this season of Christmas, and just plain giving, I have some suggestions for those who need something to be thankful for, or those who need someone to allow them to give. Nursing homes are full of opportunities.

You say you can't do anything? Can you read? Good! Read to me. My eyes aren't what they used to be.

Can you write? Good! Write a letter or a card for me. My hands are shaky.

Can you sing? Good! Help me with the words and I'll sing along.

Can you tell me about your job? I was a nurse once myself.

Can you listen? Wonderful! I'm starved for conversation.

Can you bake a sponge cake or zucchini bread or angel biscuits or make fudge? They aren't on the nursing home menu, but I remember how good they were and I would like to taste them again.

Do you play checkers or dominos or Uno? Fine, so do I; but, there is never anyone who has the time. They are understaffed around here, you know.

Do you play the violin or the flute or the piano? My hearing is poor but I can hear any kind of music. Even if I fall asleep, you'll know I enjoyed it.

Once we were somebodies, just like you. We were farmers, and farmer's wives, and teachers, nurses, beauticians, stockbrokers and electricians, bankers and sheriffs, and maybe a few outlaws, too. We're not 5

ALL senile—just old and needing more help than our families can give

This home, whatever its name, is "home" to us and you're an invited guest. Please come; the welcome mat is always out and not just on Christmas. I hope you keep this and read it again in January, February, and every other month of the year. We'll still be here and our needs will be the same.

Tips on holiday eating

It's difficult not to overeat at a party because of the abundance of tempting foods, but try these strategies to help you bypass those tantalizing morsels.

• Take only one or two tablespoons of a "forbidden" food. Such a small amount won't add too many calories to your daily intake but will appease that craving.

• Eat only half portions of fatsaturated and calorie-laden foods. Most of the time this will satisfy you.

- Drink a glass of water, and take a low-calorie snack before going to a party. It helps reduce hunger pangs.
- Stay away from the "nibble" area when talking with friends. It's much too easy to pick up a handful of peanuts or potato chips if they're close by.
- Keep a fresh drink of soda water in your hand. Keeping your hands occupied reduces the chance of reaching for food.
- · Seek out the fruit and vegetable tray. Moderate snacking on these foods won't contribute excess pounds during the holidays.
- And lastly, get involved in an interesting conversation. It will keep you engaged and minimize your awareness of the food.

Thanks

Thanks to all who contributed to this issue of Dentalgram Leif Bakland, endodontics

Philip Boyne, oral & maxillofacial surgery James Crawford, dental ed services

Nancy Davidson, financial admin Sylvia Davis,

admissions

Christine Fitch. restorative dent Marian Jones, graphics Mary Hartwell, clinic

administration Robert Kinzer,

restorative dent Donna Minder, IDP Harold Schnepper,

restorative dent Florence Wetmore.

dental ed services Ulf Wikesjö, advanced

Pam Wilkinson, University Records

periodontics

Newsnotes

Thanks to volunteers

A special thank you to all of our School of Dentistry volunteers: Charles Dwyer, Caroline Le, Juan Ramirez, Geraldine Carlos Dobrota, and Gabriel Galdos.

Your time and help has been greatly appreciated. You have made our patients feel welcome and more at ease. Your ideas have been most helpful.

Two new volunteers will be starting in January, Quyen Pham and Phuc Trinh. Both young men are pre-dental and hope to attend dental school here at LLU.

From all of us here at the School to the volunteers, thank you.

Birthdays

Wishing a splendid day to all born in December.

Lillian Andrade, periodontics Leif Bakland, endodontics Laurel Bathgate, periodontics Linda Carlisle, dental supply

Cynthia Carter, data entry Lisa Cooper, oral & max surgery Cornetta Craighton, insurance Carol Croner, DAU Richard Cross, dental maintenance Ruth Dearen, IDP Christine Fitch, restorative Nellie Green, insurance Connie Grosvenor, implantology Art Johnson, restorative Judson Klooster, restorative Virgil Lau, restorative Ruth Mason, oral surgery residency Takako Matsunami, restorative Mary Perez, implantology Shirley Purucker, copy center Fred Reth, restorative Dave Rynearson, orthodontics Harold Schnepper, restorative Lisa Selleck, implantology Natalie Stevenson, radiology Anthony Tian, restorative Debbie Tuttle, hygiene Jane Wheeler, operator JoAnn Yardley, IDP Richard Young, restorative 6

Dentalgram

Deadline:

25th of each month

Submit info:

Dental Graphics Studio Or, Prince Hall 5508 Or, call x44984

Editor:

Sheila Elwin-Jasionowski