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Loma Linda University School of Dentistry

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for students, faculty, and staff of Loma Linda University School of Dentistry

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May, 2000 Volume 14, Number 5 http://www.llu.edu/llu/dentistry/news.html

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This issue

Spring scientific meetings

Students minister to Dominican Republic

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Student news

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LLUSD team visits Pakistan



Dental research presented at spring meetings

Seniors in the dental hygiene program at Loma Linda University School of Dentistry have swept first, second, and third place dental hygiene table clinic awards at the April 14 Anaheim meeting of the California Dental Association (CDA).

Paul Mendiola and Heather Mihalka, DH'00, were awarded first place with "A Survey of Disinfection Protocols for Water Lines in Private Dental Practices,"sponsored by James Kettering, PhD.

Jenny Kim, Sonali Patel, and Kim Uyeyama, DH'00, won second place with their project, "Efficacy of an Over-the-Counter Whitening Agent as Compared to a Professionally Prescribed Whitening Agent," sponsored by Carlos Muñoz, Paul Mendiola and Heather Mihalka, first place table clinic DDS, MSD.

Third place ribbons went to Darcie Bell, Laura Bretsch, and Michael Lents, DH'00, for "The Antimicrobial Action of Oral Rinses When Used for 15 Seconds," sponsored by Dr. Kettering.

Junior dental students took third place in the CDA dental competition, with "Composite Repair Strength," by Gregory Skeens, Scott Steedman, and Shane Tewis, sponsored by Dr. Kettering.

Among the finalists were Aaron Soeprono, Stanley Wernick and Robert Wells, with their children's book, "Conquering Dental Phobia in Children."

At the California Dental Hygiene Association (CDHA) meeting held in conjunction with the CDA, Loma Linda University was well represented by third place winners Jacqueline Tatum, Brandy VanderDussen and Shelly Withers, DH'00, "Identification of Bacterial Contamination in Ultrasonic Handpieces," sponsored by Dr. Kettering.



winners in the dental hygiene section of the California Dental Association meeting in Anaheim.

The American Association of Dental Schools (AADS) annual convention was held in April, in Washington, DC. Dental researchers from Loma Linda University presented posters and talks about their research. At least 20 posters destined for AADS and IADR (International Association for Dental Research) meetings were prepared by Educational Support Services. According to Dr. Muñoz, the posters and talks were well received by research colleagues from around the world.

Melissa Wages, SD'00, presented her project, "www.Women'sOralHealth.org" at AADS, and won the Best Poster Award. (See page 4.)

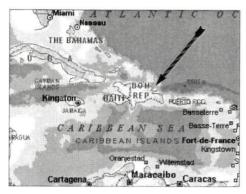
At the annual session of the American Association of Endodontists (AAE) held in Honolulu in April, endodontic graduate students and faculty presented scientific papers and lectures. (See page 6.)

Spring break in the Caribbean

by Ronald E. Fritz, DDS, MPH

A group of nine dental students and five medical students traveled with me to the Dominican Republic during Spring break, to provide medical and dental services for underserved outlying areas.

The Dominican Republic, along with Haiti to the west, is on the large island of Hispaniola, and is the largest in the Caribbean island chain.



Some mountains reach 10,000 feet, and have been known to exhibit snow on their peaks, certainly unusual for the Caribbean tropics. It is one of three Spanish-speaking islands and is located between the other two, Puerto Rico and Cuba.

Seven members of the group spoke Spanish, making patient rapport much easier. The trip was sponsored by SIMS (Students for International Mission Service), and local coordination and support was provided by Adventist Development and Relief Agency (ADRA).

The group stayed at the Adventist University in Bonao, an hour north of the capital, Santo Domingo, sleeping in the dorms and eating in the cafeteria with the local students.

Most of the work consisted of exams, consults, and extractions. Most of the extractions were molars mutilated by extensive caries. All this was made more difficult by having to use flashlights to see; with patients seated on the floor, head on an operator's left thigh.

The people were appreciative, and with Latin warmth, showed us they did not want us to leave. The food, the culture, the music, the sights, and the people were enjoyed by all, without exception. Two dental students even stayed on for a few days after the group left for home. The fulfillment felt and contributions given by each have faded into precious memories.

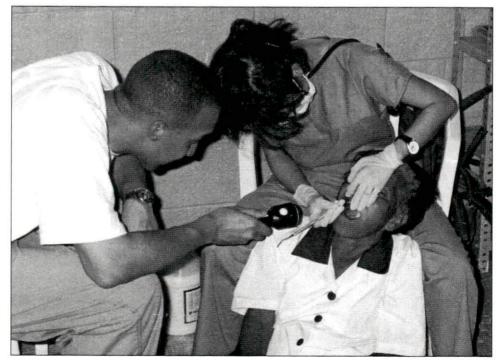
The sore backs and necks feel better now,



Standing from left: Jennifer Park, Jared Nation, Dr. Ron Fritz, Eric Park, Lily Mendoza, Tesha Pragasam, Shannon Oh, Leesha Hoilette, Paul Larson, Marlo Jackson, Christopher Ehrbright, Edward Lopez. Kneeling from left: Cherisse Loo, Jackie Tran, Keren Espinoza, Karin De la Cruz.

but the warmth inside each individual will remain always. Our thanks go to all who gave from the heart: Christopher Ehrbright, SD'01; Chad Kimbrough, SD'02; Cherisse Loo, SD'01; Edward Lopez, SD'02; Jackie Tran, SD'01; Jared Nation, SD'02; Shannon Oh, SD'02; Eric Park, SD'01; Jennifer Park, SD'02. Others include Keren Espinoza, psychology department staff member; Karen De la Cruz, SM'03; Leesha Hoilette, SM'02; Marlo Murray-Jackson, SM'03; Paul Larson, SM'03; Lily Mendoza, SM'04; Tescha Pragasam, SM'03; Renan Moretta, Sr., MD; Renan Moretta, Jr., RPh.

Thinking about these special students brings to mind some adjectives: committed, courteous, unselfish, willing, playful, consistent, accepting, adaptable, Christ-like.



Jared Nation and Cherisse Loo examine a patient in the Dominican Republic.

Jim Redfield retires after 40 years of service to LLUSD

by Christy K. Robinson

Imagine this: While the parents of current dental students were still in college themselves, Jim and Gloria Redfield were embarking upon a lifetime of service to Loma Linda University School of Dentistry.

In 1960, a young x-ray technician from Lansing, Michigan, moved to Loma Linda with his bride Gloria, a nurse. He was hired by the first dean of the School of Dentistry, Dr. Webster Prince, and began work at \$1.87 per hour. After learning dental radiology from Dr. Glenn Curtis, a member of LLUSD's founding faculty, Jim Redfield taught that subject to generations of dental and dental hygiene students, for 32 years.

During those years, Jim maintained and repaired dental equipment, ordered and bought equipment, was responsible for fire and safety, planned the designs and remodeling projects throughout the School of Dentistry and its associated campus buildings, worked as superintendent of construction, and even sub-contracted some of it. In 1974, when the south addition to Prince Hall was added, including Dental Supply, the amphitheater, labs, and five-story tower, Jim was there.

He also supervised construction and remodeling projects in the Center for Dental Research and those projects connected with the new pediatric dental clinic and the Dental Surgery Center.

Jim is happy with his career in dental maintenance, and can't think of a better place to suit his needs to work with



Gene Brooks, Loma Linda Fire Department division chief, Jim Redfield, Peter Hills, Chief of San Bernardino County Fire Department, and Rolland Crawford, MPH, Director of Public Safety and Fire Chief for the City of Loma Linda, enjoyed the opportunity to swap firefighting tales.



As Charles J. Goodacre, SD'71, MSD, dean of the School of Dentistry, congratulates him, Jim Redfield delightedly receives a retirement gift.

students, and the opportunity to work with power tools all day.

"I like tools. I spend a lot of time in the garage," says Jim. "When I was a little kid, I made myself a pull toy. I like woodworking."

Somewhere along the way, Jim and his wife bought land in Reche Canyon, and over the course of three years, built their home from the ground up. "We spent three years, after work, at night with fluorescent lights, building the house," he recalls. The only work he had done professionally was the masonry and plastering. The roof was the hardest work, he says, cutting and stacking the boards to bear the weight of roof tiles.

The house and land became home to Jim's family, two daughters and a son, plus assorted livestock and pets. He and Gloria are grandparents to seven children.

When remembering highlights of his career, he mentions first that he enjoyed working directly with the students. An award plaque that was presented to him reads, James Redfield / As a token of the esteem and affection in which he is held by graduates, students, staff and teachers / For his unhesitating and resourceful helpfulness and for his commendable personal attributes / A warm and sunny disposition, unfailing courtesy and consideration toward all with whom he associates / Loma Linda University School of Dentistry Alumni Association 1970.

Another cherished memory is his trip to Bangkok, Thailand, to refugee camp dental clinics, where he took inventory and repaired dental equipment.

For 25 years, from 1968 to 1993, Jim was assistant chief of the Loma Linda Fire Department.

As much as Jim enjoys his jobs, he and his family have enjoyed tandem biking at Newport Beach, and also canoeing on the Russian and Kern Rivers. He and Gloria have a cabin at Moon Ridge, near Big Bear City, and completed a canoe exploration of the entire Big Bear Lake shore.

Nobody really thinks Jim is going away with his retirement. Paul Richardson, SD'72, associate dean for clinic administration, who spoke at Jim's retirement celebration on April 20, said that Jim was the only person who knew where pipes or conduits were buried or secreted away in walls or ceilings. As Special Projects Manager, Jim will be called upon for his

construction expertise. Also, Jim can't stay away from the Prince Hall halls, and will return to teaching dental radiology.

At the retirement celebration, held in the Wong Kerlee International Conference Center, scores of friends and co-workers honored Jim and Gloria with a social gathering and a banquet. Dr. Richardson, on behalf of the School of Dentistry, gave a tribute which was interrupted several times by laughter and applause. He presented Jim with gifts from the School and individuals. The gold watch sparkled in the spotlight, and Jim also enjoyed the carved wooden pen from Dr. Goodacre, a corded "electric screwdriver" from Chuck Yetter, and the memory book written by people whose lives he touched during his tenure here.



Dental maintenance workers, past and present, honored Jim Redfield at his retirement. From left, Richard Cross, Marian Wood, Jim Redfield, Robert Johnson, Chuck Yetter, and Paul Chambers.

Students on the Move

Website wins more kudos

Melissa Wages, SD'00, presented her poster, "<u>www.Women'sOralHealth.org</u>" at the annual session of the American Association of Dental Schools meeting in Washington, DC.

For her effort, Melissa received the "Best Poster Award" for the Student Poster Session which was accompanied by a cash prize of \$500.

She was also asked to orally present her findings at an AADS session entitled "Student Excellence in Education and Service," for which she received an honorarium of \$ 250. Way to go, Melissa!

Melissa's research and development of the project was sponsored by Heidi Christensen, SD'83, MS, assistant professor of oral diagnosis, radiology, and pathology. The table clinic won first place at the 1999 Alumni-Student Convention and the 1999 spring session of the California Dental Association.



ESP chooses Oakwood student

The Diversity Committee of the School of Dentistry has selected Trevor Vincent Fraser as the Early Selection Program (ESP) participant for the year 2000. Trevor is currently completing his junior year at Oakwood College in Huntsville, Alabama. He is scheduled to complete a Bachelor of Science degree with a major in biology in May 2001. Trevor was on the LLU campus last summer for the Careers in Dentistry workshop. He is currently the president of the pre-dental club, where he has assisted students in shadowing dentists, as well as put together an educational program in oral

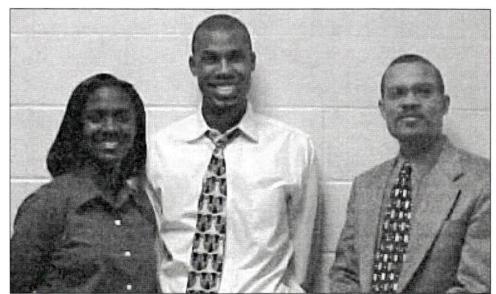


Trevor Fraser, SD'05, Early Selection Program future dental student.

l program in or health care for children of students on campus.

Trevor will be coming to LLUSD in August of this year to participate in ESP, and then be enrolled in classes with the freshman dental students during the fall quarter. He will then return to Oakwood College to complete his degree program.

The ESP was established to identify promising students in minority communities that have an interest in dentistry. Mueni Mutinga, SD'01, and Phillip McIver, SD'03, were previous ESP participants in 1995 and 1997. Mr. Fraser is coming in under a partnership agreement established between Oakwood College and LLUSD. The program's goal is to assist pre-dental students in the competitive admission process as well as provide a more gradual transition into the dental school curriculum at LLUSD.



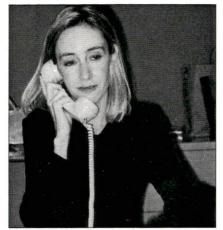
Mueni Mutinga, SD'01, Trevor Fraser, and Ron Forde, SD'83, at Oakwood College. Mueni graduated from Oakwood College in 1997 and Dr. Forde graduated in 1979.

Dental hygiene department benefits from phonathon

Faculty, students and alumni joined together in April to call dental hygiene alumni on behalf of their Annual Fund campaign. They raised over \$7,000 in pledges, which augments gifts previously received this year. Twenty-five callers talked with almost 300 alumni during the phonathon. In addition to the Annual Fund, which supports the dental hygiene loan fund, alumni also made gifts to the Violet Bates Scholarship Fund and the Hartzell Scholarship Endowment.

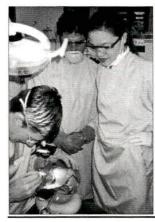


Randall Tosten, DH'01, and Tomas Kutansky, DH'00, called dental hygiene alumni during the anual phonathon.



Heather Dunham, DH'98, enjoyed talking with her classmates.

SDSU pre-dental students enjoy LLU hospitality



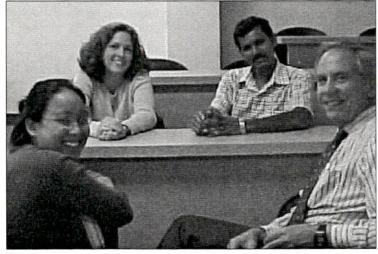
"Dear Christy, Enclosed are the pictures we took while at your university. We appreciate the pictures you took of us for your publications. Sincerely, San Diego State University pre-dentistry program."

Steven Streelman, SD'03, shows SDSU pre-dentistry students how he works on a Typodont.



SDSU students posed in clinic garb while here on a trip investigating California dental schools. From left: Garet Heintz, Aklil Rostai, Jeremy Gerla, Cheryl Estin, Farhad Razi, Robert Lozada, Najia Gardez, Mike Tyler, Joan To, and Coatlicue Torres.

Admissions officers visit the South



While recruiting on the campus of Southern Adventist University in Collegedale, Tennessee, Lori Rice, SD'02, meets with Ann Kim, SD'04, Dr. John Perumal, her former pre-dental advisor (now Dean of a school in Thailand), and Dr. Steven Nyirady, chair of the biology department and current SAU pre-dental advisor.



Lori Rice, SD'02, recently accompanied Sylvia Davis, MA, director of admissions, to the campus of Southern Adventist University, from which Lori graduated in 1998, to meet with pre-dental students and host a dinner for students who will be admitted to dental school this fall. Pictured are Ann Kim, Lucelia Lima, Jeff Root, and Kim Riggs, who will become members of the Class of 2004.

Department News

Administration

• Graduation weekend is coming up quickly and all faculty are urged to participate. The weekend will begin with a baccalaureate service planned for Saturday, May 27, at the University Church. The service will honor graduates in both the Schools of Dentistry and Medicine. Faculty and students will march in the processional in their academic regalia. Faculty are to meet in the breezeway between Magan Hall and the library at 10:45 a.m. At the end of the processional, faculty will be seated in the choir loft for the service.

SD Commencement will be held on Sunday, May 28, on the University Mall. Faculty and students should arrive no later than 4:00 p.m. Faculty will be lining up on the sidewalk by the circle; students will be gathering on the sidewalk in front of Magan Hall. Services will begin promptly at 5:00. Faculty are asked to contact Carmi at x44601 or by e-mail to notify her of your plans to participate in the ceremony.

Many families will be celebrating the achievements of our graduates. Please plan to participate in these important events!

• The sexual harrassment seminar, mandatory for LLU employees, will be held May 10 in Prince Hall, rooms 1101-1102, at noon. If you missed the April 24 session, please plan to attend this one.

• An automobile was recently donated to the School of Dentistry, and is now for sale. For information, please contact Ron Secor, MBA, associate dean, financial administration, x44687.

1984 Cadillac Eldorado (black), 2 door, all leather interior, 132-134K miles. Reportedly in good working condition. \$2,000/OBO.

• Thursday, May 11, is the annual LLU Employee Benefits Fair, with drawings, freebies, and food on the campus lawn near Prince Hall.

Clinic Administration

• Josonjia Thompkins, sterilization supervisor, is engaged to be married to Raymond Brown, who is a doctoral student in theology, as well as administrator and educator for Azusa Pacific University. They were engaged on April 17, and plan to marry on August 26.

• Carol Sorrells, supervisor in dental radiology, had back surgery in April and is at home recovering. We wish her a speedy recovery and look forward to seeing her again when she returns in May.

• Congratulations to Eunice Espinoza, FDO, and her husband Gerry Lopez, on the birth of their daughter, Vianca Jennel Lopez. Vianca was born on Tuesday, April 4, at 12:00 noon. She was 7 lbs 8 oz. and measured 18 inches long.

• Welcome to new employee, Helene Julius, who is organizing a database of implant dentistry patients.

Dental Hygiene

• Rhonda Hamerslough, RDH, instructor, and Karen Simpson, DH'66, MPH, chair and assistant professor of dental hygiene, attended the AADS convention in Washington, DC.

• Joni Stephens, DH'69, MSEd, professor of dental hygiene, attended the IADR in Washinton, DC.

• The dental hygiene Class of 2000 pinning ceremony will take place on Friday, May 26, 2000 at 6:00 p.m. at Campus Hill Church. The dental hygiene pin has a traditional and personal meaning to each dental hygienist. Receiving the pin means that each graduate has been prepared to become a caregiver and is accepting the responsibilities of a health care professional who will devote their time in serving "To Make Man Whole" as is the tradition of Loma Linda University.

Endodontics

At the recent annual session of the American Association of Endodontists (AAE) held in Honolulu, faculty and students in the department of endodontics were busy in many aspects of the annual meeting of the specialty organization.

All of the graduate students attended: Drs. Silvia Cecchini, Nooshin



Drs. Doug and Lynn McKendry.

Noghreian, Sony Thomas, Johnathan Wee, Erol Apaydin, Robert Handysides and Nishan Odabashian. Dr. Noghreian also presented a paper in the graduate student section of the Oral Research Presentation program: "Hard tissue forming potential of MTA compared to common endodontic filling materials."

Others presenting lectures were: Mahmoud Torabinejad, DDS, MSD, PhD, professor and director of the graduate program in endodontics, "Expanded clinical horizons of MTA;" and E. John Munce, SD'78, PG'88, assistant professor of endodontics, "Obstruction management."

Participating in the organizational structure of the AAE were several faculty and alumni: Dr. Torabinejad was reelected Treasurer of the AAE and Dr. Leif K. Bakland, professor and chair of the department of endodontics, was installed as president of the College of Diplomates of the American Board of Endodontics during the AAE meeting.

Serving in various capacities were: James Abbott, SD'74, MS'77 and Gary Yonemoto, DDS, MS'80, directors of the AAE Board of Directors representing District VI (California, Oregon, Washington, Alaska, Hawaii). Dr. Steve Morrow, associate professor of endodontics - Constitution and Bylaws Committee. Dr. Robert Frank, associate professor, and Dr. Shahrokh Shabahang, assistant professor, Research Committee.

• Congratulations are in order for **Debra Meadows**, DDS, PG'93, assistant professor of endodontics who, during the AAE meeting, successfully passed the third phase of the endodontic specialty examination (oral examination) and became certified as a Diplomate of the American Board of Endodontics.

International Dentist Program

The esthetic dentistry of Naoki Ned Shimizu, SD'97 (IDP), was showcased in the Masterpiece section of *Quintessence of Dental Technology*, November 1999, Volume 24, No. 11. The Dentalgram editor would tell you a bit more than this, but the entire journal is in Japanese! Dr. Shimuzu is practicing in Houston, Texas.

• Lynn L. McKendry, RDH, MPH, faculty member in the International Dentist Program, and wife of Dr. Doug McKendry, past faculty member in endodontics, has earned both her Master of Business Administration and her PhD in management, from California Coast University. Congratulations!

Orthodontics

• Stephanie Nevins of orthodontics gave birth to a baby boy, Jacob Michael, 4 lbs. 2 ozs, 17 inches, at 6:55 pm on Saturday, March 25, at LLUMC. Congratulations!

 Congratulations to alumnus Dween Muse, DDS, MS'90, who has recently been certified as a Diplomate of the American Board of Orthodontics.

 V. Lerov Leggitt, SD'84, MS'92, associate professor, attended the AADS meeting in Washington, DC. He made a poster presentation at the Technology Fair and Expo on April 2, titled "Interactive Radiographic Quick Time Virtual Reality (QTVR).'

• Willis L. Schlenker, SD'57, MS'80, associate professor, attended the International Association of Dental Research (IADR). He gave a poster presentation Friday, April 7, of the results of a study in which he was the principal investigator, aided by Carlos Muñoz, DDS, MSD, professor and director of the Center for Dental Research, Aaron C. Rondon, SD'99, Kerby Carambot, lab assistant, and Neil Jessop, senior research assistant on "Shear Bond Strength of Brackets Using Three New Adhesives."

 Marianne Davis, CDA, RDA, dental assistant, also attended the International Association of Dental Research. She gave a poster presentation Friday, April 7, "Effect of Steam and Chemical Sterilization on Metal Joints of Orthodontic Pliers," coauthored by principal investigator Dr. Schlenker, Dr. Carlos Muñoz, and Kerby Carambot.

Dr. Schlenker was also involved in another paper that was presented on Friday, April 7, by Dr. Muñoz who attended the IADR meeting, "Effect of Bracket Type of the Shear Bond Strength of Fuji Ortho LC." Dr. Muñoz was the principal investigator and it was coauthored by Dr. Schlenker, N. Jessop, R. Feller, C.W. Mertz, and R.S. Demke.

Service Learning

Dental and dental hygiene students volunteered to screen children for dental needs at the annual Kids Care Faire, held April 30 in the Drayson Center.

The School of Dentistry showed their appreciation for the dedicated work of LLUSD employees by holding an Employee Appreciation luncheon on April 21 in the Wong Kerlee International Conference Center. As staff members arrived, they were greeted by Dr. Charles J. Goodacre, dean of the School, and Mary Hartwell, dental clinics manager. After choosing from a delicious buffet of sandwiches, fruit, and pastry, staff and faculty gathered at tables in a conference room. It was pleasant to spend a bit of time, relaxing

with people you don't see everyday. Employee Appreciation Day is an annual celebration which grew out of Secretaries' Day.

May Birthdays

Philip J. Boyne Gloria Martinez Kenneth Wical Carol Matchett Julie Spohn Michelle McAndrews Charles Dugaduga Chuck Yetter Nancy Rosenbaum Cathy Moore Gracie Cuevas Shervl Loew Linda Roddick Pearl McDonald Mary Della Johnson Amber Radivojevic Helene Julius Kathleen Moore Casey Dailey Vivian Arredondo Melinda Gurley Fannell Clack Michelle Ojeda Mary Hartwell Michael Fillman

Oral surgery Emer/Screening Restorative IDP Pediatric dentistry Clinical services Dental maintenance Dental maintenance Insurance Pediatric dentistry Pediatric dentistry Dental Lab Services LL Endodontics FDO Radiology Financial admin Implant dentistry Alumni/Cont. education Clinic Endodontics Clinical services Dental anesthesiology Implant dentistry Clinic admin Orthodontics

Dentalgram

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LLUSD team visits Pakistan

by Christy K. Robinson

If you're an alumnus of the School of Dentistry, a faculty or staff member, a student, or returned missionary, then you were represented by all of those categories recently in Pakistan.

Dr. Victor Gill, an International Dentist Program preceptor (Sept. '92 certificate) who lives and works in Peshawar, Pakistan; Quint Nicola, SD'69, assistant professor of oral diagnosis, radiology and pathology; Richard Cross, LLUSD photographic coordinator: and Royce Nicola, SD'00, traveled to Pakistan in the first weeks of April.



Royce, Dr. Nicola, and Dr. Gill inspect a dental unit donated by World Medics, Inc. Dr. Gill and his wife, the Adventist school principal, keep the Adventist dental clinic running smoothly. Dr. Nicola and his family spent some years at the Pakistan dental clinic, so it was a homecoming of sorts.

Richard was invited along to record by still photos and video, the activities of the team. Good Samaritan Ministries sponsored Richard's expenses, and LLUSD insured Richard and his equipment.

He passed through Taipei and Singapore on the way to Pakistan, an Asian country tucked between Afghanistan and Iran on the west, and India on the east. To the south lies the Arabian Sea.

The city of Peshawar was the group's final destination. They lived there at the Seventh-day Adventist compound for nearly three weeks. Free dental services during an evangelistic crusade held by



Badshahi Mosque, built in 1674, in Lahore, northern Pakistan.

Good Samaritan Ministries, in cooperation with the Pakistan Union Conference of Seventh-day Adventists. World Medics, Inc., headquartered in Loma Linda, also sponsored part of the expenses of the trip.

Christian proselytizing is forbidden in this Muslim country, but the Christians have rights to preach on their own property. and hold a convention with health and dental clinics. They provided free transportation to the site, with an attendance of about 2,000 each night. There have been about 300 baptisms over the last three years.

The three dentists saw about 30 patients a day. They did a lot of extractions and restorations, says Richard Cross. Between taking photos, Richard helped with medical assisting.

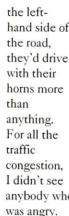
The medical doctor was very busy. They'd like to have two doctors next year, according to Richard. Local nurses did blood pressure and blood sugar checks.

While in Pakistan, they went shopping in the open-air markets. ("If you can call it air!" says Richard, wryly. Much of the smog is made by two-stroke motorbikes and pedicabs.) While shopping, the guide would get a Pakistani price, and Richard the American price. That is, until Richard wore Pakistani garb and kept silent during the transaction.

Richard says, "Not only did they drive on

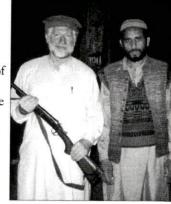


Royce Nicola, SD'00, strolls through a Peshawar street market.



They'd just

on their way.



Richard Cross, dressed as a Pukhtun warrior, poses with anybody who the security guard to their mission compound in Peshawar. honk and go

"We got to take a steam train ride to the Afghan border, the Khyber Pass. We saw a camel caravan. The person I was with explained that it was most likely a smugglers' caravan; police will stop trucks but not camel caravans. They ship things to Afghanistan and smuggle it back because of the tax structure.

"I was very impressed with the hospitality toward visitors. The spicy food was excellent! The chapatis, a flat bread, was used like tortillas, for dipping curried chicken, potatoes, beans, lentils. It makes American food taste pretty plain.

"I'm looking forward to going back next year," exclaims Richard.



A produce vendor weighs out a strawberry purchase for Royce Nicola.



