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## Dentalgram - Vol. 21, No. 01

Loma Linda University School of Dentistry

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# Dentalgram

A monthly publication of the dean's office  
for students, faculty, and staff of  
Loma Linda University School of Dentistry

January, 2007  
Volume 21, Number 1  
<http://www.llu.edu/llu/dentistry/news.html>



## Alumni Student Convention 2007

### Events at a glance

#### Thursday, February 8, 2007

- Exhibitors
- Scientific sessions\*
- Digital Radiography course (hands-on)
- 1950s Classic Car Show
- Student Table Clinic presentations
- Western Regional Boards preparation course
- Homecoming Banquet
- Women's Auxiliary Luncheon

#### Friday, February 9, 2007

- Exhibitors
- Scientific Sessions\*
  - Providing Patient-Centered & Tooth Centered Ethics, Esthetics, and Economics  
—Dan E. Fischer, DDS, President, *Ultradent Products, Inc.*
  - Update on Local Anesthesia (Hands-on)  
—Joni Stephens, RDH, EdS; Barry Krall, DDS
- CPR Training course
- Golf Tournament
- 1950s Classic Car Show
- Dental Hygienists & Auxiliary Luncheon
- Family Day & Student Dedication program
- Missionary Dentist & Prayer Breakfast

#### Saturday, February 10, 2007

- Worship services
- Sabbath luncheon
- Vespers services
- Class reunions

#### Sunday, February 11, 2007

- Oral Plastic Surgery to Assist the Esthetic Restorative Outcome  
—Peter Nordland, DMD, MS
- 27th Anesthesia Symposium  
Sun. & Mon., February 11–12, 2007

[WWW.LLU.EDU/LLU/DENTISTRY/ALUMNI/](http://WWW.LLU.EDU/LLU/DENTISTRY/ALUMNI/)

## Alumni Student Convention to honor first 50-year anniversary class

This year, members of the dental class of 1957 will celebrate their 50th anniversary. This is special occasion as they are the very first class to celebrate their golden anniversary.

According to Kathleen Moore, MHIS, assistant dean, the entire class will receive VIP treatment with their travel and stay during the 2007 Alumni Student Convention sponsored by the Alumni Association.

Special events that have been planned are the 1950s car show February 8 and 9; and the Homecoming Banquet honoring the class of 1957, on February 8, 2007.

Student table clinic presentations will be held Thursday, February 8, in the Wong Kerlee International Conference Center and the annual golf tournament will take place Friday, February 9, at Yucaipa Valley Golf Club.

Sabbath events include Church at Worship at Loma Linda University Church of Seventh-day Adventists, with services at 8:30 and 11:15 a.m.

Family Day and Student Dedication will take place Friday, February 9 (reception, 2:00 p.m., School of Dentistry; tours

at 2:30 p.m. in the School lobby). The Student Dedication will be held at 4:00 p.m. in the University Church.

The weekend will also feature C.E. courses covering the latest in digital radiography on February 8 (an all-day, hands-on course); Western Regional Boards Preparation Course; CPR Training on Friday; and "Spouses in the practice—To be or not to be?" also on Friday.

The Women's Auxiliary Luncheon will be held Thursday, February 8, 2007. Spouses of faculty are invited to this event at Napoli Italian Restaurant (see notice below).

To learn about scientific sessions and specialty tracks and more, access [www.llu.edu/llu/dentistry/alumni/](http://www.llu.edu/llu/dentistry/alumni/)

Those planning to attend the Women's Auxiliary Luncheon should send their reservation and check before February 1, 2007, to: Arlene Lee, P.O. Box 237, Colton, CA, 92324 and indicate vegetarian, chicken, or fish, and may RSVP by calling Mrs. Lee at (909) 825-5384.

## Record-setting number of students apply to School of Dentistry

A record-setting year for applicants, 2006 brought precisely 2,006 applicants to Loma Linda University School of Dentistry. For the class of 93 students, admissions officers interviewed approximately 400 applicants and spent 40 to 50 hours examining applications from promising candidates. Fred Kasischke, DMin, associate dean, admissions, says that in a nutshell dentistry requires a love of science and love of working with your hands. In addition, to be congruent with the mission of the school, admissions officers look for service-oriented extracurriculars—tutoring, community involvement, altruistic activities.

"This doesn't guarantee a commitment," he says, "but we know the students have been exposed to the challenge of the underserved community. Our motto—service is our calling—makes our school distinct.

Dr. Kasischke cites the role of dental alumni as significant in preparation of candidates, who perform a minimum of 20 hours of shadowing in a dental office. Alumni share memories of dental school, things they wish they had done, what they enjoyed most. A score or more of dentists are also involved in pre-dental clubs and classes at feeder institutions.

*Please turn to page 3*

# Department news

## Welcome

• We welcome new employees; **Isabel Landero**, Dental Assistant, Implant; **Veronica De La Cruz**, secretary, pediatrics; and **Alicia Frazier**, lab helper 3, central sterilization.

• Welcome back **Lydia Partida**, dental assistant, graduate orthodontics; **Doug Richardson**, computer support tech 2, CSD; and **Sandra Duran**, RDA/COA, faculty dental office.

## Endodontics



We welcome **Melissa Garza**, the new administrative secretary in the department of endodontics. Melissa has been a resident of the Inland Empire her whole life and

## School of Dentistry implements 'axiUm' clinic management software

On July 2, 2007, the School of Dentistry will implement axiUm, as the clinic management software system.

According to Marina Moore, clinic information systems project director, "axiUm, will provide a major upgrade to the School's clinical management system as we move from Quick Recovery to a robust scheduling, treatment planning, and student tracking system."

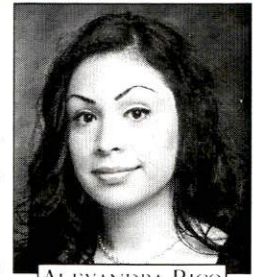
Software implementation team mem-

## Featured employee: Alexandra Rico

Featured employee Alexandra Rico has worked as a dental assistant in the LLU faculty endodontics practice for two years. She worked in graduate endodontics during her schooling, completing an internship under the supervision of Stella Suba while attending Baldyview Regional Occupational Program. At work she assists several faculty members as they perform root canal therapy.

"My husband, Rudy Rico Jr.," she says, "has worked for BNSF for more than three years." They have two children: 1 1/2-year-old Andrew and 2- 1/2-year-old

Arissa. Alexandra enjoys spending time with her family, going to the park, taking walks, and reading a good book as time allows.



ALEXANDRA RICO

graduated from Colton High School. When not working with us, Melissa is a part-time horse trainer, currently active in professional rodeo competition in barrel racing. She hopes in the future to travel and compete full-time as a barrel racer.

Dr. Boyne received a standing ovation from several hundred people who were present for the banquet.

## Oral & Maxillofacial Surgery



During the recent annual meeting of the American Association of Implant Dentistry (AAID) in Chicago, October 25-29, 2006, Dr. Philip Boyne was

awarded the Isaiah Lew Memorial Research for Life-Time Achievement Award. Dr. Boyne was part of the LLU implant dentistry team headed by Dr. Robert James 30 years ago. On receiving the award, Dr. Boyne paid tribute to Dr. James. He recalled the early work of the implant service and the use of subperiosteal implants and other types of implant structures.

bers include: Marina Moore, Ron Secor, Mary Hartwell, Carl Imthurn, Ruben Hernandez, Darlene Armstrong, Ryan Falke, and Drs. Paul Richardson, Steve Morrow, Michael Fitzpatrick, Pat Naylor, Daniel Armstrong, and Emmanuel Klein.

Please visit the axiUm website for more information on the clinic management software.

The address is: <[www.exanacademic.com/products/index.htm](http://www.exanacademic.com/products/index.htm)>.

## January

Joshua Bell	Steril
Beth Bernotas	Fac Endo
Carole Brodeur	Volunteer—Peds
Yvette Castillo	Ortho
Fran Clark	Dent Ins
Kristie Cortez	Steril
Dennis Corydon	Dent Lab Svcs
Cornetta Cross	OMF'S
Adrian Cruz	Clin
Reed Cummings	Endo
Lynn Diaz	Endo
Jeri Fowler	Dent Alum
Annabelle Galvan	Cont Dent Ed
Leo Galvan	Dent Maint
Helen Guzman	Endo
Amalia Hernandez	Dent Rec
Elizabeth Hernandez	Impl Dent
Homa Honarmand	Pt Bus Ofc
Connie Hubbard	Fac Dent Ofc
Lee Ingersoll	Endo
Tammy Johnson	Ortho
Mia Kim	Spec Care Dent
Madga Lavergne	Peds
John Leyman	Spec Care Dent
Mark Mattheson	Dent Maint
Erika Mendoza	Pt Bus Ofc
Isabel Panaguigon	Spec Care Dent
Lydia Partida	Ortho
Marlise Perry	Admissions
Victoria Quihuis	OMF'S
Rachel Rister	RPP
Freddy Ruiz	Spec Care Dent
Shahrokh Shabahang	Endo
Samara Stirl	Dent Rec & PBX
Cinthea Tavarez	OMF'S
Sony Thomas	Endo
Carol Wall	Clin Sply
Christen Wesslen	RPP
Kristy Williams	Ortho

## Record-setting number of students apply to School of Dentistry

*Continued from page 1*

According to Dr. Kasischke, a majority of the applicants take a prep course—Kaplan or Princeton. Some also practice on Schoolware's three mock tests formatted like the DAT, a test that comes with a timer and can be taken at home.

The successful candidates, now the class of 2010, at a glance:

Female 26; male 67

### GPA

Average GPA 3.30  
Average science GPA 3.24

### DAT averages

PAT 19.74  
Total science 20.21

### Undergraduate school

Alfred University 1  
Andrews University 3  
Antillian College 1  
Brigham Young Univ. 3  
CSU San Bernardino 2  
CSU Los Angeles 1  
CSU Sacramento 1  
Canadian Univ. College 1  
Columbia Union College 2  
Concordia Univ. at Irvine 1

Cooke County College 1  
Dartmouth College 1  
Embry-Riddle Aero Univ 1  
Emory University 1  
George Fox College 1  
Lake Michigan College 1  
La Sierra University 16  
Loma Linda University 2  
New York University 1  
Pacific Union College 20  
San Diego Miramar College 1  
Seattle Pacific College 1  
Southern Adventist Univ. 3  
Southwestern Adventist Univ. 1  
UC Davis 1  
UC Irvine 1  
UC Los Angeles 2  
UC Riverside 1  
UC Santa Barbara 1  
UC Santa Cruz 1  
UC San Diego 1  
Union College 1  
Univ. of Nevada, Reno 1  
University of Redlands 1  
Vista College 1  
Walla Walla College 9  
Westmont College 1  
*Not listed* 3

## SCHOOL OF DENTISTRY BY NUMBERS

### Dental class of 2010

#### Applications

 2,006  


#### Enrollment

 93


#### Female

 28%

#### Average GPA

 3.30

#### Top 3 undergrad schools

 Pacific Union College  
La Sierra University  
Walla Walla College

## Staff pause to enjoy the season during December 'Keeping Connected'

The Keeping Connected staff meeting, Friday, December 1, gave School employees a time to relax, listen to music, and enjoy each other's company during the busy holiday season.

Students from Loma Linda Academy and the School of Dentistry provided a musical background, while staff were able to talk and snack on cookies and apple cider.

Prizes were drawn between the musical numbers and consisted of gift cards to various stores and restaurants in the community.

Names were drawn for the three Featured Employees who will receive preferred parking, and their profiles in *Dentalgram*. They are: January, Alexandra Rico, Loma Linda Endodontics; February, Marisela Solis, clinic administration; and March, Amalia Hernandez, dental records.



*Top Left: Staff enjoy the music presented during December Keeping Connected. Bottom Left: Students from Loma Linda Academy perform throughout the staff meeting. Above: Emily Beltz (right), DH'07, accompanied on the keyboard by Larysa Baydala, DH'07, sings a beautiful solo.*

## *Banquet held for December, 2006 International Dentist Program graduates*

On December 9, family and friends of the international dentist program class of December, 2006, gathered to attend the IDP graduation banquet, held in Wong Kerlee International Conference Center.

During the evening, each member of the class spoke about their experiences in the program. More fond memories were recalled during an audiovisual presentation with images and music.

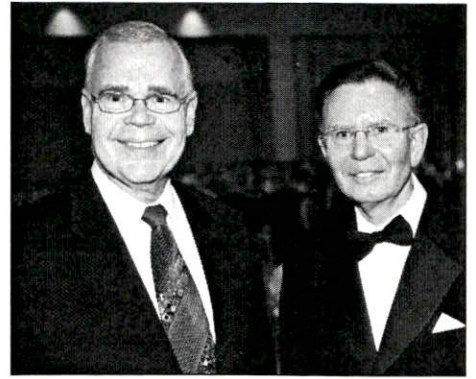
The following students were presented with awards: Dr. Shuchita Gupta, *Omicron Kappa Upsilon*; Dr. Moutaz Alsahli, *Dr. Lloyd Baum Clinical Excellence Award*; Dr. Alexandr Doroshenko, *Professionalism Award*; Drs. Mukesh Patel and Kathleen Saturay, *Clinical Group Awards*, and Drs. Moutaz Alsahli, Alexandr Doroshenko, Mukesh Patel, and Kathleen Saturay, *Man of the Mountain Award*.

Dr. Kathleen Saturay also presented Dr. Klaus Wolfram with the *IDP Teacher of the Year Award*.

During the graduation banquet, music was provided by Sweet Silver, a flute quartet ensemble.



*Dr. Shuchita Gupta (right) receives the Omicron Kappa Upsilon Award, presented by Dr. Steven Morrow.*



*Drs. Charles Goodacre (left) and John Whittaker attend the international dentist program graduation banquet.*



*Recipient of one of the Clinical Group Awards, Mukesh Patel (right), waits to receive the award from Dr. William Heisler. The other Clinical Group Award was presented to Kathleen Saturay (not pictured).*



*Dr. B. Daniel Hall (left) presents the Clinical Excellence Award to Dr. Moutaz Alsahli.*

# **Bb**

## **Blackboard**

### **Blackboard Tip of the Month for January Course Copy**

**D**id you know that you can copy information from your current course into the course shell for the upcoming term?

Select the course containing the material you want to copy and open the Control Panel. Choose Copy Course Materials into an Existing Course. Click Browse locate the destination course. Decide which items you want to copy over and click Submit. You will receive an email notification when the course copy has been completed.



*Members of the international dentist program class of December, 2006 (from left): Drs. Kathleen Saturay, Shuchita Gupta, Lovegel Dealca, Alena Nawrocki, Mukesh Patel, Amrit Singh, Alexandr Doroshenko, and Moutaz Alsahli.*

## Ronald Mead named president, California Dental Association

Ronald Mead, SD'73 is the new president of the California Dental Association. Dr. Mead is an oral and maxillofacial surgeon who practices in San Luis Obispo, California.

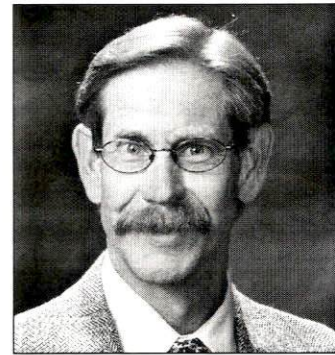
Dr. Mead was installed as president during the annual California Dental Association House of Delegates meeting November 10 to 12, in Beverly Hills, California.

According to the December, 2006, issue of CDA Update, in his address to the dele-

gates, Dr. Mead spoke about key issues including access to care, the burden of dental student debt, and scope of practice for all of dentistry. "There are many issues facing dentistry in California," he said. "We know that the profession cannot solve [them] alone, but we must play a role."

He also spoke about providing "opportunity for [retiring dentists] to have significant continued involvement" in the CDA.

Dr. Mead replaces Dennis Hobby, DDS, of Modesto, California.



Ronald Mead, SD'73

### School of Dentistry staff donate toys to kids in Children's Hospital



Amanda Stewart, our dental school friend (left), who is receiving treatment at LLUCH, introduces Miriam Yanez to her brand new teddy bear. The bear is one of many Christmas toys donated by staff to kids at LLUCH.



Dorothy Brooks (far right), accepts toys donated by staff in the School of Dentistry. Also pictured are (l-r): Miriam Yanez, Robin Fierro, Stan Lillard, Marina Moore, and Jeni Osborne.



Making a special visit to deliver toys to young patients in Children's Hospital are: (l-r) Chuck Yetter, Miriam Yanez, Robin Fierro, Jeni Osborne, Marina Moore, and Stan Lillard.



Loma Linda University School of Dentistry

## Clinic with a Heart

Sunday, January 28, 2007



**Crest**  
Healthy Beautiful Smiles for Life

**Want to Volunteer?**

**V**olunteers are needed to help with patient registration, dental assisting, clinic supply, errands, sterilization, and more!

To become a volunteer for this special event, please return this form to Mary Hartwell's office.

Name: \_\_\_\_\_

Ext.: \_\_\_\_\_

What I can to to help:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.

## Building a strong and meaningful relationship

Editor's note: *The following information was taken from a presentation Dr. William Hooker gave to School Staff. Part I appeared in November DENTALGRAM.*

### Part II

Some of the ways that a couple can implement changes in their relationship lies within their communication. The following communication tips given can be useful to all relationships, as well as romantic ones.

#### **Tip 1: Realize that your partner is different from you**

A person chooses a partner because of who he or she is—not because they are alike. Joy in the relationship comes from allowing the person to be who they are. Try to celebrate those differences!

#### **Tip 2: Say exactly what you mean**

Avoid generalities and realize that your partner may not be hearing what you think you are saying. The mirroring technique allows you and your partner to repeat what you heard the other person say in order to see if it fits with what was intended.

#### **Tip 3: Tell your partner how you feel and what you think**

Speaking precisely is important and it teaches the difference between feelings and thinking. They are important but different. Feelings fall under the categories of mad, sad, glad, and fearful. Instead of saying "I feel you are not listening," you could say "I think you are not listening" and "I feel angry when I sense you are not listening."

#### **Tip 4: Use active listening**

Make eye contact with your partner, repeat what he or she said and see if there is more, and avoid disputing things you don't agree with in that particular conversation.

#### **Tip 5: Use "I" statements rather than "You" statements**

Everyone has a right to his or her feelings, but no one else is responsible for them. When things go badly, a person is more likely to say something that causes the other person to have negative thoughts, which can lead to emotional

reactions.

When an "I" statement is used, it implies vulnerability and minimizes the chances of the statement being critical and blaming. For example, "you irritate me" vs. "I feel irritable." "You are a slob" vs. "I don't like picking up after you." Follow the "I" phrase with "because" or "when." "You" statements usually result in defensive reactions.

#### **Tip 6: Make requests, not demands**

If it is a request, then any answer is acceptable. True requests obligate no one. Requests maintain the other's dignity.

#### **Tip 7: Reply rather than react to your partner**

Instead of reacting automatically to what the partner says, talk with him or her and see if the reactions are appropriate. You will better know what kind of reply will be best. The goal is to preserve your partner's dignity while making your true position known. Remember, nonverbal reactions are even more powerful than verbal!

#### **Tip 8: Emotions are never wrong**

Practice using better and more precise words for emotions and be aware that you may not want to tell your true feelings. Our family of origin probably didn't want us to always talk of our feelings, so we learned not to express them openly.

#### **Tip 9: Validate your mate's feelings rather than trying to fix them**

The job is not to solve the problem, but rather to listen. That is usually all your partner wanted anyway.

#### **Tip 10: Listen to the real appeal behind the words**

When your partner is yelling and upset, you are being asked to listen and understand. Instead of getting defensive, try pleasing your mate, assuming that in the message is a "please." Beneath every argument is a frustrated desire for something. See if you can find what it is.

#### **Tip 11: Be honest**

Risk being a fool to tell your feelings and ask to find out what theirs really are. Most arguments are about one person thinking the other meant something completely different.

HERITAGE ROOM SERIALS  
Del E. Webb Library

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Instead of reacting immediately, take the time to look at your partner's reaction and learn to empathize with him or her. Remember, if your partner seems to over-react, the energy is really about something else.

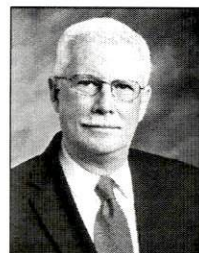
#### **Tip 13: Use lightness of spirit and humor**

A good self-deprecating twist always helps.

#### **Tip 14: Plan time for fun together**

It is easy to be bogged down with business. Surprising your partner with something designed to please them increases the possibility of togetherness.

The bottom line of communication theory is that when we get out of ourselves and try to align with the other's world and needs, we always know better what to say or do. It is a lesson of life that we get in our own way when we try too hard. Get out of the way and listen and give. It works!



**William Hooker, PhD, MFT, is associate dean for student affairs.**

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