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Orthodontic Information Systems : A Developmental Study

Gary D. Sheldon

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Abstract

ORTHODONTIC INFORMATION SYSTEMS:

A DEVELOPMENTAL STUDY

by

Gary D. Sheldon

The intent of this study was to design and implement a computer-based orthodontic system providing an integrated information environment throughout the entire patient treatment process.

Total system integration was achieved by restructuring the entire information gathering process. A complete evaluation of patient diagnosis and treatment evaluation procedures established five major information catagories and a critical information list for proper patient management. Information organization was outlined to provide a logical progression in the information gathering process and patient chart forms were designed to implement this. Defining the computer system's performance identified three functions as follows: 1) entry and editing of individual patient data, 2) search and retrieval of single patient information, and 3) search and retrieval of all patients fitting a user specified set of criteria. Computer program design and coding utilized all the previously defined specifications to provide the necessary system integration.

The result of this project is an integrated orthodontic informtion system encompassing many areas of graduate orthodontic training. These include teaching diagnostic techniques with comprehensive clinical evaluation forms, treatment analysis by comparative study of similar cases, availability of patient data for prospective and retrospective research projects, and exposure to computer applications as they relate to an orthodontic practice.

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Graduate School

ORTHODONTIC INFORMATION SYSTEMS:

A DEVELOPMENTAL STUDY

Ъy

Gary D. Sheldon

A Manuscript Submitted in Partial Fulfillment

of the Requirements for the Degree Master of Science

in Orthodontics

Each person whose signature appears below certifies that this manuscript in his opinion is adequate, in scope and quality, in lieu of a thesis for the degree Master of Science.

,Chairman James R.

Jamés R. Wise, Associate Professor of Orthodontics

Caruso, Assistant Professor of Orthodontics

Alden B. Chase, Professor of Orthodontics

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John K. Pearson, Associate Professor of Orthodontics

Guy D. Taylor, Assistant Professor of Orthodontics

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INTRODUCTION

Valuable diagnostic information exists within every orthodontic practice, however, many doctors have failed to embrace the concepts of information management and utilization despite the large quantities of data and complex evaluations necessary to diagnose and treat patients. The business world long ago realized the importance of consistently recording relevant information and establishing a traceable path for future reference. Industry also recognized past data's value for trend analysis, and for comparative studies between past and present information. Computerization has magnified these capabilities by significantly increasing both analytical processing and information availability.

Computer utilization for management of diagnostic information exists within orthodontics but the applications are often restricted and confined to the educational environment.⁸ Because quantification of cephalometric radiographs is such an integral part of treatment planning this has been a primary focal point. Numerous computer programs have been specifically designed to digitize head films and store the data for later recall.^{2,10,13} Further enhancements permit application of various cephalometric analysis with subsequent output to a digital plotter.^{1,3,6} Ricketts,¹⁴⁻¹⁶ Burstone,^{4,5} and Faber⁷ have each described

computer systems employing digital head film data to produce diagnostic information and treatment planning guidelines. Additional areas under investigation include growth forecasting, ^{9,12,16} establishing "normal" population parameters, 15 occlusion and model analysis, 5,12 and comparison of actual treatment results against predicted treatment objectives or untreated samples. 15,16 Although most of this information is based on cephalometric studies there are many additional factors which are difficult or impossible to determine from radiographs. Soft tissue evaluation, observation of functional and habit-related distortions to facial form, and response to treatment mechanics during and after therapy are having a significant impact on how orthodontists evaluate their ability to effectively treat malocclusions and alter facial appearance. Therefore, it becomes crucial to maintain and have available all pertinent information to successfully diagnose and plan treatment for long term stability.

Until recently the ability to perform such complex analysis was deemed beyond the capability of all but the largest mini or mainframe computers making these resources unavailable to the average orthodontic clinician. However, microcomputer technology now offers a practical, low-cost solution to the complex demands of patient information analysis and treatment evaluation. Advances in information storage technology also provide a convenient method for large volumes of data to remain constantly accessable. The current and future generations of computer hardware will contribute toward orthodontists tailoring their diagnosis, treatment planning and therapy evaluation to personal criteria and permit evaluation of treatment techniques based on complete patient information accumulated from their own practice.

However, despite the availablity of computer hardware capable of meeting these requirements there remains a void in applications software to meet many of these needs. A design by Dr. Charles Burstone^{4,5,8} is the only reference in current orthodontic literature to such a comprehensive information system. Therefore, the purpose of this project was to design a computerized orthodontic information system for comprehensive clinical data storage specifically designed to augment individual patient evaluation and treatment planning, as well as selective 'patient type' analysis for research purposes.

MATERIAL

Hardware

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Factors which were considered important in the choice of useful computer hardware included: 1) ease of use, 2) sufficient storage capacity for 10,000 patients, 3) ability to duplicate (backup) all stored information for information security, 4) availabilty of hardware service, and 5) reasonable cost. The Apple ///* computer fit these criteria and was chosen for the project.

Information storage needs were met with a five megabyte hard disk drive capable of transferring all stored data to the computers built-in floppy disk drive. A dot-matrix printer and a letter-quality printer for hard-copy output completed the system (Figure 1).

Software

All software development was done using Apple /// Pascal version 1.1 based on UCSD Pascal⁺ version II.1. This language system was selected because of its structured style allowing easy program updating, fast execution of a compiled language, and the powerful extensions added by Apple Computer, Inc..

*Apple /// is a registered trademark of Apple Computer, Inc.
*UCSD Pascal is a registered trademark of The Regents of The University of California.



METHOD

Project development involved four phases prior to actual implementation. Phases one through three were performed by a committee of five practicing orthodontists in conjunction with the author. Phase four was produced by the author alone.

The first phase encompassed a systematic analysis of the diagnostic methods and treatment routines employed throughout a patient's course of treatment from initial examination through post-retention follow-up. By analyzing the patient charts of several practicing orthodontists and the chart used by the Graduate Orthodontic Department of Loma Linda University a comprehensive list of diagnostic and treatment evaluation criteria considered critical to the proper management of each patient was compiled. This list was divided into five major treatment information catagories associated with one or more defined time periods within the patient's total treatment experience. These included initial examination, initial records evaluation, cephalometric data $(T_1 \text{ to } T_5)$, treatment information, and retention information. Subheadings were added, where applicable, to allow grouping of similar information. The 'Summary Description'¹¹ outline defined by the Loma Linda University Graduate Orthodontic Department served as the template for information organization. A final evaluation

of the assembled information was then made to insure a complete and accurate history would be created as each patient progressed through their treatment plan.

The second phase involved designing new chart forms to facilitate information collection at the appropriate treatment intervals. Five new forms including Initial Examination, Initial Records Evaluation, Cephalometric Data, Treatment Planning Worksheet, and Treatment/Retention Information were developed. Form layouts were designed to follow a logical progression of information gathering and a box-check format was used, where possible, to establish standardized responses. Care was taken to maintain consistency between each form so that similar information appeared under the same heading and in the same format. This approach to layout and design insured ease of use, consistent data collection from patient to patient, and produced a systematic and comprehensive patient evaluation. All five forms were designed on and generated by the computer using a variable type-style dot-matrix printer to simplify updating as modifications are incorporated into the system. The blank forms are now included in each new patient's chart for completion at the designated stages of treatment.

Deciding what patient information to include in the computer files comprised the third phase. An evaluation was

made to determine what information recorded in the chart would be most beneficial not only for immediate diagnostic and treatment planning use, but also for future research purposes. This resulted in a condensation of the total diagnostic criteria for each patient down to 653 information items under 155 headings. Each patient record on the computer includes initial clinical examination, initial records evaluation (photographs, models, and radiographs), treatment evaluation, and retention data. Also, cephalometric radiograph data, based on the Rickett's analysis, for initial (T_1) , post-treatment (T_2) , postretention (T_3) , one year post-retention (T_4) , and five year post-retention (T_5) records are incorporated as they become available throughout the patient's treatment history.

The fourth phase consisted of the computer program design and was accomplished in three stages. The first stage defined what the system performance should be. Three major functions were determined as follows: 1) entry and editing of individual patient data into the system, 2) search and retrieval of single patient information, 3) search and retrieval of all patients fitting a user defined set of criteria. Stage two focused on developing file structures for information storage and indexing algorithms to allow rapid retrieval of all patient information. Also designed were information screens to appear on the computers

CRT (cathode ray tube) for data input and display. These duplicate as closely as possible the new chart forms with screens grouped according to the five major information catagories. The third stage was the system programming utilizing the specifications as defined in the first two stages. The program is controlled and user selections are made through a menu-driven interface to minimize input errors and simplify training.

RESULTS

An information system was designed and implemented on a microcomputer to assist orthodontic graduate students in patient diagnosis and treatment planning, and for analytical research involving accumulated patient data. Three distinct products emerged from the development of this system to form an integrated orthodontic information system. The first product was a comprehensive list of critical diagnostic and treatment evaluation criteria broken down into five major information catagories. Patient chart forms for the collection of this information were the second product (Figure 2 to Figure 7). The computer program to store and retrieve the defined patient data was the third product (Figure 8 to Figure 13).

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Summary Description:

Preliminary Treatment Plan:

Special Considerations:

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Long linda University		
Graduate Orthodontic Clinic		
Treatment Planning Worksheet	Date:]
Duting Name	ID#:	
(Last) (First	st) (Initial)	
SUMMARY DESCRIPTION:	Fsthetics:	
Facial type.		
Malocclusion:		
Lataral Cashe	Functional Equilibrium:	
Lateral cepn.		
	Dental Description:	19 - C. 19 - C
		and the second second
Frontal Ceph:		
	No. 12 - 1 112 - 4 I initianity -	
	medical miscory(significant).	<i>4</i>
Key Factors:		1 .
		l
PRELIMINARY TREATMENT	PLAN:	
		1997 - A.
		1
1. Mandibular rotation:		
2. Convexity reduction:		
3. Mandibular arch set-up	Change	
a. ALD		
b. Relocation of 1 x 2 c. Relocation of 6		
d. E-space		
e. Extraction		
t. Expansion o. Interproximal reduction		
Net =		
4. Maxillary molar position: 5. Maxillary incisor position:		

Graduate Orthodontic Clinic Date:_____ Cephalometric Evaluation ID#: |_|_|_|_|_| Patient Name:____ (Last) (Initial) (First) ANALYSIS: RICKETTS' LATERAL CEPH: Prog1 Prog2 T-2 1-3 T-1 Prog1 Prog2 T-3 NORMAL MEASUREMENTS T-1 1-2 Mandibular Pln Angle Anterior Cranial Base Maxillary 6 to PTV Lower Face Height Mandibular Arc Facial Axis Cranial Deflection CLASS III INDICATORS: Porion Location Interincisal Angle Ramus Position Lower Lip to E-Plane SPECIAL MEASUREMENTS Upper Lip Length Lip Embras/Occisi Pin Facial Taper Maxillary Height Palatal Plane Posterior Face Height Corpus Length Occlusal Pln to Ramus Occlusal Pln Inclin. FRONTAL CEPH: T-1 Prog1 Prog2 T-2 1-3 T-1 Prog1 Prog2 T-2 1-3 Molar to Jaw (left) Molar Relation (right) Molar Relation (left)

NORMAL MEASUREMENTS Facial Width Nasal Width Maxillary Width MX/MD Relation (right MX/MD Relation (left

SNA

SNR.

ANB

FMA

FHIA

INPA

Loma Linda University

Maxillary Depth

Facial Depth

Convexity

MX 1 to APO

MD 1 to APO

MD 1 Angulation

Molar Relation

Cannine Relation

Incisor Overiet

Incisor Overbite

MD 1 Extrusion

MX 1 Angulation

Intermolar Width Intercuspid Width Mandibular Width

1.0		

Prog1 Prog2 1-1 1-2 1-3



Loma Linda University Graduate Orthodontic Clinic Treatment/Retention Information Date:_____ (First) (Initial) Patient Name: (Last) TREATMENT INFORMATION: Treatment Begin: [] [] [19] Treatment End: [] [] [19] (day) (month) (year) (day) (month) (year) Dl Two-Phase Treatment [] Serial Extraction [] First Phase Data [] Second Phase Data [] Extractions: [] Retreatment Required [] First Treatment Data [] Second Treatment Data Cl Surgical Treatment [] Maxilla only [] Mandible only [] Maxilla & Mandible TREATMENT MECHANICS Elastics: Appliances: Headgear: [] Haas RPE Force: [] Class II [] Othodontic [] Orthopedic E] Class III E] Up-Down (Box / Delta) [] Hyrax RPE [] Quad-Helix [] Bi-Helix [] Midline [] Cross

LJ BI-Heiix LJ Midline [] Nance Lingual Arch Direction: [] Cross [] Transpalatal Bar [] Cervical [] Squeeze [] Class II Jig [] High [] Saif-springs [] Functional Appliance [] Combi [] Reverse

그는 것 같은 것 같	
RETENTION INFORMATION	
Retention Begin: [] [] [19] Retention End: [] [(day) (month) (year)][19]] onth) (year)
[] Positioner used	
Maxillary Retainer [] Hawley	
[] Wrap-around [] Fixed	



(a)

05 May 1983 Page 1 of $\frac{1}{2}$ ENTER NEW PATIENT DATA Patient Name : SHELDON, GARY D. Patient ID# 4 d? for HELP Press: RETURN to accept Patient 10# : [#000001]

(Ъ)



(a)

Page 1 of 3 . 85 May 1983 ENTER NEW PATIENT DATA Initial Exam Information WISE: JAMES R Exam Date 05 May 1983 Patient Hame : WISE, JAMES R. Patient ID# : 000000 Patient Status 🦷 Date Accepted le without completion isfer Press: RETURN to accept ESCAPE to exit to PATIENT DATA MENU d? for HELP Patient Status E 1 Active E 1 Retention E 1 Recall nsfer without completion Available

(Ъ)

ENTER NEW PATIENT DATA Initial Exam Information P A T I E N T I N F O R M A T BUEN Sex : C 3 Medical History (Are any s E 3 Craniofacial anomalies E 3 Intra-oral pathology E 3 Extra-oral pathology	Page 2 of 3 WISE, JAMES R. 1 0 N [≉]M E JFF Race E ICaucasian E 18lack E 1Hispanic E 1Asian ignificant factors noted?)
Press: RETURN to accept ESC BO : TB J day mon year	APE to exit to PATIENT DATA MENU 6? for HELP

Page 3 of 3 85 May 1983 ENTER NEW PATIENT DATA Initial Exam Information WISE, JAMES R. DESCRIPTION: C 0 1 Esthetics: []]Sublabial contracture []]Mentalis strain TMJ Evaluation: E I Symptoms a Phate Mar achyfacial lichofacial Functional Equilibrium: (Intre-oral) E I Adnoids present Functional Equilibrium: (Extra-oral) [] Mouth breather [] Allergies / Rhinitis [] Habits with diastema alpositioned pattern abnormal ESCAPE to exit to PATIENT DATA MENU Press: RETURH to accept d? for HELP Facial Type: [] Mesofacial [] Dolichofacial E] Brachyfacial E] Not Available

(d)



(a)

05 May 1983 ENTER NEW PATIENT DATA Initial Records Evaluation Page 1 of 5 PEARSON, JOHN K PHOTOGRAPHS.: Intra-oral: [] Gingival stripping Extra-oral []] Molar Relation: Left : E] Cl I Right : E] Cl I E 1 End-on E 1 End-on Cuspid Relatio [] End-on [] End-on Left : [] Right : [] ESCAPE to exit to PATIENT DATA MERU d? for HELP; Press: RETURN to accept E IYes EXINO : Facial asymmetry

(b)



(c)

Page 3 of 5 ' 05 May 1983 ENTER NEW PATIENT DATA Initial Records Evaluation PEARSON, JOHN K CASTS = (continued) STUD Dental Description: (continued) Bolton Analysis: MD :6 = MD 12 = Excess: [] Excess: [] Amount Amount Curve of Spee: [] Flat [] Moderate [] Deep [] Reversed [] Excessive occlusal wear Press: RETURN to accept ESCAPE to exit to PATIENT DATA MENU d? for HELP []Yes [\$]Ho : Crossbites

(d)



(e)



(f)



(a)



(b)



(c)

Page 2 of 3 05 May 1983 ENTER NEW PATIENT DATA Cephalometric Data / T-1 CARUSO, JOSEPH M. ONTAL mal Measurements: (cont.) Intermolar Width Chtercannine Width Yandibular Width Normal Measurements: Facial Hidda Nasal Hidta Mola ESCAPE to ever to ISPA DATA HEND ±7 for HELP Press: RETURN to sccept Facial Hidth 🛄

(d)



(e)



(a)

ENTER NEW PATIENT DATA Treatment Information Page 1 of 2 05 May 1983 CHASE, ALDEN B. TREATMENT INFORMATION · Treatment End :. Treatment Begin 4 E 1 Serial Extraction [] Two-Phase Treatment [] Retreatment Required [] Surgical Treatment d? ≁or HELP Press: RETURN to accept Treatment Begin :[∰] day mon year

(b)

Page 2 of 2 05 May.1983 ENTER NEW PATIENT DATA CHASE, ALDEN B. INFORMATION (continued) TREATMENT Hpp lances! Orthodentic Orthopedic . Box/Delta) Direction: E l cervical E l High È Ì Combi È l Reverse Áppliance đ? ≓or HELP Press: RETURN to accept ESCAPE to exit to PATIENT DATA MENU []Yes [2]Ho : Were any of the listed APPLIANCES during treatment of this patient used

(c)



(a)



(Ъ)

DISCUSSION

Retrospective orthodontic studies are commonly undertaken involving an analysis of a specific patient problem or treatment technique that is incompletely understood and attempting to explain it by evaluation and analysis of patients who have exhibited the problem or undergone a specific mode of correctional therapy. Often the largest hurdle in these projects is locating an adequate sample for both study and control. This information system helps overcome that problem by searching for patients matching user specified criteria and displaying all pertinent data for study and analysis in conjunction with either research topics or diagnostic planning.

Prospective research is acknowledged as the best but also the most difficult type of study to produce. However, by using a comprehensive information management system prospective studies can be designed and consistant, systematic data collection can be achieved over the time periods often necessary to collect adequate sample information. Significant long-range inquires into all aspects of orthodontics can be realized by utilizing standardized information systems to implement prospective studies.

The orthodontic information system permits the user to query all aspects of the patient information files to allow

comparative analysis of beginning cases against treatment results achieved on patients with similarly diagnosed problems. Aided by information screens designed to duplicate chart forms new patient information can also be added to the existing data base allowing specific diagnostic information to be referenced during all phases of treatment. Designing the system in this manner provides an economical and educational method for entry of new information into the growing patient research/analysis database.

The result of this project is an integrated orthodontic information system encompassing many areas of graduate orthodontic training. These include teaching diagnostic techniques with comprehensive clinical evaluation forms, treatment analysis by comparative study of similar cases, availability of patient data for prospective and retrospective research projects, and exposure to computer applications as they relate to an orthodontic practice.

This development lays the groundwork for several future enhancements to the system including programs for analysis and diagnosis, statistical evaluation, and digitizing of cephalometric x-rays.

SUMMARY AND CONCLUSIONS

An orthodontic information system was designed, and implemented to integrate the patient evaluation and treatment planning process with complete information accessability for comparative patient analysis and for prospective and retrospective research projects. This was achieved through the following progression of steps. 1. A complete reevalutaion of the current patient diagnosis

- 1. A complete reevalutaion of the current patient diagnosis procedure to identify critical information.
- 2. Logical organization into related information blocks.
- 3. Planned patient chart forms to promote methodical sequencing of diagnostic data gathering and consistent information.
- Determination of significant information for available computer access.
- 5. Development of computer data entry and display screens to duplicate the patient chart forms.
- 6. System programming to allow sophisticated patient information retrieval according to user specified criteria.

Proper information management and utilization are all that separate a guess from a diagnosis. Advancing diagnostic and treatment technology requires the development of new methods to maintain and analyze complete patient information. The concept of an integrated orthodontic

information system has been presented and one installation described for the training of qualified, self-critical specialists. However, the need to expand this system into the private sector still remains. Utilizing the capabilities of computers and shared information systems¹⁷ orthodontists could benefit not only from accumulated data within their own practices but also from their colleagues. The maximum potential for individual and cumulative progress within the orthodontic profession lies within this realm.

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